

TRI-COUNTY BICYCLE  
ASSOCIATION  
P.O. BOX 22146  
LANSING, MI 48909  
(517) 882-3700  
WWW.BIKETCBA.ORG

# Chainwheel Chatter

Volume 36, Number 9

Established 1972

September 2010

## IN THIS ISSUE

Meetings/Deadlines Announcements	
	Front Cover
Board Minutes	2
Summer Tour Photos	3
Chainlinks	4
Change of Address	4
Election Time	4
Board Nomination Profile	5
Ride Schedule	6
Ride Starting Points	6
Ride Classifications	6
Sunrise and Sunset	7
Hadn't Thought of That	8
W.O.W. Photos	9
Member Specials	9
Classifieds	10
TCBA Contacts/Change of Address Form	11
Membership Application	
	Back Cover

MEETING	DATE & TIME	LOCATION	PRESENTER & TOPIC
<b>MEMBERSHIP</b>	September 30, 2010 7:00 p.m.	Foster Community Center 200 N. Foster St. Lansing, MI	<b>RON BERBY</b>  Ron is a TCBA Member from Mason. He will talk, featuring a digital picture presentation on the "Bike & Barge Tour in the Netherlands" that he and his wife Sue took.
<b>CYCLE FORUM</b>	September 30, 2010 6:00 p.m.	Foster Community Center 200 N. Foster St. Lansing, MI	<b>ALLAN HUBER</b>  Always something to learn and discuss about cycling.
<b>BOARD MEETING</b>	October 5, 2010 6:30 p.m.	Foster Community Center 200 N. Foster St. Lansing, MI	Members are welcome to attend all board meetings to express their concerns. Due to time constraints, if you have a specific item to be brought before the board, please contact the President one week prior to the meeting and ask to have it added to the agenda.



## DEADLINES

### NEWSLETTER SEPTEMBER 10

Please send items to Janet Weber, 767 Linden Street, Charlotte, MI 48813 or fax to 1-800-480-1160, or send your e-mail to [chainwheel-chatter@biketcba.org](mailto:chainwheel-chatter@biketcba.org) by the indicated deadline.

### RIDE CALENDAR SEPTEMBER 8

Information for the ride calendar needs to be sent to Ed Usewick, 590 Boutell Drive, Grand Blanc, MI 48439 or e-mailed to [rideschedule@biketcba.org](mailto:rideschedule@biketcba.org). So we can include this information in the next newsletter, please note the indicated deadline. Furthermore, please be sure to use the electronic tools to register rides. Please ensure you include critical information such as ride times, mileage, location, and ride leader name and telephone number.

## ANNOUNCEMENTS

Temporary replacement needed for DALMAC Treasurer job about May thru July, 2011. Ken Hendrick plans on attempting another cross country bicycle trip and needs someone to cover his job while he is gone. Contact him at [klhendrick@msn.com](mailto:klhendrick@msn.com) or 517-627-4865.

**SAD NEWS:** It is with regret that we report Ron Valutis died on July 17, 2010. Ron along with his wife Rosalie and their dear friends Eric Freedman & Mary Ann Sipher started & lead Class "C" rides Mon-Fri with starting times 6-6:30 am during the months of May-August in the late 1980's thru the mid-1990's. Ron also was a regular volunteer at DALMAC registration.



**MINUTES OF THE TRI-COUNTY BICYCLE ASSOCIATION  
BOARD OF DIRECTORS MEETING  
Foster Community Center - Lansing  
July 6, 2010**

Board members present included Roger Nelson, Lenny Provencher, Linda Antinori, Kris Stairs, Pat Trudgen, Donovan Riley, and Dick Sulin. Also present were club members Katie Donnelly, Dave Miller, Bill Savage, and Char Sulin.

President Roger Nelson called the meeting to order at 6:33 p.m.

