

TRI-COUNTY BICYCLE
ASSOCIATION
P.O. BOX 22146
LANSING, MI 48909
(517) 882-3700
WWW.BIKETCBA.ORG

Chainwheel Chatter

Volume 35, Number 11

Established 1972

November 2009

IN THIS ISSUE	
Meetings/Deadlines Announcements	Front Cover
Board Minutes	2
Chainlinks	3
Scenes from Northwest Tour 2009	3
Change of Address	3
2009 Nominee Profiles	4
Meetings in 2010	5
Ride Dates for 2010	5
A Few Snapshots From SummerTour 2009	5
Ride Information	6
Ride Classifications	6
Sunrise and Sunset	6
DALMAC Volunteer Form Application	7
DALMAC Riders Help Save A Life	8-9
Volunteer To Helpout DALMAC 2010	9
Classifieds	10
Member Specials	10
Letter to the Editor	10
TCBA Contacts/Change of Address Form	11
Membership Application	Back Cover

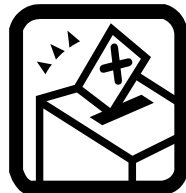
MEETING	DATE & TIME	LOCATION	PRESENTER & TOPIC
MEMBERSHIP	November 19, 2009 7:00 p.m.	Foster Community Center 200 N. Foster St. Lansing, MI	DETER HOHNKE Deter's a member of the Ann Arbor Bicycle Touring Society. He will present a slideshow of his tour of the Continental Divide.
CYCLE FORUM	November 19, 2009 6:00 p.m.	Foster Community Center 200 N. Foster St. Lansing, MI	ALLAN HUBER Bicycling Activities During the Holiday Season.
BOARD MEETING	December 1, 2009 6:30 p.m.	Foster Community Center 200 N. Foster St. Lansing, MI	Members are welcome to attend all board meetings to express their concerns. Due to time constraints, if you have a specific item to be brought before the board, please contact the President one week prior to the meeting and ask to have it added to the agenda.



DEADLINES

NEWSLETTER NOVEMBER 9	Please send items to Janet Weber, 767 Linden Street, Charlotte, MI 48813 or fax to 1-800-480-1160, or send your e-mail to chainwheelchatter@biketcba.org by the indicated deadline. DEADLINES ARE EARLIER DUE TO THE MEMBERSHIP MEETING OCCURRING EARLIER!
RIDE CALENDAR NOVEMBER 6	Information for the ride calendar needs to be sent to Ed Usewick, 590 Boutell Drive, Grand Blanc, MI 48439 or e-mailed to rideschedule@biketcba.org. So we can include this information in the next newsletter, please note the indicated deadline. Furthermore, please be sure to use the electronic tools to register rides. Please ensure you include critical information such as ride times, mileage, location, and ride leader name and telephone number.

ANNOUNCEMENTS



NOMINATIONS FOR LEADER OF THE YEAR: Nominations are now being accepted for the TCBA Ride Leader of the Year Award. You can submit your vote either by email to secretary@biketcba.org (please put Ride Leader in the subject line) or snail mail to Ride Leader, PO Box 22146, Lansing, MI 48909. Voting closes November 15, 2009. Please take time to nominate your leader who made your summer rides more enjoyable.

MARK YOUR CALENDARS FOR THE 2009 CHRISTMAS PARTY: Arrangements are made for the Christmas party. This year we will hold our annual holiday party at the Potter Park Zoo. This is a family event with no program agenda. Come out to see the Holiday Lights displayed at Potter's Park Zoo, and stop by for some pizza, salad, snacks, and visiting with your fellow-TCBA members. This will take place on Sunday, December 20, 2009 starting at 5:00 p.m. Admission to the zoo is free. The cost to cover to food will be \$5.00 per person; children 12 and younger are free.



**MINUTES OF THE TRI-COUNTY BICYCLE ASSOCIATION
BOARD OF DIRECTORS MEETING
Foster Community Center - Lansing
September 8, 2009**

President Roger Nelson called the meeting to order at 6:30.

Board members present included Roger Nelson, Patricia Trudgen, Linda Antinori, Kris Stairs, and Donovan Riley. Also present were club members Katie Donnelly, Ron Claflin, and Lenny Provencher.

