

TRI-COUNTY BICYCLE  
ASSOCIATION  
P.O. BOX 22146  
LANSING, MI 48909  
(517) 882-3700  
WWW.BIKETCBA.ORG

# Chainwheel Chatter

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June 2015

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MEETING	DATE/ TIME	LOCATION	PRESENTER/ TOPIC
<b>BOARD MEETING</b>	June 2, 2015 6:30 p.m.	Foster Community Center 200 N. Foster St. Lansing, MI	Members are welcome to attend all board meetings to express their concerns. Due to time constraints, if you have a specific item to be brought before the board, please contact the President one week prior to the meeting and ask for add'l agenda item.
<b>MEMBERSHIP</b>	June 25, 2015 Bike Forum 6:00 Membership 7:00 p.m.	Foster Community Center, 200 N. Foster St. Lansing, MI	Last Thursday of the month, Speaker: Jeff Potter of the Lansing Bike Party (LBP)
<b>TCBA Advocacy Committee</b> <a href="http://advocacy.biketcba.org/">http://advocacy.biketcba.org/</a>	June 10, 2015 6-7:30 p.m.	The Avenue Café 2012 E. Michigan Ave. Lansing	2nd Wednesday of the month

## DEADLINES

<b>NEWSLETTER June 12</b>	Please send items to Patricia Mead, via e-mail to <a href="mailto:chainwheelchatter@biketcba.org">chainwheelchatter@biketcba.org</a> by the indicated deadline.
<b>RIDE CALENDAR for July June 12</b>	Please send ride calendar information to Ed Usewick, by email <a href="mailto:tcbamonthyrides@aol.com">tcbamonthyrides@aol.com</a> on or before the deadline. Phone calls OK, but prefer email. Please ensure to include as ride times, days of the week, mileage, location, and ride leader name and telephone number or any special qualifications. No ride if rain is assumed.

## ANNOUNCEMENTS

### TCBA Annual Picnic

The annual TCBA club picnic will be held on Sunday, June 28th starting at noon at Sleepy Hollow State Park. The picnic will be at the South Beach Shelter and will be catered. Cost is \$5.00 per club member. You may give your money to Bill Smith at club meetings, or club rides. You may also call Bill to register at 517-648-0019. Please pay or register by June 23rd so an accurate count may be given to the caterer. Please join us!



**TRI-COUNTY BICYCLE ASSOCIATION Board of Director's Meeting Minutes  
May 5, 2015, Foster Community Center, Lansing, Michigan**

President Darryl Burris called the meeting to order at 6:36 PM. All Directors were present. Ralph Bednarz, David Pierce, and Leonard Provencher were also present for this meeting. The meeting agenda and April board minutes were approved as written. Correspondence received by the association was reviewed and distributed.

**Board Reports:**

**Presidents:** Darryl Burris reviewed his findings on Liability Waivers the club uses. The Appreciation Dinner on May 15th has 70 coming.

**Vice President:** Bill Smith reported that the Club picnic will be June 28th at noon. The event will be at Sleepy Hollow State Park

**Secretary:** Patrick Baughan no report

**Treasurer:** Steve Leiby submitted the financial report and it was approved as written.

**Events Director:** Ken Hendrick reported on the percentage that each routes registration was full.

**At Large Directors:** Patrick Kelley reported that all awards for the 2014 riding season are in.

Joel Wickham reported on his complaint to the Post Office on newsletter delivery issues

**Membership:** Wendell Proudfoot sent no report

**Advocacy Committee:** Mike Unsworth sent an email report.

**DALMAC Fund Committee:** Leonard Provencher submitted the Committee's report of the 2015 funding suggestions. A motion to accept as submitted passed.

**T-Shirt** – Ralph Bednarz reported that all is coming together for the ride. The rides maps are done and look great.

**New Business:** Insurance policies on TCBA invitational rides were discussed.

**Old Business:** None

Meeting adjourned: 8:06 PM

Respectfully submitted by Patrick J. Baughan, Secretary, TCBA Board of Directors.

