TRI-COUNTY BICYCLE **ASSOCIATION** P.O. BOX 22146 LANSING, MI 48909 (517) 882-3700 WWW.BIKETCBA.ORG

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Volume 34, Number 9

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September 2008

MEETING	DATE & TIME	LOCATION	PRESENTER & TOPIC
MEMBERSHIP	September 25, 2008 7:00 p.m.	Foster Community Center 200 N. Foster St. Lansing, MI	TCBA member, Bob Campbell, has put together a DVD entitled The "Happy Feet" Club. This DVD encompasses years of TCBA memories.
CYCLE FORUM	September 25, 2008 6:00 p.m.	Foster Community Center 200 N. Foster St. Lansing, MI	Allan Huber The Fall Bicycling Season and DALMAC Reflections
BOARD MEETING	October 7, 2008 6:30 p.m.	Foster Community Center 200 N. Foster St. Lansing, MI	Members are welcome to attend all board meetings to express their concerns. Due to time constraints, if you have a specific item to be brought before the board, it is suggested you contact the President one week prior to the meeting and ask to have it added to the agenda.



### **DEADLINES**

**NEWSLETTER SEPTEMBER** 10

Please send items to Janet Weber, 767 Linden Street, Charlotte, MI 48813 or fax to 1-800-480-1160, or send your e-mail to chainwheelchatter@ biketcba.org by the indicated deadline. NOTE: This deadline is earlier than usual due to scheduling conflicts.

RIDE **CALENDAR SEPTEMBER** 8

Information for the ride calendar needs to be sent to Ed Usewick, 590 Boutell Drive, Grand Blanc, MI 48439 or e-mailed to rideschedule@biketcba.org. So we can include this information in the next newsletter, please note the indicated deadline. Furthermore, please be sure to use the electronic tools to register rides. Please ensure you include critical information such as ride times, mileage, location, and ride leader name and telephone number.

### **ANNOUNCEMENTS**

### **BOARD MEMBER ELECTIONS**

Dear Members: Now is the time to think about your 2009 officers for TCBA . If you are interested in running for a position on the Board, please make your preference known. Alternatively, if you know someone who you think would be a



good officer, encourage them to run. This is your club and it would be nice to have several people running for each position. Please give this serious thought. Your input is important and we encourage everyone to get involved. Thank you. Sue Viele, Vice President (term ending Dec. 2008). Nominations should be sent to: board@biketcba.org.

## MINUTES OF THE TRI-COUNTY BICYCLE ASSOCIATION BOARD OF DIRECTORS MEETING

Foster Community Center - Lansing July 1, 2008

Board members present included Joe Adams, Linda Antinori, Dick Sulin, Al Simons, Herb Drake, and Kris Stairs. Also present were club members Katie Donnelly and Lee Adair.

### Reports

- 1. <u>President's Report:</u> Joe Adams, President, called the meeting to order at 6:30 PM. There was one addition to the agenda by Linda Antinori concerning TCBA name tags.
- Minutes/Secretary's Report: Minutes of the June meeting were presented for review by Linda Antinori,
  Secretary. After grammatical correction, a motion to approve the minutes was made by Joe Adams,
  seconded by Al Simons, and carried unanimously.
- 3. <u>Treasurer's Report:</u> Dick Sulin, Treasurer, presented June Financial Reports to the Board for review. A motion to pass the Financial Reports was made by Linda Antinori and seconded by Kris Stairs. The motion was passed unanimously.
- 4. <u>Events Director</u>: Al Simons, Event Director, reported the current rider count for DALMAC is at 2,299. The 5 Day and 4 Day West routes are full and the 5 UP closed June 30. The other two routes are filling nicely. A 4 Day East truck driver is still needed.
- 5. <u>Ride Program Committee:</u> We are out of large club jerseys. We would have to order a minimum of 16 jerseys at \$56 each. We need to decide if we want to change the design and what sizes we need to order. Leftover ride incentives will be sold for a month and then donated to the club.
- 6. <u>Summer Tour:</u> Lee Adair said Summer Tour is ready to go.
- 7. <u>Northwest Tour:</u> Northwest Tour had 175 registered riders and everything went well. It will be held at the same location next year.
- 8. T-Shirt Ride: The T-shirt ride went well. We had 500 riders and the weather was great.
- 9. Club Picnic: The food was great and Sue Viele did a great job on it.

