TRI-COUNTY BICYCLE ASSOCIATION P.O. BOX 22146 LANSING, MI 48909 (517) 882-3700 WWW.BIKETCBA.ORG

# Chainwheel Chatter

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January 2015

MEETING	DATE & TIME	LOCATION	PRESENTER & TOPIC
MEMBERSHIP	JANUARY 29, 2015 7:00 p.m.	Foster Community Center, 200 N. Foster St. Lansing, MI	Ron Berby Ron is a long time TCBA member, and will present "Scenes You May Not Have Seen in Summer Tours and DALMACs Gone By."
CYCLE FORUM	JANUARY 29, 2015 6:00 p.m.	Foster Community Center, 200 N. Foster St. Lansing, MI	Come join in the discussion with other cyclists.
BOARD MEETING	January 6, 2015 6:30 p.m.	Foster Community Center 200 N. Foster St. Lansing, MI	Members are welcome to attend all board meetings to express their concerns. Due to time constraints, if you have a specific item to be brought before the board, please contact the President one week prior to the meeting and ask to have it added to the agenda.



#### **DEADLINES**

#### NEWSLETTER JANUARY 10

Volume 41, Number

Please send items to Wendy Briggs, via e-mail to chainwheelchatter@ biketcba.org by the indicated deadline.

#### RIDE CALENDAR JANUARY 8

Information for the ride calendar needs to be sent to Ed Usewick, 590 Boutell Drive, Grand Blanc, MI 48439 or e-mailed to rideschedule@biketcba.org. So we can include this information in the next newsletter, please note the indicated deadline. Furthermore, please be sure to use the electronic tools to register rides. Please ensure you include critical information such as ride times, mileage, location, and ride leader name and telephone number.



Quiet Water Symposium - March 7, 2015

TCBA/DALMAC plans to resume exhibiting at "Michigan's Best Outdoor Show" Folks that want to get a head start "on their 20hrs" of volunteer time for DALMAC, to earn credit against registration fees, are encouraged to send a message to volunteer@dalmac.org. Shift times are 9am to 1pm & 1pm to 5pm. Your ticket to attend the show will be provided at no charge.

# From the TCBA President Darryl Burris

#### Volunteer of the Year

Patricia Trudgen has been selected as the 2014 TCBA volunteer of the year. She completed five years on the TCBA board including President and DALMAC Events Director. Pat has given her service to TCBA for many years in many different DALMAC and TCBA volunteer jobs. Join the TCBA board in expressing appreciation for Pat's efforts.



# Ride Leader of the Year Brenda Cartwright has been voted 2014 Ride Leader of the Year. Brenda has been a member of TCBA for many years and lead a lot of mid-week training rides this past year. Congratulate her and thank Brenda for her continued support of TCBA.



## **Need Legal Resource**

The TCBA board wants a review and update of our Rider Release and Liability Waivers. We are looking for recommendations and/or volunteers to accomplish this review. Please E-Mail thoughts to President@biketcba.org.



The Chainwheel Chatter is looking for stories and memories of Milt Gruhn as we would like to honor Milt in the February 2015 issue. Milt had been a dedicated member and volunteer of TCBA/Dalmac for many years until the affects of Alzheimer's disease limited his cognitive functioning. Please be part of honoring Milt as well as spread more awareness of Alzheimer's disease. Email stories and memories of Milt to chainwheelchatter@biketcba.org.

## **SUMMERTOUR 2015**

By Pete Derkos

#### SummerTour 2015

Planning is underway for SummerTour 2015! The 26th annual SummerTour will start near Traverse City on Wednesday, July 15. Both of the two overnight stops are at state parks and have a layover day as in the past. The tour will return to the start point on Sunday, July 19. The tour fee of \$200 will include the same services and features as in recent years. A more detailed description will be on-line mid-January.

Please note that the application process has changed. SummerTour will not mail out applications as in the past. The enrollment application will be placed on-line in early February. Riders will complete the on-line or downloadable form, print it, sign it and return it by U.S. postal mail. SummerTour will not accept handwritten applications. Applications not in compliance will be returned. Therefore, please watch your February Chainwheel Chatter for the link to the application as well as the date it will go live.

Pete Derkos, SummerTour Director

#### Annual Meeting of the Tri-County Bicycle Association October 30, 2014 Submitted by: Katie Donnelly for Patrick Baughan

President Darryl Burris called the meeting to order at 7:13 p.m. Cider and doughnuts were provided for social time prior to the meeting. Other officers present included Vice-President Bill Smith, Treasurer Steve Leiby, Events Director Pat Trudgen, and Board-at-Large member Joel Wickham. Secretary Pat Baughan and Board-at-Large member Pat Kelly were unable to attend.

