

TRI-COUNTY BICYCLE
ASSOCIATION
P.O. BOX 22146
LANSING, MI 48909
(517) 882-3700
WWW.BIKETCBA.ORG

Chainwheel Chatter

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November 2010

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MEETING	DATE & TIME	LOCATION	PRESENTER & TOPIC
MEMBERSHIP	November 18, 2010 7:00 p.m.	Foster Community Center 200 N. Foster St. Lansing, MI	DICK JANSON On his rail-trail/towpath bicycle ride from Pittsburgh, PA to Washington, D.C.
CYCLE FORUM	November 18, 2010 6:00 p.m.	Foster Community Center 200 N. Foster St. Lansing, MI	ALLAN HUBER Always something to learn and dis- cuss about cycling.
BOARD MEETING	December 7, 2010 6:30 p.m.	Foster Community Center 200 N. Foster St. Lansing, MI	Members are welcome to attend all board meetings to express their con- cerns. Due to time constraints, if you have a specific item to be brought before the board, please contact the President one week prior to the meeting and ask to have it added to the agenda.



DEADLINES

NEWSLETTER NOVEMBER 5

Please send items to Janet Weber, 767 Linden Street, Charlotte, MI 48813 or fax to 1-800-480-1160, or send your e-mail to chainwheel-chatter@biketcba.org by the indicated deadline.

RIDE CALENDAR NOVEMBER 3

Information for the ride calendar needs to be sent to Ed Usewick, 590 Boutell Drive, Grand Blanc, MI 48439 or e-mailed to rideschedule@biketcba.org. So we can include this information in the next newsletter, please note the indicated deadline. Furthermore, please be sure to use the electronic tools to register rides. Please ensure you include critical information such as ride times, mileage, location, and ride leader name and telephone number.

ANNOUNCEMENTS

This month's membership meeting is one week earlier to allow our members to enjoy Thanksgiving with their families. Due to the earlier membership meeting date, the deadlines for submission of rides and/or information for the newsletter are also earlier than usual. Please note these dates indicated above.

HOLIDAY PARTY: This is a member's only event and casual dress is the norm. It will be held on Sunday, December 12th from 5-8 p.m. at the Demmer Shooting Sports Education & Training Center, 3365 East Jolly Rd., Lansing MI 48910 (this is out South of the main MSU campus approximately a quarter mile east of College Rd. on the South side of Jolly Rd). The opportunity to get instruction in, and to practice one of the shooting sports of archery, air rifle, or air pistol will be available from 5:00 – 6:15 p.m. . Those wishing to participate should sign-up before Dec.1st. There will be a buffet dinner by Acclaim Catering (the people that did the food for the TCBA picnic the last few years) from 6:30-8:00 p.m. The cost of this event is \$5.00/person and must be pre-paid by Dec. 1st. Questions contact Lenny Provencher.



**MINUTES OF THE TRI-COUNTY BICYCLE ASSOCIATION
BOARD OF DIRECTORS MEETING
Foster Community Center - Lansing
September 14 , 2010**

Board members present included Roger Nelson, Lenny Provencher, Linda Antinori, Kris Stairs, Donovan Riley, and Dick Sulin. Also present were club members Katie Donnelly, Pat Harrington, Steve Leiby, Ken Hendricks, Wendell Proudfoot, Dave Miller, Janet Weber, and Adreah Saxton.

President Roger Nelson called the meeting to order at 6:31 p.m.

Reports:

1. **President's Report:** Roger reported the Nominating Committee for Board of Director candidates had a candidate for every position on the Board. Ray Bailey is running for Vice-President; Steve Leiby for Treasurer; and Dean Brailey for At-Large. He also said that we received a very nice thank you letter from the South Side Community Center for our donation of leftover fruit and cookies from W.O.W. We also received a thank you note from a 5 UP-rider.
2. **Vice-President's Report:** The speakers for the September club meeting are Ron and Sally Berby on their Holland bike and barge tour. October's meeting will be our Annual Membership Open Mike Meeting and November's meeting speaker will be Dick Janson on his Pennsylvania to Washington, D.C. bicycle trip.
3. **Secretary's Report:** Linda Antinori presented August's Minutes to the Board for approval. Kris Stairs made a motion to accept the Minutes with corrections. Patricia Trudgen seconded it, and the motion passed unanimously.
4. **Treasurer's Report:** Dick Sulin was unable to present the Treasurer's Report to the Board due to computer problems. He will present both August and September's Financial Reports to the Board at the October meeting.
5. **Events Director:** DALMAC went very well in spite of the weather. Patricia asked the Board's permission to take Joe and Ida Adams, and Gary Jenks with her to the National Bicycle Tour Directors Association meeting in Madison, WI. Linda Antinori made a motion to accept the proposal and Donovan Riley seconded the motion. It passed unanimously.
6. **Ride Incentives:** Kris Stairs reported to the Board that she was still waiting to hear from L.L. Bean on the parkas for the 2009 incentives.