### **Old Business:**

- The Licensed Cycling Instructor class that Bill Savage is putting on in September will cost \$60 each for 10 people. The two instructors from the Down River Cycling Club who are teaching the class are donating their time and ask that instead of paying their expenses we make a donation of \$300 to John Waterman's PEAC group. The Board agreed.
- The Board discussed Dick Janson's request for postage reimbursement for the Cross Town maps. The board felt this was not a Board matter and Dick should submit a reimbursement form as per TCBA bylaws.
- After discussion, the Board agreed that we could make better use of the web page for club announcements in the Braking News. We would also like to look into updating the page to include photos and easier navigation throughout the site

### New Business:

- Linda Antinori distributed an email from Edie Belcher concerning Leslie Lee who had engraved TCBA name tags for us in the past. Leslie has decided she doesn't want to continue with the job for the club. The Board of Directors decided to have Edie find out if Leslie had any TCBA blanks left and if she might be willing to sell us the engraving machine at a reasonable price.
- After discussion it was decided that due to the holiday, we would cancel July Board meetings in the future unless a need arose to meet. The decision to meet or not would be made at the previous June Board meeting.

Herb Drake suggested that we should be spending more money on bike issues and charity in the community and less on incentives for ourselves. He suggested a possible 50-50 break down on this type of spending.

The meeting was adjourned at 7:48 P.M.

### ELECTION TIME

by Linda Antinori, Secretary



Our Board of Directors' election is fast approaching and we are looking for candidates for all positions. Serving on the Board is a great way to get further involved in club activities and to get to know your fellow cyclists. For me, this past year has been a great experience. I've really enjoyed getting to know everyone better and I have enjoyed my work on the Board. So, if you know of anyone who you think would make a good candidate or if you would like to run yourself, please fill out a Board Member Profile by **September 25** and either give it to me at the next club meeting, email it to me as an attachment to secretary@biketcba.org, or mail it to us at:

TCBA Elections Committee P.O. Box 22146 Lansing, MI 48909-2146

You can find the Board Member Profile by accessing <a href="http://www.biketcba.org/board/NomineeProfile.pdf">http://www.biketcba.org/board/NomineeProfile.pdf</a>. A sample of this profile is shown on page 5. A copy of the position descriptions are located on page 10.

If you have any questions about what is involved with the responsibilities of a particular Board position, please feel free to contact any current or past Board member. I know they will be very happy to share their experiences with you. Thank you.

## RIDE SCHEDULE IS LISTED ON PAGE 4

### **Ride Starting Point Descriptions**

### Coaches Pub & Grill 6201 Bishop - south of the ML King exit on I-96 1/2 Block South of Dakin/Mason **Dansville Community Park** Road (M-36) Intersection **Dewitt Township Hall** 1401 W. Herbison Rd. 1/2 mi. west of Old 27 Holt Cummuter Lot 1 block left of the Holt Road Exit off 127 or 1/3 mile east of the College Road and Holt Road intersection Mega Mall 15487 Old US-27 (Northeast St) & Northcrest Rd NE corner of lot **MSU Pavilion** northeast corner of Forest and College Road Owosso Fire/Police Station Owosso **Oneida Gospel Church** Corner of Oneida and Strange Hwy, Grand Ledge Sawdon School Lamson Rd., Grand Ledge

### RIDE CLASSIFICATIONS

A+19+ MPH
A17-19 MPH
B14-17 MPH
C12-14 MPH
DUnder 12 MPH Fun and Social Group Ride
MN/A
ZRides over 40 miles in length to be ridden
at the rider's own pace without on the road ride leader
supervision. Leader must have detailed map of the ride for
all riders.

## FOR MORE RIDES CALL: 517-882-3700 - or visit the Web Site:

www.biketcba.org
To receive the Ride Line Transcript by email send your
email address to: donnel13@msu.edu

## **HELMETS ARE REQUIRED ON ALL TCBA RIDES!!!**

# **September 2008 Ride Calendar** Recurring Rides; No Ride if Rain, Unless Noted

DAY	TIME	MILES	CLASS	START LOCATION	OTHER INFORMATION	RIDE LEADER
	5:00 PM	25-35	С	Owosso Fire & Police Station	Smile You're Having FUN!!	David Smith 989-723-1211
TUESDAYS	6:00 PM	15-25	В	Oneida Gospel Church	email dcstinson@starband.net	Dennis Stinson 517-285-3433
	6:00 PM	20-30	С	DeWitt Meijers—Webb & US 127	No ride September 2	Linda Antinori 517-410-6043
	10:00 AM	30-45	В	Mega Mall		Edie Belcher 517-242-4122
WEDNESDAYS	10:00 AM	18-39	D	Coaches (Bishop Road)		Sandy Barringer 517-272 2833
	6:00 PM	30-20	В	MSU Pavilion		Katie Donnelly 517-432-6794
	5:00 PM	25-35	С	Owosso Fire & Police Station	No Ride the 25th This is better than snow!!	David Smith 989-723-1211
THURSDAYS	6:00 PM	15-25	В	Oneida Gospel Church	No Ride the 25th email dcstinson@starband.net	Dennis Stinson 517-285-3433
FRIDAYS	10:00 AM	30-45	С	DeWitt Township Hall		Jan or Tony Koller 517-669-5744
	8:00 AM	40-60	Z	Sawdon School	dcstinson@starband.net	Dennis Stinson 517-285-3433
SATURDAY	9:00 AM	12	D	Coaches (Bishop Road)	Uncle Miltie's Breakfast ride. Bring the kids!	Milt Gruhn 517-393-1617
	10:00 AM	40-65	Z	Coaches (Bishop Road)	No ride: 20th, 27th	Sandy Barringer 517-272 2833