Agenda Revisions: President Roger Nelson revised the agenda to include Dick Sulin's request for time to go over the State of Michigan Non-Profit registration with the Board, mailing the *Chainwheel Chatter* by First Class mail, and the request by an independent photographer on DALMAC to place a web link in the *Chainwheel Chatter* to his site.

Reports:

1. **President's Report:** Roger Nelson announced that Al Simons would be giving a slide presentation and speaking on Ragbrai at the September General Membership, and that the October meeting would be our Annual Meeting of the Membership along with a slide show by Pete Derkos, if time permits.
2. **Secretary's Report:** Linda Antinori presented the Minutes of the August meeting to the Board for approval. Kris Stairs made a motion to accept the Minutes with corrections, Dick Sulin seconded the motion and it passed unanimously. Linda announced that the Foster Center had been booked through December 2010 for general membership, Board, and Alan Huber's Cycle Forum.
3. **Treasurer's Report:** Dick Sulin presented August's Financial Reports to the Board for approval. Linda Antinori made a motion to accept the Financial Reports as presented. Pat Trudgen seconded the motion and it passed unanimously. Dick announced that the Christmas Party and the 2010 Club Picnic had been paid for.
4. **Ride Incentives:** Kris Stairs reported that the new club jerseys are in and that any remaining Ride Incentives would be distributed for raffle prizes as follows 50% to 2010 DALMAC and 50% to 2010 Northwest and SummerTours.
5. **Events Director:** Patricia Trudgen announced that the 2009 DALMAC was a huge success. They will be having a DALMAC improvement meeting on October 20.
6. **Picnic:** Linda reported that as of January 1, 2010, the Ingham County Park system is charging all for parking 6 days a week. She will look into making arrangements for pre-paid parking.
7. **Election Committee:** Lenny Provencher will help Steve Schuesler count ballots. We are still looking for candidates.

Old Business:

- Dick Sulin made a motion to mail the *Chainwheel Chatter* via 1st class mail with an option to review the matter at a later date. Kris Stairs seconded the motion and the vote was unanimous.

New Business:

- Patricia Trudgen asked the Board's permission to take 4 people, including herself, to the NBTDA meeting in Portland, OR November 5-7. The cost will be split 50/50 with DALMAC. Linda Antinori made a motion to approve the request which was seconded by Donovan Riley. The motion passed unanimously.
- The subject of an Awards Dinner was tabled until our next meeting.
- The Board Transition Dinner will be held December 10.
- The Board discussed how to handle the request from independent photographers to make their web addresses available to DALMAC riders. After much discussion, it was decided Janet Weber would put a brief announcement in the *Chainwheel Chatter*.

The meeting adjourned at 8:15.

CHAINLINKS



The below links are provided as an informational tool to allow our members to get additional information from local bike organizations who offer information, rides, tips, training, or other benefits to TCBA members.

www.biketcba.org Tri-County Bicycle Association

www.lmb.org League of Michigan Bicyclists

www.bikeleague.com League of American Bicyclists

www.bikes.msu.edu Michigan State University (MSU) Bikes

www.walkbikelansing.com Lansing's Walking and Bicycling Network

www.capitalareasmartcommute.com Smart Commute Program

www.midmeac.org Mid-Michigan Environmental Action Council

www.bikems.org Various rides throughout the country

www.mmba.org Michigan Mountain Biking Association

www.facebook.com TCBA is there as a group...check us out!



SCENES FROM NORTHWEST TOUR

Photos courtesy of Donovan Riley



Ed and Roxanne Usewick



Ron Clafin—SAG Driver



Riders relaxing and enjoying the view of the lake.

“On Thanksgiving Day, all over America, families sit down to dinner at the same moment – **halftime.**”

- Author Unknown

REMINDER SNOWBIRDS

Please submit your **CHANGE OF ADDRESS** for your upcoming departure for the winter months.

The TCBA would like to remind our valued members to please submit your change of address (form is included on the mailed newsletter) whenever you move, or temporarily relocate for lengthy periods of time. We no longer have the post office forward our mailings, such as newsletters, ride notices, etc. To insure you receive your TCBA correspondence, it is imperative you keep us informed on where you want your mail sent. The cost to the club to receive notices of undelivered mailed is starting to add up. In addition, we cannot be responsible if you do not receive an application to a desired ride which fills up due to our inability to provide you an application in time. Thank you for your assistance in resolving the issue from both perspectives.



