TRI-COUNTY BICYCLE ASSOCIATION P.O. BOX 22146 LANSING, MI 48909 (517) 882-3700 WWW.BIKETCBA.ORG

## Ghainwheel Ghatter

Volume 34, Number 7

Established 1972

**July 2008** 

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MEETING	DATE & TIME	LOCATION	PRESENTER & TOPIC
MEMBERSHIP	July 31, 2008 7:00 p.m.	Foster Community Center 200 N. Foster St. Lansing, MI	SGT Richard Hale, Michigan State Police SGT Hale is a member of TCBA. He was a road trooper for 24 years. He was then assigned to the Training Division and ran the Firearms Program. Currently, he is in charge of the First Aid Training Unit and In-Service Programs for the Criminal Investigation Division. SGT Hale's presentation will cover basic first aid related to cycling such as heat exposure, choking, CPR, and first aid for injuries.
CYCLE FORUM	July 31, 2008 6:00 p.m.	Foster Community Center 200 N. Foster St. Lansing, MI	Allan Huber  Multi-Day Ride Preparation —  Dress for Success
BOARD MEETING	August 5, 2008 6:30 p.m.	Foster Community Center 200 N. Foster St. Lansing, MI	Members are welcome to attend all board meetings to express their concerns. Due to time constraints, if you have a specific item to be brought before the board, it is suggested you contact the President one week prior to the meeting and ask to have it added to the agenda.



### **DEADLINE—11 July 2008**

#### **NEWSLETTER**

Please send items to Janet Weber, 767 Linden Street, Charlotte, MI 48813 or fax to 1-800-480-1160, or send your e-mail to chainwheelchatter@biketcba.org by the indicated deadline.

#### RIDE CALENDAR

Information for the ride calendar needs to be sent to Ed Usewick, 590 Boutell Drive, Grand Blanc, MI 48439 or e-mailed to rideschedule@biketcba.org. So we can include this information in the next newsletter, please note the above indicated deadline.

#### **ANNOUNCEMENTS**

#### **UPCOMING RIDES:**

W.O.W. — July 19, 2008 & DALMAC — August 27—31, 2008

Information for all rides are available at www.biketcba.org.

**Road I Class**— **Road I** is the foundation course which covers safe riding practices, such as: scanning and signaling, lane changing and positioning, emergency maneuvers, traffic laws, and knowledge of bicycles. This nine-hour course can be completed in one day. We need a minimum of 9 in the class. Cost is \$50.00. If interested, sign up at a TCBA monthly meeting, or contact Bill Savage at (517) 339-3933 or e-mail him at MSUSavage@aol.com.



## MINUTES OF THE TRI-COUNTY BICYCLE ASSOCIATION BOARD OF DIRECTORS MEETING

Foster Community Center - Lansing May 6, 2008

Board members present included Joe Adams, Sue Viele, Linda Antinori, Dick Sulin, and Herb Drake. Also present were club members Katie Donnelly, Ken Hendrick, Janet Weber, Bill Savage, Lee Adair, and Jan Koller.

#### Reports

- 1. <u>President's Report:</u> Joe Adams, President, called the meeting to order at 6:33 PM. Joe announced that Al Simons was in Phoenix on business and Kris Stairs had a doctor's appointment.
- Minutes/Secretary's Report: Minutes of the April meeting were presented for review by Linda Antinori, Secretary. After a spelling correction, a motion to approve the minutes was made by Sue Viele, seconded by Herb Drake, and carried unanimously.
- 3. <u>Treasurer's Report:</u> Dick Sulin, Treasurer, presented the year to date Financial Reports as well as the April 2008 reports to the Board. Board members reviewed the reports and a motion to pass the Financial Reports was made by Herb Drake. The motion was seconded by Linda Antinori, and passed unanimously. Dick Sulin announced that Ken Hendrick, DALMAC Treasurer, is helping him set up the new accounting software and that they are planning to audit each other's books.
- **4.** <u>Events Director</u>: Joe Adams reported in Al Simons' absence that DALMAC routes are filling and that everything was going fine.
- 5. Ride Program Committee: Herb Drake said we were out of large club jerseys.
- 6. Summer Tour: Lee Adair said Summer Tour is ready to go.
- 7. Northwest Tour: Northwest Tour has 175 registered riders and is set to go.
- 8. T-Shirt Ride: The T-Shirt ride is set to go.
- 9. WOW Ride: The WOW Ride is set to go.
- **10.** <u>Chainwheel Chatter:</u> Janet Weber introduced a new format for the Chainwheel Chatter, which was received favorably by the Board and its guests.
- 11. <u>Picnic:</u> Sue Viele announced that the Club Picnic preparations are set. We will be using the same caterers as last year and the roads to Raynor Park should be accessible.