### Other DAY RIDES (one time only) in September....

	•					
Saturday Sept. 7th	10:00 AM	50-60	Z	Dansville Community Park	Second annual Lee Perrine memorial ride	Jan or Tony Koller 517-669-5744
Saturday Sept. 13th	9:00 AM	45-65	Z	Holt Commuter Lot		Edie Belcher 517-242-4122
Saturday Sept. 20th	9:30 AM	45-60	Z	Mega Mall		Linda Antinori 517-410-6043
Saturday Sept. 27th	9:00 AM	45-65	Z	Holt Commuter Lot		Edie Belcher 517-242-4122

## **HELMETS ARE REQUIRED ON ALL TCBA RIDES!!!**

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### TCBA Board of Directors Nominee Profile

Name		Board	ard Position
TCBA Member for	Years	Home Telephon	ne Number
Board Positions Held:			Dates:
1,			_
2			
3			
4			
5			
Candidate's Statement you have been involved	(Limit: 150 words d as well as any s <sub>l</sub>	s. May include description pecial skills that relate to	ons of other appointed positions or club activities with which to the board position in which you are interested)

# WELCOME NEW MEMBERS



KIRK CHAUNCEY AND FAMILY SRIKANTH KUMAR CHRISTINA MCMANN BANZAI RYAN TALMADGE WRINKLE TODD YOUNG AND FAMILY

### The Wild, Wild Northwest Tour By Dick Sulin, NW Tour Director

On June 18th, 179 riders came for the 2nd Annual Northwest Tour held at Empire, MI. The weather was fantastic with 70 degree days and cool nights. Five different tours were offered during the trip with short and longer rides offered each day. Since riders had the use of their vehicles, they had the option to modify the length of the route as they wished.

Some of the highlights were: The ride to Traverse City with the optional extension to Old Mission Point. The ride to Frankfort, Leland, Northport, and Suttons Bay with the optional extension to Leelanau State Park.

It also seems there was a bit of humor at the campground. One night a certain group of ladies heard something sniffing

around their tents. Come morning, some weird tracks were discovered around their tents. At first they thought that the tracks were elk, but a passing park attendant said that a neighboring farm had three Texas Long horned cattle escape during the

night. Can you imagine going to the restroom in the middle of the night and against the sky line seeing one of these big beasties with big heads and long curving horns in the twilight? That could be enough to make one give up their evening beer, but who would want to do that???

Next year, the tour limit will be 200 — come and join the fun, and see what you can lasso!



Pictures courtesy of Donovan Riley





## Sunrises & Sunsets for September 2008

DAY	RISE	SET	DAY	RISE	SET
1	7:03	8:12	16	7:20	7:45
2	7:05	8:10	17	7:21	7:44
3	7:06	8:08	18	7:22	7:42
4	7:07	8:07	19	7:23	7:40
5	7:08	8:05	20	7:24	7:38
6	7:09	8;03	21	7:25	7:36
7	7:10	8:01	22	7:26	7:35
8	7:11	8:00	23	7:27	7:33
9	7:12	7:58	24	7:28	7:31
10	7:13	7:56	25	7:29	7:29
11	7:14	7:54	26	7:30	7:28
12	7;15	7:53	27	7:32	7:26
13	7:16	7:51	28	7:33	7:24
14	7:17	7:49	29	7:34	7:22
15	7:18	7:47	30	7:35	7:20

### If you move or have your mail forwarded, please notify us as soon as possi-The newsletters are sent bulk mail, and the post office does not forward bulk mail. The post office returns your newsletter to us (we have to pay to get it back), so your membership ends up in limbo until we hear from you. Please e-mail your address change to membership@biketcba.org. Or, for your convenience, please mail the form on the last page to TCBA, Membership Change of Address, P. O. Box 22146, Lansing, MI 48909.

HAS YOUR ADDRESSED CHANGED?

# Thumbs Up for Another SummerTour! By Your SummerTour Committee

Consistent with the SummerTour committee's ongoing effort to explore different parts of our great state, this year's ride took us over to Michigan's Thumb region. It's not an area we visit on DALMAC and isn't frequented on a lot of other tours, so it was new for many of us. About 50 of us arrived in Caro on Tuesday evening, July 8, avoiding the morning drive through Flint. Some folks, including Ed Noonan, Lenny Provencher, Bill Smith and (incredibly) Darryl and Mary Burris, extended the trip by riding their bikes to Caro, with an intermediate overnight stop in Chesaning.