2009 NOMINEE PROFILES

PRESIDENT

Roger Nelson

A 25+ year member of TCBA, I was Vice-President in the late 1980's for one year and again for the last four months of this past year. As one of my friends said, "You're perfect. Everyone knows you and you are approachable." I may not be perfect but I value my skills in diplomacy and tact. I'm not a control freak and am happy to delegate. My goal for the club is to get families involved, especially children. Bringing children in will result in our joy and hobby being passed on and build a stronger club in the future.

VICE-PRESIDENT

Lenny Provencher

I have been a TCBA member for 20 years, holding the positions of Board at Large in 1991 and Vice-President in 2000. As a TCBA member, I have led a Mini-Maintenance class (predecessor to Cycle Forum) for 2 years, and was an active member of our Education Committee (Safety Outreach Schools) for 6 years. I have volunteered on WOW with route marking and at rest stops in the mid 1990's. I assisted with DALMAC in such capacities as a SAG driver, route crew member, delivering and returning of the rental trucks, rider packet preparation, and was registration chair for 6 years. I have led weekly "D" rides from May through August for about 5 years. Most recently, for the last 3 years, I was a member of the Ride Incentive Committee. It is my hope to schedule interesting and varied club meeting programs and make social activities more cycling oriented. I will try to be open to suggested programs and social activities put forth by other TCBA members if they step-up and contribute to their suggested programs/activities.

EVENTS DIRECTOR

Patricia Trudgen

I am a 10-year member of TCBA, currently holding the position of Events Director since 2009. I am retired with over 30 years of experience in the financial fields in Credit Unions. I am the former Vice-President, Recording Secretary, and Steward for OPEIU Local 459 Labor Union. As a TCBA member, I have volunteered on the DALMAC Facilities and Food Committee from 1996 to 2008; a Ride Leader in 2007 and 2008, Registration 1998 to 2003, and helped with Fruit stops for WOW and DALMAC. Much of my free time is spent with family and friends. The rest of my time is enjoyed biking, traveling, and various hobbies. I have participated in T-Shirt, WOW, SummerTour and DALMAC rides. I have also done PALM, Blue Water Ramble, Shoreline, Bike Florida, and the Safari (Florida).

SECRETARY

Linda Antinori

I have been active with TCBA the past six years, volunteering on WOW, DALMAC registration, the Ride Committee, and on the 4 East Route this past year. I have been a Ride Leader the past 4 years and normally ride about 2,500 miles a year. I have been on the Board of Directors for the past two years as Secretary. When not riding or working on club events, I work as a Certified Peer Support Specialist with the Justice in Mental Health Organization. I also enjoy photography and spending time with friends and family.

TREASURER

Dick Sulin

I have been a member of TCBA since 1984, which was my first DALMAC and have ridden 15 other DALMACs since. At present, I am the TCBA treasurer and have been the treasurer for three other Non-Profit organizations over the years. This will be my fourth year as Treasurer. I was the Director for our 1st Northwest Tour and am currently planning our 4th Tour for 2010.

BOARD-AT-LARGE

Kris Stairs

I have been a member of TCBA for ten years. For the past three years I have been involved with the Ride Committee and have enjoyed working with the board and other members of this club. I would like the opportunity to continue being involved and work with this committee again. I have just finished my 27th year at Lansing Community College where I work with students with disabilities. Besides bicycling, I enjoy quilting, knitting on my circular sock machine and spending time with my 9 grandkids.

Donovan Riley

Having been a TCBA member since 1995, I have gained considerable experience while working many volunteer positions within TCBA. I have enjoyed a variety of positions with a wonderful group of volunteers, from committee work in Food and Facilities, to working on the Buying Committee; from painting roads to working as a Ride Leader. TCBA has taken me to many areas in our beautiful state. It has exposed me to both the antics and serious sides of the volunteers needed to make TCBA a unique bicycle club. I am pleased to be a three time DALMAC rider and eleven year volunteer. I have learned the "ins and outs" and "give and take" moments that are needed to successfully complete local club rides and major club tours. I am running for a Board at Large position to further my goal of helping TCBA continue its goal of promoting the use of bicycles, bicycle safety, appreciation for the beauty of our state, and the opportunity to work with the finest group of volunteers I've ever met.