***Reports:***

1. **President's Report:** Roger reported that Nominating Committee for Board of Director candidates consists of Ellen Lamb, Steve Schuesler, and himself.
2. **Vice-President's Report:** Lenny reported that 69 people attended our TCBA Annual Picnic this year. Everyone was so happy with the job that the caterer, he plans on using the same one for the Christmas Party. The speakers for the August club meeting are Lenny, Provencher, Bob Gibbs, and Tim Potter on Three Grumpy Old Men on a 3 Speed Tour.
3. **Secretary's Report:** Linda Antinori presented June's Minutes to the Board for approval. Pat Trudgen made a motion to accept the Minutes with corrections, Kris Stairs seconded it, and the motion passed unanimously .
4. **Treasurer's Report:** Dick Sulin presented June's Financial Reports to the Board for approval. Linda Antinori made a motion to accept the reports as written, Lenny Provencher seconded it, and the motion passed unanimously.
5. **Event Director's Report:** Patricia Trudgen announced that all is going well with DALMAC. The first cancellation deadline is July 1, and the final day to cancel rides is August 1. We have 2,100 riders total to date on all routes .
6. **Safety and Education:** Bill Savage approached the Board looking for ideas to increase the number of participants in the Smart Cycling classes he is putting on. We have had to cancel the class twice due to the lack of interest. Lenny suggested having LMB announce it to their members to increase the pool of potential participants. Another idea was to approach Scout troops to see if they would be interested.

***Old Business:***

- Invitations to the Volunteer Recognition Dinner will go out around September 1.

***New Business:***

- Katie Donnelly resigned as Called in Ride Line Coordinator.
- Lenny volunteered to try to draft policy that might prevent future misunderstandings from happening.

The meeting adjourned at 8:16 p.m.

SUMMER TOUR PHOTOS

Courtesy of Linda Antinori



Just a few glimpses of the fun we all have on Summer Tour...from relaxing Ferry to Harsen's Island, to enjoying the fine culinary skills of our members Ron Foote & Darryl Burris. Of course we can't forget enjoying a campsite favorite of s'mores, just ask Uncle Miltie Gruhn.



Meanwhile, Donovan Riley, and others improvised a slingshot. Not sure who they were taking aim at, but I hope they missed! **It's not all about the bike riding, it's the enjoyment of friendships and being a kid as much as we want to be.**



Besides, how can you not enjoy the scenic nature our gorgeous state has to offer?

Of course, riding is what it's all about, so capturing the experience as Chris Miller is doing here,



CHAINLINKS



The below links are provided as an informational tool to allow our members to get additional information from local bike organizations who offer information, rides, tips, training, or other benefits to TCBA members.

[www.biketcba.org](http://www.biketcba.org) Tri-County Bicycle Association

[www.lmb.org](http://www.lmb.org) League of Michigan Bicyclists

[www.bikeleague.com](http://www.bikeleague.com) League of American Bicyclists

[www.bikes.msu.edu](http://www.bikes.msu.edu) Michigan State University (MSU) Bikes

[www.walkbikelansing.com](http://www.walkbikelansing.com) Lansing's Walking and Bicycling Network

[www.capitalareasmartcommute.com](http://www.capitalareasmartcommute.com) Smart Commute Program

[www.midmeac.org](http://www.midmeac.org) Mid-Michigan Environmental Action Council

[www.bikems.org](http://www.bikems.org) Various rides throughout the country

[www.mmba.org](http://www.mmba.org) Michigan Mountain Biking Association

[www.facebook.com](http://www.facebook.com) TCBA is there as a group...check us out!