Once we started the 67 mile ride on Wednesday morning, it didn't take long before we encountered something we don't typically see on our Lansing area rides – sugar beets! Did you know that several local road crews are adding a sugar beet juice product to road salt as a deicing product? It's got a lower freezing point and is less corrosive. We don't know if the roads on this year's SummerTour get this winter treat, but we did notice that they were in generally better condition than the roads around here.

Our first overnight was at Lake Huron Campground, a private "luxury" campground a few miles north of Port Sanilac that has only been open for a little over a year. The indoor dining hall featured tablecloths, and the grounds included a swimming pool and sandy bottom pond and beach area in addition to access to Lake Huron across the road. The lake is rather shallow in that area, making for warm water swimming. Dick Gilmore took his kayak out quite a distance.

Our Friday layover day offered a couple of distance options. Several riders chose to ride the long route in reverse. That route featured the suspension "mother-in-law" footbridge in Croswell built in 1905 and the marina in Lexington. Croswell is also the home of a Pioneer sugar factory.

As we spent 2-1/2 days riding around Sanilac County, one question was left unanswered: How much does the Sanilac County sheriff make? There had to be some explanation for all of the yard signs indicating that at least five people want that job.

On Saturday we headed out for Sleeper State Park near Caseville. Many riders stopped in Bad Axe for lunch. Yes! They do have a Hatchet Festival. A few riders took an 18-mile detour to visit the Sanilac Petro glyphs. which are etchings carved in sandstone by Native Americans between 300 and 1,000 years ago. They were discovered after forest fires swept the area in the late 1880s. Sleeper State Park, by the way, was named for Albert E. Sleeper, the former Michigan governor who signed into law the statute creating the state park system. So, SummerTour thanks him. It's probably no coincidence either that he was from Huron County.

Saturday presented us with another layover day, but with the threat of nasty weather. Most of us were under the impression that we'd better be back by 1 p.m., because the rest of the day would be a wash. So, many riders headed down to Grindstone City, briefly sharing the road with and cheering on participants in a local 5K run. Returning back through Port Austin, Murphy's Bakery had bicyclists lined up to the door for a variety of treats. Heading back to the campground, many riders threw caution to the wind

and continued on past Sleeper for lunch in Caseville. Besides, with any luck at a l l , S T O R Y CONTINUES ON PAGE 9

"For instance, the bicycle is the most efficient machine ever created:
Converting calories into gas, a bicycle gets the equivalent of three thousand miles per gallon."

- Bill Strickland



### **EDITOR'S NOTE**

Extra copies of the Chainwheel Chatter are available at all member meetings. Members are encouraged to pick up several copies to distribute to your local bicycle shops, **YMCA** locations, or other sports and/or training centers where potential new members or individuals interested in biking can receive them.

Electra Bicycle Company Recalls Amsterdam Bicycles; Chain Can Derail and Pose Injury Risk to Riders

Name of Product: Amsterdam Bicycles

Units: About 9,500

Importer: Electra Bicycle Company, LLC of Vista, Calif.

Hazard: The interior alignment tabs of the bicycle's chain guard can be pushed against the chain causing it to derail, which poses a risk of injury to riders

Incidents/Injuries: Electra has received four reports of the chain guard derailing the chain, including one report of minor cuts and abrasion from a fall.

Description: This recall involves some Amsterdam model bicycles in the Classic 3, Original 3, Royal 8, and Sport 3 styles. The bicycles have an enclosed chain guard. "Electra" and "Amsterdam" are printed on the bicycle's frame and/or chain guard. Bicycles with frame numbers beginning with "F06" or "EL" or bicycles with chain guards marked "06/08" are not included in this recall. The frame number is located on the underside of the bottom bracket.

Sold by: Authorized Electra Bicycle dealers nationwide from January 2007 through June 2008 for between \$400 and \$850.

Manufactured in: Taiwan

Remedy: Consumers should immediately stop riding the recalled bicycle and bring it to an Electra Bicycle dealer for a free inspection and replacement chain guard part.

Consumer Contact: For additional information, contact Electra Bicycle at (800) 261-1644 between 9 a.m. and 5 p.m. PT Monday through Friday, or visit the firm's Web site at www.electrabike.com

(pdf)

To see this recall on CPSC's web site, including pictures of the recalled product, please go to: http://www.cpsc.gov/cpscpub/prerel/prhtml08/08337.html

Reebok International Ltd. Recalls Exercise Cycles Due to Laceration Hazard

Name of Product: Reebok Studio Exercise Cycles

Units: About 20,000

Manufacturer: Fitness Associates Incorporated (F.A.I.), under license from Reebok International Ltd., of Canton, Mass. Note: F.A.I. is no longer in business.

