

TRI-COUNTY BICYCLE
ASSOCIATION
P.O. BOX 22146
LANSING, MI 48909
(517) 882-3700
WWW.BIKETCBA.ORG

Chainwheel Chatter

Volume 35, Number 9

Established 1972

September 2009

IN THIS ISSUE	
Meetings/Deadlines Announcements	
Front Cover	
Board Minutes	2
Helmets Save Cyclists' Lives	3
TCBA Board Position Descriptions	4
TCBA Gives To The Community	5
September Ride Schedule	6
Other Day Rides	6
Ride Classifications and Starting Points	6
Sunrise and Sunset	7
100,000 Metre T-Shirt Ride	7
Election Time	7
New Members	7
Support and Gear	8
Chainlinks	8
Change of Address	8
TCBA Board of Directors Nominee Profile	9
Classifieds	10
Member Specials	10
Special Request	10
Letter to the Editor	10
TCBA Contacts/Change of Address Form	11
Membership Application	
Back Cover	

MEETING	DATE & TIME	LOCATION	PRESENTER & TOPIC
MEMBERSHIP	September 24, 2009 7:00 p.m.	Foster Community Center 200 N. Foster St. Lansing, MI	Speaker and Topic were unavailable at deadline.
CYCLE FORUM	September 24, 2009 6:00 p.m.	Foster Community Center 200 N. Foster St. Lansing, MI	ALLAN HUBER The Fall Bicycling Season and DAL-MAC Reflections
BOARD MEETING	October 6, 2009 6:30 p.m.	Foster Community Center 200 N. Foster St. Lansing, MI	Members are welcome to attend all board meetings to express their concerns. Due to time constraints, if you have a specific item to be brought before the board, please contact the President one week prior to the meeting and ask to have it added to the agenda.



DEADLINES

NEWSLETTER SEPTEMBER 11

Please send items to Janet Weber, 767 Linden Street, Charlotte, MI 48813 or fax to 1-800-480-1160, or send your e-mail to chainwheelchatter@biketcba.org by the indicated deadline.

RIDE CALENDAR SEPTEMBER 09

Information for the ride calendar needs to be sent to Ed Usewick, 590 Boutell Drive, Grand Blanc, MI 48439 or e-mailed to rideschedule@biketcba.org. So we can include this information in the next newsletter, please note the indicated deadline. Furthermore, please be sure to use the electronic tools to register rides. Please ensure you include critical information such as ride times, mileage, location, and ride leader name and telephone number.

ANNOUNCEMENTS



MARK YOUR CALENDARS FOR THE 2009 CHRISTMAS PARTY:

Arrangements are made for the Christmas party. This year we will hold our annual holiday party at the Potter Park Zoo. This is a family event this year, with no program agenda. Come out and see the Holiday Lights displayed at Potter's Park Zoo, and stop by the (WHAT IS THE LOCATION) and enjoy some pizza, salad, and snacks. Bring the kids and come out and visit with your fellow TCBA members. This will take place on Sunday, December 20, 2009 starting at 5:00 p.m. Admission to the zoo is free. The cost to cover to food will be \$5.00 per person; children 12 and younger are free. As of this printing, parking is free as well.



MINUTES OF THE TRI-COUNTY BICYCLE ASSOCIATION
BOARD OF DIRECTORS MEETING
Foster Community Center - Lansing
June 2, 2009

President Roger Nelson called the meeting to order at 6:30.

Board members present included Roger Nelson, Patricia Trudgen, Linda Antinori, Kris Stairs, and Donovan Riley. Also present were club members Katie Donnelly, Lenny Provencher, Bill Savage, Daryl Burris, Steve Leiby, and Janet Weber.

