# Chainwheel Chatter



Tri-County Bicycle Association • P.O. Box 22146 • Lansing, MI 48909 • (517) 882-3700 • www.biketcba.org

Volume 34 Number 5 Established 1972 May 2008

# NEXT Meeting!!! May 29, 2008 - 7:00 p.m. Foster Community Center 200 N. Foster St. - Lansing



# Andy Provenzano TV-10 Meteorologist

Andy Provenzano, WILX, Channel 10, Meteorologist will talk about lightning and how to avoid being struck and other weather-related topics.

# **TCBA Family Picnic**

June 29, 2008, Rayner Park, Mason, MI

Lunch will be served at 1:00 p.m. The cost will be \$5.00 per person with advance reservations required (children under 10 will be admitted free, but we will still need a head count for them). A sign-up sheet will be sent around at the May club meeting, or you can send your check or money order payable to TCBA to Sue Viele, 4985 Pares Rd., Dimondale, MI 48821. If you have questions you may contact Sue by phone 517-646-8335 or email <a href="mailto:vp@biketcba.org">vp@biketcba.org</a>.

#### **CHANGE OF ADDRESS**

If you move or have your mail forwarded, please notify us as soon as possible. The newsletters are sent bulk mail, and the post office does not forward bulk mail. The post office returns your newsletter to us (we have to pay to get it back), so your membership ends up in limbo until we hear from you. Please send your change of address to: TCBA, Membership Change of Address, P. O. Box 22146, Lansing, MI 48909, or email membership@biketcba.org.

#### **Board Meeting**

The Board of Directors will meet at 6:30 p.m. on Tuesday, June 3, 2008 at the Foster Community Center.

Members are welcome to attend all board meetings to express their concerns. Due to time constraints, if you have a specific item to be brought before the board it is suggested that you contact the President one week prior to the meeting, and ask to have it added to the agenda.

#### **Cycle Forum**

Please plan to join Alan Huber at 6:00 p.m., immediately preceding the membership meeting on Thursday, May 29, 2008.

#### Newsletter/Ride Calendar Deadline

The deadline for the next newsletter is Tuesday, May 6, 2008. PLEASE NOTE, THIS IS 3 DAYS EARLIER THAN USUAL DUE TO A SCHEDULED TRIP I NEED TO TAKE FOR WORK. Please send items to Janet Weber, 767 Linden St., Charlotte, MI 48813, FAX to 1-800-480-1146 or send your email to: chainwheelchatter@biketcba.org.

Ride calendar information should be sent to Ed Usewick, 590 Boutell Dr., Grand Blanc, MI 48439 or emailed to <u>rideschedule@biketcba.org</u>. So we can include this information in the next newsletter, please note deadline date indicated above.

#### 

### MINUTES OF THE TRI-COUNTY BICYCLE ASSOCIATION

#### **BOARD OF DIRECTORS MEETING**

Foster Community Center - Lansing March 4, 2008

Board members present included Sue Viele, Linda Antinori, Al Simons, Kris Stairs, and Herb Drake. Also present was club members Katie Donnelly.

#### **Reports**

- 1. <u>Vice -President's Report:</u> Sue Viele, Vice- President, announced that Andrea Rybicki, Chainwheel Chatter Editor, was resigning her position due to time restraints. After Board discussion, it was decided by the Board that Sue Viele would email those people who had indicated an interest in working on the newsletter when they applied for club membership.
- 2. <u>Minutes/Secretary's Report:</u> Minutes of the February meeting were presented for review by secretary, Linda Antinori. Grammatical changes to the minutes were suggested and made. A motion to approve the minutes was made by Sue Viele, was seconded by Kris Stairs, and carried unanimously.
- 3. <u>Treasurer's Report:</u> Financial Reports for the 2007 Fiscal year as well as January 2008 were presented to the Board for approval by Dick Sulin, Treasurer. The reports were reviewed by Board members and a motion to pass the Financial Reports was made by Herb Drake. The motion was seconded by Al Simons, and passed unanimously.
- **4.** <u>Ride Program Committee:</u> Kris Stairs announced that the 2007 ride incentives should be available for club members to pick up at the April Club meeting.
- 5. <u>DALMAC</u>: Al Simons, Events Director, announced that DALMAC registration was up and running. The bugs in the registration process had been worked out.
- 6. Northwest Tour: There is still space available on the Northwest Tour.
- 7. Summer Tour: Summer Tour is full for 2008.

