TRI-COUNTY BICYCLE ASSOCIATION P.O. BOX 2214 LANSING, MI 489 WWW.BIKETCBA.

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N 16 909 0	Chail	nwh	ee] (Chatter
ORG	Volume 36, Num	ber 10	Established 19	072 October 2010
	MEETING	DATE & TIME	LOCATION	PRESENTER & TOPIC
nt Cover 2 AC 3 4	MEMBERSHIP	October 28, 2010 7:00 p.m.	Foster Community Center 200 N. Foster St. Lansing, MI	ELECTIONS & OPEN 'MIKE'
4 4 5	CYCLE FORUM	October 28, 2010 6:00 p.m.	Foster Community Center 200 N. Foster St. Lansing, MI	ALLAN HUBER Always something to learn and dis- cuss about cycling.
6 6 7 Options8 all 9	BOARD MEETING	November 2, 2010 6:30 p.m.	Foster Community Center 200 N. Foster St. Lansing, MI	Members are welcome to attend all board meetings to express their con- cerns. Due to time constraints, if you have a specific item to be brought before the board, please contact the President one week prior to the meeting and ask to have it added to the agenda.
9 10			DEADLINES	
of 11				, 767 Linden Street, Charlotte, MI r send your e-mail to chainwheel-

OCTOBER 8

RIDE

CALENDAR

OCTOBER 6



Information for the ride calendar needs to be sent to Ed Usewick, 590 Boutell Drive, Grand Blanc, MI 48439 or e-mailed to rideschedule@biketcba.org. So we can include this information in the next newsletter, please note the indicated deadline. Furthermore, please be sure to use the electronic tools to register rides. Please ensure you include critical information such as ride times, mileage, location, and ride leader name and telephone number.

ANNOUNCEMENTS

chatter@ biketcba.org by the indicated deadline.

Temporary replacement needed for DALMAC Treasurer job about May thru July, 2011. Ken Hendrick plans on attempting another cross country bicycle trip and needs someone to cover his job while he is gone. Contact Ken at 517-627-4865 or klhendrick@msn.com.

SAD NEWS: We regret to announce the passing of James E. French, 50, of Coldwater, MI. Jim passed away of a heart attack on Monday, September 6, 2010 (Labor Day), one day after he successfully completed the DALMAC Quint Century ride, which was his 6th time participating in DALMAC. Jim had been a member of the TCBA for 3 years, with a great passion for bicycle riding. Among his many rides, he was most proud of the 1-day ride across Michigan and being the first to cross the finish line. Jim had just completed 5,500 miles for the 2010 bicycle season, hoping to reach 6,000 miles total. He competed in many races, but Time Trials were his favorite. Memorials may be directed to the TCBA, to benefit children in Bike Safety Education or with helmets, or to St. Jude Children's Hospital in Jim's memory. The members of TCBA send our sincere condolences to Jim's wife, Joanne, and the entire French family.

MINUTES OF THE TRI-COUNTY BICYCLE ASSOCIATION BOARD OF DIRECTORS MEETING Foster Community Center - Lansing August 3, 2010

Board members present included Roger Nelson, Lenny Provencher, Linda Antinori, Kris Stairs, and Dick Sulin. Also present were club members Katie Donnelly, Wendell Proudfoot, Emily Hess, Leslie Wilcott, and Allison Voglesong of the Lansing Bike Co-op.

President Roger Nelson called the meeting to order at 6:34 p.m.

Reports:

- <u>President's Report</u>: Roger reported the Nominating Committee for Board of Director candidates has a candidate for every position on the Board. He also informed the board that Pat Trudgen would be taking over as Ride Leader for the Quint Century.
- 2. <u>Vice-President's Report:</u> The speakers for the August club meeting are Lenny Provencher, Bob Gibbs, and Tim Potter on Three Grumpy Old Men on a 3-Speed Tour. September's meeting topic will be Ron Berby's bicycle tour of Holland. October's meeting will be our Annual Open Membership meeting and Election of Board Officers. The Christmas party this year will be family oriented.
- <u>Secretary's Report</u>: Linda Antinori presented July's Minutes to the Board for approval. Kris Stairs
 made a motion to accept the Minutes with corrections, Dick Sulin seconded it, and the motion
 passed unanimously.
- 4. <u>Treasurer's Report:</u> Dick Sulin presented July's Financial Reports to the Board for approval. Linda Antinori made a motion to accept the reports as written, Kris Stairs seconded it, and the motion passed unanimously.