Reports:

1. **President's Report:** President Roger Nelson revised the agenda to include Joe Adams' request for mileage reimbursement, the annual club picnic, and Dick Janson's request for a donation from the club to Share-A-Ride.
2. **Secretary's Report:** Linda Antinori presented the Minutes of the May meeting to the Board for approval. Kris Stairs made a motion to accept the Minutes. Dick Sulin seconded the motion and it passed unanimously.
3. **Treasurer's Report:** Dick Sulin presented May's Financial Reports to the Board for approval. Linda Antinori made a motion to accept the Financial Reports as presented. Pat Trudgen seconded the motion and it passed unopposed. The Board also discussed looking into a third bank account for the club's funds.
4. **Ride Incentives:** Kris Stairs reported that Linda Antinori would have the incentives available for pick up at the June meeting and that any incentives not picked up would be available for sale after the meeting.
5. **Events Director:** Patricia Trudgen announced that the counts on the various DALMAC Routes stand as follows:

5 Day.....618
 5 UP.....445
 4 West.....578
 4 East.....194
 Quad.....140

These figurers are comparable to last year's figures.

6. **DALMAC Fund:** Steve Leiby, Chair of the DALMAC Fund, announced the DALMAC Fund Committee had selected the following projects for recommendation to the Board for approval for a total of \$59,200:
 - a. Parks Foundation, Kalamazoo, and the River Valley Trail..... \$ 8,000
 - b. YMCA Camp Copneconic, 10 bikes..... \$ 7,500
 - c. YMCA Metro Lansing Camp, 12 bikes..... \$10,000
 - d. Green Space Plan, Clinton County..... \$ 5,000
 - e. St. John ' s Police, 2 Police Bikes \$ 3,200
 - f. PEAC, bicyclist education \$ 5,000
 - g. Field Neuroscience Institute, helmets & bike fit \$ 2,000
 - h. Special Olympics, Mt. Pleasant \$10,000
 - i. YMCA Metro Lansing, spin bikes and bike rack \$ 500
 - j. Leader Dogs for the Blind, 4 tandems \$ 4,000
 - k. Hub Detroit Back Alley Bikes, Earn-A-Bike \$ 4,000
7. **Northwest Tour:** Dick Sulin announced that he had received 171 applications for the Northwest Tour and expects to close applications at 200 for the Tour.

Old Business:

- The matter of signage for the club trailer was tabled until the August Board meeting.
- Kris Stairs will look into the pricing on a larger order of the new club jersey.
- The Annual Club picnic will be held at Lake Lansing Park North and catered by Colleen's Catering.
- Bill Savage announced that the next Smart Cycling class will be held in the fall at the MSU Pavilion. The date will be announced by the next club meeting, and the cost will be \$20-\$25.

New Business:

- Joe Adams asked the Board for mileage reimbursement for travel to purchase computer supplies while he was in Florida. Linda Antinori made a motion to approve the expense. Pat Trudgen seconded it, and it was passed unanimously.

BOARD MEETING MINUTES

Continued from Page 2

- The Board discussed holding the Christmas Party at Potter Park Zoo during the Festival of Lights and making it a family affair.
- Cheryl Claflin volunteered to take over the membership duties until a replacement can be found.
- The Board held discussion on looking into a bigger meeting room and a place with more parking for our general membership meetings as the Foster Center seems to be limited in available parking.
- Linda Antinori made a motion to go with Nationwide this year for our insurance needs which was seconded by Donovan Riley. The motion passed unanimously.

The meeting adjourned at 8:15.

HELMETS SAVE CYCLISTS ' LIVES

Second Chances Possible After Split-Second Errors

Extracted fromn *Sport Fitness*, 8 June 2009, by Rita Weber

When Kelli Haddad tightened the strap on her bike helmet that August afternoon, she had no idea it would probably save her life.

An hour later, Haddad and her friend, Joe Koz, were on their way to the Sparrow Trauma Center, their lives in serious jeopardy.

An avid and experienced cyclist, Haddad knew the value of safety. She always followed the rules of the road. But she never expected what happened on August 13, 2005.

"It's the typical example of thinking nothing could ever happen," the 47-year-old mother of four grown children said. "I would always assume if someone were in a biking accident, it must have been their fault. They should have been more careful."

Careful is exactly what Haddad and Koz were as they headed from DeWitt Township to the St. Johns Mint Festival on that sunny, perfect day. Riding down a hill a bit ahead of Koz on northbound Airport Road, Haddad noticed a truck heading east on Chadwick, the gravel street they were about to cross.

