

TRI-COUNTY BICYCLE
ASSOCIATION
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Chainwheel Chatter

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MEETING	DATE & TIME	LOCATION	PRESENTER & TOPIC
MEMBERSHIP	November 20, 2008 7:00 p.m.	Foster Community Center 200 N. Foster St. Lansing, MI	Nancy Krupiarz , Executive Director, Michigan Trails and Greenways Alliance and Jessica Yorko , Executive Director, Mid-Michigan Environmental Action Council are teaming up to discuss their joint project with the Lansing Economic Area Partnership. Jessica will discuss the Greater Lansing Complete Streets initiative and Nancy will discuss the
CYCLE FORUM	November 20, 2008 6:00 p.m.	Foster Community Center 200 N. Foster St. Lansing, MI	ALLAN HUBER Bicycling Activities During the Holiday Season
BOARD MEETING	December 2, 2008 6:30 p.m.	Foster Community Center 200 N. Foster St. Lansing, MI	Members are welcome to attend all board meetings to express their concerns. Due to time constraints, if you have a specific item to be brought before the board, it is suggested you contact the President one week prior to the meeting and ask to have it added to the agenda.



DEADLINES

NEWSLETTER DECEMBER 5

Please send items to Janet Weber, 767 Linden Street, Charlotte, MI 48813 or fax to 1-800-480-1160, or send your e-mail to chainwheelchatter@biketcba.org by the indicated deadline.

RIDE CALENDAR DECEMBER 3

Information for the ride calendar needs to be sent to Ed Usewick, 590 Boutell Drive, Grand Blanc, MI 48439 or e-mailed to rideschedule@biketcba.org. So we can include this information in the next newsletter, please note the indicated deadline. Furthermore, please be sure to use the electronic tools to register rides. Please ensure you include critical information such as ride times, mileage, location, and ride leader name and telephone number.

ANNOUNCEMENTS



Please make your reservations for the TCBA Annual Christmas party. This year's event will take place on Thursday, December 4th at the Chisholm Hills Golf Course, 2395 S. Washington, Lansing. Cost is \$10 per person. Cocktails are at 6:00 p.m. and dinner at 7:00 p.m. Come enjoy the festive season with your fellow TCBA Riders. To reserve your seat, please contact Sue Viele at (517) 643-1065 or e-mail vp@biketcba.org, or see her at this month's meeting to sign up.



**MINUTES OF THE TRI-COUNTY BICYCLE ASSOCIATION
BOARD OF DIRECTORS MEETING
Foster Community Center - Lansing
September 2, 2008**

Board members present included Joe Adams, Sue Viele, Linda Antinori, Dick Sulin, Herb Drake, and Kris Stairs. Also present were club members Katie Donnelly, Lenny Provencher, Ed Noonan, Donavan Reilly, Dick Janson, Lee Adair, and Janet Weber.

Reports

1. **President's Report:** Joe Adams, President, called the meeting to order at 6:30 PM. Additions to the meeting agenda included Web page changes, a letter from Charles Nelson concerning the Ionia to Owosso Trail, and the DALMAC Fund grantee status.
2. **Vice –President's Report:** Sue Viele reported that she had secured our meeting rooms for both Board and General Membership meetings at the Foster Center for the 2008-2009 year.
3. **Minutes/Secretary's Report:** Minutes of the August meeting were presented for review by Linda Antinori, Secretary. A motion to approve the minutes was made by Herb Drake, seconded by Sue Viele, and carried unanimously.
4. **Treasurer's Report:** Dick Sulin, Treasurer, presented the August Financial Reports to the Board for review. A motion to pass the Financial Reports was made by Linda Antinori and seconded by Kris Stairs. The motion passed unanimously.
5. **Events Director:** DALMAC reports were tabled until Al Simons' return and the final results were processed.
6. **DALMAC Fund:** Joe Adams was unable to contact Tom Hardenbergh about the status of the DALMAC Fund applications.
7. **Summer Tour:** Lee Adair announced that next year's Summer Tour will be the Twentieth Anniversary of Summer Tour and that it will be held on the west side of the state.
8. **Northwest Tour:** Dick Sulin indicated that he had sent a letter of intent to the camp ground regarding next year's Northwest Tour and plans to sign a Contract in October.
9. **Christmas Party:** Sue Viele said everything was under control for the Christmas Holiday Party which will be held December 4 at the Chisholm Hills Country Club.