#### Old Business:

- Joe Adams announced that since we can't promote the TCBA at the MDOC Health Fair and there
  seems to be little interest in the Health Fair itself, it probably would be in our best interest to let the matter drop.
- Due to the unforeseen circumstances concerning the use of our normal Foster Center room by the Mayor, Joe felt we did the best we could to notify everyone of the change in location for our April Membership Meeting,

#### New Business:

- The Board decided to table the Crime Insurance issue until the policy became due.
- Bill Savage, TCBA's Safety and Education Director, attended a Road 1 Licensed Cycling Instructor Class
  in Jackson sponsored by the League of Bicyclists and would like to conduct such classes here in Lansing. The class would require 9 participants and would be taught by a Licensed Cycling Instructor. It was
  suggested that Bill make an announcement about this matter at the next Club meeting and put an article
  in the Chainwheel Chatter.
- Jan Koller asked the Board for approval for a ride on the Pere Marquette Trail in August. She would like
  riders to be given club credit for their miles. The Board decided to have both Ken Hendricks and Linda
  Antinori research past club policy concerning such rides outside the normal club starting points before
  making a decision.

The Tri-County (Ingham/Eaton/Clinton) Bicycle Association is a group of people of diverse ages, backgrounds, and occupations with a common interest —bicycling!

The members of TCBA have dedicated themselves to:

- Promoting the use of bicycles for healthful recreation and transportation.
- Educating bicyclists as to their rights and responsibilities.
- Promoting public awareness of bicyclists' rights and responsibilities.
- Organizing club rides and sponsoring invitational tours to introduce others to bicycling.
- Providing instruction in bicycle safety, maintenance, and technique.
- ♦ Supporting bicycling throughout Michigan.
- Providing fellowship and communication among persons interested in bicycling.

Membership in TCBA is open to anyone who is at least 12 years of age and interested in bicycling. Younger riders may participate as part of a family membership. We meet on the last Thursday of each month to hear talks on bicycling, to discuss upcoming rides and events, and to handle other association affairs.

Members receive a monthly newsletter to keep them up-to-date on happenings within the club and information about riding opportunities outside of the mid-Michigan area. The club sponsors a regularly updated rideline (TUBES-00/517-882-3700) listing rides not listed in the club newsletter (<a href="https://www.biketcba.org">www.biketcba.org</a>). Come join us in the friendship, fun, and health that are the essence of bicycling!

#### RIDE INCENTIVE PROGRAM

To encourage recreational group riding, TCBA offers a ride incentive program. A record is kept of mileage

points from club rides and non-commercial invitational rides. At the end of the season, awards are given according to the various mileage levels attained.

#### MEMBERSHIP BENEFITS

- Receive our monthly newsletter, the Chainwheel Chatter, listing club rides, social events, and updates on bicycle legislation. Get to know others interested in bicycling while participating in organized rides departing throughout the tricounty area.
- Enjoy healthful exercise and improve riding skills while discovering areas of mid-Michigan you may have missed.
- Learn more about bicycle repair at monthly Cycle Forum sessions.
- Receive periodic discounts from area bike shops.
- Buy or sell used bicycle accessories at our annual swap meet.
- Attend entertaining and informative monthly club meetings featuring tips on bicycle technique, training, and touring.
- Serve the tri-county community by participating in the club's Safety and Education program.
- Receive automatic mailing of club ride applications.