"I called out to Joe to say that the truck was moving," she said. "It didn't appear to be stopping for the stop sign. I thought it was going to turn left and be right in front of us, maybe pushing us off onto the shoulder. When I realized he wasn't turning and was driving right through the stop

sign, I remember thinking, "I can't believe I'm going to hit this truck! Don't let go."

Witnesses say Kelli flipped over the windshield before landing on her back. She couldn't move from her chest down.

"I looked for Joe and didn't see him," Haddad said, unaware that Koz had been hit and was unconscious, barely breathing. "I assumed he kept riding and missed the truck."

Haddad had five broken ribs, a collapsed lung and a traumatic brain injury that would leave her with headaches, balance, memory and speech problems. They told her the helmet saved her life.

Koz spent five days in the Neuro-Intensive Care Unit with his thoracic vertebrae broken in two spots, broken ribs and a brain bleed that caused seizure.

The road to recovery had been a long one for Haddad and Koz. Haddad spent two-and-a-half years in treatment at Origami Brain Injury Rehabilitation Center.

"I still have moments where my brain shuts down, and I can't communicate or move for a couple of minutes. But they are less frequent and shorter now," said Haddad, who also underwent physical and speech therapy for several months.

Koz returned to work as a restaurant manager six months after the accident but still struggles with back problems.

After hearing a horrific story like Haddad's, it's indisputable that wearing a helmet and adhering to the rules of the road are essential.

The lesson that really hits home is one for automobile drivers. Had the driver in this story stopped at the stop sign, the accident would never have happened. Instead, it provided a subtle reminder that one small distraction — a cell phone, a car radio or a daydream — can change someone's life forever.

Warm weather is here. Cyclists are back on the road. Stay alert!

About a week before the one-year anniversary of the accident, Haddad decided to face her fears and get back on her bike.

"I rode around the block and went back home. I couldn't do it," Haddad said. "Just looking down at the handlebars snapped me back to the moment of the accident. That was the last thing I remember seeing."

After taking the suggestion of the bicycle repairman, changing the color of handlebar tape was all it took for the fear to be tackled.

On the anniversary of the accident, Haddad and Koz rode their bikes back to the accident site.

TCBA BOARD POSITION DESCRIPTIONS

TCBA is looking for club members interested in running club offices. New ideas and fresh perspectives are needed! Please consider taking this opportunity to serve your club. Also, look around at your fellow members — many may be willing to serve if asked, but would never do so without encouragement from others. You probably know someone who just needs a friendly “nudge” to step forward. A brief description of the positions available and their responsibilities follow. All require that candidates be members in “good standing” (current on dues), and all are one year terms. Board members are expected to attend monthly board meetings.

PRESIDENT — The President presides over all membership and board meetings. He/she prepares agendas for board meetings and prepares an annual report for presentation to the membership at the Annual Meeting (October). The individual in this position would benefit from previous organizational leadership experience, practical knowledge of or experience in running efficient meetings, and the ability and willingness to delegate responsibility to others.

VICE PRESIDENT — The Vice President acts in the President’s absence and performs such other duties as delegated by the President. To that extent, the personal characteristics described for that position apply here as well. In addition, the Vice-President has, in recent years, been charged with developing club meeting programs and social activities (picnic, hayride, holiday party). He/she may establish and lead a Program Committee to assist in this function, so the ability and willingness to delegate responsibility to others is especially beneficial to provide back-up support for these activities.

SECRETARY — The Secretary records and files the minutes of all meetings, prepares and conducts the annual election of directors, and performs such other duties as delegated by the President. In addition, he/she prepares and submits documents to government agencies on an annual basis and handles all official correspondence for the club, including get-well and sympathy notes. The individual in this position should be a good listener in order to take notes at meetings and should have better than average writing skills in order to accurately record the actions taken. A working knowledge of word processing and email capabilities is especially useful as minutes have, in recent years, been sent electronically to board members for review prior to board meetings.