MEETINGS IN 2010

Board Meetings at 6:30pm:

January 5, 2010
 February 2, 2010
 March 2, 2010
 April 6, 2010
 May 4, 2010
 June 1, 2010
 July 6, 2009
 August 3, 2010
 September 14, 2010
 October 5, 2010
 November 9, 2010
 December 7, 2010

Club Meetings in 2010:

January 28, 2010
 February 25, 2010
 March 25, 2010
 April 29, 2010
 May 27, 2010
 June 24, 2010
 July 29, 2010
 August 26, 2010
 September 30, 2010
 October 28, 2010
 November 18, 2010

RIDE DATES FOR 2010

T- Shirt.....June 12, 2010
 Northwest TourJune 16-20, 2010
 SummerTour..... July 14-18, 2010
 WOW.....July 24, 2010
 DALMAC.....September 1-5, 2010

A FEW SNAPSHOTS FROM SUMMERTOUR 2009

Photos Courtesy of Donovan Riley



Patrick and Colleen Kelley



Sue Viele, Richard Hale, Joe and Ida Adams



Milt and Gloria Gruhn



Bikes at Silver Lake

November 2009 Ride Schedule
 Recurring Rides; No Ride if Rain, unless noted



**DUE TO MICHIGAN'S FALLING TEMPERATURES,
 WE DO NOT HAVE ANY RIDES SCHEDULED FOR THIS
 MONTH. PLEASE CHECK THE CALL-IN RIDE LINE IN
 THE EVENT THINGS CHANGE.**

**FOR MORE RIDES CALL:517-882-3700 or visit the web site: www.biketcba.org
 Also check this number for updates-changes on rides listed in this *Chainwheel Chatter*.
 To receive the Ride Line Transcript by email send your email address to: donnel13@msu.edu**

Sunrises & Sunsets for November 2009

DAY	RISE	SET	DAY	RISE	SET	DAY	RISE	SET
1	7:35 AM	7:21 PM	11	7:46 AM	7:03 PM	21	7:58 AM	6:47 PM
2	7:36 AM	7:19 PM	12	7:47 AM	7:02 PM	22	7:59 AM	6:46 PM
3	7:37 AM	7:17 PM	13	7:48 AM	7:00 PM	23	8:00 AM	6:44 PM
4	7:38 AM	7:15 PM	14	7:50 AM	6:58 PM	24	8:02 AM	6:43 PM
5	7:39 AM	7:14 PM	15	7:51 AM	6:57 PM	25	8:03 AM	6:41 PM
6	7:40 AM	7:12 PM	16	7:52 AM	6:55 PM	26	8:04 AM	6:40 PM
7	7:42 AM	7:10 PM	17	7:53 AM	6:54 PM	27	8:05 AM	6:38 PM
8	7:43 AM	7:08 PM	18	7:54 AM	6:52 PM	28	8:07 AM	6:37 PM
9	7:44 AM	7:07 PM	19	7:56 AM	6:50 PM	29	8:08 AM	6:36 PM
10	7:45 AM	7:05 PM	20	7:57 AM	6:49 PM	30	8:09 AM	6:34 PM

RIDE CLASSIFICATIONS

- A 17-19 MPH
- B 14-17 MPH
- C 12-14 MPH
- D Under 12 MPH Fun and Social Group Ride
- M Mountain Bike N/A
- Z — Rides over 40 miles in length to be ridden at the rider's own pace without on the road ride leader supervision. Leader must have detailed map of the ride for all riders.

HELMETS ARE REQUIRED ON ALL TCBA RIDES!!!

DALMAC 2010 VOLUNTEER DATA FORM

Name: _____ email: _____

Address: _____

City: _____ State: _____ Zip: _____ Phone: _____

Business Phone: _____ 2nd Email: _____

Do you plan to ride Yes No Years of Service _____ Were you a volunteer in 2009 Yes No

(If yes you will be required to submit a DALMAC Volunteer Application 2010)

Indicate previous volunteer assignments: _____

Volunteer Tasks

(Please Check Only Those Tasks You Wish To Be Involved In This Year)

Pre Ride (Committee)

- Application
- Record Keeping - Database
- Data Entry
- Food & Facilities
- Equipment
- Cell Phones
- Maps/Routes
- Mailing
- Purchasing/Clothing & Promotional Items
- Routes / Mapping
- Painting Crew
- Promotion
- Repair Trucks
- Safety Planning
- Safety Video Production
- Registration
- Rider Packet Preparation
- SAG Packet Preparation
- Ride Registration (MSU)
- Clothing Sales Sorting
- Rent SAG Vans
- Rent Trucks
- Pick-up Trucks (Monday)
- Hire Buses