Old Business:

- The new Board protocol standards will be discussed at the next meeting.
- The location of the Christmas Party is yet to be determined.
- Rebecca Baughn will be leading a Ride in Remembrance in May to honor and remember those members who are no longer with us and their contributions to the club.

New Business:

- We received correspondence asking the TCBA to man a booth at the State Employees Health Fair in the Atrium at Constitutional Hall. Roger Nelson volunteered to man the booth and Lenny Provencher made a proposal to allow our participation, Dick Sulin seconded it. The proposal passed unanimously.
- Dick Sulin informed the Board he is looking into another possible campground about 2 miles from the present one as a future sight for the Northwest Tour. We have a contract for next year but there is a distinct possibility that the campground will be sold after that.
- Linda Antinori is to email Alano South about what they need and/or want in terms of a bicycle rack before the next meeting.
- The possibility of having a mini DALMAC (a 1 or 2 day event) to allow people to see and experience what DALMAC is about was discussed.
- Lenny Provencher made a motion to allow 4 people from the DALMAC Committee, 1 from the Northwest Tour, and 1 from the Summer Tour to attend the NBTDA convention. All persons attending must be TCBA members and TCBA will cover the cost of the attendees from Summer Tour and Northwest Tour and will continue to split the cost with DALMAC on their attendees. Donovan Riley seconded the motion and it passed unanimously.

The meeting adjourned at 8:10 p.m.

4 DAY WEST REST STOP AT LAKE OF THE PINES ASSOCIATION IN LAKE GEORGE

By Joe Adams, DALMAC Route Chairman

It was Friday. The riders had left Vestaburg early in the morning. While there were food opportunities along the route, the riders were looking forward to the rest stop at Lake George. This rest stop started in 2009 when Winn Road was closed to DALMAC due to construction and the route had to be changed. It was well received last year and the 4 West regulars remembered it as a good place to get food and rest. This year, the staff at the Lake of the Pines Association (LOP) had most everything a cold, wet rider might want or need. DALMAC provided the port-a-potties and the LOP set up a water station for the riders to fill their water bottles.

The food was varied and plentiful. Some of the menu items: baked potatoes, BBQ pork sandwiches, BBQ chicken sandwiches, hamburgers, "Bocca" burgers, hotdogs, sub sandwiches, homemade chicken noodle soup and chili, fruit and veggies, homemade cookies and variety of snacks and drinks. The riders were very pleased with the prices and the only comment in the suggestion box was there weren't any bacon bits for the baked potatoes. This will be added for next year. A couple of additional items were offered. They included free beans (to supply the gas for the bikes) and homemade brownies. The brownies weren't on the menu, but one of the volunteers brought them instead of cookies. They sold out before the cookies. LOP will consider having them next year.

The LOP staff told me they served 300 riders. Their only question was "where were the other 200+ riders that left Vestaburg?" I told them that some of the riders find other places to eat or carry food on their bike. With almost 90 miles for the day and the prospect of more rain and wind, many riders preferred to not take the time for a lunch stop.

The LOP staff was happy with the turnout and they are excited about doing the rest stop next year. They have plans to improve the water station. It had seven spigots, but they were all running at the same time. There was only one shut-off valve. I showed them a picture of the new water station we had for the overnight sites. They were impressed with the design.



4 Day West Route Rest Stop Staff at Lake of the Pines Association in Lake George. L to R: Geri Shaw, Joe Adams, Vicki Brauner. Joe was the DALMAC contact for this rest stop. Photo courtesy of Joe Adams.



The Lake of the Pines Association deserves a big thanks for all they have done over the last two DALMACs. If you ride the 4 Day West next year, be sure to stop at this rest stop. You will be glad you did.