Old Business:

- Linda Antinori reported that we still need candidates to run for several positions.
- Ed Noonan reported that it would be at least 20 hours till the TCBA web page would be back up. The server had gone down and he had been in contact with the company handling it. Ed also reminded the Board that his resignation was effective at the end of the year and that he was willing to help with the transition.
- Linda Antinori asked to table the name tag issue till the Board's next meeting in order to finish researching the subject.
- Joe Adams announced that the Blue Map Book is half way done and he is uncertain on the cost of the project. Dick Janson has plenty of the Green Map Books we can use till Joe completes this project.

New Business:

- Katie Donnelly brought up the subject of conflicting rides in regard to starting times and locations as well as the need for adequate parking. The Ride Incentive Committee will meet to discuss these issues for next year's riding season.
- Lee Adair brought up the subject of standardizing flag length requirements on the TCBA's multi-day tours. The issue was tabled until Al Simons' return.

Member Input:

- Dick Janson asked the Board for a contribution to the Share a Bike Program. The matter was added to next month's agenda.
- Lenny Provencher asked the Board to consider contributing \$1 per DALMAC rider to the League of Michigan Bicyclists again. The matter was added to the agenda for next month's meeting.

The meeting was adjourned at 7:50pm.

BIKE BITES excerpts from the American Bicyclist Update, bikeleague@bikeleague.org



BICYCLE COMMUTER ACT PASSES HOUSE & SENATE

Last week the U.S. Senate, amended H.R. 6049, the Energy and Tax Extenders Act of 2008 <http://capwiz.com/lab/issues/bills/?bill=11439126>, by passing several amendments which provide for clean energy incentives and extend expiring tax cuts. One of the amendments, which won Senate passage by an overwhelming vote of 93-2, was the Energy Improvement and Extension Act of 2008, which contains the bicycle commuter tax benefit provision we have been seeking for years. As last week's Senate vote replaced the text of H.R. 6049, energy tax legislation approved in the House of Representatives earlier this year, we are currently waiting to hear if the House of Representatives will agree to take up the Senate amended legislation. Read the Senate Finance Committee release and summary at <http://finance.senate.gov/press/Bpress/2008press/prb092308E.pdf>. After seven long years, the bicycle commuter tax provision has finally passed both the House and Senate as part of the financial bailout package. President Bush said that he would quickly sign the \$700 billion bailout bill. Thanks to all of you around the country who have contacted your congressional leaders over the years, and also thanks to Congressman Blumenauer and Senator Wyden for their continued insistence on having this benefit provided to bicycling Americans. Keep checking back here as we work on the implementation process.

Road I Transformed to Traffic Skills 101

The League has released a new version of our core bicycle education curriculum: Traffic Skills 101! Formerly known as Road I, the new manual has updated graphics, photos, and text to help League Cycling Instructors teach

cyclists to ride safely and smartly.

MICHIGAN RANKED 12TH IN THE LEAGUES FIRST ANNUAL RANKING OF BICYCLE FRIENDLY STATES: Ranking the States From First to Fiftieth, a Look at How States Stack Up.

The League of American Bicyclists has announced our first annual ranking of Bicycle Friendly States, scoring all 50 states on more than 70 factors. The states were scored on responses to a questionnaire evaluating their commitment to bicycling and covering 6 key areas: legislation; policies and programs; infrastructure; education and encouragement; evaluation and planning; and enforcement. The highest and lowest scoring states overall were:

Top 5 were Washington, Wisconsin, Arizona, Oregon, and Minnesota. Bottom 5 were North Dakota, Mississippi, Alabama, Georgia, and West Virginia. Michigan was ranked 12th.