# ELECTION TIME

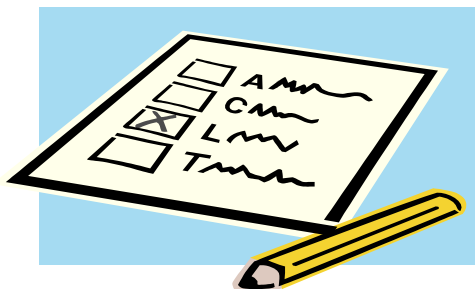
By Linda Antinori, Secretary

Our Board of Directors election is fast approaching and we are looking for candidates for all positions. Serving on the Board is a great way to get further involved in club activities and to get to know your fellow cyclists. For me, this past year has been a great experience. I've really enjoyed getting to know everyone better and I have enjoyed my work on the Board. So if you know of anyone who you think would make a good candidate or if you would like to run yourself, please fill out a Board Member Profile (on page 5) by September 25 and either give it to me at the next club meeting, email it to me as an attachment at [secretary@biketcba.org](mailto:secretary@biketcba.org), or mail it to us at :

TCBA Elections Committee  
P.O. Box 22146  
Lansing, MI 48909-2146

The election will be held during the October 28, 2010 membership meeting. Please plan on attending to cast your vote.

If you have any questions about what responsibilities a particular Board position involves, please feel free to contact any current or past Board member. I know they will be very happy to share their experiences with you. Thank you.



“Exercise is a dirty word. Every time I hear it, I wash my mouth out with chocolate.”

--Anonymous

## CHANGE OF ADDRESS

The TCBA would like to remind our valued members to please submit your change of address (form is included on the mailed newsletter) whenever you move, or temporarily relocate for lengthy periods of time. We no longer have the post office forward our mailings, such as newsletters, ride notices, etc. To insure you receive your TCBA correspondence, it is imperative you keep us informed on where you want your mail sent. The cost to the club to receive notices of undelivered mailed is starting to add up. In addition, we cannot be responsible if you do not receive an application to a desired ride which fills up due to our inability to provide you an application in time. Thank you for your assistance in resolving the issue from both perspectives. Please notify Dean Brailey of your address change at [membership@biketcba.org](mailto:membership@biketcba.org).





## September 2010 Ride Calendar

Recurring Rides; No Ride if Rain, unless noted

Day/Date	Time	Miles	Class	Start Location	Other Information	Ride Leader
Sundays	8:30 AM	40+	Z	67th District Court House, Grand Blanc	No ride on the 5th or 19th	Ed Usewick 810-694-9919
	1:00 PM	20-30	D	Kroger's	No ride Sept. 5th	Judy Miller 517-484-5686
Mondays	6:00 PM	15-25	B	Oneida Gospel Church	No ride Sept. 6th (Labor Day)	Harry Levins H 517-627-9763 W 517-324-6039
Tuesdays	5:00 PM	25-30	C	Owosso Police/ Fire Station		Rick Church 989-725-8504
	6:00 PM	20-28	C	Dewitt Meijers	No ride Sept. 7th	Linda Antinori 410-6043
Wednesdays	10:00 AM	35-45	B	Mega Mall	No ride Sept. 1st	Edie Belcher 517-242-4122
	6:00 PM	15-25	B	Oneida Gospel Church	No ride Sept. 1st (DALMAC)	Harry Levins H 517-627-9763 W 517-324-6039
Thursdays	5:00 PM	25-30	C	Owosso Police/ Fire Station	No ride Sept. 30th	Rick Church 989-725-8504
Fridays	10:00 AM	30-45	C	Dewitt Township Hall	Food stop. No ride Sept. 3rd.	Jan or Tony Koller 517-669-5744
Saturdays	8:00 AM	50-75	Z	Sawdon School	No ride Sept. 4th (DALMAC)	Diane Sherman 517-281-5971
	9:00 AM	40-65	Z	Mega Mall	No ride Sept. 4th	Edie Belcher 517-242-4122
	9:00 AM	12	D	Coach's (Bishop Road)	Uncle Miltie's Breakfast ride. Bring the kids! Very "new rider" friendly!	Milt Gruhn 517-393-1617