#### **RULES OF THE ROAD**

- Helmets are required on all TCBA club rides.
- Always ride with care and consideration for others around you.
- Be generous in the use of your vocal cords. Statements like: On your left, hole, gravel, stopping, braking, tracks, etc..., are appreciated by those in front or behind who cannot see such hazards.
- Never make a sudden change in speed or direction without warning those around you.
- Obey traffic signs and signals.
- Ride with the flow of traffic, not against it. Don't cross the center line unless your lane is blocked.
- ♦ Ride single file when traffic is heavy in your lane.
- Ride two abreast only when the road conditions and traffic allow. Never ride more than two abreast. It's dangerous and illegal.
- ♦ Signal your intention to turn or stop by using hand signals.

**July 2008 Ride Calendar** Recurring Rides; No Ride if Rain, Unless Noted

DAY	TIME	MILES	CLASS	START LOCATION	OTHER INFORMATION	RIDE
CUNDAVO	8:00 AM	40+	Z	67th District Court House, Grand Blanc	No Ride on the 13th	Ed Usewick 810-694-9919
SUNDAYS	8:30 AM	30-40	В	MSU Pavilion	No Ride on the 13th	Marta Belsky 517-347-5693
MONDAYS					None this Month	
	5:00 PM	25-35	С	Owosso Fire & Police Station		David Smith 989-723-1211
	6:00 PM	15-35	В	Oneida Gospel Church	email dcstinson@starband.net	Dennis Stinson 517-285-3433
TUESDAYS	6:15 PM	25-30	С	DeWitt Meijers - Webb & US 27	No Ride on the 8th	Linda Antinori 517-410-6043
	6:30 PM	25-30	В	Williamston Town Hall		Ron & Mary Sue Gorsline, 517-655-9381
WEDNESDAYS	9:00 AM	40-50	Z	Mega Hall		Edie Belcher 517-242-4122
WEDNESDATS	10:00 AM	18-39	D	Coaches (Bishops Road)	No Ride on the 9th	Sandy Barringer 517-272 2833

## July-08 Wednesday Evening Rides - MSU Pavilion ALL CLASSES, 6:15pm 1/2 mi. south of the Y-Lot

Class/Mileage	7/2	7/9:SummerTour	7/16	7/23	7/30
A, 30-40 mi					
B; 25-35 mi.	Sara Troutman	Jim Delinescheff	Linda Antinori	Jim Delinescheff	Sara Troutman
	517/331-1004	517/333-9329	517/410-6043	517/333-9329	517/331-1004
C; 20-30 mi.	Mary Burris	Edie Belcher	Sue Viele	Mary Burris	Edie Belcher
	517/394-1617	517/242-4122	517/333-0306	517/394-1617	517/242-4122
D; 15-25 mi.	Edie Belcher	Mike Overley	Donnelly Katie	Connie Campbell	Connie Campbell
	1/517/242-4122	517/702-3771	517/349-5564	517/285-2012	517/285-2012

					No Ride the 31st Club Meeting	
	5:00 PM	25-35	В	Owosso Fire & Police Station		David Smith 989-723-1211
Thursdays	6:00 PM	15-35	В	Oneida Gospel Church	dcstinson@starband.net No Ride July 10th	Dennis Stinson 517-285-3433
	6:30 PM	25-30	В	Williamston Town Hall	No Ride July 10th	Jeff and Janet Dilliingham 517-339-0442 517-655-9381
Fridays	9:00 AM	30-50	С	DeWitt Meijer at Webb Road and Crossover Drive. Park in the extreme Northwest corner.	Food stop. No Ride July 4th. New location!!! Road work on Herbison Rd.	Jan or Tony Koller 517-669-5744

#### July 2008 Ride Calendar (Continued)

Recurring Rides; No Ride if Rain, Unless Noted

					No Rides; 12th—Summer Tour or 19th — WOW Ride	
	TIME	MILES	CLASS	Start Location	Other Information	Ride Leader
Saturdays	8:00 AM	40	Z	67th District Court House, Grand Blanc		Roxanne Usewick 810-694-9919
Cara: aayo	8:00 AM	50-70	Z	Sawdon School	dcstinson@starband.net	Dennis Stinson 517-285-3433
9:00 AM 12	D	Coaches (Bishop Road)	Uncle Miltie's Breakfast ride. Bring the kids! Very "New rider' friendly!	Milt Gruhn 517-393-1617		
	10:00 AM	40-45	Z	Coaches (Bishop Road)		Sandy Barringer 517-272-2833