4 Day West Route Rest Stop Staff at Lake of the Pines Association in Lake George. L to R: Marlene Osada, Geri Shaw, Vicki Brauner, Rea Mieczkowski, Bill Wright, Esther Wright, Ruth Boerner, Esther Ford, Margaret Roberts, Peggy Van Tubergen. Not present for photo: Judy Boerner, Cathy Pippin, Jo Kerpet, Steffi Hundt, and Adam (in charge of trays). Photo courtesy of Joe Adams.

2010 NOMINEE PROFILES

PRESIDENT

Roger Nelson

A 25+ year member of TCBA, I was Vice-President in the late 1980's for one year, and again for the first four months of 2009; and President since April 2009. I've ridden DALMAC at least a dozen times and served as a SAG driver four times. I've also ridden our other club rides and several out of state tours as well. I recently retired after 30 years with the State of Michigan where I worked as an accountant at first and then as an analyst. I like serving the club as President and am available and willing. I also expect to become a better President as I gain more on the job experience.

VICE- PRESIDENT

Ray Bailey

I have been a TCBA member for 23 years. I have participated in DALMAC as a rider/volunteer for all 23 years. I have served on the Food and Facilities committee for last ten years. I am also the current assistant ride leader for the 4-Day West. I have been a SAG driver for at least 3 DALMACs.

Qualifying positions that I have held outside of TCBA are: Chairman of the Board of Trustees at church, Chairman of the Steward and Training Committee for my Union, and am still Chairman of the Safety and Health Committee for my Work Division.

EVENTS DIRECTOR

Patricia Trudgen

I have been a member of TCBA for over 10 years, currently holding the position of Events Director since 2009. I volunteered on DALMAC Food and Facilities from 1996 to 2008; DALMAC Ride Leader in 2007 and 2008, Registration 1998 to 2003 and Fruit stops for W.O.W and DALMAC. Much of my free time is spent with family and friends. The rest of my time is enjoyed biking, traveling and various hobbies. I have participated in T-Shirt, W.O.W, Summer Tour and DALMAC rides. I also have enjoyed riding the PALM, Blue Water Ramble, Shoreline, Bike Florida and the Safari (Florida).

SECRETARY

Linda Antinori

I have been active with TCBA the past six years, volunteering on W.O.W, DALMAC registra-

2010 NOMINEE PROFILES CONTINUED

tion, the Ride Committee, and on the 4 East Route this past year. I have been a Ride Leader the past 5 years and ride about 2,500 miles, or as much as possible. I have served on the Board of Directors for the past three years as Secretary. When not riding or working on club events, I work as a Certified Peer Support Specialist with the Justice in Mental Health Organization and am on the Board of the Michigan Peer Specialists United. I also enjoy photography, other sports, camping, and spending time with friends and family.

TREASURER**Steve Leiby**

As one of the founding members of TCBA, I want to see the club continue to grow and prosper. TCBA should promote bicycle riding, safety, safe roads, and riding skills. I was certified as an Effective Cycling Instructor in 1983 and helped Bill Savage teach Smart Cycling last year. Currently, I am Chair of the DALMAC Fund Committee which I have served on since 1985. I have also served the club as Secretary in 1977, President in 1978 and 1980, and Events Director in 1979. My responsibilities on the DALMAC Committee include recruiting bicycle mechanics. TCBA uses QuickBooks for its accounting software which I have used in my current and previous jobs. I am currently Secretary of the local Association of Legal Administrators organization.

My goals for serving on the TCBA Board are to recruit younger members, expand our educational programs, and increase the number of rides. TCBA also needs to pay more attention to local government policies and actions that impact bicycling.

BOARD-AT-LARGE**Kris Stairs**

I have been a member of TCBA for eleven years.

For the past four years I have been involved with the ride committee and have enjoyed working with the board and other members of this club. I would like the opportunity to continue being involved and work with this committee again.

I have just finished my 28th year at Lansing Community College where I work with students with disabilities. Besides bicycling, I enjoy quilting, knitting on my circular sock machine and spending time with my 9 grandkids.

Dean Brailey

I have been a member of TCBA from the start. That being said, I have served as President, DALMAC mechanic, Newsletter editor, Secretary, and DALMAC volunteer. I have also worked on many of our club's invitational rides and I think that serving as an At-Large Director will round out my TCBA resume and experience.

