

TRI-COUNTY BICYCLE  
ASSOCIATION  
P.O. BOX 22146  
LANSING, MI 48909  
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# Chainwheel Chatter

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November 2011

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MEETING	DATE & TIME	LOCATION	PRESENTER & TOPIC
<b>MEMBERSHIP</b>	November 17, 2011 7:00 p.m.	Foster Community Center 200 N. Foster St. Lansing, MI	<b>JEFF MOFFET</b>  Will share highlights and photos of his trip to California
<b>CYCLE FORUM</b>	November 17, 2011 6:00 p.m.	Foster Community Center 200 N. Foster St. Lansing, MI	<b>ALLAN HUBER</b>
<b>BOARD MEETING</b>	November 1, 2011 6:30 p.m.	Foster Community Center 200 N. Foster St. Lansing, MI	Members are welcome to attend all board meetings to express their concerns. Due to time constraints, if you have a specific item to be brought before the board, please contact the President one week prior to the meeting and ask to have it added to the agenda.



## DEADLINES

### NEWSLETTER NOVEMBER 4

Please send items to Janet Weber, 767 Linden Street, Charlotte, MI 48813 or send your e-mail to [chainwheelchatter@biketcba.org](mailto:chainwheelchatter@biketcba.org) by the indicated deadline. Deadlines are earlier due to the fact the November membership meeting is a week earlier.

### RIDE CALENDAR NOVEMBER 3

Information for the ride calendar needs to be sent to Ed Usewick, 590 Boutell Drive, Grand Blanc, MI 48439 or e-mailed to [rideschedule@biketcba.org](mailto:rideschedule@biketcba.org). So we can include this information in the next newsletter, please note the indicated deadline. Furthermore, please be sure to use the electronic tools to register rides. Please ensure you include critical information such as ride times, mileage, location, and ride leader name and telephone number.

## ANNOUNCEMENTS

Christmas party is Sunday, December 4, 2011 from 2-4pm at Mason Bowling Lanes on Cedar Street in Mason. Please sign up at the Oct/Nov club meetings.

**Lost and Found from DALMAC** ~ Any items that were lost on any of the DALMAC routes will be available at the club meeting in November. Any items that are not claimed at the November meeting will be donated to a local charity. See above for November's date, time and location for the meeting.



**MINUTES OF THE TRI-COUNTY BICYCLE ASSOCIATION  
BOARD OF DIRECTORS MEETING  
Foster Community Center - Lansing  
September 13, 2011**

Board members present included Roger Nelson, RayBailey, Steve Leiby, Linda Antinori, Pat Trudgen, and Kris Stairs. Also present were club members Bill Savage, Katie Donnelly, Wendell Proudfoot, Lenny Provencher, Janet Weber, Dave Pierce, and Daryl and Mary Burris.

President Roger Nelson called the meeting to order at 6:30 p.m.

Ray Bailey made a motion to accept the Agenda as amended, Steve Leiby seconded the motion, and it passed unanimously.

***Reports:***

**Minutes:** Secretary Linda Antinori presented the August Minutes to the Board for approval. Steve Leiby made a motion to approve the minutes, Kris Stairs seconded the motion, and it passed unanimously.

**Vice-President's Report:** Ray Bailey reminded the Board that our Christmas Party will be held at City Limits in Mason on December 4 from 2 to 4 p.m. We will have 12 open lanes for bowling with up to eight people per lane. Pizza and pop will be served.

**Secretary's Report:** Linda Antinori reminded those in attendance of the upcoming Board elections in October and the need for candidates.

**Treasurer's Report:** Steve Leiby presented August Financial Reports to the Board for approval. Linda Antinori made a motion to accept the Report as presented; Pat Trudgen seconded the motion and it passed unanimously.

**Events Director's Report:** Patricia Trudgen reported that DALMAC went well.

**Safety and Education:** Bill Savage will be holding a beginning level Smart Cycling class at the MSU Pavilion in October.