TREASURER — The Treasurer is responsible for the funds and financial records of the Association, prepares and delivers an annual accounting at the annual membership meeting, and performs such other duties as delegated by the President. He/She presents a draft budget annually for board consideration as well as monthly reports documenting cash flow and adherence to the approved budget. This individual works with the Events Director and an appointed DALMAC treasurer to establish procedures and to maintain accountability for all transactions. Previous accounting experience and working knowledge of accounting-related computer software are desirable.

EVENTS DIRECTOR — The Events Director prepares and conducts the annual DALMAC bicycle tour, delivers monthly and annual reports to the Board of Directors to account for all bills and receipts, and performs such other duties as delegated by the President. He/She appoints and chairs the DALMAC Committee and DALMAC volunteers. Previous experience as both a DALMAC volunteer and DALMAC rider benefits this individual by providing an appreciation of the breadth of the DALMAC operation as well as rider needs. Experience working with volunteers or with a volunteer organization is desirable; an ability and willingness to delegate tasks to others is essential.

DIRECTOR-AT-LARGE(2) — The Directors-at-large have no specific duties, but have full voting rights as members of the Board of Directors. These individuals are often assigned to lead or serve as a liaison with club committees. The Ride Program Committee has generally been led by one of these board members. A director-at-large position would be especially useful for an individual who desires to learn more about the operation of the club before serving in other elected positions.

If you have other questions about these positions, contact any current or former board member for more information. A sample nominee profile is available on page 9, and on the club web site (<http://www.biketcba.org/board/NomineeProfile.pdf>) or from any board member. Completed forms may be returned to any board member or mailed to TCBA, Elections Committee, P.O. Box 22146, Lansing, MI 48909-2146 by the next member meeting, **SEPTEMBER 24, 2009**. Nominations will be taken from the floor at the September member meeting, at which time nominations will close. The election will be conducted by mail and at the October membership meeting. Those elected will take office effective January 1, 2010.

TCBA GIVES TO THE COMMUNITY

As members of the TCBA, we all know the quality and quantity of snacks we provide riders participating in our organized events. As with any planned function, we tend to have plenty of snacks remaining after the event. So as not to waste this food, TCBA members Gloria and Milton Gruhn donated the items to the Southside Community Kitchen to help them serve area neighbors who need a little help in these difficult times.

The Southside Community Kitchen sent us their appreciation with the enclosed thank you letter. Since the scanned copy is difficult to read, here is what Anna Thiel, Director of the Southside Community Kitchen wrote:

“Dear Friends:

On behalf of the Southside Community Kitchen, I would like to thank you for your recent donations of fruit and cookies, delivered by the Gruhns, following your 100,000 Metre T-Shirt and Women on Wheels rides. The Kitchen serves lunches four days per week, free of charge, to anyone who is hungry, year-round. The fruit and cookies were served in these lunches. On Mondays and Wednesdays we serve from 11:30 a.m. until 12:15 p.m. at Christ United Methodist Church on Jolly Road. On Tuesdays and Thursdays, we serve at the same time at Galilee Baptist Church on Reo Road. Everyone is welcome to eat.

We have been extremely busy this summer and your donation helped us stretch our food budget and vary our menu. We appreciate your generosity more than you know.

*Sincerely,
Anna Thiel ”*



July 29, 2009

Tri-County Bicycle Association
P.O. Box 22149
Lansing, Michigan 48909-2146

Dear Friends:

On behalf of the Southside Community Kitchen, I would like to thank you for your recent donations of fruit and cookies, delivered by the Gruhns, following your 100,000 Metre T-Shirt and Women on Wheels rides. The Kitchen serves lunches four days per week, free of charge, to anyone who is hungry, year-round. The fruit and cookies were served in these lunches. On Mondays and Wednesdays we serve from 11:30 a.m. until 12:15 p.m. at Christ United Methodist Church on Jolly Road. On Tuesdays and Thursdays, we serve at the same time at Galilee Baptist Church on Reo Road. Everyone is welcome to eat.

We have been extremely busy this summer and your donation helped us stretch our food budget and vary our menu. We appreciate your generosity more than you know.