### RIDE STARTING POINT DESCRIPTIONS

**67th District Court House** ..... Grand Blanc  
**Coach's Pub & Grill** ..... 6201 Bishop - south of the King exit on I-96  
**Dewitt Township Hall** ..... 1401 W. Herbison Rd. 1/2 mi. west of Old 27  
**Dewitt Meijers** ..... 12821 Crossover Drive, DeWitt  
**Kroger** ... Coolidge & Lake Lansing, Parking is on the east side of Kroger's lot near Coolidge.  
**Mega Mall**..... 15487 Old US-27 (Northeast St.) & Northcrest Rd / NE Corner of lot  
**Oneida Gospel Church** ..... Corner of Oneida and Strange Hwy, Gd Ledge  
**Owosso Fire/Police Station** ..... Owosso  
**Owosso YMCA** ..... 515 W Main St (M21)  
**Sawdon School** ..... Lamson Rd., Grand Ledge

### RIDE CLASSIFICATIONS

A ..... 17-19 MPH  
 B ..... 14-17 MPH  
 C ..... 12-14 MPH  
 D ..... Under 12 MPH Fun and Social Group Ride  
 M - Mountain Bike ..... N/A

Z - Rides over 40 miles in length to be ridden at the rider's own pace without on the road ride leader supervision. Leader must have detailed map of the ride for all riders.

**FOR MORE RIDES CALL: 517-882-3700 or visit the web site: [www.biketcba.org](http://www.biketcba.org)**

**Also check this number for updates-changes on rides listed in this *Chainwheel Chatter*.**



## HELMETS ARE REQUIRED ON ALL TCBA RIDES!!!

### Sunrises & Sunsets for September 2010

DAY	RISE	SET	DAY	RISE	SET	DAY	RISE	SET
1	7:02 AM	8:14 PM	11	7:13 AM	7:57 PM	21	7:24 AM	7:39 PM
2	7:03 AM	8:12 PM	12	7:14 AM	7:55 PM	22	7:25 AM	7:37 PM
3	7:04 AM	8:11 PM	13	7:15 AM	7:53 PM	23	7:26 AM	7:35 PM
4	7:05 AM	8:09 PM	14	7:16 AM	7:51 PM	24	7:27 AM	7:33 PM
5	7:06 AM	8:07 PM	15	7:17 AM	7:50 PM	25	7:28 AM	7:32 PM
6	7:08 AM	8:05 PM	16	7:18 AM	7:48 PM	26	7:29 AM	7:30 PM
7	7:09 AM	8:04 PM	17	7:19 AM	7:46 PM	27	7:30 AM	7:28 PM
8	7:10 AM	8:02 PM	18	7:20 AM	7:44 PM	28	7:31 AM	7:26 PM
9	7:11 AM	8:00 PM	19	7:21 AM	7:42 PM	29	7:32 AM	7:25 PM
10	7:12 AM	7:58 PM	20	7:23 AM	7:41 PM	30	7:33 AM	7:23 PM



**FALL BEGINS SEPTEMBER 23, 2010**

## HADN'T THOUGHT OF THAT

By Ron Berby

Maybe on my third try at the 24-hour Riding Challenge, I'll finally get it right.

The first time I entered was in 2008. I was about 20 pounds heavier than now, but thought my experiences of running ultra-marathons through the night would see me through. Unlike most first-timers to ride a bike for 24 hours, I believed I could survive the long night of riding, if I could just get to it. It was that first required loop of 121.6 miles that had to be completed in 10 hours, which had me worried. Between my large gut and butt, and a lack of mileage training, it would take quite an effort.

I ride alone. I am told that in doing so, I'm giving up 15 to 30% of my riding speed; but, I choose to do it because I know it results in an honest reflection of my fitness and effort. I find nothing wrong with those who ride in drafting groups, but know that when I ride alone, the result is mine, and not someone else's. And, perhaps, because as an ultra-marathoner, I never used a crew, I never thought of it when I considered riding a bike for 24 hours.