**Chainwheel Chatter:** Janet Weber reported that Hot Prospects has asked for 75 extra copies of our newsletter instead of the 25 they had been getting for to compensate for damaged copies in the mailing process. This increase seems excessive and she will check into it.

***Old Business:***

- Changes to the definition of a family membership were tabled until the next Board meeting.
- The subject of club rides starting outside the normal tri-county area was tabled until next meeting.
- Steve Leiby reported that City of Lansing has a different vision of what the TCBA can do to maintain the River Trail than we do. They seem to want us to pay for emergency repairs and that is not what we envisioned. We wanted to improve the Trail for people using it.

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## CONTINUED FROM PAGE 2

- Ray Bailey made a motion to publish the proposed change in the TCBA by-laws to include a Government Relations Director in the *Chainwheel Chatter* to get the members' opinion of the change, Steve Leiby seconded the change and it passed unanimously.

***New Business:***

- Pat Trudgen asked the Board for permission to take six people to the NBTDA Conference on November 9 through 12 in Bloomington, Indiana. Steve Leiby made a proposal to approve such funding, Linda Antinori seconded the motion and it passed unanimously.
- Roger Nelson told the Board that he had been contacted by Terry Weller of Lowe's about a Safety Clinic that they were sponsoring on September 24 and would like our participation in. Roger will participate.

***Member Input:***

- Jeff Dillingham brought up the idea of developing manuals of when certain things should be done during the year for the Board and the various rides we put on each year to ease transitions when new people come on board.

The meeting adjourned at 7:36 p.m. and the Board met in closed session.



## TWICE . . . I THOUGHT, I'M DEAD MEAT

By Ron Berby

It wasn't much of a year for biking.

Over the winter I caught colds with the usual result: my mostly controlled asthma became uncontrolled. I coughed for over two months. That cut my cross country skiing mileage in half and delayed my climbing on a bike.

On one of my trips to Dr. Weismantel, he noticed the heart murmur, the one I've had all my life. Yes, the one that concerned doctors who gave me physicals for high school cross country and track. And yes, the one that concerned docs at MSU for the same sports. Uh huh, the one that on and off got the doctors' attention throughout my life with its 46 years of running and 11 years of biking. "But you'll be 70 next year," doctors reminded me, "and this sounds significant."

The nurse who gave me the EKG said little, but her report resulted in me going in a week later for (since my lame left knee won't run or even walk fast) a chemical stress test. A doctor held a stethoscope to my chest and neck, and they mainlined stuff into me that in no time made my heart hammer and my breath short, a distressing feeling since I wasn't barreling toward a finish trying to beat some other fool. At the height of my distress the doc happily announced, "Well, you have no heart arterial blockages!" But they had to hit me with some slow-down juice before my heart understood I had crossed the finish line. Still though, this was a noisy murmur, they said, caused by a narrowing of the aortic valve, the one under very high pressure sending blood everywhere but the lungs. I passed the stress test, but they wanted to be sure.

A couple weeks later Sally drove me to Sparrow Hospital, where they gave me a TEE, which is likely called a tee-hee-hee by those who give the procedure, not those who receive it. They gave me stuff that Michael Jackson may have liked - so I wouldn't know what they did to me. They put a small microphone/speaker down my throat and did an EKG from my esophagus, just behind the heart. Sound waves from the speaker bounced around my heart and back to the microphone, giving a good look at the faulty valve. I vaguely recall waking and seeing Sally and the doctor, and hearing him say, "...a mild to moderate narrowing," and smiling. Maybe now I could ride my bike.

But whoa! Weeks before I had complained to Dr. Weismantel that I was again spending way too much time in front of urinals. Years ago they surgically cored my troublesome, but not cancerous prostate. Later they nuked it with microwaves to again open it up. Both procedures helped, but wouldn't last forever. Again, Sally drove me to and from Sparrow, this time so they could use a laser to widen the dratted canal through my prostate. The surgery worked like a charm. But they said to stay off the bike for a month, as squashing a healing prostate could result in blockage and big problems on the way to an emergency room.