- Web Design
- Safety Video Production
- Equipment Inventory
- Equipment Pull
- Crew Chief
- Repair Trucks
- _____
- _____

- Load Bikes
 - Mackinaw City
 - De Tour Village
- Load Buses
 - Mackinaw City
 - De Tour Village
- _____

Post Ride

- Drive Truck Home
- Unload Bikes (Sunday)
- Return Trucks (Monday)
- Equipment Return (Monday)
- Appreciation Dinner
- _____

During Ride (Crew)

- Route Leader
- Assistant Route Leader
- Baggage Truck Driver
- SAG - Driver
- Rest Stops
- _____
- _____

Mackinaw City and DeTour Village

- Bridge Crossing Activity
- Lunch - De Tour
- Lunch - Mac City

**Return to: DALMAC - Volunteer
P.O. Box 24216
Lansing, MI 48909-4216**

DALMAC RIDERS HELP SAVE A LIFE

By Pat Harrington

My partner Robin Barfoot & I have been the 5-UP Ride Leaders for the past two years and it is a great job, we like chaos – this year we had a lot more than we wanted when we had a rider have a heart attack on the wall, near East Jordan. As it turns out, the gentleman, Phil Cunningham, is fine now and recovering with a strong likelihood of a full recovery. The odds of this happening are well under 5% to even get off the hill. The tests have shown zero brain or heart damage attributed to lack of oxygen – we are told the odds of having no damage is miraculous. As of this writing, he has returned home and is recuperating well.

This registered DALMAC rider was immediately attended to by his brother, Gary Cunningham, and best friend, Jim Howes, performing CPR and artificial respiration. DALMAC rider Andrew Ellison and DALMAC official photographer Matthew Winn assisted in this direct resuscitation and are being recognized by the City of East Jordan as heroic citizen volunteers. A number of community citizen awards from employers, and from East Jordan to recognize the TCBA/DALMAC folks who provided assistance to the downed rider. We are told that newspaper coverage in the City of East Jordan is anticipated to encourage the citizens to obtain CPR training and to recognize the volunteer staff that did such an amazing job.

The volunteer East Jordan Emergency Medical Services (EJEMS) staff was quick to arrive – and worked on the downed rider for quite a while before transporting him to Northern Michigan Hospital in Petoskey. He was in bad shape, (later diagnosed with 3 arterial blockages and underwent a triple bypass operation). When we say “quick to arrive” we are not exaggerating –



Crew of the EJEMS and DALMAC volunteers on scene providing assistance: Photo courtesy of Pat Harrington.

from the moment our riders contacted us on the top of the wall to make the call, there were only a few short minutes before a swarm of volunteer EJEMS was on the wall. TCBA/DALMAC Board of Directors voted to make a significant donation to the EJEMS to support their efforts at broadening and training more community members in CPR.

In addition to the EJEMS Crew of Jim Jordan, Nick Moes, Jim Rathbun, Tracey Segraves, and Jay Peck, Deputy Jake Wasylewski of the Charlevoix County Sheriff Department provided assistance. Furthermore, TCBA/DALMAC ended up with 7 other members (Marty Butler, Ben Morgan, Peter Durkos, Glenn Bryant, Don, Tom and Jim Mazuchowski) of this year's crew involved in some fashion.

Mr. Ellison, who is married and the father of 8, and grandfather of 5, was awarded a free DALMAC by Pat Trudgen at that night's rider meeting in Pellston. Mr. Ellison's employer of 25 years, the Michigan Department of Corrections, where he is a Sergeant at the Saint Louis Facility, requested and received the following “write-up” for their organization newsletter:

“DALMAC's 39th trip from Lansing to Mackinac this year featured over 2100 riders, (including "Team Chili Pepper" of riders associated with Michigan Department of Corrections - of which Mr. Andrew Ellison is a participant).

The 5 day trip followed a route from East Jordan to Boyne City, featuring a formidable hill that has been nicknamed "The Wall" for its sheer face and the fact that a small percentage of riders actually succeed in making it up without walking.