All of this amounted to nothing. You see, in 2008, I only got 40 miles before a broken spoke (likely because of the gut and butt) took me out. So after doing the Northwest Tour on the same weekend last year, I thought being lighter and with more training this year, my chances were much better, even though I'd turn 68-years old three weeks after the ride. Oh boy!

As it worked out, I again wasn't prepared to ride for 24 hours because of three factors:

- 1) Injury. I never dreamed that, in April, when I took a fall on Lansing's River Trail near the Eckert Power Plant, hitting the pavement heavily with my hands and causing some lingering pain and tingling, it would make any difference.
- 2) Food. As an ultra-marathoner I had come to expect real food, not just fruit and sweetened drinks, supplied by organizers. The Arkansas Trail 100 Mile Run, my favorite ultra, featured aid stations with the likes of cheeseburgers, soup, hot dogs, and enchiladas, as well as lighter fare such as salted potatoes, potato chips, nuts, candy, trail mix, cheese, vegetables & dip, pretzels, fruit pies and Starbucks coffee. Foolishly, I hadn't remembered that at the Middleville Middle School cafeteria where I could BUY hot dogs, hamburgers, etc, but NOT during the final hours from 3 a.m. to 8 a.m., a time you would most need them.
- 3) The dark of night. I was sloppy about making sure I had a good headlight for the night hours, buying one only in the last week before the ride, and not making sure it would light up the roadway before me.

So here's how my downfall played out:

Though it was a struggle over significant hills with heat and often a headwind, I got through the 121 mile loop with just under an hour to spare. The only unusual thing I noticed was that my hands hurt, and were often tingly and numb.

Feeling punchy, I took a 35-minute break to eat a chili dog, some chips, and drink a diet coke (I like the taste better than regular), and limped into the 23.7-mile loop, which was to be completed by the 13-hour mark at 9 p.m. and sundown. I knocked my effort down a couple notches, knowing I couldn't go into nightfall and the small 5.5-mile night loop without a little breather. I also had a fear (probably unjustified) that starting a 2<sup>nd</sup> 23.7-mile loop would put me in jeopardy. So I took another break of 15 minutes to eat a burger patty and some ice cream, before moving on to the small night loop. Now I could go at MY pace, and not be pressured by check-point cut-off times. I would now be allowed to ride as many 5.5-mile loops as I could until 8 a.m.

So I began the monotonous section of the effort, going around and around the little loop, feeling some assurance I could stick it out all night. After a lap or two, the sun grew low enough that I stopped and attached my head and tail lights. As it got darker the surreal aspect of night competition became evident. Red and white lights whizzed here and there, as hundreds of us navigated the 4-mile square course with its 3/4 mile out and back to the middle school. My only concern was that there would be no real food after 3 a.m.

Before the ride, I heard a couple of the organizers discussing the north mile of the night loop, which went across the main entrance to the middle school. They said that there had been some "road repair" in about a half-mile section of it, and that it was rippled and potholed with no center or edge lines. It seemed no big deal at the time.

When darkness really fell on this night with no moon, I found my headlight cast only a faint glow before me, and I couldn't see the "repaired" section until I was on it, bouncing on ripples and hitting potholes, which to my sore, tingly hands, felt like the Rockies. At times, the jumping handlebars almost got away from me, and I realized that unless I was lucky, I'd likely go down because I couldn't hold on. The next time around, I slowed approaching the rough area, but found other riders catching me and having to go around, causing danger to all. Back at the school, I asked around for a better light, but with no luck. Headlights were with their riders, either on the course, on a bike lying next to a tent where a surrendered rider snored, or on a bike mounted to a car on the way home. I went around two or three more times, agonizing and feeling exhausted after each assault on my tormented hands and wrists. Finally, at a little after midnight and over 16 hours on a bike, I gave up at 178 miles.