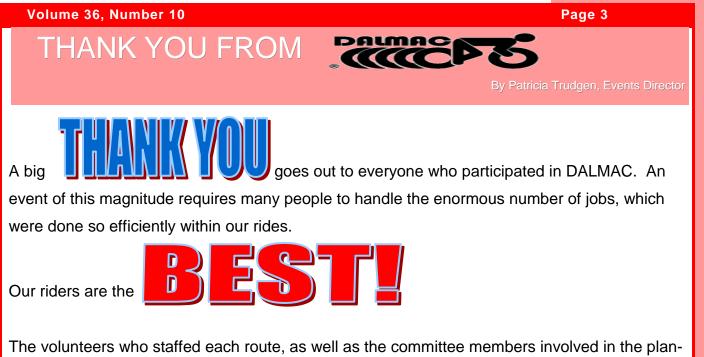
Old Business:

• Lenny passed out copies of the draft of Board policies to the members of the Board for review and discussion at the next Board meeting.

New Business:

- The Board decided to renew our LMB membership.
- The Lansing Bike Cooperative asked the Board for a grant of \$3,172 toward start up costs including parts, equipment, and the salary of a part time coordinator. The Board turned down the request because our policy only allows us to help other non-profits, and we do not help pay salaries.

The meeting adjourned at 8:10 p.m.



ning and preparation were



Just a note to all of our volunteers, you should have received an invitation to the Appreciation Dinner scheduled on October 7th at the Eagle Eye at 6:00 PM. If you have not been notified, please contact Charlene or Carol at 517-351-6824 and let them know.



Photos of Quint Century riders courtesy of Carol Colville.





The below links are provided as an informational tool to allow our members to get additional information from local bike organizations who offer information, rides, tips, training, or other benefits to TCBA members.

CHAINI INKS

www.biketcba.org Tri-County Bicycle Association

www.lmb.org League of Michigan Bicyclists

www.bikeleague.com League of American Bicyclists

<u>www.bikes.msu.edu</u>Michigan State University (MSU) Bikes

www.walkbikelansing.com Lansing's Walking and Bicycling Network

www.capitalareasmartcomm ute.com Smart Commute Program

www.midmeac.org Mid-Michigan Environmental Action Council

www.bikems.org Various various various various various various variables throughout the country variables variables

www.mmba.org Michigan Mountain Biking Association

www.facebook.com TCBA is there as a group...check us out!

SAME ROADS, SAME RULES... DON'T DRINK AND BIKE

Linda Antinori recently sent a link to an article in the *Denver Post* that she felt would make a good laugh for some. If you are interested in checking out the entire article, here's the link <u>http://www.denverpost.com/ci_15733308?</u> source=sb-facebook.

For those unable to get to this article, it describes how a gentleman in the Boulder, Colorado area was stopped for suspicion of biking under the influence.

During the stop, the suspect volunteered to the police that he hit a car while running a red light, emphasizing that it was not the cars fault!

Moral of the story...we share the same roads, we follow the same rules, so as we enter the upcoming holiday season, please remember to have a designated driver to avoid getting behind the bars of your bike after leaving the local bar (pub).

If you drink.....



PLEASE do not bicycle!



"Exercise is a dirty word. Every time I hear it, I wash my mouth out with chocolate."