A fellow rider this year suddenly collapsed and suffered a significant heart attack on The Wall. There was neither respiration nor a pulse and Mr. Andrew Ellison immediately became one of four riders that performed artificial respiration and CPR. Andrew was one of the two on the CPR team, utilizing the training he has received during his tenure at MI Dept. of Corrections. The patient showed minimal vital signs and the efforts intensified to resuscitate the rider. These efforts were intense.

DALMAC RIDERS HELP SAVE A LIFE (Cont'd)

By Pat Harrington

East Jordan Emergency Medical Services staff arrived on the scene and the rider group continued to assist as citizen volunteers until the patient was able to be stabilized enough for transportation to the hospital in Petoskey. The work of the East Jordan EMS staff was also outstanding and was directly aided by the riders and crew of DALMAC. Mr. Glenn Bryant, also a MI Dept. of Corrections staff member, assisted at the scene as a crew member and rider of DALMAC.

The result of the immediate actions that Mr. Ellison participated in resulted in the medical report, following bypass surgery, stating that no permanent damage was incurred by the patient. It has been stated that the chance for recovery from an incident this severe is less than 5%. For there to have been no heart tissue damage or brain damage is simply a miracle.

Upon completion of this lifesaving action, Mr. Ellison got back on his bike, continued up "The Wall" and on into Boyne City for lunch. He has been recognized by the DALMAC organization with a free ticket for next year's ride and Andrew has begun discussion with DALMAC's organizers to include CPR & First Aid training into their club meetings and crew member orientations."

Editor's note: We will have a follow-on story regarding a presentation to the Volunteer East Jordan Emergency Medical Services by Pat Harrington on behalf of TCBA/DALMAC in next month's issue.



Team Chili : Judy, Phil, Jovita, Mike, and Sarah Cunningham.
Photo Courtesy of Pat Harrington.

ATTENTION TCBA MEMBERS

We are looking for a few good folks to volunteer to help on the 2010 DALMAC. Please see page 7 for the application form and submit to the address indicated. Thank you and let's make DALMAC 2010 another great year!





CLASSIFIEDS

This section of the *Chainwheel Chatter* is published as a service for **TCBA MEMBERS ONLY**, to advertise cycling equipment free of charge. To place an ad, send an e-mail to chainwheelchatter@biketcba.org, fax to 1-800-480-1146, or mail to Janet Weber, 767 Linden St., Charlotte, MI 48813.

FOR SALE: Two white Schwinn Paramounts, circa 1970...one 24" and one 26". \$400 for both, or best offer. Some accessories for bikes also for sale. Contact June Tews, 517-332-1649 for additional information.

FOR SALE: Performance indoor bicycle stand (floor to ceiling 4 bikes or two)\$25,24 inch unicycle \$25,new still in box 170mm ulegra triple crank set with btm bracket front derailleur and schifter,\$100 contact Dave at djlick@sbcglobal.net.

FOR SALE: Nike U.S. Postal Tour de France Uniforms - 2 Jerseys and 2 Pants. Worn twice. Jerseys: 1 XL, 1 L. 3 back pockets. Pants: 1 M, 1 L. Asking \$20 for each jersey and each pant. Men's sizes, but one set was worn by size 14 woman. Impressive as Halloween gear for a biking couple. Call Karen at 517-337-2084. petersm2@msu.edu.

FOR SALE: Sun Speedster CX recumbent. Short Wheel Base. Purchased new in 2006 from Velocipede Peddler for \$750.00. Used very little, would like to sell for \$300.00. Call Jerry at (517) 648-0500.

FOR SALE: Trek Tandem. Doubletrack Cro-Moly frame. Mavic T-519 ceramic wheels. Continental 700x28c tires. Shimano DEORE LX rear derailleur. Shimano RSX Brake Levers. Shimano Cantilever brakes, bike computer, water bottle holders, rear bike rack. Excellent condition. Asking \$1,250.00. Call: 517-285-7208 or e-mail pldejo@sbcglobal.net.

FOR SALE: Spin Cycle, 2-years old. Used very little. \$250. Will deliver. Call 517-282-3514.

FOR SALE: Men's Trek Shorts: Black. Medium (waist stretches to 30"). 10" in-seam. Two side pockets, with top Velcro flap and side zipper. Stretchy reinforced

seat panel. No seat padding. Worn twice. \$10. Women's Short-sleeve Jersey: Bright fuchsia with black trim, XL (fits size 12-14). Terry brand. Three back pockets. Gently used. \$5. Women's Bib Shorts: Purple and black. Medium (fits size 12-14). Terry brand. 8" in-seam. Scoop neck. Zips up front to above bra line. Back pocket. Garment is chamois-like and stretchy. Excellent padding. Like new.\$15. Women's Descente Shorts: Black with bright pink side stripes. Large (fits size 12-14). 8" in-seam. Nylon/spandex. \$10. Call Karen 517-337-2084. petersm2@msu.edu.