## DALMAC is a Winner Governor's Fitness 2015 Extraordinary Even Award

By Colleen Deatsman

DALMAC is very honored to be honored with the Governor's Fitness 2015 Extraordinary Event Award! YAY DALMAC!!!

Congratulations to the TCBA Board and all of the awesome DALMAC volunteers, riders and friends!! This is a huge award, and very nice feather in DALMAC's cap!!

A big "Thank You" to K.C. Harrison for bringing this award possibility to my attention, Katie Donnelly for your hard work on the nominating questionnaire, Ken Hendrick for supporting this process, Patricia Trudgen and Ken Hendrick for participating in the interview that was created into a very nice video, and Dick Allen, Patricia Trudgen, Katie Donnelly, and Al Simons for participating in the awards festivities.

DALMAC thanks all of our riders, volunteers, and friends for making DALMAC the extraordinary event that it is, and thanks all of The DALMAC Fund grant recipients, Tri-County Bicycle Association members, DALMAC riders and friends who sent kind letters supporting DALMAC's nomination.

Since 1971, the Dick Allen Lansing to Mackinaw (DALMAC) bicycle tour has grown from roughly a dozen riders to hundreds of avid cyclists. The DALMAC Fund was established in 1985 to promote bicycling in Michigan, supported by proceeds from the tour. Since then, The DALMAC Fund has awarded more than \$1.2 million in grants to various organizations dedicated to improving bicycling for Michigan residents and visitors.

Thank You Dick Allen!!!! Your challenge in 1971 has forever positively changed the climate of bicycling and road sharing in this great state of Michigan!!

On April 23, 2015, DALMAC founder Dick Allen (right) was present at an honorary legislative reception at Michigan's capitol to accept recognition of DALMAC as a finalist for the Extraordinary Event Award.

Congratulations!!



Photo #2: Later that evening Dick Allen (center) was deeply touched to accept the 2015 Extraordinary Event Award at the GFA gala at Ford Field where finalists were honored, a brief video of each finalist was shown, and the award winners were announced.

<https://www.youtube.com/watch?v=cUBKHpyq7F8>

## DALMAC Team Store on PrimalWear.com

Your DALMAC volunteers have been hard at work, and are pleased to announce that the new DALMAC Team Store on PrimalWear.com is now open. The following items are for sale through **June 30, 2015**.

Thermal Arm Warmer (unisex)	\$25
Men's and Women's fit Heavyweight Long Sleeve Jersey (Sport Cut)	\$79
Men's and Women's fit "Black Label" Shorts	\$79
Men's and Women's fit "Black Label" Bib Shorts	\$89
Wind Vest (unisex)	\$59

This year's theme is based upon a painting by renowned Lansing artist, Barb Hranilovich, and evokes the golden age of cycling in the French art nouveau style of the turn of the 20th century. Please check the sizing charts to ensure proper fit as these items are different from the short sleeve jerseys. Order a size larger if you want a loose fit.

# DALMAC

## Team Store on PrimalWear.com

**Thermal Arm Warmers**  
(unisex)



**Heavyweight Jersey**  
(men's / women's)



**Wind Vest**  
(unisex)



**"Black Label" Bibs**  
(men's / women's)

**"Black Label" Shorts**  
(men's / women's)



Visit [dalmac.org/#merchandise](http://dalmac.org/#merchandise)  
for ordering info.

Order Deadline: June 30, 2015



## LANSING BIKE PARTY

By William Smith

TCBA Member Meeting  
 June 2  
 Foster Community Center, 200 N. Foster  
 Lansing, MI  
 7:00 p.m.

Guest Speaker: Jeff Potter.

Jeff is a co-host of the Lansing Bike Party. He will describe this growing Friday social ride, its side projects and the local impact and goals.

We hope to see you there!