#### New Business:

- Herb Drake, Member at Large, will have a rough draft of the TCBA Privacy Policy available by the next Board meeting.
- The generosity and flexibility of the Foster Community Center in scheduling our meetings has greatly benefited the TCBA and in return the TCBA Board of Directors would like to make a contribution to the Foster Community Center. Dick Sulin is to contact the Foster Community Center to see what programs of theirs could benefit from a donation from the TCBA.
- After discussion, the Board decided to continue to keep its meeting date as the first Tuesday of the month.
- Herb Drake suggested we make more room for member ads in the Chainwheel Chatter. The current layout could be improved to accommodate more member input, easing the editor's job. Further discussion will be postponed until we have a new editor comfortably in place.
- Web page changes have been postponed for the time being, with the hope that the more use of the Braking News feature will keep club members up to date on club news.
- Katie Donnelly announced that the Healthy Expo would be held September 27, 2008.

# MAY IS NATIONAL BIKE MONTH!!!

#### BIKE TO WORK WEEK - MAY 12-16

#### BIKE TO WORK DAY - MAY 16

For additional information go to the League of American Bicyclists website:

http://www.bikeleague.org/programs/bikemonth/





#### **Editors Note**

As you learned a few months ago, Andrea Rybicki has stepped down as editor to the Chainwheel Chatter newsletter. Thank you, Andrea, for the exceptional service you provided. With a few months of transitional assistance from a prior editor, Charla Sims, I have agreed to accept this position. Thank you Charla, as well, for your years of service and the assistance you've been providing as well.

My name is Janet Weber and I have been a TCBA member for just one year. As a fairly new member, I am still learning a great deal of the TCBA and look forward to furthering my understanding thereof and gaining opportunities to serve this organization.

This newsletter is our tool provided to all of us from each other. Therefore, I welcome your input to this newsletter as each of you have a wealth of information, knowledge, and experience that we can all benefit from.

Please feel free to submit articles of interest for inclusion in future issues. We post submission deadlines in each issue; however, those deadlines will be the 2<sup>nd</sup> Friday of each month. Thank you for allowing me the opportunity to serve this organization and together we can continue to improve our efforts to keep each other informed on the latest updates pertaining to bicycling.

#### WELCOME NEW MEMBERS

Richard Rapparlie Sam and Trish Davis Heather Stearman



#### RIDE OF SILENCE

The 2008 Ride of Silence will be held on Wednesday, May 21<sup>st</sup> at 7 p.m. beginning at Haslett Middle School. This ride which honors those bicyclist who have been injured or killed, is conducted to raise awareness of all bicyclists and to spread that we all SHARE THE ROAD. This ride is a Class "D" ride, and asks cyclists to ride no faster than 12 MPH and remain silent during the entire ride. Please join us for this event.

#### 100,000 Metre T-Shirt Ride

WHEN: Saturday, June 7, 2008
WHERE: Laingsburg High School

Please be sure to join the fun with great routes, great food, and hopefully great weather. For more information go to <a href="www.biketcba.org">www.biketcba.org</a>. If you are interested in helping with rest stops or SAG Driving, please contact Debra Holdcraft at 517-223-0312 or <a href="tshirt@biketcba.org">tshirt@biketcba.org</a>.

#### LIFERIDE 2008

Once again, many TCBA members will ride in the Liferide! This ride is a great fellowship opportunity and fundraiser for the Lansing Area AIDS Network. The route is in beautiful Clinton County, and riders will enjoy breakfast, lunch, dinner, and great SAG support! It will take place on Saturday, June 14, with the 70 mile ride starting at 8 am and the 25 mile ride starting at 9 am. Please call Patrick Lombardi at 517-394-3719 extension 14, or register online at <a href="www.laanonline.org">www.laanonline.org</a>. Riders who raise \$500 in pledges will have their \$35 registration fee waived. Top pledge collector will receive a LIFE RIDE riding jersey from Velowear.