DALMAC EVENTS DIRECTORS HONORED

The 2010 DALMAC Appreciation Dinner, held October 7, 2010 at Eagle Eye, honored 15 volunteers who have served as Events Directors since 1972. Rebecca Baughan introduced each of them, allowing the attendees to hear a piece of history each honoree chose to disclose. Pictured are nine past Events Directors who were present: Dick Allen (1972), Tom Hardenberg (1975-76), Steve Leiby (1979), Bob Gibbs (1980), Kim Wilcox (1977, 1981-1990), Doug Powell (1991-94), Darryl Burris (2003-2006), Al Simons (2007-2008), and current Events Director, Patricia Trudgen (2009-2010). (All pictured). The Events Directors not present who served were John Czarniecki (1973), Stan Haley (1974 & 1978), Barry Culham (1995-1998), Kim Clafin (1999), Lou Axeman (2000), and Dwayne Scheidler (2001-2002). Photo courtesy of Cindy Fate.



Lost and finds items from the 5 DALMAC routes will be available at the October 28th club meeting. Please stop in and search for that lost item.

November 2010 Ride Calendar Recurring Rides; No Ride if Rain, unless noted



We have NO rides scheduled for the month of November!

RIDE CLASSIFICATIONS

- A17-19 MPH
- B14-17 MPH
- C12-14 MPH
- D Under 12 MPH Fun and Social Group Ride
- M - Mountain Bike N/A
- Z - Rides over 40 miles in length to be ridden at the rider's own pace without on the road ride leader supervision. Leader must have detailed map of the ride for all riders.

FOR MORE RIDES CALL:517-882-3700 or visit the web site: www.biketcba.org

Also check this number for updates/changes on rides listed in this *Chainwheel Chatter*.



HELMETS ARE REQUIRED ON ALL TCBA RIDES!!!



CHAINLINKS

The below links are provided as an informational tool to allow our members to get additional information from local bike organizations who offer information, rides, tips, training, or other benefits to TCBA members.

www.biketcba.org Tri-County Bicycle Association

www.lmb.org League of Michigan Bicyclists

www.bikeleague.com League of American Bicyclists

www.bikes.msu.edu Michigan State University (MSU) Bikes

www.walkbikelansing.com Lansing's Walking and Bicycling Network

www.capitalareasmartcommute.com Smart Commute Program

www.midmeac.org Mid-Michigan Environmental Action Council

www.bikems.org Various rides throughout the country

www.mmba.org Michigan Mountain Biking Association

www.facebook.com TCBA is there as a group...check us out!



DAYLIGHT SAVINGS TIME ENDS ON Sunday, November 7. Remember to set your clocks back one hour.

Sunrises & Sunsets for November 2010

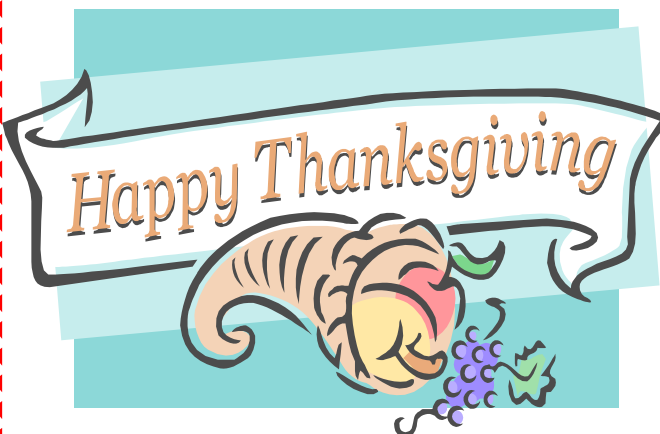
DAY	RISE	SET	DAY	RISE	SET	DAY	RISE	SET
1	7:35 AM	7:21 PM	11	7:46 AM	7:04 PM	21	7:58 AM	6:48 PM
2	7:36 AM	7:19 PM	12	7:47 AM	7:02 PM	22	7:59 AM	6:46 PM
3	7:37 AM	7:17 PM	13	7:48 AM	7:00 PM	23	8:00 AM	6:45 PM
4	7:38 AM	7:16 PM	14	7:49 AM	6:59 PM	24	8:01 AM	6:43 PM
5	7:39 AM	7:14 PM	15	7:51 AM	6:57 PM	25	8:03 AM	6:42 PM
6	7:40 AM	7:12 PM	16	7:52 AM	6:56 PM	26	8:04 AM	6:40 PM
7	7:41 AM	7:11 PM	17	7:53 AM	6:54 PM	27	8:05 AM	6:39 PM
8	7:42 AM	7:09 PM	18	7:54 AM	6:52 PM	28	8:06 AM	6:37 PM
9	7:44 AM	7:07 PM	19	7:55 AM	6:51 PM	29	8:07 AM	6:36 PM
10	7:45 AM	7:05 PM	20	7:56 AM	6:49 PM	30	8:09 AM	6:35 PM