Sincerely,


Anna Thiel
Director
Southside Community Kitchen

For information, please call 676-8144

September 2009 Ride Schedule

Recurring Rides; No Ride if Rain, unless noted

Day/Date	Time	Miles	Class	Start Location	Other Information	Ride Leader
Sundays	9:00 AM	40+	Z	67th District Court House, Grand Blanc	No ride September 6 th	Ed Usewick 810-694-9919
Mondays	6:00 PM	15-25	B	Oneida Township Hall	No ride September 7 th	Mark Kappeler 989-506-9528
Tuesdays	4:00 PM	25-35	C	Owosso Police/ Fire Station	No Ride September 1 st DALMAC Registration	David Smith 989-723-1211
Wednesdays	10:00 AM	35-45	B	Mega Mall		Edie Belcher 517-242-4122
	6:00 PM	20-30	B	MSU Pavilion	No ride September 2 nd	Katie Donnelly 349-5564
Thursdays			No	Ride 24th	Club Meeting	
	4:00 PM	25-35	C	Owosso Police/ Fire Station		David Smith 989-723-1211
	6:00 PM	15-25	B	Oneida Gospel Church	No ride 9/3 or 9/24	Mark Kappler 989-506-9528
Fridays	NONE					
Saturdays	8:00 AM	40-60	Z	Sawdon School	No ride 9/5	Mark Kappler 989-506-9528
	9:00 AM	12	D	Coach's (Bishop Road)	No ride 9/5 Breakfast ride. Bring the kids! Very "New rider"-friendly!	Uncle Miltie Gruhn 517-393-1617

DAY RIDES (one time only) in September...

Day/Date	Time	Miles	Class	Start Location	Other Info	Ride Leader
Saturday Sept. 12 th	9:00 AM	50-65	Z	Holt Commuter Lot		Edie Belcher 517-242-4122
Saturday Sept. 19 th	9:00 AM	50-65	Z	Holt Commuter Lot		Edie Belcher 517-242-4122

Ride Starting Point Descriptions

67th District Court House Grand Blanc
Coach's Pub & Grill.....6201 Bishop south of the King exit on I-96
Holt Commuter Lot--.1 block left of the Holt Road Exit off 127 or 1/3 mi east of the College Road and Holt Road intersection
Mega Mall...15487 Old US-27 (Northeast St.) & Northcrest Rd NE Corner of lot
Oneida Township Hall.....11041 Oneida Road, Grand Ledge
Owosso Fire/Police Station.....116 S. Water St, Owosso
Sawdon School.....Lamson Rd., Grand Ledge

RIDE CLASSIFICATIONS

A..... 17-19 MPH
 B..... 14-17 MPH
 C 12-14 MPH
 D .Under 12 MPH Fun and Social Group Ride
 M Mountain Bike N/A
 ZRides over 40 miles in length to be ridden at the rider's own pace without on the road ride leader supervision. Leader must have detailed map of the ride for all riders.

FOR MORE RIDES CALL:517-882-3700 or visit the web site: www.biketcba.org
Also check this number for updates-changes on rides listed in this Chainwheel Chatter.
 To receive the Ride Line Transcript by email send your email address to: donnel13@msu.edu

HELMETS ARE REQUIRED ON ALL TCBA RIDES!!!

Sunrises & Sunsets for September 2009

DAY	RISE	SET	DAY	RISE	SET	DAY	RISE	SET
1	7:02 AM	8:14 PM	11	7:13 AM	7:56 PM	21	7:24 AM	7:38 PM
2	7:03 AM	8:12 PM	12	7:14 AM	7:54 PM	22	7:25 AM	7:37 PM
3	7:05 AM	8:10 PM	13	7:15 AM	7:53 PM	23	7:26 AM	7:35 PM
4	7:06 AM	8:08 PM	14	7:16 AM	7:51 PM	24	7:27 AM	7:33 PM
5	7:07 AM	8:07 PM	15	7:17 AM	7:49 PM	25	7:28 AM	7:31 PM
6	7:08 AM	8:05 PM	16	7:18 AM	7:47 PM	26	7:29 AM	7:29 PM
7	7:09 AM	8:03 PM	17	7:20 AM	7:46 PM	27	7:30 AM	7:28 PM
8	7:10 AM	8:02 PM	18	7:21 AM	7:44 PM	28	7:31 AM	7:26 PM
9	7:11 AM	8:00 PM	19	7:22 AM	7:42 PM	29	7:33 AM	7:24 PM
10	7:12 AM	7:58 PM	20	7:23 AM	7:40 PM	30	7:34 AM	7:22 PM

100,000 METRE T-SHIRT RIDE

Submitted by Debra Holdcraft-Bach.