## 2015 TCBA CALENDAR

### TCBA 2015 RIDES

Month	Board Meeting	Member Meeting	TCBA 2015 RIDES	
			T-Shirt Ride	May 30
June	2	25	Northwest Tour	June 17-21
July	7	30	TCBA Picnic	June 28
August	4	27	Summer Tour	July 15-19
September	8	24	WOW Ride	July 25
October	6	29	DALMAC	Sept 2-6
November	3	9		
December	1	Christmas Party		

## June 2015 Ride Calendar

Recurring Rides; No Ride if Rain, or Wet Roads at start

<b>Sundays</b>	8:00 AM	32+	C	67th District Court House, Grand Blanc	No Ride: 21 <sup>st</sup>	Ed Usewick 810-694-9919
	11:00 AM	25-35	C	Kroger (E. Lansing)	No Ride: 28 <sup>th</sup> See, Z ride in other day rides	Edie Belcher 517-242-4122
<b>Mondays</b>	9:00 AM	30-50	C	Oneida Township Hall		Bob Noble C 517-290-7271 517-455-7546
	10:00 AM	25-42	C	Victor Township Hall	No ride June 8 <sup>th</sup> Food Stop	Jan or Tony Koller 517-669-5744
	6:00 PM	10	D	Grand Blanc City Hall, Downtown	No ride on 1 <sup>st</sup> or 15 <sup>th</sup>	Ed Usewick 810-694-9919
	6:00 PM	15-20	B	Oneida Gospel Church	<a href="mailto:Ds11518@gmail.com">Ds11518@gmail.com</a>	Diane Sherman 517-281-5971
<b>Tuesdays</b>	6:00 PM	15-25	C	Oneida Township Hall	<a href="mailto:Ds11518@gmail.com">Ds11518@gmail.com</a>	Diane Sherman 517-281-5971
	6:00 PM	10	D	Grand Blanc City Hall, Downtown	No Ride on 16 <sup>th</sup> or 30 <sup>th</sup>	Ed Usewick 810-694-9919
	6:30 PM	23-30	B	Williamston Township Hall	If Rain, ride will start same time and place on following Wednesday.	Kristen Furseth 517-881-8099
<b>Wednesdays</b>	10:00 AM	35-50	C	Valley Farms Park		Edie Belcher 517-242-4122
	5:30 PM	30	B	Visiting Nurses Bldg. Davison, MI	New Ride Location! 10128 E Lippincott Blvd Davison, MI 48423	Dave & Carolyn Mansfield 810-444-8709 or 810-658-0406
	6:00 PM	20-30	B	Oneida Gospel Church	<a href="mailto:Ds11518@gmail.com">Ds11518@gmail.com</a>	Diane Sherman 517-281-5971
	6:00 PM	10	D	Grand Blanc City Hall, Downtown	No Ride on 17 <sup>th</sup>	Ed Usewick 810-694-9919
	6:15 PM	25-33	B	Riverview Church	No Ride June 17 <sup>th</sup>	Jim Delinescheff 517-333-9329
<b>Thursdays</b> <b>No Rides on Club Mtg Night: 25<sup>th</sup></b>	6:00 pm	20-30	C	Oneida Township Hall		Bob Noble C 517-290-7271 517-455-7546
	6:30 PM	23-27	B	Williamston Township Hall		Mike Hixson 517-896-5212
<b>Fridays</b>	9:30 AM	25-45	C	Dewitt Township Hall	Food Stop	Jan or Tony Koller 517-669-5744
	6:00 PM	24-36	C	Hamlin Township Hall		Rob Taylor 517-648-2608
<b>Saturdays</b>	8:00 AM	50-60	Z	Sawdon School	No ride June 20 <sup>th</sup> <a href="mailto:Ds11518@gmail.com">Ds11518@gmail.com</a>	Diane Sherman 517-281-5971

**HELMETS ARE REQUIRED ON ALL TCBA RIDES!**



**Other DAY RIDES (one time only) in June...**

Day/Date	Time	Miles	Class	Start Location	Other Info	Ride Leader
Thursday Jun 4 <sup>th</sup>	4:30 PM	25	C	James Couzens Park	Bath Market Ride	Dan Stockwell 517-410-6942
Saturday June 9 <sup>th</sup>	6:00 PM	25-35	C	<b>Meijer's (Dewitt)</b>		Edie Belcher 517-242-4122
Thursday June 18 <sup>th</sup>	4:30 PM	25	C	James Couzens Park	Bath Market Ride	Tom Hardenbergh 517-290-4746
Saturday June 23 <sup>rd</sup>	6:00 PM	25-35	C	<b>Meijer's (Dewitt)</b>		Edie Belcher 517-242-4122
Sunday June 28 <sup>th</sup>	10:30 AM	40-42	Z	<b>Kroger's (E. Lansing)</b>	Destination is TCBA Picnic at Sleepy Hollow	Edie Belcher 517-242-4122