“Whoever invented the bicycle deserves the thanks of humanity.”

--Lord Charles Beresford

CHANGE OF ADDRESS

The TCBA would like to remind our valued members to please submit your change of address (form is included on the mailed newsletter) whenever you move, or temporarily relocate for lengthy periods of time. We no longer have the post office forward our mailings, such as newsletters, ride notices, etc. To insure you receive your TCBA correspondence, it is imperative you keep us informed on where you want your mail sent. The cost to the club to receive notices of undelivered mailed is starting to add up. In addition, we cannot be responsible if you do not receive an application to a desired ride which fills up due to our inability to provide you an application in time. Thank you for your assistance in resolving the issue from both perspectives. Please notify Dean Brailey of your address change at membership@biketcba.org.



NEW ADDRESS

TCBA MEMBERS RECOGNIZED

Two members of the Tri-County Bicycle Association were recently recognized for their outstanding accomplishments in their careers. So, if you see Jeff Smith or Deb Traxinger, please congratulate them on the honors bestowed upon them.

JEFF SMITH FIELD

The East Lansing School Board voted unanimously to dedicate the football field at Lynn C. Adams Stadium in honor of long-time, legendary, high school football coach and teacher, Jeff Smith. Jeff was honored in a pre-game ceremony October 1, 2010 at the East Lansing Trojans' homecoming.

Jeff, who taught math at East Lansing, also coached varsity football from 1971 until his retirement in 2003. He ranked ninth in Michigan history in total victories, compiling a 293-93-2 career record. Under his direction, he led his team to a state title in 1991, and finished as runner-up three times.

He was inducted into the Greater Lansing Area Sports Hall of Fame, is an original member of the Michigan Coaches Hall of Fame and a recipient of the prestigious Jim Crowley Award, and was honored in 2006 with the Duffy Daugherty Award.

Jeff has been a TCBA member for many years. He has participated in several senior Olympic competitions, most recently taking the GOLD in the 2010 Michigan Senior Olympics for bicycling in the Men's 70-74 age category in the 5K and 10K time trials, as well as taking GOLD in the 20K and 40K Road Race



TRAXINGER RECEIVES OUTSTANDING ALUMNA AWARD

(From the Grand Ledge Public School Press Release, October 1, 2010)

Grand Ledge Public Schools (GLPS) is proud to announce that Grand Ledge High School teacher Deb Traxinger has been awarded the Nell C. Jackson Outstanding Alumna Award from the Michigan State University – Varsity alumni 'S' Club.

"This award is presented annually to a Spartan varsity alumnae whose career, since graduating from Michigan State University (MSU), has been distinguished not only by outstanding professional accomplishments but also by an exceptional record of community service."



Deb has been teaching biology and physiology with GLPS since 1988. She spent 20 years coaching girls' basketball at both the Junior Varsity and Varsity levels before becoming a basketball official. Traxinger is in her 10th season officiating basketball at both high school and college levels. A graduate of MSU, Deb earned her BS in Physiology and MS in Pharmacology before earning her teaching certificate in 1987. She also earned four letters playing basketball for MSU and one for softball. In her spare time Traxinger is an avid cyclist and rower.

Traxinger, along with other Varsity 'S' Club Award Winners, Hall of Fame Inductees, Athletic Department Awards and Varsity Letter Jacket Recipients will be honored during half-time of the MSU vs. Wisconsin football game on Saturday, October 2.

Deb has been a TCBA member since 1996, when her friend Kay Erb made her join after she crashed into a dog while out riding on her own. During her tenure as a member, Deb has worked registration for DALMAC and W.O.W. on a few occasions. She has also participated in Summer Tour and Northwest Tour, where Deb says "there is no better way to spend time with the great people who are in this club".