-Anonymous

CHANGE OF ADDRESS

The TCBA would like to remind our valued members to please submit your change of address (form is included on the mailed newsletter) whenever you move, or temporarily relocate for lengthy periods of time. We no longer have the post office forward our mailings, such as newsletters, ride notices, etc. To insure you receive your TCBA correspondence, it is imperative you keep us informed on where you want your mail sent. The cost to the club to receive notices of undelivered mailed is starting to add up. In addition, we cannot be responsible if you do not receive an application to a desired ride which fills up due to our inability to provide you an application in time. Thank you for your assistance in resolving the issue from both perspectives. Please notify Dean Brailey of your address change at membership@biketcba.org.



HOW MICHIGAN RATED

The League of American Bicy- • clists publishes an annual listing of Bicycle Friendly States (BFS).

States are ranked in several categories. So, being curious, I decided to see how Michigan performed.

Overall, Michigan was ranked . 16th in the BFS standing, down one from last year.

The other categories had a variety of ranges for the state:

- in Legislation.
- We tied for 12th in **Policies** Programs with the and likes of Iowa, Kansas, Maine, Massachusetts, and North Carolina.
- In the category of Infrastructure, Michigan was the sole state ranking 5th.

- We tied Wisconsin for 4th in Education and Encouragement.
- Evaluation and Planning found Michigan ranked 38th, along with Missouri, New Mexico, North Dakota, Ohio, South Dakota, and Virginia.
- Enforcement, the last category, ranked Michigan 27th, with Florida, Illinois, Nebraska, South Dakota, Tennessee. Utah. Vermont. and Washington.

Michigan tied Iowa for 37th How does this ranking equate using a grading system? Well, here's Michigan's grades for the categories:

> Legislation — D Polices & Programs — C Infrastructure — B Education/Encouragement — A Evaluation & Planning - F Enforcement — D

The League of American bicy-

clists website defines a Bicycle Friendly State as one that promotes cycling through legislation, policies and programs. These states create new places for bikers to ride, educate cyclists as well as motorists, and encourage their citizens to use bicycling as a means of transportation as well as for recreation.

The BFS Program annually ranks and recognizes states that actively support bicycling. States that apply for a BFS award receive further recognition and promotion for their efforts, as well as feedback and technical assistance to improve bicycling legislation, projects, and programs.

For more information on the League of American Bicvclists BFS program go to http:// www.bikeleague.org/programs/ bicyclefriendlyamerica/ bicyclefriendlystate/.



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		Re		oer 2010 Ride Cal ides; No Ride if Rain, u		
Day/Date	Time	Mile s	Class	Start Location	Other Information	Ride Leader
Sundays	9:00 AM	40	Z	67th District Court House, Grand Blanc	No ride on the 24th. Temps must be > 50 at start	Ed Usewick 810-694-9919
Mondays	NONE					
Tuesdays	4:00 PM	25-30	С	Owosso Police/Fire Station	No Ride If Temps Below 40 &/ or +20 mph Winds	Rick Church 989-725-8504
Tuesdays	6:15PM	12-20	D	Owosso YMCA	October 5 th , and 12 th only	Rick Morris 989-725-8373
Wednesdays	10:00 AM	25-45	С	Mega Mall	Roads must be dry.	Edie Belcher
Thursdays	4:00 PM	25-30	С	Owosso Police/Fire Station	No Ride on 28th; If Temps Below 40 &/ or +20 mph Winds	Rick Church 989-725-8504
Fridays	NONE					
Saturdays	8:30 AM	40-50	Z	Sawdon School		Diane Sherman 517-281-5971

Other Day Rides (one time only) in October...