**Ride Starting Point Descriptions**

**67th District Court House** Grand Blanc  
**Bath Farmers Market. James Couzens Mem. Park** 13751 Main, Bath  
**Dewitt Township Hall** 1401 W. Herbison Rd. 1/2 mi. west of Old 27  
**Hamlin Township Hall** 6430 S Clinton Trail Eaton Rapids  
**James Couzens Park** 13751 Main Street, S of downtown Bath  
**Kroger** Coolidge & Lake Lansing  
 Parking is on the east side of Kroger's lot near Coolidge Road  
**Dewitt Meijers (Webb Road)** 12821 Cross Over Dr., Dewitt  
**Oneida Gospel Church** Corner of Oneida and Strange Hwy, Gd Ledge  
**Oneida Township Hall** .....11041 Oneida Road, Grand Ledge  
**Riverview Church** ....Willoughby, one block west of College Rd.  
**Sawdon School** Lamson Rd., Grand Ledge  
**Valley Farms Park** ½ mile south of Mega Mall; Brook/Wieland Roads.  
 Across from Dewitt Fire Station  
**Victor Township Hall** 6843 Alward Road Laingsburg,  
**Williamstown Twp. Hall** Corner Zimmer & Germany Rds. 4 mi east & 1 mi south of Haslett

**RIDE CLASSIFICATIONS**

**A+** 19+ MPH  
**A** 17-19 MPH  
**B** 14-17 MPH  
**C** 12-14 MPH  
**D** Under 12 MPH Fun/Social Group Ride  
**F** Family Fun & First-Timers Ride  
**M** Mountain Bike N/A  
**Z**.....Rides over 40 miles in length to be ridden at the rider's own pace without on the road ride leader supervision. **Leader must have detailed map of the ride for all riders.**

**FOR MORE RIDES Visit the Web Site: [www.biketcba.org](http://www.biketcba.org)**

**o To receive the Ride Line Transcript by email send your email address**

**Sunrise & Sunset for June 2015**

Date	Sunrise	Sunset	Date	Sunrise	Sunset	Date	Sunrise	Sunset
1-Jun-15	6:03 AM	9:10 PM	11-Jun-15	6:00 AM	9:16 PM	21-Jun-15	6:00 AM	9:20 PM
2-Jun-15	6:03 AM	9:10 PM	12-Jun-15	6:00 AM	9:17 PM	22-Jun-15	6:00 AM	9:20 PM
3-Jun-15	6:02 AM	9:11 PM	13-Jun-15	6:00 AM	9:17 PM	23-Jun-15	6:01 AM	9:20 PM
4-Jun-15	6:02 AM	9:12 PM	14-Jun-15	6:00 AM	9:18 PM	24-Jun-15	6:01 AM	9:20 PM
5-Jun-15	6:01 AM	9:13 PM	15-Jun-15	6:00 AM	9:18 PM	25-Jun-15	6:01 AM	9:20 PM
6-Jun-15	6:01 AM	9:13 PM	16-Jun-15	6:00 AM	9:18 PM	26-Jun-15	6:02 AM	9:20 PM
7-Jun-15	6:01 AM	9:14 PM	17-Jun-15	6:00 AM	9:19 PM	27-Jun-15	6:02 AM	9:20 PM
8-Jun-15	6:00 AM	9:14 PM	18-Jun-15	6:00 AM	9:19 PM	28-Jun-15	6:02 AM	9:20 PM
9-Jun-15	6:00 AM	9:15 PM	19-Jun-15	6:00 AM	9:19 PM	29-Jun-15	6:03 AM	9:20 PM
10-Jun-15	6:00 AM	9:16 PM	20-Jun-15	6:00 AM	9:20 PM	30-Jun-15	6:03 AM	9:20 PM

## BIKING SMARTER

### Contributed by Dick Jansen

Bikes are easy to ride. Get on. Push pedals. Keep balanced. Watch where you're going. Shift up or Down. Stop.