Now it was well into May. I had little time to ready for the 24-hour Challenge on June 19-20, which had defeated me in two previous tries. This was frustrating because enduring for hours - or even days - has always been my forte. I rode two 100k rides and a 42 miler in the remaining weekends before the 24-hour test, but my mileage was a third of the previous year and I didn't stand a chance. With a twerpy training base, the heat and hills did me in, and I surrendered at the 71-mile check point. Gone in a measly six hours.

Now all I looked forward to was my other goal for the year: I wanted to CLIMB THE WALL on the DALMAC 5UP's fourth day. Climbing a short, but steep hill, which involves power and speed, has always been everything but my forte. Example: When I was in high school, the Michigan High School Athletic Association had a rule: A boy (girls weren't competing in sports in the late 50s) could not race further than 220 yards until he reached his 15th birthday. Thus, in my freshman year in track I couldn't be a miler, the longest race then. I was stuck running the 180-yard low hurdles. My memory of my one season as a hurdler will always be of my view from the starting blocks of all those heels and buttocks waving, "Bye-bye!"

Training is specific. Training to climb the Wall would have nothing to do with club rides, 100K rides, century rides or multi-day tours. It would have to do with climbing short, but very steep hills with high intensity, or simulating such climbs. But where in mid-Michigan can you find steep hills? After some exploring I settled on two hills at the west edge of the Mt. Hope Cemetery. I'd downshift to the small ring approaching the hills, and settle on as high (large) a rear gear as I could stand, having to really hump to finally crest each hill, with maybe a minute's rest till the

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next. Near the cemetery's south edge I'd turn around and hit the hills from the other direction, giving me at least four climbs for each visit to the cemetery. On one visit I did three cycles of hills, or a total of twelve intensive efforts. Gasping air with my heart hammering in my ears, I knew it was an effort nearing what the Wall would demand of me.

On a Summer Tour hill it hit me that I could do a similar workout with less steep hills. I'd quit downshifting by two or three gears so that I'd get the same result as a Mt. Hope workout: pedaling with great intensity (and greater speed) up a "shallower" hill. At times when I flew past other bikers on these uphill, they likely thought me a nutcase.

In talking with Edie Belcher and other experienced riders who had climbed the Wall, they seemed to agree that 1) sitting gives you the best efficiency on an uphill, but that you can generate more power standing on the pedals, but it takes more energy.

I decided to go with Edie's tactic. I'd downshift to the small ring before the Wall's base, and then downshift grudgingly to the lowest rear gear while sitting. When that wouldn't work any more, I'd stand and give what was left to CONQUER THE WALL. Now, the only nagging thought I had was that the ten more pounds of belly I'd gained during the medical delays would stop me humiliatingly short.

Over the first three days of DALMAC I rode mostly easy and gave minimal efforts to hill climbs. The most memorable thing about those days came the first night at Shepherd, where by chance my tent neighbors were Jerry and Joe Kacynski of Midland. Jerry, 65, had run a 4:10 mile while a student at Delta Community College. His son, Joe, recently took third in the World Special Olympics 10K in Ireland, and had vast knowledge about running and famous runners. We told many running and biking stories over the following days.

I woke as usual, early on DALMAC's Saturday morning in Central Lake. Having to pack my wet tent and other essentials into duffel bags during driving rain was an irritating distraction, but after I rode out of town the rain stopped. I went easy through the imposing hills leading to East Jordan, deciding that only the first of the "Five Tears" hills was difficult. In East Jordan, I went off course a couple blocks looking for the place where I'd previously found espresso coffee. It was closed.

Riding northeast out of the town, I felt increasing raindrops. Careful about expending energy too early, I dallied in low gears up the increasing grade of Behling Road with no bikers in front or back of me. By the time I reached the Wall's base, I was down to the small ring and the largest rear gear, and the rain came in torrents. Up I started.