DALMAC PHOTOS: We were fortunate to have a couple of TCBA members volunteer their talents during DALMAC 2009. These folks helped take photos of our riders on several of the routes. If you are interested in viewing the photos, please go to one of these sites. Any additional information regarding these photos or how you may obtain them will be available on the respective sites: Kirt Livernois' photos can be seen at: <http://myphotoshelter.com/dalmac2009>; whereas Keith Bailey's photos from the bridge can be viewed at www.picmyphoto.com.

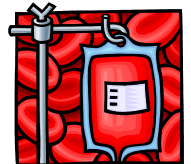
MEMBER SPECIALS

SEW MUCH MORE

Cycling Wear: jerseys, cycling shorts, tights, and cycling shells. Reasonable prices. Custom fit. Gift Certificates. For more information, call Sue at (517) 627-1411.

LETTER TO THE EDITOR

I just received my 8-gallon blood donor pin. I would like to encourage all riders to consider blood donation. Thanks. John Stroup



H A P P Y

T H A N K S G I V I N G



THANK YOU
VETERANS

NOVEMBER 11,
2009

TCBA MEMBER CONTACT

Your respect is requested when using any of the numbers on this page. Phone calls during family time and at late hours can be intrusive.

TCBA OFFICERS:

- President: Roger Nelson(517) 623-6285
E-mail: president@biketcba.org
- Vice President: Lenny Provencher
E-mail vp@biketcba.org
- Treasurer: Dick Sulin.....(517) 339-2368
E-mail treasurer@biketcba.org
- Secretary: Linda Antinori
E-mail secretary@biketcba.org
- Events Director: Patricia Trudgen
DALMAC Hotline (517) 882-3700
E-mail eventsdirector@biketcba.org
- Board at Large:
 - Donovan Riley
E-mail boardatlarge2@biketcba.org
 - Kris Stairs
E-mail boardatlarge1@biketcba.org



OTHER GOOD NUMBERS:

- Bike Travel Case Use Coordinator
E-mail:.....philwells@sbcglobal.net
- DALMAC E-mail:.....dalmac@biketcba.org
- DALMAC FUND: Steve Leiby
E-mail.....leiby2691@sbcglobal.net
- DALMAC Treasurer: Ken Hendrick
E-Mail.....dalmactreasurer@biketcba.org
- LMB Office:.....(517) 334-9100
E-mail:.....office@lmb.org
- LMB Rep.: Phil Wells
E-mail:.....pwells@lmb.org
- Membership Coordinator:
Dean Brailey
E-mail:.....membership@biketcba.org
- Name Tag Coordinator:
Newsletter Editor: Janet Weber
E-mail:.....chainwheelchatter@biketcba.org
- Northwest Tour: Dick Sulin.....(517) 339-2368
E-mail:.....nwtour@biketcba.org
- Ride Coordinator: Ed Usewick
E-mail:.....rideschedule@biketcba.org
- Ride Line:.....TUBES-OO (517) 882-3700
- Ride Line: Call In Coordinator:
Katie Donnelly.....TUBES-OO (517) 882-3700
- Ride Mileage Keeper:
Steve Schuesler
E-mail:.....s.schuesler@comcast.net
- Safety & Education: Bill Savage
E-mail:.....MSUSavage@aol.com
- SummerTour: Lee Adair
E-mail:.....summertour@biketcba.org
- T-Shirt Ride: Debra Holdcraft
E-mail:.....tshirt@biketcba.org
- Weather:.....(517) 321-7576
- W O W: Adreah Saxton
E-mail:wow@biketcba.org

CHANGE OF ADDRESS

Please complete this form, clip and drop in an envelope to ensure we receive your correct address so you receive your Chainwheel Chatter. Thank you!



NAME _____

NEW ADDRESS _____

CITY _____

STATE _____ ZIP _____

MAIL TO: TCBA, ATTN: MEMBERSHIP CHANGE OF ADDRESS, P.O. BOX 22146, LANSING, MI 48909.