More details on how each state ranked can be found by going to <http://www.bikeleague.org/programs/bicycelfriendlyamerica/index.php> and clicking on each state.

Andy Clarke, president of the League, said, "While every state has room to improve in making bicycling a preferred mode of transportation and accessible form of recreation, Washington is making the greatest strides to make this a reality." Clarke points to Washington's model bike laws, signed and mapped statewide bike route network, dedicated funding from the state for bicycle related programs and projects, and an active statewide bicycle advisory committee as a few examples of why Washington ranked the highest.

The bottom end of the ranking paints a different picture. "West Virginia may offer some great trails and mountain biking resources, but otherwise fell short in every category," said Clarke. "Their

low bicycle usage rates and high cyclist crash and fatality rates are indicative of a state that does not adequately provide for the needs of cyclists."

The annual state rankings are the first part of this new program. States are encouraged to further apply for award recognition of bronze, silver, gold or platinum status, similar to the League's popular Bicycle Friendly Community program, now recognizing 85 communities across 32 states. Award recognition will be accompanied by technical assistance and further support as states work to become more bicycle-friendly.

The League of American Bicyclists promotes bicycling for fun, fitness and transportation, and works through advocacy and education for a bicycle-friendly America. The League represents the interests of 57 million American cyclists, including its 300,000 members and affiliates. For more information or to support the League, visit www.bikeleague.org.

The Bicycle Friendly State program is generously supported by program sponsors Bikes Belong and Trek Bicycle Corporation.



NEW MEMBERS

BEN MORGAN
CRAIG GRAHAM
MICHAEL CUSHION
JENNIFER JENNINGS
JOHN LONSWAY
JUDITH LONSWAY

November 2008 Ride Calendar
 Recurring Rides; No Ride if Rain, Unless Noted

Due to the chilling temperatures and unpredictable weather, we do not have any rides scheduled for November!

RIDE CLASSIFICATIONS

- A+19+ MPH
- A.....17-19 MPH
- B.....14-17 MPH
- C.....12-14 MPH
- D.....Under 12 MPH Fun and Social Group Ride
- M.....Mountain Bike.....N/A
- Z.....Rides over 40 miles in length to be ridden at the rider's own pace without on the road ride leader supervision. Leader must have detailed map of the ride for all riders.

**FOR MORE RIDES CALL:
 517-882-3700 - or visit the Web Site:**
www.biketcba.org
 To receive the Ride Line Transcript by email send your email address to: don-nel13@msu.edu

WHEN I SEE AN ADULT ON A BI-CYCLE, I DO NOT DESPAIR FOR THE FUTURE OF THE HUMAN RACE.

HELMETS ARE REQUIRED ON ALL TCBA RIDES!!!

- H.G. WELLS

HAS YOUR ADDRESSED CHANGED?

If you move or have your mail forwarded, please notify us as soon as possible. The newsletters are sent bulk mail, and the post office does not forward bulk mail. The post office returns your newsletter to us (we have to pay to get it back), so your membership ends up in limbo until we hear from you. Please e-mail your address change to membership@biketcba.org. Or, for your convenience, please mail the form on the last page to TCBA, Membership Change of Address, P. O. Box 22146, Lansing, MI 48909.

Sunrises & Sunsets for November 2008

DAY	RISE	SET	DAY	RISE	SET	DAY	RISE	SET
1	8:12 AM	6:31 PM	11	7:24 AM	5:19 PM	21	7:37 AM	5:11 PM
2	7:13 AM	5:30 PM	12	7:26 AM	5:18 PM	22	7:38 AM	5:10 PM
3	7:14 AM	5:29 PM	13	7:27 AM	5:17 PM	23	7:39 AM	5:09 PM
4	7:16 AM	5:27 PM	14	7:28 AM	5:16 PM	24	7:41 AM	5:09 PM
5	7:17 AM	5:26 PM	15	7:30 AM	5:15 PM	25	7:42 AM	5:08 PM
6	7:18 AM	5:25 PM	16	7:31 AM	5:15 PM	26	7:43 AM	5:08 PM
7	7:19 AM	5:24 PM	17	7:32 AM	5:14 PM	27	7:44 AM	5:07 PM
8	7:21 AM	5:23 PM	18	7:33 AM	5:13 PM	28	7:45 AM	5:07 PM
9	7:22 AM	5:22 PM	19	7:34 AM	5:12 PM	29	7:46 AM	5:06 PM
10	7:23 AM	5:20 PM	20	7:36 AM	5:11 PM	30	7:47 AM	5:06 PM