The questionable weather cut the number of participants down to under 300. The folks that did ride had a great time and loved the lunch prepared by the Laingsburg Police Reserves. We had quite a few new riders that commented on how well the ride was organized. "Routes were well marked" "Loved the maps"

were just a few of the comments that were overheard. A big THANK YOU to all of the volunteers that crawled out of their warm cozy bed before the crack of dawn and spent most of the morning outside in the drizzle. Plan on attending next year--I hear we may have some route changes!!

NEW MEMBERS

Due to a recent vacancy of the Membership Coordinator, the TCBA is a bit behind in providing a list of new members. We have a new Membership Coordinator, Dean Brailey. WELCOME DEAN!

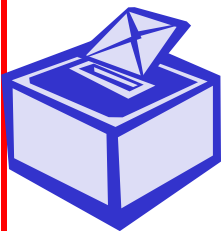
Dean will be getting us the names of our new members, and we should be announcing them very soon. Expect the next announcement of new members to be quite large. We apologize to our new members for delaying recognition of their participation in the TCBA.



Cartoon by Bob Crawford

ELECTION TIME

by Linda Antinori, Secretary



Our Board of Directors' election is fast approaching and we are looking for candidates for all positions. Serving on the Board is a great way to get further involved in club activities and to get to know your fellow cyclists. For me, this past year has been a great experience. I've really enjoyed getting to know everyone better and I have enjoyed my work on the Board. So, if you know of anyone who you think would make a good candidate or if you would like to run yourself, please fill out a Board Member Profile by **September 24** and either give it to me at the next club meeting, email it to me as an attachment to secretary@biketcba.org, or mail it to us at:

TCBA
Elections Committee
P.O. Box 22146
Lansing, MI 48909-2146

You can find the Board Member Profile by accessing <http://www.biketcba.org/board/NomineeProfile.pdf>. A sample of this profile is shown on page 9. A copy of the position descriptions are located on page 4.

If you have any questions about what is involved with the responsibilities of a particular Board position, please feel free to contact any current or past Board member. I know they will be very happy to share their experiences with you. Thank you.

CHAINLINKS



The below links are provided as an informational tool to allow our members to get additional information from local bike organizations who offer information, rides, tips, training, or other benefits to TCBA members.

www.biketcba.org Tri-County Bicycle Association

www.lmb.org League of Michigan Bicyclists

www.bikeleague.com League of American Bicyclists

www.bikes.msu.edu Michigan State University (MSU) Bikes

www.walkbikelansing.com Lansing's Walking and Bicycling Network

www.capitalareasmartcommute.com Smart Commute Program

www.midmeac.org Mid-Michigan Environmental Action Council

www.bikems.org Various rides throughout the country

www.mmba.org Michigan Mountain Biking Association

www.facebook.com TCBA is there as a group...check us out!



SUPPORT AND GEAR S. A. G.

By Lisa Martin

It is a welcomed sight to see a S.A.G. along side of the road with a jug of water, a map, a tire pump, or cautioning riders of gravel or rough road ahead.

A S.A.G. vehicle that slowly passes, with its passenger(s) looking for a signal from a cyclist, or even flashing a friendly smile, is assurance of their support.

I remember back in 1985 – my first DALMAC. On a rainy morning, I was riding through some rolling hills on the East Route, and absolutely roasting under my raincoat. I spotted a S.A.G. vehicle at the top of a hill. The driver had iced cold Exceed for the riders, and a cold drink never tasted so good in my life!