#### Other DAY RIDES (one time only) in July...

Day/Date	Time	Miles	Class	Start Location	Other Info	Ride Leader
Friday July 4th	9:00 AM	40-55	Z	Holt Commuter		Edie Belcher 517-242-4122
Saturday July 5th	8:00 AM	65-75	Z	Holt Commuter		Lynn Farabaugh 517-371-4336
Saturday July 12th	8:00 AM	65-70	Z	Holt Commuter		Edie Belcher 517-242-4122
Sunday July 13th	9:00 AM	45-55	Z	MSU Pavilion		Edie Belcher 517-242-4122
Saturday July 26th	8:00 AM	65-75	Z	Holt Junior High School		Edie Belcher 517-242-4122

#### **Ride Starting Point Descriptions**

67th District Court House Grand Blanc
Coaches Pub & Grill 6201 Bishop - south of the ML King exit
on I-96
Dewitt Township Hall 1401 W. Herbison Rd. 1/2 mi. west of
Old 27
Haslett Middle School E on Franklin St from Marsh Rd,

1st light S of Haslett Rd Holt Pro Cycle Cedar St, 3 blocks S of Holt Rd

Holt Pro Cycle Cedar St, 3 blocks S of Holt Full Holt Junior High (Former Holt High School)

Aurelius Rd,1/2 mi south of Holt Rd, Holt Kroger Coolidge & Lake Lansing

(Parking lot near Coolidge)

Laingsburg High School Laingsburg

Owosso Fire/Police Station Owosso

Oneida Gospel Church

Corner of Oneida and Strange Hwy, Grand Ledge
Sawdon School
Lamson Rd., Grand Ledge
Williamstown Twp Hall
Germany Rds 4 mi east & 1 mi south of Haslett

Laingsburg
Owosso

rand Ledge
rand Ledge

#### RIDE CLASSIFICATIONS

A+19+ MF	'Η
A17-19 MF	'Η
B14-17 MF	'Η
C12-14 MF	'Η
DUnder 12 MPH Fun and Social Group Rich	de
MN/	Ά
ZRides over 40 miles in length to	be ridden
at the rider's own pace without on the road ride le	eader su-
pervision. Leader must have detailed map of the r	ide for all
riders.	

### FOR MORE RIDES CALL: 517-882-3700 - or visit the Web Site:

www.biketcba.org
To receive the Ride Line Transcript by email send your email address to: donnel13@msu.edu

#### HELMETS ARE REQUIRED ON ALL TCBA RIDES!!!



## WELCOME NEW MEMBERS



Christine Aubuchon Nancy Bunge Jeremy Davis Julaine & Jon Eddy Kimberly Emery David Frobish Julie Gardner Emily Gruber & family Noemi Heydrich Kennith I. Johnson Jim Kelly Lisa Lalley Lisa Ludtke & family Charlie & Chrissie Mack Ivanna Mendoza & family Scott & Amy Renner Gene Schmitt

#### **CHANGE OF ADDRESS**

If you move or have your mail forwarded, please notify us as soon as possible. The newsletters are sent bulk mail, and the post office does not forward bulk mail. The post office returns your newsletter to us (we have to pay to get it back), so your membership ends up in limbo until we hear from you. Please e-mail your address change to membership@biketcba.org. Or, for your convenience. please mail the form on the last page to TCBA, Membership Change of Address, P. O. Box 22146, Lansing, MI 48909.

#### DALMAC—2008 by Al Simons, Event Director

Acceptance letters were sent out on May 6 to all riders who registered prior to that date. Letters were sent first-class, so if you have not yet received your letter, you need to contact us immediately by emailing: DALMAC@BikeTCBA.org. If you do not have email, phone 517-882-3700 and leave a message. You will need your acceptance letter to claim your registration packet or to cancel your enrollment.

All riders who registered after May 6, 2008 will receive their acceptance letter approximately two weeks after payment has been received.