SO, YOU WANT HILLS?

By Sandy Barringer

The complaint from cyclists in the Lansing area is that there are no hills to train on. That's true, but there are areas not too far away where there are hills. Lowell and Richland, Michigan are two I've tried out, and would recommend both if you are really looking for punishment.

This year I did the Lowell, Covered Bridge Bike Tour. It's an experience that most will enjoy; some not. It's in an historical area, and everything is in its original condition; the covered bridges, the school, everything. The school is where you meet to sign up or pick up your pre-registration paperwork. It still has the pot-bellied stove, ceramic water cooler, and other equipment of the period. That includes the "facilities", which we call the bathroom nowadays. Be prepared. If you're a real spoiled, modern person, go to the bathroom just before you get there. Otherwise you'll be pointed to an outhouse which, this day, was equipped with a dead rabbit which had been gnawed on by predators during the night. This goes along with rustic, you know. Yes, it did have T.P. There are many places to stop just before you get there. Note: The rest stops had port-a-potties.

You park your car in a hayfield which was covered in dew. Keep that in mind so that you don't start off with wet cycling shoes and cold feet.

The ride was well-organized and marked clearly. I had no trouble finding any of the turn markers, which is unusual for most rides I've been on. That's good since they give you well marked maps, but no cue sheet with left-right turn cues to follow. They offer routes of 12, 28, 40, 50, 62, 78, and 100 miles. I signed up for the 28 mile route since I have not had time to train this year like I usually do, so being sensible, I chose a shorter than usual route. Sixty Two miles is my usual. But, when I got to the 28 mile point, my competitive side kicked in, and I went for the 50 mile route.

The 28 miler was no challenge, so I thought doing 50 would be no problem despite my not being in good riding condition. As soon as I made the left turn to start the second leg of the 50, my whole attitude changed. I was looking at a hill that went up and up and on and on! All I could say was, "Oh, crap!" But, I went ahead anyways. My policy is: "Never back down, once committed". I was thinking, "Ok, they've thrown in one honker hill." Actually, it was more like 6 honker hills. For someone in good condition, these hills were a challenge. This is the first ride in which I spent a lot more time using the front chain ring than the rear cogs. I was either cranking up hard, or going down real fast. The whole second leg was totally like that. There were very few flats--like none--where you could rest up a little for the next hill. You want hills? Go here. Additionally, it was above 90 degrees F and the humidity was high. It was like riding in a sauna. Staying hydrated was absolutely essential. No cutting hydration/fuel-up corners on this ride. It was a challenge.

The rest stops were well prepared and spaced at good intervals. The SAG vehicles did an excellent job of keeping track of every individual. If anyone seemed to be having trouble, they made an extra effort to keep track of them. There were a couple who gave it up because of the hills.

I rode the "southern route". I mention this because a rider who did this ride last year said that she was doing the "northern route" this year because she "experienced" the southern route last year. Fair warning; apparently the other routes are considered easier.

The end of the ride was a delight. They offered a full meal that was home-cooked at a farm house complete with a very friendly, helpful granny-cook. There was also an abundance of homemade cookies, cakes, etc. No cardboard, order in pizza.

Try this one out.





CLASSIFIEDS

This section of the *Chainwheel Chatter* is published as a service for **TCBA MEMBERS ONLY**, to advertise cycling equipment free of charge. To place an ad, send an e-mail to chainwheelchatter@biketcba.org, fax to 1-800-480-1146, or mail to Janet Weber, 767 Linden St., Charlotte, MI 48813.

FOR SALE: TCBA yellow-over-red-brick tops in excellent condition: XL SS jersey, XL wind vest, XXL LS wind jacket. \$30 each; \$75 for all. Call Dick at (517) 675-7340.

FOR SALE: New seat foam and cover for Tour Easy seat. \$40. Call Dick at (517) 675-7340.

FOR SALE: Almost new, 200 miles. Trek WSD 1.2 road bike bought in 2009. White color with one water bottle cage. \$750. For more details, call Steve @

517-256-3620 or email: shirleyxtlsaylor@gmail.com

WANTED: Road Tandem L/S. Contact Karl at 517-977-4374 or e-mail olsonla@msu.edu.

WANTED: Road tandem! Santana, Co-Motion etc. If you have one to sell please call Barb at (517) 483-9610.