On a recent ride, a S.A.G. driver drove my diabetic friend to find his lost insulin kit.

On a recent ride, while I was stopped on the side of the road, putting on my bike chain, a S.A.G. driver stopped and said, “do you need help?”

We have great appreciation for Support And Gear volunteers, and I am certain many of us have experienced their caring assistance.

Thank You S.A.G. Volunteers !

TCBA = ALL VOLUNTEERS

This is your club. Get involved. We are always in need of folks to help in some way or another. We have rides to lead, committees to join, and ideas to share. Please consider running for a position, or volunteering in another way. We want YOU!



“VOLUNTEERS ARE SELDOM PAID; NOT BECAUSE THEY ARE WORTHLESS, BUT BECAUSE THEY ARE PRICELESS!”

- Author Unknown

REMINDER SNOWBIRDS

Please submit your CHANGE OF ADDRESS for your upcoming departure for the winter months.

The TCBA would like to remind our valued members to please submit your change of address (form is included on the mailed newsletter) whenever you move, or temporarily relocate for lengthy periods of time. We no longer have the post office forward our mailings, such as newsletters, ride notices, etc. To insure you receive your TCBA correspondence, it is imperative you keep us informed on where you want your mail sent. The cost to the club to receive notices of undelivered mailed is starting to add up. In addition, we cannot be responsible if you do not receive an application to a desired ride which fills up due to our inability to provide you an application in time. Thank you for your assistance in resolving the issue from both perspectives.





CLASSIFIEDS

This section of the *Chainwheel Chatter* is published as a service for **TCBA MEMBERS ONLY**, to advertise cycling equipment free of charge. To place an ad, send an e-mail to chainwheelchatter@biketcba.org, fax to 1-800-480-1146, or mail to Janet Weber, 767 Linden St., Charlotte, MI 48813.

FOR SALE: Honda removable roof rack and bicycle attachment. \$150. Call Betsy at (517) 242-4609 or email bsteudle@yahoo.com.

FOR SALE: Honda removable roof rack and bicycle attachment. \$200. Call Betsy at (517) 242-4609 or email bsteudle@yahoo.com

FOR SALE: Mens Centurion Ironman 18 lbs., 58 cm. Extra wheels. Great shape. Asking \$300. Call Wally at 517-372-8096.

FOR SALE: Mavic vintage wheelset with MA40 rims, 501 sealed bearing hubs, and Dura-Ace 7-speed (12 - 26) free-wheel; superb cosmetic condition, very durable, smooth rolling, and true; \$75. Also, Cinelli "Campione Del Mondo" 40 cm handlebars with traditional rounded bends and matching 100 mm quill stem; very good cosmetic condition, no bends; \$15. Both items are perfect for your vintage road bike. Contact Jeff at 517-347-1244 or email bogwan@sbcglobal.net.

FOR SALE: Two white Schwinn Paramounts, circa 1970...one 24" and one 26". \$400 for both, or best offer. Some accessories for bikes also for sale. Contact June Tews, 517-332-1649 for additional information.

FOR SALE: Performance indoor bicycle stand (floor to ceiling 4 bikes or two)\$25,24 inch unicycle \$25,new still in box 170mm ulegra tripple crank set with btm bracket front derailleur and schifter,\$100 contact Dave at djlick@sbcglobal.net.

MEMBER SPECIALS

SEW MUCH MORE

Cycling Wear: jerseys, cycling shorts, tights, and cycling shells. Reasonable prices. Custom fit. Gift Certificates. For more information, call Sue at (517) 627-1411.

SPECIAL REQUEST

I am the bicycle program coordinator for Laingsburg Troop 205. Two years ago the DALMAC fund awarded us money to be spent to outfit 6 bicycles with racks and panniers to expand our biking program to self-contained touring. The popularity of both our vehicle supported tours and our self-contained tours has grown to the point that I need to try to find additional bicycles for the troop. The troop maintains ownership of the bikes in this program and uses them to suit the needs of the boys that participate each year. I would like to ask TCBA members to donate any serviceable bicycles, either mountain or road styles, to Troop 205. Since the bikes will be owned by the troop, a receipt for the value of the bike can be written as a tax deductible charitable donation.