Twice during that climb, I thought, I'm dead meat. The pounding, saturating rain couldn't distract me from the increasing difficulty, and at only a third of the way up I knew I had to stand up already! That created the first thought about meat. Up over the pedals I was introduced to exhaustion after about eight or ten pedal strokes. Back down I went, returning to the torment of my quadriceps. Past half way my focus on good form dissolved and my brain could only demand hard pulling on the handlebars and uncontrolled ramrod movements of my legs. The result was a wheelie on the slick pavement which nearly took me over. Shaken, I leaned forward and tried with all my being to focus the pistoning of my legs, which now began to cry for mercy. At three quarters of the way I knew I HAD TO stand again, and again up I went. After three or four strokes, I was aghast that I would get no more, and down I went again, sure there was nothing left in my screaming thighs. That's when I had a second vision of my leg muscles as carrion. Oblivion enveloped me over the next few yards, when wandering to and fro, I was convinced I was done. But somehow, mercifully, the grade lessened and I crept to the top, belly and all. If someone heard me through the clattering rain, they likely thought I was giving birth.

At the top I found Joe, then Jerry, and gloriously celebrated my conquering the proud hill, at times I'm afraid, profane in my comments about it. Seeing no one coming up the hill behind me, we gloried and laughed until we noticed how cold the rain was, so we mounted up and headed for Boyne City. The rain continued relentlessly until I neared Walloon Lake, but I was so happy it seemed no big deal.

The remaining day and a half ride up to the Soo seemed insignificant by comparison, but I carried a glow of conquest over the next few days. That, however, was followed by days of an equally significant psychological letdown. But then, there has to be balance in everything. After all, I really wanted to climb the Wall before I turned 70, because I heard it gets hard after that.

Oh the weather outside is blowing and the rides, they are now slowing. And since we have none to show...let it snow, let it snow, let it snow!

Sunrises & Sunsets for November 2011

DAY	RISE	SET	DAY	RISE	SET	DAY	RISE	SET
1	8:11 AM	6:32 PM	11	7:24 AM	5:20 PM	21	7:36 AM	5:11 PM
2	8:13 AM	6:31 PM	12	7:25 AM	5:19 PM	22	7:38 AM	5:11 PM
3	8:14 AM	6:30 PM	13	7:26 AM	5:18 PM	23	7:39 AM	5:10 PM
4	8:15 AM	6:29 PM	14	7:28 AM	5:17 PM	24	7:40 AM	5:09 PM
5	8:16 AM	6:27 PM	15	7:29 AM	5:16 PM	25	7:41 AM	5:09 PM
6	7:18 AM	5:26 PM	16	7:30 AM	5:16 PM	26	7:42 AM	5:08 PM
7	7:19 AM	5:25 PM	17	7:31 AM	5:15 PM	27	7:43 AM	5:08 PM
8	7:20 AM	5:24 PM	18	7:33 AM	5:14 PM	28	7:45 AM	5:07 PM
9	7:21 AM	5:23 PM	19	7:34 AM	5:13 PM	29	7:46 AM	5:07 PM
10	7:23 AM	5:22 PM	20	7:35 AM	5:12 PM	30	7:47 AM	5:06 PM



Reset your clocks to standard time on November 6, 2011. Time to FALL back one hour.

**FOR MORE RIDES CALL: 517-882-3700 or visit the web site: [www.biketcba.org](http://www.biketcba.org)**  
**Also check this number for updates-changes on rides listed in this *Chainwheel Chatter*.**  
 To receive the Ride Line Transcript by email send your email address to: [bikerides@comcast.net](mailto:bikerides@comcast.net)

**Ride Line Call-in Coordinator:**  
 Thomas Bogle

**RIDE CLASSIFICATIONS**

- A 17-19 MPH
- B 14-17 MPH
- C 12-14 MPH
- D Under 12 MPH Fun and Social Group Ride
- M Mountain Bike N/A
- Z — Rides over 40 miles in length to be ridden at the rider's own pace without on the road ride leader supervision. Leader must have detailed map of the ride for all riders.