EDITOR'S NOTE

Extra copies of the Chainwheel Chatter are available at all member meetings. Members are encouraged to pick up a few bundles to distribute to your local bicycle shops, YMCA locations, or other sports and/or training centers where potential new members or individuals interested in biking can receive them.

TCBA's Senior Olympians

By Katie Donnelly

The 2008 Michigan Senior Olympics, held in early August, offered Michigan's 50+ population some bicycle racing action, and three TCBA members have the hardware to show for it! Both Betty Johnson and Kay Erb won gold medals in their respective age groups in both the 5K and 10K time trials, while Jeff Smith won silver medals in both of the time trials and gold medals in both the 20K and 40K road races.

Betty's 5K time trial of 9:09.348 just missed breaking the course record of 9:09.27 for the I'm-not-quite-ready-for-Medicare age group. Jeff Smith's 40K time of 1:06:20.971 set a course record for the I-just-got-my-Medicare-card age group.

Both Betty and Jeff had participated in past Senior Olympics competitions, while this was Kay's first time.

Betty reflected on her experience, saying "It's always amazing to watch so many people over 50 competing and having so much fun. Many of the women had never competed in sports or raced a bicycle. They were so excited about being able to compete and win medals."

Jeff attributed his success to his training on TCBA rides throughout the year, while Kay credits Betty with encouraging her to sign up, adding, "it was a challenge to train and fun to cheer on other TCBA competitors."

The racing venue was the Waterford Sportsmen's road racing track, consisting of a 1.4 mile loop that included several curves and a hill. Although the Michigan Senior Olympics has in the past held its competitions throughout the state (including a couple of years here in the Lansing area), it's believed that the games will be staying in the Rochester Hills area for the foreseeable future. So, if you're AARP-eligible, give some thought to setting a bigger goal for yourself than looking for your next discount. Odd-numbered years are qualifying years for the

national games, while the even-numbered years are great preparation.

All three TCBA members are now qualified to participate in the National Senior Games, to be held next August in the San Francisco area. The venue for the cycling events will be Cañada Road in western San Mateo County, which runs parallel to Interstate 280 along the Crystal Springs Reservoir. It's popular among cyclists and in-line skaters all year and is closed for several hours on Sundays to enable recreational users an opportunity to enjoy the road free of motorized traffic. It's also known for its beautiful scenery, but the hard-core Senior Games competitors likely won't notice. The director of the cycling events will be Frank Scioscia, who has been involved with both the Tour of California and the San Francisco Grand Prix. The National Senior Games Association has as its goal promoting health lifestyles for 50+ adults through education, fitness, and sport.

For more information on the Michigan Senior Olympics go to <http://www.michiganseniorolympics.org/>.



Photo courtesy of Kay Erb

Tri-County Bicycle Association Membership Meeting September 25, 2008

Joe Adams, President, opened the TCBA Board of Directors nominations to general membership at the Club's September meeting at the Foster Center. Linda Antinori read the slate of candidates to the membership which included:

- President – Herb Drake
- Vice-President – no candidate
- Events Director – Pat Trudgeon
- Secretary – Linda Antinori
- Treasurer – Dick Sulin
- Board at Large – Kris Stairs
Bob Blanchard

Each position was opened for nomination without opposition. Roger Nelson then volunteered to run for the Vice-president position. The nomination process was then closed by Joe Adams, President.