Anyone wishing to donate either bikes or accessories such as handlebar bags, panniers, etc... can contact Pete Eisinger at 517-290-3756 and he will pick the items up.

Letter to the Editor

I also commute to work like Steve Leiby (page 2, August *Chainwheel Chatter*). However, I live in Laingsburg which is 24 miles from work in downtown Lansing. Biking both directions in one day is impractical with my otherwise busy schedule, although I have done it a few times. My solution was to bring my bike to work in my truck and bicycle home that evening leaving the truck parked overnight at work. I then ride the bike back to work the next day and drive my truck back home that evening. I do have a 2nd vehicle at home, so I always have a backup plan if the skies open in the morning and it be unsafe to ride the bike to work that morning. I just do a round trip with the 2nd vehicle and then ride the bike the next available morning. I do have access to a shower at work which is a necessity when biking this distance. I definitely have discovered several back-road routes to work that I wasn't aware of previously. This helps cut my gas bill in half for my work commute and gives me a built-in weekly workout. It also combines commuting with my exercise which ends up saving 30 minutes total time over driving an automobile to work. Submitted by Pete Eisinger.

TCBA MEMBER CONTACT

Your respect is requested when using any of the numbers on this page. Phone calls during family time and at late hours can be intrusive.

TCBA OFFICERS:

- President: Roger Nelson
E-mail: president@biketcba.org
- Vice President:
E-mail vp@biketcba.org
- Treasurer: Dick Sulin.....(517) 339-2368
E-mail treasurer@biketcba.org
- Secretary: Linda Antinori
E-mail secretary@biketcba.org
- Events Director: Patricia Trudgen
DALMAC Hotline (517) 882-3700
E-mail eventsdirector@biketcba.org
- Board at Large:
 - Donovan Riley
E-mail boardatlarge2@biketcba.org
 - Kris Stairs
E-mail boardatlarge1@biketcba.org



OTHER GOOD NUMBERS:

- Bike Travel Case Use Coordinator
E-mail:.....philwells@sbcglobal.net
- DALMAC E-mail:.....dalmac@biketcba.org
- DALMAC FUND: Steve Leiby
E-mail.....leiby2691@sbcglobal.net
- DALMAC Treasurer: Ken Hendrick
E-Mail.....dalmactreasurer@biketcba.org
- LMB Office:.....(517) 334-9100
E-mail:.....office@lmb.org
- LMB Rep.: Phil Wells
E-mail:.....pwells@lmb.org
- Membership Coordinator:
Dean Brailey
E-mail:.....membership@biketcba.org
- Name Tag Coordinator:
Newsletter Editor: Janet Weber
E-mail:.....chainwheelchatter@biketcba.org
- Northwest Tour: Dick Sulin.....(517) 339-2368
E-mail:.....nwtour@biketcba.org
- Ride Coordinator: Ed Usewick
E-mail:.....rideschedule@biketcba.org
- Ride Line:.....TUBES-OO (517) 882-3700
- Ride Line: Call In Coordinator:
Katie Donnelly.....TUBES-OO (517) 882-3700
- Ride Mileage Keeper:
Steve Schuesler
E-mail:.....s.schuesler@comcast.net
- Safety & Education: Bill Savage
E-mail:.....MSUSavage@aol.com
- SummerTour: Lee Adair
E-mail:.....summertour@biketcba.org
- T-Shirt Ride: Debra Holdcraft
E-mail:.....tshirt@biketcba.org
- Weather:.....(517) 321-7576
- W O W: Adreah Saxton
E-mail:wow@biketcba.org

CHANGE OF ADDRESS

Please complete this form, clip and drop in an envelope to ensure we receive your correct address so you receive your Chainwheel Chatter. Thank you!



NAME _____

NEW ADDRESS _____

CITY _____

STATE _____ ZIP _____

MAIL TO: TCBA, ATTN: MEMBERSHIP CHANGE OF ADDRESS, P.O. BOX 22146, LANSING, MI 48909.