## U.S. CONSUMER PRODUCT RECALLS

WASHINGTON, D.C. - The U.S. Consumer Product Safety Commission, in cooperation with the firm named below, today announced a voluntary recall of the following consumer product. Consumers should stop using recalled products immediately unless otherwise instructed. It is illegal to resell or attempt to resell a recalled consumer product.

**Name of Product:** Bicycles

**Units:** About 91,000

**Importer:** Bridgeway International of Naples, Fla.

**Hazard:** The bicycle chain can break, causing a rider to lose control and fall.

**Incidents/Injuries:** The firm is aware of 11 reports of incidents, including nine reports of injuries, including lacerations and contusions.

**Description:** This recall involves "NEXT"-branded men's 26-inch hybrid bicycles. The bicycles are red or orange. "Power X" and "Suspension" are printed on the frame. Model numbers LBH2611M and LBH2611M2 are included in this recall. The model number is located on the frame between the pedals.

**Sold at:** Walmart from February 2011 through July 2011 for about \$100.

**Manufactured in:** China

**Remedy:** Consumers should immediately stop using the recalled bicycle and contact the company for a free repair.

**Consumer Contact:** For additional information, contact Bridgeway International at (877) 934-3228 anytime or visit the firm's website at [www.powerxbike.com](http://www.powerxbike.com)



## U.S. CONSUMER PRODUCT RECALLS

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**Name of Product:** Bicycles with Advanced Group carbon forks

**Units:** About 14,200

**Distributor:** Specialized Bicycle Components Inc., of Morgan Hill, Calif.

**Manufacturer:** Advanced Group, of Taiwan

**Hazard:** The brake component housed within the bicycle's carbon fork can disengage from the fork and allow the brake assembly to contact the wheel spokes while rotating, posing a fall hazard.

**Incidents/Injuries:** The company has received two reports of the brake component disengaging from the carbon fork. No injuries have been reported.

**Description:** This recall involves the following nine, 2011 model year bicycles with Advanced Group carbon forks: SIRRUS Expert, SIRRUS Comp, SIRRUS Elite, VITA Expert, VITA Comp, VITA Elite, VITA Elite Step Thru, TRICROSS Sport, TRICROSS, and TRICROSS Comp. All bicycles have the brand name "Specialized" on the lower front frame tube. The model name is on the top tube.

**Sold at:** Authorized Specialized Retailers nationwide from June 2010 through August 2011 for between \$700 and \$2,000.

**Manufactured in:** Taiwan

**Remedy:** Consumers should immediately stop riding these bicycles and return them to an authorized Specialized retailer for a free repair or replacement carbon fork.

**Consumer Contact:** For additional information, contact Specialized toll-free at (877) 808-8154 from 8:00 a.m. to 5:00 p.m. PT Monday through Friday, or visit the company's website at [www.specialized.com](http://www.specialized.com).



Advanced Group Carbon Fork



Broken Fork



**“Communication is a skill** that you can learn. It’s like riding a bicycle or typing. If you’re willing to work at it, you can rapidly improve the quality of very part of your life.”

-Brian Tracy

## CHANGE OF ADDRESS

The TCBA would like to remind our valued members to please submit your change of address (form is included on the mailed newsletter) whenever you move, or temporarily relocate for lengthy periods of time. We no longer have the post office forward our mailings, such as newsletters, ride notices, etc. To insure you receive your TCBA correspondence, it is imperative you keep us informed on where you want your mail sent. The cost to the club to receive notices of undelivered mailed is starting to add up. In addition, we cannot be responsible if you do not receive an application to a desired ride which fills up due to our inability to provide you an application in time. Thank you for your assistance in resolving the issue from both perspectives. Please notify Dean Brailey of your address change at [membership@biketcba.org](mailto:membership@biketcba.org).