For a few days I thought it might be time to stop trying to do difficult things; that I, maybe, should just sit back and enjoy the aging process. But time erased the memories of pain and exhaustion, and in a week I saw that I will again make my way back to Middleville, older and, hopefully, wiser.



W.O.W PHOTOS

Courtesy of Linda Antinori



Donovan Riley & SAG Crew members putting snacks in shuttles to take to refreshment stops along the route.



Sue Viele, Steve Schuesler working registration while Donovan Riley wheels snacks out to the shuttles.

# MEMBER SPECIALS

## CLUB JERSEYS FOR SALE

Cost is \$55 and are available in various sizes from small to XXL. Jerseys will be available at monthly club meeting. For more information or to check on sizes they can call me at 517-627-4211 or email me at [stairskris@yahoo.com](mailto:stairskris@yahoo.com).



## SEW MUCH MORE

Cycling Wear: jerseys, cycling shorts, tights, and cycling shells. Reasonable prices. Custom fit. Gift Certificates. For more information, call Sue at (517) 627-1411.



# CLASSIFIEDS

This section of the *Chainwheel Chatter* is published as a service for **TCBA MEMBERS ONLY**, to advertise cycling equipment free of charge. To place an ad, send an e-mail to [chainwheelchatter@biketcba.org](mailto:chainwheelchatter@biketcba.org), fax to 1-800-480-1146, or mail to Janet Weber, 767 Linden St., Charlotte, MI 48813.

**FOR SALE:** Yakima 4 bike rack fits 2 inch receiver. \$90. Call 517-483-9610.

**FOR SALE:** Bike sandals. European size 41-42. Comes with SPD single release cleats. Paid \$80 (without cleats) asking \$40 firm. Worn once! Call: 517-483-9610 (w).

**FOR SALE:** Well maintained TREK 1500 road bike. Aluminum with all 105 components. Good looking paint job blue/purple. Its 58cm which fits bikers between 5'9" to 5'11". Call 517-483-9610 (w).

**FOR SALE:** Snazzy Wallet by Felicia: A small, flat, fabric wallet. Fits in purse, pocket, fanny pack, gym bag or briefcase. Keeps credit cards separate from wallet. Holds membership cards, credit cards, driver license or a few folded bills when you don't want to carry everything. Has a velcro pocket to hold a few coins or keys. A good secret pal gift or stocking stuffer. \$6.00 Call Felicia, 517-482-8038.

**FOR SALE:** CANNONDALE (approx. 1996), maroon, alum road bike, 56 cm 31 1/2" standover, friction shift, 700 x23c, sugino GLP 170 2GC cranks/52-42 chain rings,

freewheel 23 thru 13, F-B Sun Tour Cyclone derailleur, Cateye micro computer, Dia Compe side pull brakes, 2 water bottle cages, alum aerobars, purchased from Denney's \$185.00 call 989-725-5043, ask for Dale.

**FOR SALE:** Schwinn, Mesa GS MT bike, brown/rust, 17"-19", CM frame, alum rims w/26x1.95 tires, 42-34-24 chain rings, freewheel 28 thru 11, Shimano 'A' cranks-F/B derailleur, index grip shift, Vetta C-15 computer, cantilever-brake, profile bar ends, front suspension, two water bottle cages, good tires, Owosso House of Wheels, \$90.00 call 989-725-5043, ask for Dale.

**FOR SALE:** Litespeed Veneto (2004, Chrome colored titanium), 52cm frame, and Shimano 105 components. Two water bottle cages, speedometer included. Lightly used condition, asking \$1,400. Original price: \$2,700 (without speedometer, or pedals.) Contact: The Geva Residence, at 517-381-8825.

**FOR SALE:** 2008 Sun Ez-Sport CX Recumbent. 24-speed, 26"/20". Very good condition. Asking \$550. E-mail: [rcdsl1@verizon.net](mailto:rcdsl1@verizon.net) or

Phone 989-725-8504, leave message.

