

TRI-COUNTY BICYCLE
ASSOCIATION
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Chainwheel Chatter

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MEETING	DATE & TIME	LOCATION	PRESENTER & TOPIC
MEMBERSHIP	February 26, 2009 7:00 p.m.	Foster Community Center 200 N. Foster St. Lansing, MI	ROGER NELSON Discussing and presenting a slideshow of his tour along the Erie Canal in New York last summer.
CYCLE FORUM	February 26, 2009 6:00 p.m.	Foster Community Center 200 N. Foster St. Lansing, MI	ALLAN HUBER Come see what Allan's discussing this month!
BOARD MEETING	March 3, 2009 6:30 p.m.	Foster Community Center 200 N. Foster St. Lansing, MI	Members are welcome to attend all board meetings to express their concerns. Due to time constraints, if you have a specific item to be brought before the board, it is suggested you contact the President one week prior to the meeting and ask to have it added to the agenda.



DEADLINES

NEWSLETTER FEBRUARY 13

Please send items to Janet Weber, 767 Linden Street, Charlotte, MI 48813 or fax to 1-800-480-1160, or send your e-mail to chainwheelchatter@biketcba.org by the indicated deadline.

RIDE CALENDAR FEBRUARY 11

Information for the ride calendar needs to be sent to Ed Usewick, 590 Boutell Drive, Grand Blanc, MI 48439 or e-mailed to rideschedule@biketcba.org. So we can include this information in the next newsletter, please note the indicated deadline. Furthermore, please be sure to use the electronic tools to register rides. Please ensure you include critical information such as ride times, mileage, location, and ride leader name and telephone number.



ANNOUNCEMENTS

We are moving the Swap meet to April to hopefully generate more interest. The snow birds will be back then and hopefully we will have better weather for it.

DALMAC dates this year are Sept. 2 through Sept. 6 - Labor Day falls late this year.

The Ride of Silence will take place on May 20, 2009 at 7 P.M. A list of all Michigan locations will be published in the March issue of the *Chainwheel Chatter*. If you want additional information, please go to <http://www.rideofsilence.org>.

The Tri-County Bicycle Association Board of Directors is looking for a new member of the DALMAC Fund Committee. The individual should be a past or current Board member or have other Board experience in the community. The DALMAC Fund Committee meets once or twice a year for 2 or 3 hours at a time, but the position does involve reading all the grant proposals on one's own. The position is for life and we are looking for someone who works well in a team setting. If interested, contact Herb Drake at president@biketcba.org or Steve Leiby at leiby2691@sbcglobal.net.



**MINUTES OF THE TRI-COUNTY BICYCLE ASSOCIATION
BOARD OF DIRECTORS MEETING
Foster Community Center - Lansing
December 2, 2008**

Joe Adams called the meeting to order at 6:30.

Board members present included Joe Adams, Sue Viele, Al Simons, Linda Antinori, Dick Sulin, Herb Drake, and Kris Stairs. Also present were club members Katie Donnelly, Ed Noonan, Donavan Reilly, Del Johnson, Ida Adams, Ken Hendricks, Lenny Provencher, Lee Adair, Janet Weber, Patricia Trudgen, Darryl Burris, and Jeff Smith.

Reports

1. **President's Report:** Joe Adams, President, thanked the 2008 Board of Directors for all their hard work and introduced the 2009 Board of Directors as follows:

President: Herb Drake	Vice-President: Roger Nelson
Secretary: Linda Antinori	Treasurer: Dick Sulin
Events Director: Patricia Trudgen	Board at Large: Kris Stairs and Bob Blanchard

2. **Secretary's Report:** Linda Antinori presented the Minutes of the November meeting to the Board for approval. Herb Drake made a motion to accept the minutes as presented. Dick Sulin seconded the motion and it passed unanimously.

3. **Treasurer's Report:** Dick Sulin presented November's Financial Reports to the Board for review. A motion to pass the Financial Reports was made by Linda Antinori, seconded by Kris Stairs and passed unanimously.

4. **Events Director:** Al Simons announced that the routes for DALMAC 2009 would remain the same as those of DALMAC 2008.

5. **DALMAC Fund:** The last checks have been mailed out to the 2008 DALMAC Fund Grantees.

6. **Ride Committee:** Kris Stairs reported that she is working on finding vendors for the approved incentives for 2008.

7. **Northwest Tour:** The Tour is good to go and commitments have been made with the vendors.

8. **Summer Tour:** Summer Tour is looking good with stops in Baldwin, Silver Lake, and Orchard Lake.