**NEW ADDRESS**

## Meetings in 2011-2012

Board meetings are held at 6:30 p.m. at the Foster Center on the following dates:

November 1, 2011  
 December 6, 2011  
 January 3, 2012  
 February 7, 2012  
 March 6, 2012  
 April 3, 2012  
 May 1, 2012  
 June 5, 2012  
 July 10, 2012



## Club Meetings

Member meetings are at 7:00 p.m. and Allan Huber’s Cycling Maintenance Class at 6:00 p.m.:

November 17, 2011  
 January 26, 2012  
 February 23, 2012  
 March 29, 2012  
 April 26, 2012 –Swap Meet  
 May 31, 2012– Poster Contest & DALMAC Grantees  
 June 28, 2012  
 July 26, 2012  
 August 23, 2012

## CHAINLINKS



The below links are provided as an informational tool to allow our members to get additional information from local bike organizations who offer information, rides, tips, training, or other benefits to TCBA members.

[www.biketcba.org](http://www.biketcba.org) Tri-County Bicycle Association

[www.lmb.org](http://www.lmb.org) League of Michigan Bicyclists

[www.bikeleague.com](http://www.bikeleague.com) League of American Bicyclists

[www.adventurecycling.org](http://www.adventurecycling.org) Adventure Cycling

[www.bikes.msu.edu](http://www.bikes.msu.edu) Michigan State University (MSU) Bikes

[www.walkbikelansing.com](http://www.walkbikelansing.com) Lansing’s Walking and Bicycling Network

[www.capitalareasmartcommute.com](http://www.capitalareasmartcommute.com) Smart Commute Program

[www.midmeac.org](http://www.midmeac.org) Mid-Michigan Environmental Action Council

[www.bikems.org](http://www.bikems.org) Various rides throughout the country

[www.mmba.org](http://www.mmba.org) Michigan Mountain Biking Association

[www.railstotrails.org](http://www.railstotrails.org) Rails to Trails Conservancy

[www.michigantrails.org](http://www.michigantrails.org) Michigan Trails & Greenway Alliance

[www.facebook.com](http://www.facebook.com) TCBA is there as a group...check us out!

[twitter.com](http://twitter.com) Twitter

# CLASSIFIEDS



This section of the *Chainwheel Chatter* is published as a service for **TCBA MEMBERS ONLY**, to advertise cycling equipment free of charge. To place an ad, send an e-mail to [chainwheelchatter@biketcba.org](mailto:chainwheelchatter@biketcba.org), fax to 1-800-480-1146, or mail to Janet Weber, 767 Linden St., Charlotte, MI 48813.

**FREE:** Women's medium Nashbar yellow rain suit. Contact Suellen at 517-482-1908.

**WANT TO TRADE** a 2011 DALMAC Jersey XXL for a 2011 DALMAC Jersey XL.. Call Joe at 517-388-0769 or [BJWohlfert@aol.com](mailto:BJWohlfert@aol.com).

**FOR TRADE:** Men's Medium 2010 and 2011 DALMAC Jerseys for LARGE versions of both. If you lost weight (I didn't) and want to trade, please contact Ron

at 517-290-8043 or [ronberby@hotmail.com](mailto:ronberby@hotmail.com).

**FOR SALE:** Sun EZ Tandem AX recumbent tandem bicycle, aluminum frame, disk brakes, independent pedaling. Both seats adjustable for leg length. Includes rear rack and computer, four bottle cages. Almost new condition. \$1,900. Call or email Ken Hendrick at 517-627-4865 or [klhendrick@msn.com](mailto:klhendrick@msn.com).