Several club members brought up the question as to whether an election and the associated expense were necessary as the slate of candidates was running unopposed. Judy Miller then made a motion to accept the slate of candi-

dates as the TCBA's Board of Directors for 2009 as proposed, which would nullify the election which was to be held on October 30, 2008. Sue Viele seconded the motion and Joe Adams asked for a vote by the membership on the matter. The motion was approved unanimously.

The 2009 Tri-County Bicycle Club Board of Directors are:

- President.....Herb Drake
- Vice-President.....Roger Nelson
- Events Director.....Pat Trudgeon
- Secretary.....Linda Antinori
- Treasurer.....Dick Sulin
- Board At Large.....Kris Stairs
Bob Blanchard

The Board will decide on how to conduct the Ride Leader of the Year Award at its next meeting on October 7, 2008.

FOR SALE

FOR SALE: Bones/Saris Bumper Supported Bike Rack, Model #805. Holds two bikes. Excellent Condition. Asking \$45.00. Call Carl at (517) 484-9254.

FOR SALE: SANTANA TANDEM, Medium size Visa. If you want to buy a tandem, then you want a Santana. 21 Speed, STI Shifting, with rear rack. In good condition. This is a great family bike for you and your spouse or child. Cost \$2800 when new, we're selling it for \$1150. Call Charlie at (517) 337-1793 or email at cmack@msu.edu.

FOR SALE: BIKE CULTURE! Unique bike books and magazines available at OutYourBackDoor.com. Highlights include "The Recumbent Bicycle" book and new "Velo Vision" magazine issues. Dozens of other new and vintage bike culture books---all hard-to-find. 100's of free bike culture articles at the OYB website. Check out the handy "5-Way OYB Bag"---does more than any other bike bag! Jeff Potter, proprietor and TCBAer (Williamston).

FOR SALE: 2006 Atmos helmet. Medium. Red, white and blue. Never worn. New: \$174 Yours: \$100 Women's NIKE Road shoes, size 8. \$20; and Pearl Izumi Road Shoes, size 7 1/2. \$20 Call (517) 483-9610.

FOR SALE: Men's Giant Once road bike Size 55.5cm L Triple crank

CLASSIFIEDS

WANTED

New parts this year. Drive system (gears and chain); Both shifters-Ultegra; Large and middle cranks; Rear wheel-Mavic Open Pro. \$600.00 Call Ralph @ (517) 580-3689.

FOR SALE: A well-cared for 56 cm. bike. Serviced at least annually, if not more, by Central Park Cyclery or Velocipede Peddler. Rear cassette and chain replaced in 2007. Lived in the basement, not the garage. Complete with: 2 water bottle cages, Continental 4000 tires replaced annually (new in April 2008), Cateye Astrale 8 odometer, Profile Airstyke aerobars, Speedplay pedals (new in April 2008), and Bontrager bar plugs (not with original package but added to handle Meridian Township roads!). Feel free to contact me at hintz@glassenhead.com. Ask for my number if you want to contact me. View images at: <https://post.craigslist.org/imagepreview/n/0115050103050116132008090114ffa89098f10feb3a00155b.jpg> or <https://post.craigslist.org/imagepreview/n/01160801040501030020080901a599d12579bf9911890061a5.jpg>.

FOR SALE: 52 inch Raleigh road bike in excellent condition. It just had \$120 dollar tune up (new tires etc). Price: \$90 dollars For more information call: (517) 483-9610.

WANTED: Road 172.5 cranks for Shimano type square taper. If spider has 110 cc then I have the rings for them. Looks are not important, just need to be usable. I have a very ugly set of 175 if you want to try longer cranks. Call Robert Mosher at (517) 420 5820.

WANTED: Thule or Yakima Tandem bike carrier. Call Dana at 269-217-6052 or dlwils@yahoo.com

VOLUNTEER WANTED: We are looking for a volunteer with engraving experience to do our TCBA name tags as the person who was doing them retired. If anyone is interested, please contact Linda Antinori at secretary@biketcba.org or (517) 410-6043. Thank you.