9. **Christmas Party:** Sue Viele reported that everything was ready for our Annual Christmas Party at the Chisholm Hills Golf Course on Thursday December 4 with cocktails at 6 pm and dinner served at 7. Entertainment will follow the dinner.

10. **Community Affairs:** Dick Sulin made a motion that the TCBA donate \$1,000 to the Foster Centers Christmas Basket Program for needy families. Linda Antinori seconded the motion and it passed unanimously.

Old Business:

- Linda Antinori announced that Jamie Allman had volunteered to take over the name tag program.
- The Board Transition dinner is scheduled for December 9 at the Coral Gables Restaurant at 6 pm.

New Business:

- Ed Noonan proposed that instead of a single Webmaster that we form a committee responsible for our web page. Since we are an all volunteer club, this would help to distribute the workload more equitably and allow us to distribute information in a timely manner to our members. The committee would be made up of qualified individuals including but not limited to Donavan Reilly, Wendell Proudfoot, John Foltz, and Thomas Bowman. Ed Noonan would serve as chair. Herb Drake made a motion to create such a committee and Sue Viele seconded it. The motion passed unanimously.
- Katie Donnelly asked the Board for a budget of \$2,000 to fund the Club's Annual Poster contest, with the winners being presented at our May 2009 meeting. The contest will be held in the same manner and with the same prize level as in the past. Betty Johnson will assist Katie in this endeavor. Sue Viele made a motion to accept Katie's proposal and Dick Sulin seconded it. The motion passed unanimously.
- Al Simons reported that in order to assure the schools involved in our rides that we have liability coverage in place, it would be easier to have a December renewal date instead of a May date. This ensures everyone that we do have the necessary coverage for all our rides. Al made a motion to change the renewal date on our liability coverage to December and Sue Viele seconded it. The motion passed without opposition.

Member Input:

- Lenny Provencher informed the Board that the Tri-County Regional Planning Commission is holding a series of public hearings on the 2035 Project. Things to be addressed include \$2.8 billion of road and traffic improvements of which 1% is slated for non-motorized traffic. Lenny emphasized that this is a good opportunity to get the needs of bicyclists across including the concept of complete streets.

The meeting was adjourned at 7:25 pm.

BICYCLE HELMET SAFETY INSTITUTE

The Helmet Update by Email Vol. 26, #3 -- December 27, 2008

Helmets for 2009 — We have posted our review of helmets being sold in 2009. It covers trends, new developments and individual models. <http://www.helmets.org/helmet09.htm>

In brief, there is no radical safety improvement this year that would compel you to replace your current helmet. Almost all of the helmets we describe meet standards and offer good if not excellent protection.

There are new helmets in 2009 that are worth a look if you need a new one. There are more new models appearing with the rounder, smoother profile that we think is best when you crash. The legally required CPSC standard ensures good protection in the US market. Without comparative test data we usually do not know if a model exceeds the requirements of the standard and offers superior protection. We hope for a new article from Consumer Reports during 2009 with some test data on the current crop of helmets.

The rounder, smoother "compact," "city," "urban" or "commuter" models that we recommend are still growing in number, and most manufacturers have at least one in their lineup now. The higher priced helmets have big vents, but no

verifiable advantage in impact performance. There are no new radical impact materials in bicycle helmets this year. Strap adjustment fittings--buckles and side pieces--badly need improvement. Most of them slip too easily. Ring fit systems, the "one size fits all" solution, have taken over for most of the less expensive and mid-range models.

We still recommend looking for a helmet that:

1. Meets the CPSC bicycle helmet standard.
2. Fits you well.
3. Has a rounded, smooth exterior with no major snag points.
4. Has no more vents than you need. More vents = less foam.

We have a long list of rounder, smoother helmets for 2009, and sections on Value Helmets, Extra Large Helmets, Extra Small Helmets, Helmets for Rounder Heads, Helmets for Narrow Heads, "Women-Specific" Designs, Made in USA Helmets, Models available outside the US, Cooling performance, Prices and a very long section describing almost all of the helmets you will see on the 2009 market.

BIKE BITES

From the League of American Bicyclists Update

Increase Bicycling Opportunities in National Parks!

The U.S. National Park Service (NPS) has proposed an important rule change that will make it easier for parks to open trails to all cyclists. The International Mountain Biking Association (IMBA) urges mountain bikers to register comments in support of the new rule. IMBA has been asking the NPS to make this change since the 1990s - and they now enter a 60-day commentary period to make the change official. The proposal, if approved, will allow for a more manageable system for adopting mountain biking trails. It will take thousands of comments supporting the NPS to ensure the rule is approved. Please lend your voice to the discussion today.