# May 2008 Ride Calendar Recurring Rides; No Ride if Rain, Unless Noted

Day/Date	Time	Miles	Class	Start Location	Other Information	Ride Leader
Sundays						
	8:30 AM	40+	Z	67th District Court	Must be above 45 at Start;	Ed Usewick
				House, Grand Blanc	No Ride: Mom's Day (11th)	810-694-9919
	10:00 AM	26-38	C	Holt Junior High	At least one rest stop	Pete Derkos
				School		517-694-3024
	1:00 PM	20-25	D	Kroger Parking Lot		Judy Miller
				(Coolidge Road)		(517-484-5686
Mondays						
	6:30 PM	18-25	C	Coaches American	No ride on Memorial Day	Ginger Royston
				Pub & Grill		517-393-4799
Tuesdays						
	5:00 PM	25-35	В	Owosso Fire &	No ride if high winds	David Smith
				Police Station		989-723-1211
	6:00 PM	15-30	C	Oneida Gospel		Dennis Stinson
				Chruch		517-543-9432
	6:30 PM	15-20	В	Williamstown Town		Dwayne Scheidler
				Hall		517-339-4586
Wednesdays						
-	6:00 PM	5-10	D	Holt Pro Cycle	This is a slow/easy and fun	Tina Patrick
				Shop	ride for all ages!	517 575-9924
	6:30 PM	12-15	D	Haslett Middle	May 21st will be the Ride	Lenny Provencher
				School	Of Silence. Call for details.	517-204-2971

# May 2008 -Wednesday Evening Rides - MSU Pavilion All Classes start at, 6:15 pm, 1/2 mi. south of the Y-Lot

Class/Mileage	5/7	5/14	5//21	5/ 28
A, 30-40 mi				
B; 25-35 mi.	Sue Viele	Jim Delinescheff	Linda Antinori	Katie Donnelly
	333-0306	333-9327	410-6343	349-5564
C; 20-30 mi.	Mary Burris	Mary Burris	Mary Burris	Edie Belcher
	394-1617	394-1617	394-1617	242-4122
D; 15-25 mi.		Katie Donnelly		
		349-5564		

Thursdays						
	5:00 PM	25-35	В	Owosso Fire &	No ride if high winds, or	David Smith
				Police Station	club meeting the 29 <sup>th</sup>	989-723-1211
	6:00 PM	15-30	C	Oneida Gospel	No Ride 29 <sup>th</sup> (Club Meeting)	Dennis Stinson
				Church	dcstinson@starband.net	517-543-9432
	6:30PM	15-20	В	Williamstown Town	Jeff Dillingham will be the	Charla Scheidler
				Hall	Leader on May 8 & 22. No	517-339-4586
					ride the 29th, Club meeting.	Jeff Dillingham
						517-339-0442
Fridays						
	9:30 AM	30-45	C	Dewitt Township	Food stop. No ride May	Jan or Tony Koller
				Hall	24th.	517-669-5744.

# May 2008 Ride Calendar (Continued) Recurring Rides; No Ride if Rain, Unless Noted

Saturdays						
Day/Date	Time	Miles	Class	Start Location	Other Information	Ride Leader
	8:00 AM	40	Z	67 <sup>th</sup> District Court House, Grand Blanc	Must be above 45 at Start, No Ride on 31st	Roxanne Usewick 810-694-9919
	8:00 AM	45-65	Z	Sawdon School.	email destinson@starband.net	Dennis Stinson 517-543-9432
	9:00 AM	12	D	Coaches (Bishop Road)	Starts May 10 <sup>th</sup> ! Uncle Miltie's Breakfast ride. Bring the kids! Very "New rider"- friendly!	Milt Gruhn 517-393-1617

## Other DAY RIDES (one time only) in May...

Day/Date	Time	Miles	Class	Start Location	Other Info	Ride Leader
Saturday	9:00 AM	35-50	В	Owosso Fire and	No ride if high winds	Dave Smith
May 3 <sup>rd</sup>				Police		989-723-1211
Saturday	9:00 AM	35-50	В	Owosso Fire and	No ride if high winds	Dave Smith
May 17 <sup>th</sup>				Police	_	989-723-1211
Monday	9:00 AM	50-60	Z	Holt Commuter	Memorial Day	Edie Belcher
May 26 <sup>th</sup>				Lot	Alma and back	517/242-4122
Saturday	7:30 AM	62	Z	Laingsburg High	Dog Sweep for T-Shirt	Debra Holdcraft
May 31st				School		517-223-0312