Tony Webster introduced himself. While not a new TCBA member, it was his first meeting.

Bill Smith announced that the location for the holiday party on Thursday, December 4, has been moved to

the Quality Inn near Frandor, with the same menu as previously announced (chicken, prime rib, vegetarian lasagna). The evening will begin with a social hour at 6 p.m. with a buffet dinner starting at 7 p.m. Wendy Briggs introduced herself. She will be helping Janet Weber with the December Chainwheel Chatter

and taking over thereafter.

Election ballots are ordinarily collected at the annual meeting, and votes are tallied to elect new board members, but this year there was only one nominee per position. Pat Trudgen will step down from the board on December 31, and Ken Hendrick will step in as Events Director on January 1. Ride Leader of the Year is also ordinarily elected by the membership by ballot; members are asked to send the names of their nominees to Darryl by email.

As stipulated by the TCBA Bylaws, Darryl distributed the Annual Report, which is attached to this document. He reviewed several subjects covered by the report, and then opened up the floor for questions and the annual Good of the Order session.

Discussion topics included:

#### DALMAC

Lenny Provencher expressed appreciation to the DALMAC Committee for converting the Four-Day East route to a new Five Day East route.

#### Club rides

Dick Janson expressed concern over what appears to be declining membership, attributing this to a decrease in the number of Class D rides offered. He believes these are necessary to attract younger and less experienced riders. Members responded that D rides were going at C pace anyway, few riders show up for these rides, and there are competing activities for young people. Other comments:

For several years, Lenny Provencher continued the Class D rides (12-17 miles) started by Pat and Roger Trudgen from Haslett Middle School on Wednesday evenings with good attendance. As the ride leader, he introduced himself as someone with several years' experience, offering to share observations with new riders.

Katie Donnelly used to lead monthly D rides from the MSU Pavilion. At the end of the ride with a new rider, she would make one or two suggestions intended to make their riding more pleasurable. She added, however, that we should not assume that new riders are necessarily slow riders, as many come to us from other sports or are cross-training. Some may not know their riding speed and may be intimidated by the distance until they've done it.

Dick Janson said he used to offer D rides as instructional rides, offering guidance on shifting, bike adjustment, etc., and committed to doing this again next year beginning when school gets out in the spring until school starts in the fall. Linda Antinori said she's interested in picking up the Saturday morning rides led by Milt Gruhn.

Don Ward suggested that parents might be more comfortable routing on trails rather than roads.

Jethro Wise said he believes D rides may need more than one ride leader.

Darryl Burris opined that we do not offer enough Class C rides of around 25 miles.

Lenny Provencher commented on the appearance of more women in bicycling-related advertising, and wondered if women prefer to ride with other women.

Katie Donnelly suggested better "truth in advertising" with respect to ride class posting. There are several Class B rides that routinely operate at a Class A pace, and true Class B riders will be left behind. Ride leaders should not post a Class B ride if they're not willing to ride at the minimum pace for the ride.

#### **ANNUAL MEETING CONTINUED**

#### **Communication**

There were compliments for the club website, with a suggestion that the ride schedule be easier to find. Webmaster Wendell Proudfoot acknowledged that there was room for improvement, but said there is a limited number of links available per page.

There was a suggestion that, when the ride line is only updated once weekly, it would be more helpful if it were done later in the week, when ride leaders planning weekend rides have a better idea of the weather forecast.

#### **Safety Education**

Katie Donnelly announced that the bicycle safety poster contest will not be held in 2015 and challenged the membership to come up with new ideas to meet our safety education mission. The poster contest was a successor to the Safety Outreach to Schools program that operated for many years, providing printed materials and videos to area schools. Members also volunteered to make safety presentations at schools, but that effort eventually suffered from a lack of available volunteers.

There were suggestions to teach bike safety repair at community centers during the summer, to give away helmets, or to conduct rodeos (as does the League of Michigan Bicyclists), along with the comment that the Kids Repair Program was invited to participate in "so many [rodeos] you can't count them all." It was noted that "Granddad," who ran the Kids Repair Program, died earlier this year, and that Dave Mead is now running the program.

#### **Local Trail Progress**

Darryl Burris noted that it appears the new Sycamore Trail will likely be flooded often under I-96. The Clinton-Ionia-Shiawassee trail, which runs from Owosso to Ionia, has an asphalt surface within communities and crushed lime-stone elsewhere; landscaping has not yet been completed. It is intended that, eventually, the entire trail will be asphalt. The memorial in downtown St. Johns is being relocated to enable the trail to continue through town interrupted. The official opening will be in the spring, although it is being used now. There have been reports of horses damaging the trail (east of Ovid), and horse people have been asked not to use it.