Hazard: The alloy cranks on the exercise cycles can break during use, posing a laceration and abrasion hazard to users.

Incidents/Injuries: Reebok International Ltd. has received five reports of cranks breaking and causing lacerations. Three consumers required stitches.

Description: The Reebok Studio Cycle is an upright exercise bike used primarily in fitness centers and other institutional settings. The recalled bicycle is black with silver cranks. The unit has an internal belt drive. The base of the bicycle is a single piece that is welded to the frame. The legs are two straight horizontal bars with rounded edges. There is a logo located on the side of the exercise cycle that shows a person riding a bicycle.

Sold by: F.A.I. to health clubs and specialty fitness dealers nationwide from 1997 through 2000. The bicycles were not sold directly to consumers.

Manufactured in: United States

Remedy: Consumers should stop using the recalled Studio Cycle immediately, and owners should contact Reebok International Ltd. to receive a discount on a model currently made by a licensee of Reebok.

Consumer Contact: For additional information, contact Reebok International Ltd. at (800) 382-3823 between 8:00

a.m. and 4:30 p.m. CT Monday through Friday, or visit the firm's Web site at www.reebok.com.

To see this recall on CPSC's web site, including pictures of the recalled product, please go to: <a href="http://www.cpsc.gov/cpscpub/">http://www.cpsc.gov/cpscpub/</a> prerel/prhtml08/08340.html

Lington of France Number. (Classical of better fraction) Bicycle Pedals Recalled by Look Cycle; Pedals Can Break Causing Cyclists to Fall

Name of Product: KéO Bicycle Pedals

Units: About 80,000 (40,000 pairs)

Distributor: Look Cycle USA, of San Jose,

Calif.

Hazard: The steel axle inside the pedal can break, posing a fall hazard to cyclists.

Incidents/Injuries: Look Cycle has received 14 reports of incidents with broken pedals, including 7 injuries which resulted in scrapes, cuts, contusions, elbow pain, and a knee injury.

Description: The recalled bicycle pedals are black and were sold separately from bicycles. Pedal models include KéO Classic, KéO Sprint, KéO HM and KéO Carbon. The model name is printed in white on the side of the pedal. Date codes between January 2004 and December 2005 are included in this recall. The date code for the KéO Classic, Sprint and Carbon pedals is on a dial stamped onto the pedal. The date code for the KéO HM is on the bottom of the pedal, with the letters A through L corresponding to the month, and the numbers 4 and 5 indicating 2004 or 2005.

Sold at: Specialty bicycle retailers nationwide from January 2004 through July 2007 for between \$100 and \$500.

Manufactured in: France

Remedy: Consumers should immediately stop using the recalled bicycle pedals and return them to the place of purchase, or contact Look Cycle USA to arrange for shipping and free repair.

Consumer Contact: For additional information, contact Look Cycle USA toll-free at (866) 430-5665 between 8 a.m. and 5 p.m. PT Monday through Friday, visit the firm's Web site at <a href="www.lookcycle-usa.com">www.lookcycle-usa.com</a>, or email the firm at KeoUpgrade@lookcycle-usa.com

To see this recall on CPSC's web site, including pictures of the recalled product, please go to: <a href="http://www.cpsc.gov/cpscpub/prerel/prhtml08/08354.html">http://www.cpsc.gov/cpscpub/prerel/prhtml08/08354.html</a>



## Thumbs Up for Another SummerTour! Continued from Page 7



there would be a nice tailwind on the return trip (and there was). As it turned out, lots of rain fell well to the south of us, but we only got a few sprinkles. Good thing, too, because Dave Mordis gets distracted when he runs his windshield wipers. It turned out to be a lovely afternoon, so quite a few folks spent some time on the sugar sand beach at the state park. Around the evening campfire, we learned that one member of the tour rode 80 miles on Saturday (on purpose?). As is typical for our final evening, our campfire featured acknowledgements of crew and drawings for giveaways.

On Sunday we packed up (dry tents!) for the final leg of our trip. For those who were disappointed that the last day was only 48 miles, we sweetened the pot by adding in a 17-23 mph headwind with 24-35 mph gusts at no extra charge. It was no surprise, then, to see dozens of wind turbines along the way. It's said that Michigan is the 14<sup>th</sup> windiest state, with 15 mph winds fairly typical in the Thumb. Earlier this year, the governor visited one of the area wind farms and was reportedly "blown away."

Great roads and routes, scenery, accommodations and food, along with nightly campfires with the stories of past SummerTours made for another terrific tour. SummerTour riders consumed 50 pounds of peanuts, 10 watermelons, 70 gallons of limeade, and seven boxes of chocolate bars for the s'mores (that's over 500 s'mores).