This year we increased the rider count on our most popular routes, the 5-Day and the 4-West, by 75 people each. Last year they filled so quickly, the riders that wanted to ride DALMAC spilled into the remaining routes, thus filling them too.

This year's additional 150 riders are why the routes have stayed open so long. A couple routes have filled and are now full and closed.

Also for 2008 we have added Bullock Creek, Vestaburg and Boyne City to our overnight stays. These cities are pleased to have DALMAC come to town and this is due in part by the respect DALMAC riders show to communities we pass thru. Good job everybody!

As you are all aware DALMAC is an all volunteer organization, and a few more volunteers are needed. We need two baggage truck drivers, one for the 5-UP and one for the 4-East route. The truck driver jobs can be split by two people. Contact us for more details on job sharing. We also need a sag driver for the 5-Day and one for the 4-West. If you are interested or want more details please email <a href="Events Director@BikeTCBA.org">Events Director@BikeTCBA.org</a>.

#### Sunrises & Sunsets for July 2008

DATE	RISE	<u>SET</u>	DATE	RISE	<u>SET</u>
1	6:04	9:20	16	6:15	9:13
2	6:05	9:20	17	6:16	9:13
3	6:05	9:20	18	6:17	9:12
4	6:06	9:19	19	6:18	9:11
5	6:07	9:19	20	6:18	9:10
6	6:07	9:19	21	6:19	9:09
7	6:08	9:18	22	6:20	9:09
8	6:09	9:18	23	6:21	9:08
9	6:09	9:17	24	6:22	9:07
10	6:10	9:17	25	6:23	9:06
11	6:11	9:16	26	6:24	9:05
12	6:12	9:16	27	6:25	9:04
13	6:12	9:15	28	6:26	9:03
14	6:13	9:15	29	6:27	9:01
15	6:14	9:14	30	6:28	9:00
			31	6:29	8:59

#### **Rewarding Volunteer Cycling Opportunity Available**

Have you ever wished you could utilize your love of cycling to help someone else? If so, volunteering to captain a tandem biking for Fran Campione, a blind member of TCBA, could be just the opportunity you are seeking.

As a fit and active individual, Campione often experiences frustration with not being able to just ride whenever she feels compelled. However, she hopes to change that by finding members who are willing to ride with her.

Free time and a willingness to help out while doing something you enjoy are the only requirements. Campione owns a tandem bike and is very flexible with riding times. This is a perfect opportunity to do something rewarding while riding

— something you'd be doing already. If you would be willing to volunteer your time for this worthy endeavor, please contact Campione at (517) 694-1231 or at fjcampione@sbcglobal.net.



## Volunteers Needed to Help Provide Bike Parking at the Great Lakes Folk Festival by Phil Wells

The Great Lakes Folk Festival returns to downtown East Lansing this year on August 8-10. And returning to the festival is free guarded "valet" bike parking—thanks to the volunteer efforts of TCBA members and others. TCBA and the League of Michigan Bicyclists have offered this popular service at the past eight festivals. This year, Michigan State University's "MSU Bikes" program is taking over lead responsibility for the bike parking service.

Please consider volunteering this year to help provide this valuable service. Past volunteers can tell you it's fun and low-stress.

The festival's main sponsor is the MSU Museum. Featuring a huge range of music from polka to blues, plus dance and other folk arts, the festival draws large crowds. Offering free bike parking encourages people to bike to the festival instead of driving—which promotes cycling as a convenient and practical mode of transportation, alleviates traffic congestion, encourages exercise, saves energy, protects air quality and slows climate change. It also provides a golden opportunity to promote TCBA and LMB membership and events, as well as cycling safety.

Bike parking volunteers get training (though not much is needed!), chairs, a

tent for shade, snacks, refreshments, a chance to make new friends and an opportunity to promote bicycling. All volunteers receive an official GLFF volunteer T-shirt, an invitation to the volunteer/performer party on Saturday night, access to the "Green Room" (more free beverages and snacks) and other perks.