Tom Hardenbergh and another Bath Township resident are working with the Advocacy Committee to place bike racks around the township, primarily near the library, the beach at Park Lake, and the Farmer's Market. They hope to get TCBA support for this and have racks in place early next year.

The meeting adjourned at 8:26 p.m.



## **In Memoriam**

#### Jean Lantzer Brailey - June 3 1949 - October 15 2014

Jean was an active person, a TCBA activist in the formative years of the club from the moment she joined in 1974, and a welcomed woman in the club's mostly male membership. What she lacked in stature (just 5' 2"), Jean made-up for in personality. If Jean on her mixte-framed Motobecane was your riding companion, her stories and guips made the miles pass easily.

She met charter member and expert cyclist Dean Brailey at work and soon became a devoted bicyclist under Dean's watchful eye and then his wife on December 14 1975. Their honeymoon began at the TCBA Holiday Party. Eventually mother-hood took all of Jean's vast energy, removing her from club activities and a career to devote herself to raising son Tom.

In what too soon were the last years of her life, she wanted to return to bicycling on a carbon-fiber and aluminum Giant. Unfortunately, she was just getting her legs back and planning a cycle-touring adventure when frontal temporal dementia struck her and in a short time ended her life. Dean, Tom, daughter-in-law Andrea, and granddaughter Sophia and club members who knew her will fondly remember this sprightly, little spark plug of a person.

Contributions in Jean's name can be made to The Association for Frontotemporal Degeneration, Radnor Station Building 2, Suite 320 290 King of Prussia Road Radnor, PA 19087 or at their website: www.theaftd.org.

#### **Sunrises & Sunsets for January 2015** RISE SET DAY RISE SET DAY RISE SET 8:09 AM 5:14 PM 11 8:08 AM 5:25 PM 21 8:02 AM 5:36 PM 8:09 AM 5:15 PM 12 8:07 AM 5:26 PM 22 8:02 AM 5:38 PM 23 3 8:09 AM 5:16 PM 13 8:07 AM 5:27 PM 8:01 AM 5:39 PM 4 8:09 AM 5:17 PM 14 8:06 AM 5:28 PM 24 8:00 AM 5:40 PM 8:09 AM 5:18 PM 8:06 AM 5:29 PM 5 15 25 7:59 AM 5:42 PM 6 8:09 AM 5:19 PM 8:05 AM 5:30 PM 26 16 7:59 AM 5:43 PM 7 8:08 AM 5:20 PM 17 8:05 AM 5:32 PM 27 7:58 AM 5:44 PM 8:08 AM 5:21 PM 18 8:04 AM 5:33 PM 28 7:57 AM 5:45 PM 9 8:08 AM 5:22 PM 19 8:04 AM 5:34 PM 29 7:56 AM 5:47 PM 10 8:08 AM 5:23 PM 20 8:03 AM 5:35 PM 30 7:55 AM 5:48 PM 31 7:54 AM 5:49 PM

JANUARY 2015 Ride Calendar
NO RIDES WERE SUBMITTED FOR PUBLICATION IN THIS ISSUE

#### **RIDE CLASSIFICATIONS**

A 17-19	9 MPH
B 14-1	7 MPH
C 12-14	4 MPH
DUnder 12	2 MPH
M Mountain Bike	N/A

Z — Rides over 40 miles in length to be ridden at the rider's own pace without on the road ride leader supervision. Leader must have detailed map of the ride for all riders.

FOR MORE RIDES CALL: 517-882-3700 or visit the web site: <a href="www.biketcba.org">www.biketcba.org</a>. Also check this number for updates/changes on rides listed in this *Chainwheel Chatter*. To receive the Ride Line Transcript by email, send your email address to: <a href="mailto:bik-erides@comcast.net">bik-erides@comcast.net</a>

Ride Line Call-in Coordinator: Thomas Bogle



**HELMETS ARE REQUIRED ON ALL TCBA RIDES** 

## 2015 MEETING DATES BOARD MEETINGS: MEMBERSHIP:

Board meetings begin at 6:30 p.m. and the Membership meetings have a Forum at 6:00 and the Club meeting at 7:00 p.m. All meetings are held at the Foster Center

Month	Board	Member
January	6	29
February	3	26
March	3	26
April	7	30
May	5	28
June	2	25
July	7	30
August	4	27
September	8	24
October	6	29
November	3	19
December	1	

# CHANGE OF ADDRESS

The TCBA would like to remind our valued members to please submit your change of address (form is included on the mailed newsletter) whenever you move, or temporarily relocate for lengthy periods of time. We no longer have the post office forward our mailings, such as newsletters, ride notices, etc. To insure you receive your TCBA correspondence, it is imperative you keep us informed on where you want your mail sent. The cost to the club to receive notices of undelivered mailed is starting to add up. In addition, we cannot be responsible if you do not receive an application to a desired ride which fills up due to our inability to provide you an application in time. Thank you for your assistance in resolving the issue from both perspectives. Please notify Wendell Proudfoot of your change of address memberat ship@biketcba.org.