Next year will be our 20<sup>th</sup> SummerTour. Plan on joining us for another

fantastic cycling adventure!





Pictures courtesy of Katie Donnelly

## W.O.W.....It Got Wet, But Not A Total Washout

By Some Riders Who Rode

Several arrived early to avoid the heat and eventual rain. Started at 7-7:30 and it was already over 70 degrees. So the humidity was a bit on the high side, which for those who finished before the rain felt a little rain may have been a welcome relief to the humidity, since they felt they weren't going to get any wetter.

On the long route, 50 miles, some were fortunately to only experience a misty sprinkle between the first and second sag stops and never even got the bike dirty. While others, who like to take their time, got pretty wet about 7 miles from the end of that 50 mile route. However, I believe many folks, who didn't think about repellant, would attest to the fact mosquitoes were plentiful, which meant less time being spent at those sag stops.

Lunch was back at registration, and you were then more than welcome to go back out. There were a few riders who escaped the rain that thought about it but decided against it. Just as well. By the time they walked out to leave, it was raining. Nothing hard or soaking, but they managed to put their bike away in the back of the van...clean, while others put dripping wet ones in the vehicles or as it wouldn't matter, on the racks.

As for hills, it was easier than "Helluva ride" but still had some decent rolling hills. Riders rode through some thick forested areas that felt like up-north. Most the roads were smooth, but not perfect with only one R.R.-crossing that was marked and rightfully so. It was dangerous. As Ron Truax stated, "If you're my size, you're talking more than a flat tire or two".

All in all, it was a good ride. A hearty thanks to the W.O.W. team who put their efforts into this wonderful annual event.

### **TCBA Board Position Descriptions**

TCBA is looking for club members interested in running club offices. New ideas and fresh perspectives are needed! Please consider taking this opportunity to serve your club. Also, look around at your fellow members — many may be willing to serve if asked, but would never do so without encouragement from others. You probably know someone who just needs a friendly "nudge" to step forward. A brief description of the positions available and their responsibilities follow. All require that candidates be members in "good standing" (current on dues), and all are one year terms. Board members are expected to attend monthly board meetings.

**PRESIDENT** — The President presides over all membership and board meetings. He/she prepares agendas for board meetings and prepares an annual report for presentation to the membership at the Annual Meeting (October). The individual in this position would benefit from previous organizational leadership experience, practical knowledge of or experience in running efficient meetings, and the ability and willingness to delegate responsibility to others.

**VICE PRESIDENT** — The Vice President acts in the President's absence and performs such other duties as delegated by the President. To that extent, the personal characteristics described for that position apply here as well. In addition, the Vice-President has, in recent years, been charged with developing club meeting programs and social activities (picnic, hayride, holiday party). He/she may establish and lead a Program Committee to assist in this function, so the ability and willingness to delegate responsibility to others is especially beneficial to provide back-up support for these activities.

**SECRETARY** — The Secretary records and files the minutes of all meetings, prepares and conducts the annual election of directors, and performs such other duties as delegated by the President. In addition, he/she prepares and submits documents to government agencies on an annual basis and handles all official correspondence for the club, including get-well and sympathy notes. The individual in this position should be a good listener in order to take notes at meetings and should have better than average writing skills in order to accurately record the actions taken. A working knowledge of word processing and email capabilities is especially useful as minutes have, in recent years, been sent electronically to board members for review prior to board meetings.

**TREASURER** — The Treasurer is responsible for the funds and financial records of the Association, prepares and delivers an annual accounting at the annual membership meeting, and performs such other duties as delegated by the President. He/She presents a draft budget annually for board consideration as well as monthly reports documenting cash flow and adherence to the approved budget. This individual works with the Events Director and an appointed DALMAC treasurer to establish procedures and to maintain accountability for all transactions. Previous accounting experience and working knowledge of accounting-related computer software are desirable.

**EVENTS DIRECTOR** — The Events Director prepares and conducts the annual DALMAC bicycle tour, delivers monthly and annual reports to the Board of Directors to account for all bills and receipts, and performs such other duties as delegated by the President. He/She appoints and chairs the DALMAC Committee and DALMAC volunteers. Previous experience as both a DALMAC volunteer and DALMAC rider benefits this individual by providing an appreciation of the breadth of the DALMAC operation as well as rider needs. Experience working with volunteers or with a volunteer organization is desirable; an ability and willingness to delegate tasks to others is essential.

**DIRECTOR-AT-LARGE(2)** — The Directors-at-large have no specific duties, but have full voting rights as members of the Board of Directors. These individuals are often assigned to lead or serve as a liaison with club committees. The Ride Program Committee has generally been led by one of these board members. A director-at-large position would be especially useful for an individual who desires t learn more about the operation of the club before serving in other elected positions.