Day/Date	Time	Miles	Class	Start Location	Other Info	Ride Leader
Saturday, Oct. 9th	10:00 AM	25-45	С	Mega Mall	Roads must be dry.	Edie Belcher 517-242-4122
Saturday Oct 16th	10:00 AM	25-45	С	Holt Commuter Lot	Roads must be dry.	Edie Belcher 517-242-4122
Saturday Oct. 23rd	10:00 AM	25-45	С	Mega Mall	Roads must be dry.	Edie Belcher 517-242-4122
Saturday Oct. 30th	10:00 AM	25-45	С	Holt Commuter Lot	Roads must be dry.	Edie Belcher 517-242-4122

RIDE STARTING POINT DESCRIPTIONS

67th District Court House	Grand Blanc
Holt Commuter Lot 1 b	lock left of the Holt Road Exit off 127
	ege Road and Holt Road intersection
Mega Mall15487 Old US	-27 (Northeast St.) & Northcrest Rd /
	NE Corner of lot
Owosso YMCA	515 W. Main St (M21)
Owosso Fire/Police Station	116 S. Water St, Owosso
Sawdon School	Lamson Rd., Grand Ledge
	-

RIDE CLASSIFICATIONS

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FOR MORE RIDES CALL:517-882-3700 or visit the web site: www.biketcba.org

Also check this number for updates/changes on rides listed in this Chainwheel Chatter.



HELMETS ARE REQUIRED ON ALL TCBA RIDES!!!

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	S	Sunrises	5 & S	unsets	for Octo	ober 2	010	
DAY	RISE	SET	DAY	RISE	SET	DAY	RISE	SET
1	7:35 AM	7:21 PM	11	7:46 AM	7:04 PM	21	7:58 AM	6:48 PM
2	7:36 AM	7:19 PM	12	7: <mark>47</mark> AM	7:02 PM	22	7:59 AM	6:46 PM
3	7:37 AM	7:17 PM	13	7:48 AM	7:00 PM	23	8:00 AM	6:45 PM
4	7:38 AM	7:16 PM	14	7:49 AM	6:59 PM	24	8:01 AM	6:43 PM
5	7:39 AM	7:14 PM	15	7:51 AM	6:57 PM	25	8:03 AM	6:42 PM
6	7:40 AM	7:12 PM	16	7:52 AM	6:56 PM	26	8:04 AM	6:40 PM
7	<mark>7:</mark> 41 AM	7:11 PM	17	7:53 AM	6:54 PM	27	8:05 AM	6:39 PM
8	7:42 AM	7:09 PM	18	7:54 AM	6:52 PM	28	8:06 AM	6:37 PM
9	7:44 AM	7:07 PM	19	7:55 AM	6:51 PM	29	8:07 AM	6:36 PM
10	7:45 AM	7:05 PM	20	7:56 AM	6:49 PM	30	8:09 AM	6:35 PM
						31	8:10 AM	6:33 PM



Secretary LaHood Urges Parents and Students to Consider Safe, Healthy and Green Back-to-School Transportation Options

EDITOR'S NOTE: Although the National Highway Traffic Safety Administration (NHTSA) published this September 8, 2010, the message is one that applies every day of the school year, and not just the first day.

NHTSA 10-10 Wednesday, September 8, 2010

With schools back in session, U.S. Transportation Secretary Ray LaHood urges parents and students to be safety conscious and consider greener alternatives for getting to and from school, such as riding the school bus, walking or biking.

"If it's an option, leave your car, van or SUV parked at home and let your kids ride the school bus, their bike or walk to school," said Secretary LaHood. "Not only are these options safer, a single school bus can take the place of multiple passenger cars, cutting down on traffic congestion and air pollution, and walking and biking are good choices that improve the health of our kids."

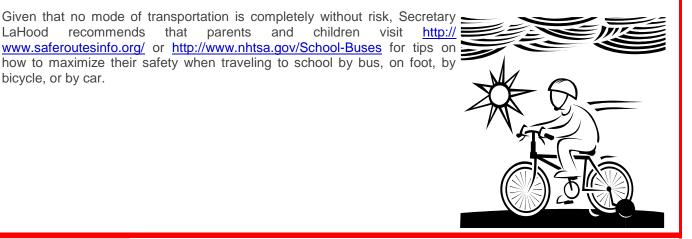
Walking and biking are also consistent with First Lady Michelle Obama's nationwide "*Let's Move*" challenge to solve the epidemic of childhood obesity in America. Community leaders and parents across the country can tap into the Safe Routes to School (<u>http://www.saferoutesinfo.org/</u>) program for information and resources to improve safety and find ways to encourage more children, including those with disabilities, to safely walk and bicycle to school.