Go to: <http://rs6.net/tn.jsp?e=0011B648I3VLhe3pH4lf0X0GpB1OXF6KiQV2AVZRfBkW3Y10B464aZXn9lk5L0wpidqFcM6pBTILJURcn9akzbzohK7M8gfkFXMYQ-mLJ2iGF5J5--GLxtGW18Jp65XhKr1bhLph7HHGO8RXqHNo1kuPsX0B77dYaqZE66xbqZM=> for additional information.

Bicycle Commuter Tax Provision

The League of American Bicyclists is happy to announce that Accor Services, a leading provider of transportation benefits and commuter solutions in the United States, is ready to implement the bicycle provision as part of their Commuter Check program. Interested employers

and employees can get more information and sign up for the program by visiting the Accor Services website at http://rs6.net/tn.jsp?e=0011B648I3VLjHgQioRFgUIW28yerNpEPL00pHnC6lcoib0vPy-RupP4cQY2McBTPpqv8K6E-la1uN0aUSzc1Fsq1AmhJtjDQ9Ka1te0wxbUCxB4blSSTSGd91KlpLazcfmRDZFAadNE-KuE10FQStkdDbH_AUUS4v-

Economic Stimulus Legislation

Congress is currently working to draft an economic stimulus package to have ready when the new Congress returns in early January. While public details of the forthcoming stimulus bill are not readily available, we are hearing that there is a chance that funds for transportation and infrastructure projects in the stimulus package may go overwhelmingly to road projects--the same unbalanced strategy that has created our existing transportation problems. The League of American Bicyclists is working very closely with other members of the America Bikes Coalition to ensure that the transportation and infrastructure funding in the stimulus will be made in a balanced way across all modes of transportation. Visit <http://rs6.net/tn.jsp?e=0011B648I3VLhrwIKlIcJYJM0em1QZcUbWN91j7JOLJi186fDbYOjvmx3a>

[9u5Tq1Vd6nEFo87C53fB-irDw1qEb6llpgGIBaSP955w0YFeIFwUWIZjOdNw2nOz-ROIHrCdhMRcjH4k2gnKUIcEmn6sg==](http://rs6.net/tn.jsp?e=0011B648I3VLirDw1qEb6llpgGIBaSP955w0YFeIFwUWIZjOdNw2nOz-ROIHrCdhMRcjH4k2gnKUIcEmn6sg==) for more information.

Leaner Nations Bike, Walk, Use Mass Transit

New research illustrates the health benefits of regular biking, walking or taking public transportation to work, school or shopping. Researchers found a link between "active transportation" and less obesity in 17 industrialized countries across Europe, North America and Australia. "Countries with the highest levels of active transportation generally had the lowest obesity rates," authors David Bassett of the University of Tennessee and John Pucher of Rutgers University conclude. Read entire article at The Washington Post <http://rs6.net/tn.jsp?e=0011B648I3VLiz7EmsSQH-USpFOyvGdezMU5xzmBwWzZ-iOpUjHB4zPjWyux7Ms_yz8cQQCL5o2cADRWxCtjPppiUq1k71OemsuYIaZ2WZJjMvec6JfwDcb5zxLzp_Fx4AkmqWuXpm8EPDbzry5r6JTtKA6aRtV9MGPF3NgDUmZQioVLHldNjfoVm65vZH3vsjme mXN6o_5VR9BvE-filZg==>.

February 2009 Ride Information

We have no rides scheduled for the month!



CONGRATULATIONS

MILT AND GLORIA GRUHN

**RIDE LEADERS FOR
2008**

UPCOMING TCBA SPONSORED RIDES

100,000 METRE T-SHIRT RIDE — JUNE, 2009

NORTHWEST TOUR — JUNE, 2009

SUMMERTOUR — JULY, 2009

WOMEN ON WHEELS (WOW) — JULY, 2009

DALMAC — SEPTEMBER, 2009

Watch for more information on these rides in the next coming months!!!