If you have other questions about these positions, contact any current for former board member for more information. A sample nomination form is available on page 3, and on the club web site (<a href="http://www.biketcba.org/board/NomineeProfile.pdf">http://www.biketcba.org/board/NomineeProfile.pdf</a>) or from any board member. Completed forms may be returned to any board member or mailed to TCBA, Elections Committee, P.O. Box 22146, Lansing, MI 48909-2146 by the next member meeting, **SEPTEM-BER 25, 2008.** Nominations will be taken from the floor at the September member meeting, at which time nominations will close. The election will be conducted by mail and at the October membership meeting. Those elected will take office effective January 1.

### A New Ride

By the time you read this, it will already be September. But I'm sitting here now, over the 4th of July weekend, putting this down on paper. I've been home for a week from the "New Ride" but am still trying to recover. I'm sleeping late, going to bed early, and am enjoying mid-day naps in my favorite armchair. I've been out on the bike twice for what's known as a recovery rides. They're easy rides aimed at stretching and relaxing leg muscles. I'm just out cruising with friends while sharing conversations and the simple things of life, like breakfast: eggs and bacon, potatoes, toast, and coffee. There are times when you power-eat, and there are time when you just enjoy the moment.

The ride that took this toll was TRIRI, an acronym for, "Touring Ride In Rural Indiana." It was only new to me; this was the 26th rendition of this event. This year it took place in southern Indiana, and do you have any idea how warm it gets in southern Indiana in late June? I didn't, but do now. That's when I came to terms with being a northern boy that didn't like being flung into 90-degree heat. Once committed, I

It all started back in February. I received a brochure in the mail, and the next thing I knew I had mailed off a check. It was really, really cold out at the time, so who could blame me for looking forward to warm, summer days?

was never dry again till it was over.

The ride started on a Sunday morning from the town of Scottsburg. We headed primarily south for 65 miles to O'Bannon Woods State Park. Somewhere, the Ohio River either ran through or by the park. I never saw it...it was 2 or 3 miles down the road to an overlook. When I say down the road, I mean down the road. It was a good 6-8 percent grade down to a spot where you could stand on an overlook to see the river off in the distance. I saw it back in Cincinnati: I didn't need to see it again. We camped there for two nights with optional rides on the second day.

On day #3, we pedaled 55 miles northwest to Spring Mills State Park. Again, we spent two nights but I barely remember the place. Besides being hot, Indiana is also quite hilly. By the time we got in, I just wanted to get my tent up, shower, and crash. But it was hot. Lying there trying to relax, I could feel sweat running down my sides and collecting in the small of my throat. I'd had enough heat but would never say die. Besides, the van was parked two days away.

On Thursday, we were off to the last campground, Brown County State Park. All week we'd heard nothing but how many and how high the hills were in Brown County. The locals pitied us flat-landers. In case you're wondering, the "we" I keep referring to is my buddy Gary and I. It was the two of us pitted against 200+ Indianans. That morning I jokingly suggested to Gary that we

> wear our running shoes instead of our biking shoes with cleats. According to the locals, it sounded like we'd be walking much of the day. Wrong! As it turned out, it was our best day in the saddle to that point.

**TOURING** 

RIDE

RURAL

INDIANA

IN

Saturday finally arrived and my nose was pointed towards the barn. Saturday, we finally got some relief from Saturday, we the heat. awoke to a thunderstorm that

had rolled in during the night. Thankfully, nobody needed to worry about getting wet on the bike; we all got soaked knocking down tents and packing up. But at least it was cool and there are worse things than a little rain.

This was the last day on the road with only 60 miles separating us from the van. We threw our bags on the luggage truck and headed for breakfast. It was our last group meal and opportunity to offer up some goodbyes. Once on the road, we only stopped for food and to top off water bottles, and by 11:30 AM, we were sitting in the Mickey-D's in Scottsburg. You can make good time in the rain. There's no reason to pick your head up and look around. It was over! I sat with a large chocolate shake in one hand while woofing down a cheeseburger from the other. At that moment, life was never better.

We weren't heading back till the next day, so we checked into the local Super 8. I turned on the air conditioner and flopped down across

my bed and didn't move for two hours. Gary asked if I was okay, and all I could say was, ya. Not knowing if I needed the bathroom, he asked if it was alright for him to go ahead and shower, and all I could say was, ya. I didn't want to move, to eat, to drink, and was even too tired to fall asleep. On the inside, I was just thinking, "leave me; save yourself."

For what it's worth, by the time winter comes round, I'll remember the good moments, the people I met, and will have forgotten all the bad stuff. Even now, I recognize that time on the bike was good time. And though I don't personally like hot, humid weather, the biomechanics of the human body does. In theory, I'm at adds with my own body, but it worked okay so far. Besides, I can't quit riding. What else would I have to talk about?