And then there are other things. Hills. Pot holes. Drivers. Wind. Flats. Let's start with some basics. Starting, stopping, and shifting.

Your goal is to get moving quickly, and in a straight line. Some people mount their bike like a horse or a scooter. Let me offer you a better way.

Your left foot is on the ground and your right foot is on the other side of the bike on the pedal. You are straddling your bike ahead of your seat, and the right pedal is up, and a little forward. When you are ready to go, make a quick move to stand on the right pedal and lift your butt on to bike saddle. The bike will start to move quickly, helping you to gain your balance.

Eventually, it will be time to stop. With your right foot on the pedal in its lowest position, shift your weight to that pedal, lift your butt off and ahead of the saddle, apply both brakes, then put your left foot on the ground as soon as you stop.

There more good reasons for starting with your left foot on the ground and your right foot on the pedal. Have you ever walked down a stairway in the dark, thinking you have just stepped off the last stair, but you're still on it? Your next step is quite startling, isn't it? Most roads are made higher in the center for drainage. If you were to put your right foot on the ground, it may be lower than you expect - and you may fall in a traffic lane.

Less important, but still embarrassing - if your right foot is on the ground, your right leg may be in a position to receive a free "tattoo" from your dirty chain.

I don't know how to lubricate a chain without getting lube on the outside. Only the lube that gets to the inside is useful. If you lube your chain, give the lube time to penetrate, then wipe off as much as you can with a rag. Lube on the outside just attracts dirt and promotes wear.

If you stopped at an intersection and will want to go again, you need to move the right pedal back up to a raised position. If you have toe clips or clipless pedals, just raise your right foot toward the front and up - the pedal will come. If you have the older style of pedals, put your right toe under the pedal and lift it up to be slightly forward of the highest position. In either case, you will be moving the pedal in the opposite direction from normal pedaling.

Every bicycle made with gears only has ONE hard gear combination. All the rest are easy. Really! If you are in a gear that is hard, just shift down. If you don't, the problem isn't the bike - it's YOU! The hard gear? It's your granny gear - the one that on level ground makes your cranks imitate a windmill. But when you get on a steep hill, and put it to work, and it is hard work, your only choices are to work hard, or to get off and push (or rest). So, if you're not in your granny gear, but you are struggling, use the gears you **paid for, and shift down.**



## BIKING SMARTER (continued)

I missed a step on purpose, just to simplify the instructions. It only applies if you have a multi-speed bike. Once you know you are going to stop, return your shifters to a set of gears that make starting easy. Find out what those are for you, and complete shifting to them before you stop. If you stop when you are in a higher gear, starting will be slow and balancing will be difficult.

Every bicycle made with gears only has ONE hard gear combination. All the rest are easy. Really! If you are in a gear that is hard, just shift down. If you don't, the problem isn't the bike - it's YOU! The hard gear? It's your granny gear - the one that on level ground makes your cranks imitate a windmill. But when you get on a steep hill, and put it to work, and it is hard work, your only choices are to work hard, or to get off and push (or rest). So, if you're not in your granny gear, but you are struggling, use the gears you paid for, and shift down.

You may have heard a clunking noise as a bike shifts. If it happens to you on your bike, you can do something about it if you understand why it happens. You can skip the next paragraph if you have a 3-speed bike.

Shifting is the process of sliding the chain off the teeth of one gear and onto the teeth of another. Shifting won't happen at all if you are not pedaling. If you are pedaling hard, there is a lot of friction between the chain and the teeth, making it hard for them to separate. When they do, it's a lot like cracking your knuckles. So, as you are shifting, ease up on the pressure and your shift will quietly happen twice as fast.

When tying your shoes, you should knot each on the side away from the bike, particularly the one on the chain side. This will reduce the chance that a shoelace will get caught between the chain and chainring.