National Highway Traffic Safety Administrator David Strickland noted that despite the safety benefits of alternative forms of transportation many parents and young drivers elect to use private passenger vehicles for the drive to and from school.

"While such choices may often be convenient, they are not without risk," Administrator Strickland said. "Teen drivers are at an especially high risk of a crash whenever they drive. And this risk goes up as more teens pile into a vehicle."

He also noted that motor vehicle crashes are the leading cause of death for 15- to 20-year-olds. In 2008, more than 2,700 teenage drivers were killed and nearly 230,000 were injured according to NHTSA statistics.

Parents who choose to drive their children to school are reminded to carefully secure each child in the proper child safety seat, booster seat or seat belt, based on the child's age and size. Adult and teen drivers should also buckle up, because wearing a seat belt is the single most effective action anyone can take to avoid serious injury or death, should a crash occur.



U.S. CONSUMER PRODUCT COMMISSION RECALL

WASHINGTON, D.C. - The U.S. Consumer Product Safety Commission, in cooperation with the firm named below, today announced a voluntary recall of the following consumer product. Consumers should stop using recalled products immediately unless otherwise instructed. It is illegal to resell or attempt to resell a recalled consumer product.

Name of Product: 2010 Redline Conquest Cyclocross Bicycles and Framesets.

Units: About 330.

Distributor: Seattle Bike Supply, of Kent, Wash.

Hazard: The bicycle fork's legs can separate from the fork crown and cause the rider to lose control, posing a fall hazard and risk of injury.

Incidents/Injuries: The firm has received five reports of cracks near the fork's crown.

Description: This recall involves all 2010 Redline Conquest Cyclocross bicycles and framesets. The bicycles and framesets were sold in yellow and black, and have aluminum frames and aluminum forks with aluminum steering tubes. "Redline" is printed on the bicycle frame. The bicycles are equipped with a 700C wheel and frame sizes ranging from 44cm to 60 cm.

Sold at: Bicycle specialty stores nationwide between July 2009 through May 2010 for about \$1,400 for the bicycle and \$400 for the frameset.

Manufactured in: Taiwan.

Remedy: Consumers should immediately stop using the recalled bicycles and framesets and contact their local Redline bicycle dealer to receive a free fork replacement.

Consumer Contact: For additional information, contact Redline Bicycles at (800) 283-2453 between 9:00 a.m. and 5:00 p.m. PT Monday through Friday, or visit the firm's website at <u>www.redlinebicycles.com</u>.

MEMBER SPECIALS

CLUB JERSEYS FOR SALE

Cost is \$55 and are available in various sizes from small to XXL. Jerseys will be available at monthly club meeting. For more information or to check on sizes they can call Kris Stairs at 517-627-4211 or email <u>stairskris@yahoo.com</u>.



SEW MUCH MORE

Cycling Wear: jerseys, cycling shorts, tights, and cycling shells. Reasonable prices. Custom fit. Gift Certificates. For more information, call Sue at (517) 627-1411.

J.O

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CLASSIFIEDS

This section of the *Chainwheel Chatter* is published as a service for **TCBA MEMBERS ONLY**, to advertise cycling equipment free of charge. To place an ad, send an e-mail to <u>chainwheelchatter@biketcba.org</u>, fax to 1 -800-480-1146, or mail to Janet Weber, 767 Linden St., Charlotte, MI 48813.

FOR SALE: Bike sandals. European size 41-42. Comes with SPD single release cleats. Paid \$80 (without cleats) asking \$40 firm. Worn once! Call: 517-483-9610 (w).

FOR SALE: Well maintained TREK 1500 road bike. Aluminum with all 105 componentry. Good looking paint job blue/purple. Its 58cm which fits bikers between 5'9" to 5'11". Call 517-483-9610 (w).