### CORRECTION

The Editor would like to apologize to Ron Truax for misspelling his name in the August edition with his article "A Busy Season".





FOR SALE: Spe-Stumpcialized jumper comp XC mountain bike full suspension. Excel-

lent condition. Included: step-in plus rat-trap pedals, tire pump, shock pump, water cage, 3 sets of tires (original tires, road friendly dirt, road friendly armadillo), and blue helmet. \$800. Call Cathy @ 333-0948, leave message.

FOR SALE: SARIS Bones 2-Bike Trunk Mount Rack, with extender. Used 5 times. \$50. Call Janet (517) 543-7942 or email janetweber@cablespeed.com.

FOR SALE: 13" KHS Alite 500 mountain bike, dark blue. Frame: Alloy 7005 Hydro formed double butted tubing w/replaceable derailleur hanger, FORK: Spinner Point 286LC, 100mm. Preload adjust, hydraulic lockout, Shimano Components. 2005 model purchased in late 2006 - hardly ridden - in almost new condition. Asking price is \$350.00 or best offer. Phone (517) 333-9258 - ask for Brad.

WANTED: Extra-small road bike. Call Bruce Fedewa (517) 393-8051 or e-mail fedewabd@msn.com.

**VOLUNTEERS** WANTED:



**BOARD MEMBERS:** Interested TCBA Members who would like to run as a Board Member should submit their nominations board@biketcba.org. This is your opportunity to get involved in your club and continue to actively promote and support biking in our communities.

### **SEW MUCH MORE**

Cycling Wear: jerseys, cycling shorts, tights, and cycling shells. Reasonable prices. Custom fit. Gift Certificates. For more information. call Sue at (517) 627-1411.

**CLUB ITEMS** — The TCBA has several club items for sale: Club Jerseys (\$55)[no more large available.; We still have some Poly-Insulated Water Bottles for \$10,

red, blue, and purple. Contact Herb Drake or Kris Stairs at the next monthly meeting to purchase your club needs.



AMAZing!!! The 2008 theme for Best Maze has been carved. It includes a 150-foot long bicycle into a corn field This is part of the annual corn maze which has a Michigan theme this year. You can go to www.bestmaze.com to see (and download) the entire maze, including the Mackinaw Bridge and bicycle. Click on 2008 photo.

All TCBA members/families will be admitted for \$5/ person **DURING SEPTEMBER** instead of the normal rate when they show the Chainwheel Chatter or membership card. Normal rates are \$7/person (family rates will take a few dollars off the \$7 rate but the TCBA rate would be slightly better even for a family ). We also do groups at \$5/person in September. October group rates are more complicated based on day and closeness to Halloween.

The maze opens Sept. 6 and runs through Nov. 1. Hours are Fridays 6-10 pm; Sat & Sun 1 -10pm. This 20 acre corn maze is located on Noble Road. That's 1 mile west of the I-96 and M-52 interchange.



### WORLDWIDE BICYCLE ACCIDENT SURVEY by Peter O'Reilly

A worldwide bicycle accident survey is being conducted by the New York Cycle Club, a 1,600+ member organization. The results will be published as part of a cycling risk assessment study that will be made freely available to the public at the conclusion of the survey. This survey is for education and advocacy purposes. The survey contains dozens of data points and its design is streamlined to have folks get through the survey as quickly and efficiently as possible. Please consider entering one or

more accident survey responses. The more responses, the meaningful more the results will be. Survey can be found at http://

www.nycc.org/ras.



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## **TCBA MEMBER CONTACT**

Your respect is requested when using any of the numbers on this page. Phone calls during family time and at late hours can be intrusive. You may also leave a message for any of these individuals at (517) 882-3700.

### **TCBA OFFICERS:**

President: Joe Adams

E-mail: president@biketcba.org

Vice President: Susan Viele E-mail vp@biketcba.org

Treasurer: Dick Sulin

E-mail treasurer@biketcba.org

Secretary: Linda Antinori

E-mail secretary@biketcba.org

Events Director: Al Simons

DALMAC Hotline (517) 882-3700 E-mail eventsdirector@biketcba.org

Board at Large: Herb Drake

E-mail boardatlarge2@biketcba.org

Kris Stairs

E-mail boardatlarge1@biketcba.org



### **OTHER GOOD NUMBERS:**

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W O W: Joane Gruizenga

E-mail: .....wow@biketcba.org

## **CHANGE OF ADDRESS**



Please complete this form, clip and drop in an envelop to ensure we receive your correct address so you receive your Chainwheel Chatter. Thank you!

NAME	
NEW ADDRESS	
СІТҮ	
STATE	ZIP

MAIL TO: TCBA, ATTN: MEMBERSHIP CHANGE OF ADDRESS, P.O. BOX 22146, LANSING, MI 48909.