**FOR MORE RIDES CALL:
517-882-3700 - or visit the Web Site:**

www.biketcba.org

To receive the Ride Line Transcript by email send your email address to: donnell3@msu.edu

LANSING NON-MOTORIZED PLANNING SESSION

Mark your calendar and save these dates: March 3, 4, 5, and 7. This spring, the Lansing Walking & Bicycling Task Force and City of Lansing will work with residents and other stakeholders to create a Non-Motorized Transportation Network Plan. A Non-Motorized Network is an interconnected system of walkways and bikeways that safely accommodates and expedites travel by foot, bike, and other non-motorized modes. Such a network could vastly improve quality of life in Greater Lansing region by improving connections between neighborhoods, business districts, and adjacent municipalities. The March 3, 4, and 5 planning sessions will be held from 6pm-8pm, and the March 7 session will be held from 1pm-3pm, at locations throughout the City of Lansing. Childcare and refreshments will be provided at all sessions. Get additional details at www.walkbikelansing.com, or contact Jessica Yorke at jessica@walkbikelansing.com.

Sunrises & Sunsets for February 2009

DAY	RISE	SET	DAY	RISE	SET
1	7:53 AM	5:50 PM	15	7:35 AM	6:09 PM
2	7:52 AM	5:52 PM	16	7:34 AM	6:10 PM
3	7:50 AM	5:53 PM	17	7:33 AM	6:11 PM
4	7:49 AM	5:54 PM	18	7:31 AM	6:13 PM
5	7:48 AM	5:56 PM	19	7:30 AM	6:14 PM
6	7:47 AM	5:57 PM	20	7:28 AM	6:15 PM
7	7:46 AM	5:58 PM	21	7:27 AM	6:17 PM
8	7:45 AM	6:00 PM	22	7:25 AM	6:18 PM
9	7:43 AM	6:01 PM	23	7:24 AM	6:19 PM
10	7:42 AM	6:02 PM	24	7:22 AM	6:20 PM
11	7:41 AM	6:04 PM	25	7:20 AM	6:22 PM
12	7:39 AM	6:05 PM	26	7:19 AM	6:23 PM
13	7:38 AM	6:06 PM	27	7:17 AM	6:24 PM
14	7:37 AM	6:07 PM	28	7:16 AM	6:25 PM

2009 BOARD OF DIRECTORS MEETINGS

- January 6, 2009
- February 3, 2009
- March 3, 2009
- April 7, 2009
- May 5, 2009
- June 2, 2009
- No meeting in July unless the business of the Board of Directors requires that it meet.
- August 4, 2009
- September 8, 2009
- October 6, 2009
- November 3, 2009
- December 1, 2009

All meetings start at 6:30 pm, in Room 201, at the Foster Center.

2009 GENERAL MEMBERSHIP MEETINGS

- January 29, 2009
- February 26, 2009
- March 26, 2009
- April 30, 2009
- May 28, 2009
- June 25, 2009
- July 30, 2009
- August 27, 2009
- September 24, 2009
- October 29, 2009 (Annual Membership Meeting)
- November 19, 2009

All meetings start at 7pm, in Room 215, at the Foster Center.

THE ALTERNATE PLAN

By Ron Truax

Riding a bicycle in winter can temper the basic laws of supply and demand. Weather, never fully cooperating, plays havoc on one's riding schedule, hence the **demand** for an ample **supply** of alternate plans. So, let me backup and start at the beginning.

It's Saturday. On Saturdays my alarm goes off at 7:00 AM, giving me enough time to pull myself together, make coffee, and beat it out the back door by 8:00. I'm off to meet friends for a ride around the city. We chose the city because it offers more protection from the wind and weather. You're hardly ever out in the open, and who wants to be on a cold, windy day anyway?

Well this morning, 7:00 AM rolled round, the alarm went off, and my feet hit the floor. I stumbled over to the window to check the weather, and at that point, I hopped back into bed. It was snowing and the wind was howling, either that or the house was lying on its side. I wasn't going anywhere; everything was white. But isn't it peculiar how often we drag ourselves out of bed only to find the energy to hop back in whenever given the opportunity? Regardless, I was out like a light.

By 11:00, I was up shoveling snow. It's not like I have a lot to do. I live on your standard size city lot, and at times like these, I truly appreciate my move back to the city. Unless it's been snowing heavily, I'm back in the house within the hour.