#### **CHAINLINKS**

The below links are provided as

an informational tool to allow our

members to get additional information from local bike organizations who offer information, rides, tips, training, or other benefits to TCBA members.

www.biketcba.org Tri-County Bicycle Association

www.lmb.org League of Michigan Bicyclists

<u>www.bikeleague.com</u> League of American Bicyclists

## www.adventurecycling.org Adventure Cycling

www.bikes.msu.edu Michigan State University (MSU) Bikes

www.walkbikelansing.com Lansing's Walking and Bicycling Network

<u>www.capitalareasmartcommute</u> <u>.com</u> Smart Commute Program

www.midmeac.org Mid-Michigan Environmental Action Council

www.bikems.org Various rides throughout the country

www.mmba.org Michigan Mountain Biking Association

www.railstotrails.org Rails to Trails Conservancy

www.michigantrails.org
Michigan Trails & Greenway
Alliance

www.facebook.com TCBA is there as a group...check us out!

twitter.com Twitter

<u>http://www.nhtsa.gov/</u> <u>Bicycles</u> National Highway Traffic Safety Administration



# **CLASSIFIEDS**



This section of the *Chainwheel Chatter* is published as a service for **TCBA MEMBERS ONLY**, to advertise cycling equipment free of charge. To place an ad, send an e-mail to <a href="mailto:chainwheelchatter@biketcba.org">chainwheelchatter@biketcba.org</a>, or mail to Wendy Briggs, 2058 Scout Rd. Eaton Rapids, MI 48827.

Vision Recumbent (2003)

#### Fits a person 5' 5" to 6'

Handcrafted in Seattle, Washington 27 speed with index shifting One Owner 500 hundred miles approximately Includes 2 water bottle cages Flicker tail light Rear bike rack Sun rims Shimano brakes Quick release wheels and seat Look pedals included Topeak/Panoram computer Price \$300.00 (FIRM) (\$1,300 brand new) Call Nancy Kruithof at (517) 667-4613

# MEMBER SPECIALS

This section of the *Chainwheel Chatter* is published as a service for **TCBA MEMBERS** who own a business at a cost of \$5.00/ month for business card ad. To place your business ad, please submit your copy ready jpg business card to <a href="mailto:chainwheelchatter@biketcba.org">chainwheelchatter@biketcba.org</a>, and mail your payment for the number of months you want your ad to appear to Wendy Briggs, 2058 Scout Rd. Eaton Rapids, MI 48827.



#### <u>Save the Date</u> Denny's Central Park Bicycles

30th Annual Open House

#### Mark your calendar so you won't miss this important

event!

Sunday, February 8th, 2015 11:00 a.m.— 4:00 p.m.

#### Location: Denny's Central Park Bicycles

1805 Central Park Dr. Okemos Members save 10% off all new products, including 2015

> bicycles and bikes already on sale. Biggest inventory clear-out ever

20-80% off on other select products Featuring: Specialized, Yakima, Pearl Izumi, Burley and

more.

Hourly drawings for prizes Refreshments Provided Volume 39, Number 1 Page 9

### **TCBA MEMBER CONTACT**

Your respect is requested when using any of the numbers on this page. Phone calls during family time and at late hours can be intrusive.

#### **TCBA OFFICERS:**

President: Darryl Burris

E-mail boardatlarge1@biketcba.org
Or kelley\_patrick@hotmail.com
Joel Wickham.....

E-mail boardatlarge2@biketcba.org



#### **OTHER GOOD NUMBERS:**

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E-mail:philwells@sbcglobal.net
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•	CHANGE OF ADDRESS

Please complete this form, clip and drop in an envelope to ensure we receive your correct address so you receive your Chainwheel Chatter. Thank you



	receive your Ghamwheer Chatter. Thank you:	ASSOCIATION
NAME		
NEW ADDRESS		
CITY		
STATE	ZIP	

MAIL TO: TCBA, ATTN: MEMBERSHIP CHANGE OF ADDRESS, P.O. BOX 22146, LANSING, MI 48909.