**FOR SALE:** Blue Vision R-40 short wheel base recumbent with under seat steering - \$850.00 Contact Fred at 810-217-6761 or [fswark@charter.net](mailto:fswark@charter.net).

**FOR SALE:** Cabela's Tent Cot. Bought new and has never been used outside. 2-years old. Paid \$175.00 at that time. Will take \$85.00 for it. Carrying weight is 39 lbs. Call Barbara at 517-393-3342.

**FOR SALE:** Trek 520, 21" frame, 24 spd, bar end shifters, full racks and fenders. \$650. Brooks B-67 saddle, brown \$50. Contact June at 989-292-2713.

**FOR SALE:** Performance (Bike Repair) Quick-Stand, folds, rotates 360 degrees, holds most round top tube sizes \$75.00: Aerowheels Microscooter Model AWSC-100, folds, like new, Reg \$129.99 for \$50.00 call 989-725-5043 ask for Dale.



# TCBA MEMBER CONTACT

**Your respect is requested when using any of the numbers on this page. Phone calls during family time and at late hours can be intrusive.**

## TCBA OFFICERS:

- President: Roger Nelson .....(517) 488-5063  
E-mail: president@biketcba.org
- Vice President: Lenny Provencher.....(517) 339-8833  
E-mail vp@biketcba.org
- Treasurer: Dick Sulin.....(517) 339-2368  
E-mail treasurer@biketcba.org
- Secretary: Linda Antinori  
E-mail secretary@biketcba.org
- Events Director: Patricia Trudgen  
DALMAC Hotline (517) 882-3700  
E-mail eventsdirector@biketcba.org
- Board at Large:
  - Donovan Riley  
E-mail boardatlarge2@biketcba.org
  - Kris Stairs  
E-mail boardatlarge1@biketcba.org



## OTHER GOOD NUMBERS:

- Bike Travel Case Use Coordinator  
E-mail:.....philwells@sbcglobal.net
- DALMAC E-mail:.....dalmac@biketcba.org
- DALMAC FUND: Steve Leiby  
E-mail.....leiby2691@sbcglobal.net
- DALMAC Treasurer: Ken Hendrick  
E-Mail.....dalmactreasurer@biketcba.org
- LMB Office:.....(517) 334-9100  
E-mail:.....office@lmb.org
- LMB Rep.: Phil Wells  
E-mail:.....pwells@lmb.org
- Membership Coordinator:  
Dean Brailey  
E-mail:.....membership@biketcba.org
- Name Tag Coordinator:  
Newsletter Editor: Janet Weber  
E-mail:.....chainwheelchatter@biketcba.org
- Northwest Tour: Dick Sulin.....(517) 339-2368  
E-mail:.....nwtour@biketcba.org
- Ride Coordinator: Ed Usewick  
E-mail:.....rideschedule@biketcba.org
- Ride Line:.....TUBES-OO (517) 882-3700
- Ride Line: Call In Coordinator:  
TUBES-OO (517) 882-3700
- Ride Mileage Keeper:  
Steve Schuesler  
E-mail:.....s.schuesler@comcast.net
- Safety & Education: Bill Savage  
E-mail:.....MSUSavage@aol.com
- SummerTour:  
E-mail:.....summertour@biketcba.org
- T-Shirt Ride: Debra Holdcraft  
E-mail:.....tshirt@biketcba.org
- Weather:.....(517) 321-7576
- W O W: Adreah Saxton  
E-mail: .....wow@biketcba.org

## CHANGE OF ADDRESS

Please complete this form, clip and drop in an envelope to ensure we receive your correct address so you receive your Chainwheel Chatter. Thank you!



NAME \_\_\_\_\_

NEW ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_

STATE \_\_\_\_\_ ZIP \_\_\_\_\_

MAIL TO: TCBA, ATTN: MEMBERSHIP CHANGE OF ADDRESS, P.O. BOX 22146, LANSING, MI 48909.