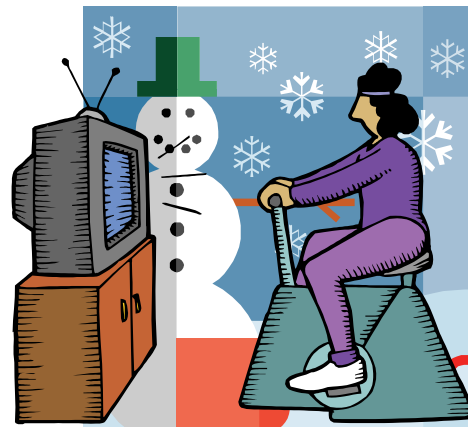
Completing the snow removal, I moved down to the basement, also known as "Ron's Domain". First on the agenda was to take a moment to admire my mechanical abilities. I had just finished an overhaul and detailing of a friend's tandem, spending several days on it. Though I felt it turned out well, I just hope the owner shared my opinion. I actually enjoyed this project. It afforded me an opportunity to give back. You see, the owners are blind and only get to ride when a sighted cyclist takes them out. I do that too, but it's harder to find someone to pull the hands-on maintenance. It may be time consuming, but it's not brain surgery. Besides, it really isn't work. Every bike has a story to

tell, and if you're quiet and listen closely, it will share that story with you.

From the bike shop, I moved over to the exercise room and pulled out the stationary cycle. I may not have been able to ride outside this morning, but that didn't mean I couldn't ride. So I warmed up the TV/VCR, dug out a Tour de France tape, circa '98, and rode with the boys of the Tour for a couple of hours, never leaving the comfort of my home (domain). So let it snow, let it snow, let it snow! It's always summer down here in the basement, proving that there's more than one way to skin a cat.

That brings us back to me sitting here at my desk. I'm half watching, mostly listening to, a videotape of a ride I did in North Carolina back in '03. Twelve hundred of us rode from the mountains to the coast over seven days. And as I'm sitting here trying to create *The Alternate Plan*, my wife sneaks down to check on me just as my coffee cup runs dry. That alone makes me wonder if she loves me that much, or am I under the watchful eye of a security camera? It may seem a bit spooky, but that's less threatening than worrying about the possibility of suffering from delusions of paranoia.

Oh! From here I'm out to shovel more snow; it never quit falling. Then it's off to a hot shower, some TV, and back to bed. Tallying up today, I got in three workouts, revisited my past, and shared it all with you. It therefore proves that even on a so-so day, with an alternate plan, life can still be good.



"I relax by taking my bicycle apart and putting it back together again."

- Lance Armstrong

APOLOGY

I placed a quote in the December issue of the *Chainwheel Chatter*, which offended one of our members. I would like to apologize for placing that quote in the newsletter, and to clarify that the placement of the quotes are intended to invoke thought and/or humor and do not express the opinions of the TCBA.

Janet Weber

WELCOME



NEW MEMBERS

CHAD, NICOLE,
ABIGAIL, OLIVIA,
ISABELLA COTTOM

TARA HENGESBACH

JAMES STEENWYK

DAVID FALCONER

BONNEY ELLESTAD

MEMBER SPECIALS

SEW MUCH MORE

Cycling Wear: jerseys, cycling shorts, tights, and cycling shells. Reasonable prices. Custom fit. Gift Certificates. For more information, call Sue at (517) 627-1411.



CLUB ITEMS — The TCBA has several club items for sale: Club Jerseys (\$55) [no more large available]. We still have some Poly-Insulated Water Bottles for \$10, red, blue, and purple. Contact Herb Drake or Kris Stairs at the next monthly meeting to purchase your club needs.

CLASSIFIEDS

This section of the *Chainwheel Chatter* is published as a service for **TCBA MEMBERS ONLY**, to advertise cycling equipment free of charge. To place an ad, send an e-mail to chainwheelchatter@biketcba.org, fax to 1-800-480-1146, or mail to Janet Weber, 767 Linden St., Charlotte, MI 48813.

FREE: Two sets (red and blue) Cannondale Touring panniers; 4 bag set for front (low rider) & rear racks plus 1 red handlebar bag. Call John at (517) 332-3179 or email him at DDWLSN@AOL.COM.

Denny's Central Park Bicycles 24th Annual Open House

Mark your calendar so you won't miss this important event!

Sunday, February 15, 2009

11:00 a.m.—4:00 p.m.

**Location: Denny's Central Park Bicycles
1805 Central Park Dr., Okemos**

Members save 10% off all new products, including 2009 bicycles and bikes already on sale.

Biggest inventory clear-out ever

20-80% off on other select products

Featuring: Trek, Specialized, Yakima, Pearl Izumi, Burley and more

Factory reps will be available for the latest info!

Hourly drawings for prizes!

Refreshments provided — don't miss it!

U.S. CONSUMER PRODUCTS SAFETY COMMISSION RECALL

WASHINGTON, D.C. - The U.S. Consumer Product Safety Commission, in cooperation with the firm named below, today announced a voluntary recall of the following consumer product. Consumers should stop using recalled products immediately unless otherwise instructed.