## **Ride Starting Point Descriptions**

67th District Court House
Haslett Middle School
E on Franklin St from Marsh Rd, 1st light S of Haslett Rd
Holt Pro CycleryCedar, 3 blocks S of Holt Rd
Holt Junior High (Former Holt High School)
Oneida Gospel Church
Sawdon SchoolLamson Rd., Grand Ledge
Williamstown Twp HallCorner Zimmer &
Germany Rds 4 mi east & 1 mi south of Haslett

#### **RIDE CLASSIFICATIONS**

A+19+ MPH
A17-19 MPH
B14-17 MPH
C12-14 MPH
DUnder 12 MPH Fun and Social Group Ride
FFamily Fun & First-Timers Ride
M Mountain BikeN/A
ZRides over 40 miles in length to be
ridden at the rider's own pace without on the road
ride leader supervision. Leader must have detailed
map of the ride for all riders.

#### FOR MORE RIDES CALL:

517-882-3700 - or visit the Web Site: www.biketcba.org

Note, changes of rides are not posted to this site.

To receive the Ride Line Transcript by email send your email address to: <a href="mailto:donnel13@msu.edu">donnel13@msu.edu</a>

# HELMETS ARE REQUIRED ON ALL TCBA RIDES!!!

### **CLASSIFIED**



This section of the Chainwheel Chatter is published as a service for **TCBA members only**, to advertise cycling equipment free of charge. To place an ad, send an email to chainwheelchatter@biketcba.org, FAX to 800-480-1146, or mail to Janet Weber, 767

Linden St., Charlotte, MI 48813.

**WANTED**: Road bicycle, late model, triple chainring, of good quality and maintenance for training and participating on the DALMAC and other organized rides. Frame size 23" (58cm) or 24" (61cm). Call Mark at (517) 719-8321 or write to wollensak@voyager.net.

**FOR SALE**: Trek 2100 road bike, Shimano 105 components, 58cm, Vetta c15 computer, toe clips, 2-H2O cages, frame bag, approx 4,000 miles. Original price \$1,460, asking \$700 or B.O. Call 517/394-1722 or 517- 485-4900 days, ask for David.

FOR SALE: Rans Rocket 24-speed recumbent bicycle. For information, contact Lenny. Email: <a href="mailto:provenc@msu.edu">provenc@msu.edu</a>.

**FOR SALE**: Litespeed. 56" Fram, 10-year old, excellent condition, well-turned. Come see and make an offer. Call Dale Crites 517-349-0597 or (cell) 517-712-9528. Or stop by 1633 Dobie4 Cr., Okemos, MI 48864.

**FOR SALE**: Bike. Good condition. Has the following extras: computer, clip pedals, head lite, mirror, pump, back seat bag. New 08 tuned, new tires and tubes. A deal at \$615. I want a trike, that's the reason. This was my winter bike. Call 269-657-2166, ask for Denny.

# MEMBER SPECIALS

**PERSONAL TRAINING** – Benefit from bicycling-oriented fitness training with Audrey Morris, Certified Personal Trainer. Focus is on a progressive training program that strengthens the core and other muscles key to biking, as well as flexibility and aerobic elements. Design you program with me from onesession orientations to on-going training sessions. Gift certificates available. Call Audrey at (517) 712-4678.

#### **SEW MUCH MORE**

Cycling wear: jerseys, cycling shorts, tights, and cycling shells.

Reasonable prices. Custom fit.

Gift certificates.

For more information call Sue at 517-627-1411

#### OTHER UPCOMING RIDES

**W.O.W**. - July 19, Mason High School. Choose any combination of 3 routes (17, 32, and 50-mile loops).

**DALMAC** – August 27-31. Five routes to choose from, however, they are filling quickly.

Go to <u>www.biketcba.org</u> for additional information and registration.

#### HAPPY MOTHER'S DAY!!!