FOR SALE: Snazzy Wallet by Felicia: A small, flat, fabric wallet. Fits in purse, pocket, fanny pack, gym bag or briefcase. Keeps credit cards separate from wallet. Holds membership cards, credit cards, driver license or a few folded bills when you don't want to carry everything. Has a velcro pocket to hold a few coins or keys. A good secret pal gift or stocking stuffer. \$6.00 Call Felicia, 517-482-8038.

FOR SALE: CANNONDALE (approx. 1996), maroon, alum road bike. 56 cm 31 1/2" standover. friction shift. 700 x23c, sugino GLP 170 2GC cranks/52-42 chain rings, freewheel 23 thru 13, F-B Sun Tour Cyclone derailleur, Cateve micro computer, Dia Compe side pull brakes, 2 water bottle cages, alum aerobars, purchased from Denney's \$185.00 call 989-725-5043, ask for Dale.

GS MT bike, brown/rust, 17"-19", CM frame, alum rims w/26x1.95 tires, 42-34-24 chain rings, freewheel 28 thru 11, Shimano 'A' cranks-F/B derailleur, index grip shift, Vetta C-15 computer, cantilever-brake, profile bar ends, front suspension, two water bottle cages, good tires, Owosso House of Wheels, \$90.00 call 989-725-5043, ask for Dale.

FOR SALE: Litespeed Veneto (2004, Chrome colored titanium), 52cm frame, and Shimano 105 components. Two water bottle cages, speedometer included. Lightly used condition, asking \$1,400. Original price: \$2,700 (without speedometer, or pedals.) Contact: The Geva Residence, at 517-381-8825.

FOR SALE: 2008 Sun Ez-Sport CX Recumbent. 24-speed, 26"/20". Very good condition. Asking \$550. E-mail: rcdsl1@verizon.net or Phone 989 -725-8504, leave message.

FOR SALE: Blue Vision R-40 short wheel base recumbent with under seat steering -\$850.00 Contact Fred at 810-217-6761 or <u>fswark@charter.net</u>.

FOR SALE: Cabela's Tent Cot. Bought new and has never been used outside. 2-years old. Paid \$175.00 at that time. Will take \$85.00 for it. Carrying weight is 39 lbs. Call Barbara at 517-393-3342. **FOR SALE**: Trek 520, 21" frame, 24 spd, bar end shifters, full racks and fenders. \$650. Brooks B-67 saddle, brown \$50. Contact June at 989-292-2713.

FOR SALE: Performance (Bike Repair) Quick-Stand, folds, rotates 360 degrees, holds most round top tube sizes \$75.00: Aerowheels Microscoter Model AWSC-100, folds, like new, Reg \$129.99 for \$50.00 call 989-725-5043 ask for Dale.

FOR SALE: TCBA yellow-over-redbrick tops in excellent condition: XL SS jersey, XL wind vest, XXL LS wind jacket. \$30 each; \$75 for all. Call Dick at (517) 675-7340.

FOR SALE: New seat foam and cover for Tour Easy seat. \$40. Call Dick at (517) 675-7340.

WANTED: Road Tandem L/S. Contact Karl at 517-977-4374 or e-mail <u>olsonla@msu.edu</u>.



FOR SALE: Schwinn, Mesa

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TCBA MEMBER CONTACT

Your respect is requested when using any of the numbers on this page. Phone calls during family time and at late hours can be intrusive.

TCBA OFFICERS:

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Treasurer: Dick Sulin(517) 339-236	8
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E-mail secretary@biketcba.org	
Events Director: Patricia Trudgen(517) 420-869	99
DALMAC Hotline (517) 882-3700	
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Kris Stairs	
E mail haardatlarrad@hiltataha.arr	

E-mail boardatlarge1@biketcba.org



OTHER GOOD NUMBERS:

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Please complet	CHANGE OF ADDRESS e this form, clip and drop in an envelope to ensure we receive your correct address so you receive your Chainwheel Chatter. Thank you!	
NAME		
NEW ADDRE	SS	
CITY		
STATE	ZIP	