**FOR SALE:** Saris cycle rack, Thelma 2-Bike Hitch model. Very good condition. \$125. Call Carl at 517-

# MEMBER SPECIALS

## SEW MUCH MORE

Cycling Wear: jerseys, cycling shorts, tights, arm & leg warmers  
Custom fit. Gift Certificates.  
Contact Sue at 517-627-1411  
e-mail:  
[sewmuchmorebiz@gmail.com](mailto:sewmuchmorebiz@gmail.com)  
NEW web site:  
[sewmuchmore.biz](http://sewmuchmore.biz)

## CLUB JERSEYS FOR SALE

Cost is \$55 and are available in various sizes from small to XXL. Jerseys will be available at monthly club meeting. For more information or to check on sizes they can call Kris Stairs at 517-627-4211 or email [stairskris@yahoo.com](mailto:stairskris@yahoo.com).

## HAPPY THANKSGIVING



# TCBA MEMBER CONTACT

Your respect is requested when using any of the numbers on this page. Phone calls during family time and at late hours can be intrusive.

## TCBA OFFICERS:

- President: Roger Nelson .....(517) 488-5063  
E-mail: president@biketcba.org
- Vice President: Ray Bailey  
E-mail vp@biketcba.org
- Treasurer: Steve Leiby.....(517) 881-4137  
E-mail treasurer@biketcba.org
- Secretary: Linda Antinori.....(517) 410-6043  
E-mail secretary@biketcba.org
- Events Director: Patricia Trudgen.....(517) 420-8699  
DALMAC Hotline (517) 882-3700  
E-mail eventsdirector@biketcba.org
- Board at Large:
  - Dean Brailey ..... (517) 372-0432  
E-mail boardatlarge2@biketcba.org
  - Kris Stairs.....(517) 627-4211  
E-mail boardatlarge1@biketcba.org



## OTHER GOOD NUMBERS:

- Bike Travel Case Use Coordinator .....(517) 267-8971  
E-mail:.....philwells@sbcglobal.net
- DALMAC E-mail:.....dalmac@biketcba.org
- DALMAC FUND: Steve Leiby.....(517) 881-4137  
E-mail.....leiby2691@sbcglobal.net
- DALMAC Treasurer: Diane Sherman  
E-Mail.....dalmactreasurer@biketcba.org
- LMB Office:.....(517) 334-9100  
E-mail:.....office@lmb.org
- LMB Rep.: Phil Wells.....(517) 267-8971  
E-mail:.....pwells@lmb.org
- Membership Coordinator:
  - Dean Brailey.....(517) 372-0432  
E-mail:.....membership@biketcba.org
- Name Tag Coordinator:
  - Newsletter Editor: Janet Weber.....(517) 543-7942  
E-mail:.....chainwheelchatter@biketcba.org
- Northwest Tour: Jeff Dillingham.....(517) 339-0442  
E-mail:.....nwtour@biketcba.org
- Ride Coordinator: Ed Usewick.....(810) 694-9919  
E-mail:.....rideschedule@biketcba.org
- Ride Line:.....TUBES-OO (517) 882-3700
- Ride Line: Call In Coordinator: Thomas Bogle  
TUBES-OO (517) 882-3700  
E-mail:.....bikerides@comcast.net
- Ride Mileage Keeper:
  - Steve Schuesler.....(517) 332-0670  
E-mail:.....s.schuesler@comcast.net
- Safety & Education: Bill Savage.....(517) 339-3933  
E-mail:.....MSUSavage@aol.com
- SummerTour:
  - E-mail:.....summertour@biketcba.org
- T-Shirt Ride: Debra Holdcraft.....(248) 345-3616  
E-mail:.....tshirt@biketcba.org
- Weather:.....(517) 321-7576
- W O W: Adreah Saxton.....(517) 622-0364  
E-mail: .....wow@biketcba.org

## CHANGE OF ADDRESS

Please complete this form, clip and drop in an envelope to ensure we receive your correct address so you receive your Chainwheel Chatter. Thank you!



NAME \_\_\_\_\_

NEW ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_

STATE \_\_\_\_\_ ZIP \_\_\_\_\_

MAIL TO: TCBA, ATTN: MEMBERSHIP CHANGE OF ADDRESS, P.O. BOX 22146, LANSING, MI 48909.