As a rule of thumb (my thumb), drivers will give you as much space on your left as you take on your right - why should you need any more? If you want more space, move to the left!

About that @#\$% driver: If you gave him a penny for his thoughts, you should expect change.

Dehydration thickens your blood. That makes it harder for your brain to get fed. Your thinking becomes confused. Your response time gets longer. Drink plenty of water, even when you think you don't need it. (And maybe offer some to that @#\$% driver.)



# CLASSIFIEDS

This section of the *Chainwheel Chatter* is published as a service for **TCBA MEMBERS ONLY**, to advertise cycling equipment free of charge. To place an ad, send an e-mail to [chainwheelchatter@biketcba.org](mailto:chainwheelchatter@biketcba.org) or mail to Patricia Mead 13708 Monarch Dr. South Lyon MI 48178

## 2007/2008 Trek KDR 1000 Kids Road Bike.

Discovery Channel Edition. Excellent condition. Selling because daughter has outgrown. The measurement of the seat tube from the base to the top is 36cm. Specs:

Frame: Alpha Aluminum

Fork: Alloy

Tires: Bontrager Race Lite, 24x1"

Shifters: Shimano Sora Flight Deck

Front derailleur: Shimano 2200

Rear derailleur: Shimano Tiagra

Crank: Bontrager Sport 48/39, 150mm

Cassette: SRAM PG850 12-23, 8 speed

Saddle: Bontrager Race Junior

Stem: Bontrager Sport, 10 degree

Headset: Aheadset Slimstak w/semi-cartridge bearings, sealed

Sora STI levers and Tektro cross levers

\$400. Cash only. Bike located in DeWitt. Please email Lois @ [loiseallen@gmail.com](mailto:loiseallen@gmail.com) or call/text 803.553.1288. Pictures available on request.

For sale: 1988 custom-built for short (20 ½ inch) captain and short (18 inch) stoker Bradley touring tandem. 21 speed, rear disc brake, front and rear Blackburn racks, all sealed bearings, 48 spoke custom-built wheels, Zefal frame pump, triple crank, 4 water bottle cages, fenders and bar-end index shifting. Includes 2 extra sets of tires. Asking \$500.00. Call Berney at 517-667-1806 before 10:00 p.m.

For Sale: Recumbent bike. Medium frame, Tour Easy, excellent condition, full fairing, 21-speed, cobra seat. \$1300 or B/O. If interested, call 517-628-2067 and leave a message.

# MEMBER SPECIALS

This section of the Chainwheel Chatter is published as a service for TCBA MEMBERS who own a business at a cost of \$5.00/month for business card ad. To place your business ad, please submit your copy ready jpg business card to [chainwheelchatter@biketcba.org](mailto:chainwheelchatter@biketcba.org), and mail your payment for the number of months you want your ad to appear to: TCBA-Classifieds, P O Box 22146 Lansing, MI 48909-2146



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Susan A. Schrock  
517-627-1911

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## CHAINLINKS



[www.biketcba.org](http://www.biketcba.org) **Tri-County Bicycle Association**

[www.lmb.org](http://www.lmb.org) **League of Michigan Bicyclists**

[www.bikeleague.com](http://www.bikeleague.com) **League of American Bicyclists**

[www.adventurecycling.org](http://www.adventurecycling.org) **Adventure Cycling**

[www.bikes.msu.edu](http://www.bikes.msu.edu) **Michigan State University (MSU) Bikes**

[www.walkbikelansing.com](http://www.walkbikelansing.com) **Lansing's Walking and Bicycling Network**

[www.capitalareasmartcommute.com](http://www.capitalareasmartcommute.com) **Smart Commute Program**

[www.midmeac.org](http://www.midmeac.org) **Mid-Michigan Environmental Action Council**

[www.bikems.org](http://www.bikems.org) **Various rides throughout the country**

[www.mmba.org](http://www.mmba.org) **Michigan Mountain Biking Association**

[www.railstotrails.org](http://www.railstotrails.org) **Rails to Trails Conservancy**

[www.michigantrails.org](http://www.michigantrails.org) **Michigan Trails & Greenway Alliance**

[www.facebook.com](http://www.facebook.com) **TCBA is there as a group; check us out!**

[twitter.com](https://twitter.com) **Twitter**

<http://www.nhtsa.gov/Bicycles> **National Highway Traffic Safety Administration**

# TCBA MEMBER CONTACT

Your respect is requested when using any of the numbers on this page. Phone calls during family time and at late hours can be intrusive.