FOUND: The Ingham County Sheriff's Office found two (2) Road bikes laying at the side of the road. Bikes were found at Holt Road and Okemos Road. One bike is a Giant CFR and the other a Trek Composite. If anyone lost these bikes please contact Deputy Christine McPharlin of the Ingham County Sheriff's Office. Deputy McPharlin can be reached at (517) 676-8231 or send her an e-mail at mcpharlin@ingham.org.

MEMBER SPECIALS

SEW MUCH MORE

Cycling Wear: jerseys, cycling shorts, tights, and cycling shells. Reasonable prices. Custom fit. Gift Certificates. For more information, call Sue at (517) 627-1411.



CLUB ITEMS — The TCBA has several club items for sale: Club Jerseys (\$55) [no more large available]. We still have some Poly-Insulated Water Bottles for \$10, red, blue, and purple. Contact Herb Drake or Kris Stairs at the next monthly meeting to purchase your club needs.



ENJOY YOUR
THANKSGIVING
DAY
WITH YOUR FAMILY
AND FRIENDS

NOVEMBER
27,
2008

VETERANS
DAY
NOVEMBER
11,
2008

THANK YOU!



TCBA MEMBER CONTACT

Your respect is requested when using any of the numbers on this page. Phone calls during family time and at late hours can be intrusive. You may also leave a message for any of these individuals at (517) 882-3700.

TCBA OFFICERS:

- President: Joe Adams
E-mail: president@biketcba.org
- Vice President: Susan Viele
E-mail vp@biketcba.org
- Treasurer: Dick Sulin.....(517) 339-2368
E-mail treasurer@biketcba.org
- Secretary: Linda Antinori
E-mail secretary@biketcba.org
- Events Director: Al Simons
DALMAC Hotline (517) 882-3700
E-mail eventsdirector@biketcba.org
- Board at Large:
- Herb Drake
E-mail boardatlarge2@biketcba.org
- Kris Stairs
E-mail boardatlarge1@biketcba.org



OTHER GOOD NUMBERS:

- Bike Travel Case Use Coordinator
E-mail:.....philwells@sbcglobal.net
- DALMAC/Events Hotline.....TUBES-00 (517) 882-3700
DALMAC E-mail:.....dalmac@biketcba.org
- DALMAC FUND: Tom Hardenbergh.....(517)290-4746
DALMAC Treasurer: Ken Hendrick
E-Mail.....dalmactreasurer@biketcba.org
- LMB Office:.....(517) 334-9100
E-mail:.....office@lmb.org
- LMB Rep.: Phil Wells
E-mail:.....pwells@lmb.org
- Librarian: Tom Hardenbergh
- Membership Coordinator:
Nancy Johnson
E-mail:.....membership@biketcba.org
- Name Tag Coordinator:
- Newsletter Editor: Janet Weber
E-mail:....chainwheelchatter@biketcba.org
- Ride Coordinator: Ed Usewick
E-mail:.....rideschedule@biketcba.org
- Ride Line:.....TUBES-OO (517) 882-3700
- Ride Line: Call In Coordinator:
Katie Donnelly.....TUBES-OO (517) 882-3700
- Ride Mileage Keeper:
Steve Schuesler
E-mail:.....s.schuesler@comcast.net
- Safety & Education: Bill Savage
E-mail:.....MSUSavage@aol.com
- SummerTour: Lee Adair
E-mail:.....summertour@biketcba.org
- T-Shirt Ride: Deb Holdcraft
E-mail:.....tshirt@biketcba.org
- Weather:.....(517) 321-7576
- W O W: Joane Gruizenga
E-mail:wow@biketcba.org

CHANGE OF ADDRESS

Please complete this form, clip and drop in an envelop to ensure we receive your correct address so you receive your Chainwheel Chatter. Thank you!



NAME _____

NEW ADDRESS _____

CITY _____

STATE _____ ZIP _____

MAIL TO: TCBA, ATTN: MEMBERSHIP CHANGE OF ADDRESS, P.O. BOX 22146, LANSING, MI 48909.