OPPORTUNITY TO PARTICIPATE IN THE SILVER BELLS PARADE: We need bikers in the Silver Bells parade in Lansing on November 19. This is the event that Thomas Harpstead spoke to our club

about in one of our general membership meetings this summer. The plan is to decorate our bikes (and ourselves) with lots of battery operated LED lights and to pedal along the route together as if we were one of the floats. The theme is "The Grinch Who Stole Christmas". One place you can purchase battery operated lights is : <http://www.christmaslightsetc.com/battery-operated-led-christmas-lights.htm>. We need a minimum of 5,000 lights among us (for example, 50 people with 100 lights each). The lights are an important part of this, so get lots of lights and come to the parade.

MEMBER SPECIALS

CLUB JERSEYS FOR SALE

Cost is \$55 and are available in various sizes from small to XXL. Jerseys will be available at monthly club meeting. For more information or to check on sizes they can call Kris Stairs at 517-627-4211 or email stairskris@yahoo.com.



SEW MUCH MORE

Cycling Wear: jerseys, cycling shorts, tights, and cycling shells. Reasonable prices. Custom fit. Gift Certificates. For more information, call Sue at (517) 627-1411.

We have a small supply of 2010 long sleeve 100,000 Metre T-Shirt Ride shirts available. They will be on sale at the November club meeting. Cost is \$7.00 each. Call Debra at 248-345-3616 for more information or to reserve a size.

TCBA MEMBER CONTACT

Your respect is requested when using any of the numbers on this page. Phone calls during family time and at late hours can be intrusive.

TCBA OFFICERS:

- President: Roger Nelson(517) 488-5063
E-mail: president@biketcba.org
- Vice President: Lenny Provencher.....(517) 339-8833
E-mail vp@biketcba.org
- Treasurer: Dick Sulin.....(517) 339-2368
E-mail treasurer@biketcba.org
- Secretary: Linda Antinori
E-mail secretary@biketcba.org
- Events Director: Patricia Trudgen.....(517) 420-8699
DALMAC Hotline (517) 882-3700
E-mail eventsdirector@biketcba.org
- Board at Large:
 - Donovan Riley
E-mail boardatlarge2@biketcba.org
 - Kris Stairs
E-mail boardatlarge1@biketcba.org



OTHER GOOD NUMBERS:

- Bike Travel Case Use Coordinator(517) 267-8971
E-mail:.....philwells@sbcglobal.net
- DALMAC E-mail:.....dalmac@biketcba.org
- DALMAC FUND: Steve Leiby
E-mail.....leiby2691@sbcglobal.net
- DALMAC Treasurer: Ken Hendrick
E-Mail.....dalmactreasurer@biketcba.org
- LMB Office:.....(517) 334-9100
E-mail:.....office@lmb.org
- LMB Rep.: Phil Wells
E-mail:.....pwells@lmb.org
- Membership Coordinator:
Dean Brailey
E-mail:.....membership@biketcba.org
- Name Tag Coordinator:
Newsletter Editor: Janet Weber
E-mail:.....chainwheelchatter@biketcba.org
- Northwest Tour: Dick Sulin.....(517) 339-2368
E-mail:.....nwtour@biketcba.org
- Ride Coordinator: Ed Usewick
E-mail:.....rideschedule@biketcba.org
- Ride Line:.....TUBES-OO (517) 882-3700
- Ride Line: Call In Coordinator:
TUBES-OO (517) 882-3700
- Ride Mileage Keeper:
Steve Schuesler
E-mail:.....s.schuesler@comcast.net
- Safety & Education: Bill Savage
E-mail:.....MSUSavage@aol.com
- SummerTour:
E-mail:.....summertour@biketcba.org
- T-Shirt Ride: Debra Holdcraft
E-mail:.....tshirt@biketcba.org
- Weather:.....(517) 321-7576
- W O W: Adreah Saxton
E-mail:wow@biketcba.org

CHANGE OF ADDRESS

Please complete this form, clip and drop in an envelope to ensure we receive your correct address so you receive your Chainwheel Chatter. Thank you!



NAME _____

NEW ADDRESS _____

CITY _____

STATE _____ **ZIP** _____

MAIL TO: TCBA, ATTN: MEMBERSHIP CHANGE OF ADDRESS, P.O. BOX 22146, LANSING, MI 48909.