### TCBA OFFICERS:

President: Darryl Burris (517) 394-1617  
 E-mail: president@biketcba.org

Vice President: Bill Smith  
 E-mail: vp@biketcba.org  
**or**  
 smith132@comcast.net

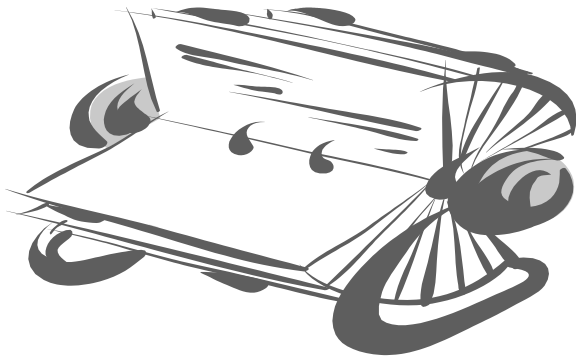
Treasurer: Steve Leiby (517) 881-4137  
 E-mail: treasurer@biketcba.org

Secretary: Pat Baughan  
 E-mail: secretary@biketcba.org

Events Director: Ken Hendrick  
 DALMAC Hotline (517) 882-3700  
 E-mail: eventsdirector@biketcba.org

Board at Large:  
 Patrick Kelley  
 E-mail: boardatlarge1@biketcba.org  
**or**  
 kelley\_patrick@hotmail.com

Joel Wickham  
 E-mail: boardatlarge2@biketcba.org



### OTHER GOOD NUMBERS:

Advocacy Committee Chairman:  
 Mike Unsworth 517-282-7515  
 E-mail: advocacy@biketcba.org

Bike Travel Case Use Coordinator (517) 267-8971  
 E-mail: philwells@sbcglobal.net

DALMAC E-mail: dalmac@biketcba.org

DALMAC FUND: Steve Leiby (517) 881-4137  
 E-mail: treasurer@biketcba.org

DALMAC Treasurer: Diane Sherman  
 E-Mail: dalmactreasurer@biketcba.org

LMB Office: (517) 334-9100  
 E-mail: office@lmb.org

Membership Coordinator:  
 Wendell Proudfoot (413) 776-9369  
 E-mail: membership@biketcba.org

Newsletter Editor: Patricia Mead  
 E-mail: chainwheelchatter@biketcba.org

Northwest Tour: Jeff Dillingham (517) 614-6277  
 E-mail: nwtour@biketcba.org

Ride Coordinator: Ed Usewick (810) 694-9919  
 E-mail: tcbamonthlyrides@aol.com

Ride Line: TUBES-OO (517) 882-3700

Ride Line: Call In Coordinator: Thomas Bogle  
 TUBES-OO (517) 882-3700  
 E-mail: bikerides@comcast.net

Ride Mileage Keeper:  
 Doug Sherman  
 E-mail: resto66stang@gmail.com

Safety & Education:  
 E-mail:

SummerTour: Pete Derkos  
 E-mail: summertour@biketcba.org

T-Shirt Ride: Ralph Bednarz 517-321-4790

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W O W: Adreah Saxton (517) 622-0364  
 E-mail: wow@biketcba.org

## CHANGE OF ADDRESS

Please complete this form, clip and drop in an envelope to ensure we receive your correct address so you receive your Chainwheel Chatter. Thank you!



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NEW ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_

STATE \_\_\_\_\_ ZIP \_\_\_\_\_

**MAIL TO: TCBA, ATTN: MEMBERSHIP CHANGE OF ADDRESS, P.O. BOX 22146, LANSING, MI 48909-2146**