Name of Product: Bicycles using RockShox Domain 302 and 318 bicycle forks. About 175 units.

Importer: SRAM LLC, of Chicago, Ill.

Hazard: The steel steerer on the forks can crack, causing the fork to detach from the bicycle frame. This can cause the rider to lose control and crash.

Incidents/Injuries: One incident with a minor injury has been reported. Two other incidents without injury have been reported outside of the United States.

Description: The recall involves RockShox Domain 302 and 318 bicycle forks with steel steerer sold for installation on new bicycles. Only those forks manufactured between March 2008 and October 2008 with dates

codes 09T8 through 42T8 are included in this recall. The date code is located on the back of the fork crown and on the lower leg. The RockShox Domain fork was installed on Transition Bottle Rocket bicycles, and may have been installed on Rocky Mountain Flatline 1, Rocky Mountain Slayer SS350, and Rocky Mountain Slayer SS396 bicycles.

Sold at: Specialty bicycle retailers nationwide from March 2008 through November 2008 for between \$1,600 and \$3,100. manufactured in: Taiwan.

Remedy: Consumers should stop using bicycles equipped with these forks immediately and contact their bicycle retailer for a free replacement fork.

Consumer Contact: For additional information, contact SRAM at (800) 346-2928 Monday through Friday, 9 a.m. to 5 p.m. CT, or visit the firm's Web site at www.sram.com.

To see this recall on CPSC's web site, including pictures of the recalled product, please go to: <http://www.cpsc.gov/cpsc/pub/prerel/prhtml09/09082.html>.

TCBA MEMBER CONTACT

Your respect is requested when using any of the numbers on this page. Phone calls during family time and at late hours can be intrusive. You may also leave a message for any of these individuals at (517) 882-3700.

TCBA OFFICERS:

- President: Herb Drake
E-mail: president@biketcba.org
- Vice President: Roger Nelson
E-mail vp@biketcba.org
- Treasurer: Dick Sulin.....(517) 339-2368
E-mail treasurer@biketcba.org
- Secretary: Linda Antinori
E-mail secretary@biketcba.org
- Events Director: Pat Trudgen
DALMAC Hotline (517) 882-3700
E-mail eventsdirector@biketcba.org
- Board at Large:
- Bob Blanchard
E-mail boardatlarge2@biketcba.org
- Kris Stairs
E-mail boardatlarge1@biketcba.org



OTHER GOOD NUMBERS:

- Bike Travel Case Use Coordinator
E-mail:.....philwells@sbcglobal.net
- DALMAC/Events Hotline.....TUBES-00 (517) 882-3700
DALMAC E-mail:.....dalmac@biketcba.org
- DALMAC FUND: Tom Hardenbergh
DALMAC Treasurer: Ken Hendrick
E-Mail.....dalmactreasurer@biketcba.org
- LMB Office:.....(517) 334-9100
E-mail:.....office@lmb.org
- LMB Rep.: Phil Wells
E-mail:.....pwells@lmb.org
- Librarian: Tom Hardenbergh
- Membership Coordinator:
Nancy Johnson
E-mail:.....membership@biketcba.org
- Name Tag Coordinator:
- Newsletter Editor: Janet Weber
E-mail:.....chainwheelchatter@biketcba.org
- Ride Coordinator: Ed Usewick
E-mail:.....rideschedule@biketcba.org
- Ride Line:.....TUBES-OO (517) 882-3700
- Ride Line: Call In Coordinator:
Katie Donnelly.....TUBES-OO (517) 882-3700
- Ride Mileage Keeper:
Steve Schuesler
E-mail:.....s.schuesler@comcast.net
- Safety & Education: Bill Savage
E-mail:.....MSUSavage@aol.com
- SummerTour: Lee Adair
E-mail:.....summertour@biketcba.org
- T-Shirt Ride: Debra Holdcraft
E-mail:.....tshirt@biketcba.org
- Weather:.....(517) 321-7576
- W O W: Joane Gruizenga
E-mail:wow@biketcba.org

CHANGE OF ADDRESS

Please complete this form, clip and drop in an envelope to ensure we receive your correct address so you receive your Chainwheel Chatter. Thank you!



NAME _____

NEW ADDRESS _____

CITY _____

STATE _____ ZIP _____

MAIL TO: TCBA, ATTN: MEMBERSHIP CHANGE OF ADDRESS, P.O. BOX 22146, LANSING, MI 48909.