The Festival volunteers are asked to work one or two shifts of about three hours. You can sign up at the festival web site, www.greatlakesfolkfest.net (click on "volunteers" then "registration"); or call (517) 432-2043. To volunteer for bike parking, choose shift(s) between Friday late afternoon and Sunday late afternoon. You may also help set up the bike "corral" Friday (select Friday "early afternoon" shift, even though set-up will start about 4 p.m.) and/or tear it down Sunday (select Sunday "evening" shift, even though tear-down will start about 5 p.m.).

For more information about the bike parking service, contact Tim Potter at MSU Bikes (517) 432-3400; bikes@msu.edu; or Phil Wells of TCBA and LMB (517) 267-8971; philwells99@yahoo.com.

"When the spirits are low, when the day appears dark, when work becomes monotonous, when hope hardly seems worth having, just mount a bicycle and go out for a spin down the road, without thought on anything but the ride you are taking."

- Sherlock Holmes



2007 RIDE INCENTIVE ITEMS

If you have not yet picked up your 2007 ride incentive items, they will be available at the July membership meeting. Items not picked up by this meeting will be donated to the TCBA for club use.



#### A Time of Decline?

As I pitched my tent near the Elletsville, Indiana High School last fall, I heard my camping neighbor, Chicago's Tim Dearborn, say that Hilly Hundred officials were concerned because for the second year in a row tour numbers were down. This year's, the 40th Hilly, had 3500 entries, far short of the limit of 5000. I realized I had heard over the last year or so that numbers of entrants of other tours are beginning to decline.

For my part, all I noticed was that the roadway was slightly less hectic – the rest stops slightly less crammed – than in my first Hilly in 2002. Generally, I don't care if bike tours are getting more or less popular, and ride them simply because I like them. But at that moment I realized I've seen all this before.

In August of 1972, I sat drinking cheap wine in front of a TV in an apartment in Denver, Colorado, watching as American Frank Shorter won the Olympic Marathon in Munich, Germany. Finishing the bottle, I thought, I could do that. I could run 26 miles. That moment was the beginning of the end of my drinking, as well as the beginning of nearly 30 more satisfying years as a runner.

Little did I know that I was one of scores of millions of Americans who would take to running, and that many of us would get quite good at it, particularly in the marathon. Evidence: Nearly seven years later, in 1979, I ran a 2:56:10 at the Boston Marathon, averaging about 6:44 a mile. But my

place was far more notable than my time: 2332nd.

There were 2331 runners faster than me that day! More evidence: In 1982, Michigan Runner magazine listed the 50 fastest Michigan men to run marathons that year. My 2:44 at Port Huron didn't even make the list. In America, fast runners, particularly marathoners, had become a dime a dozen.

Through the 70s and into the 80's races of all lengths emerged in towns and cities of all sizes, often inspired by a local runner's favorite workout course. Chesaning's race was 8 miles, while the Champion Timberland's race in the U.P. was 12.6 miles. Tiny towns organized full marathons - places like Breckenridge, Michigan; Gilboa, Ohio; and from Marathon to Athens, Wisconsin. Race calendars grew to page after page, and we runners seemed to have endless choices.

But in the 80s and 90s the tide began to turn, and today most of these races no longer exist. Some have been replaced by shorter races of standardized distances. Race calendars now consist mostly of 5Ks, a few 10Ks, and very few races of ten miles or more. The running boom seems to have run its course. Is the same thing happening to biking?

My friends at Central Park Bike tell me there was a boom of bicycle sales in the 70s. It may have been part of a general fitness groundswell initiated by Shorter's Olympic conquest, but its greatest burst was yet to come. As the millennium ended, Lance Armstrong caught us all up in his battles with cancer, and then in repeated July assaults on the slopes of the Alps and Pyrenees. A whole lot of Americans who hadn't ridden bikes since they were kids suddenly decided they – and sometimes their kids - needed new bicycles.

But Lance got his 7th Tour victory, and the dark cloud of drug use among elite bikers, which had been hovering nearby all the while, finally rolled over biking's landscape. Since then, it hasn't been quite the same.

If the biking boom is truly just beginning a decline, it will be similar to what happened with running. Smaller, possibly less well organized tours will start to disappear, and larger, more popular ones will survive. And true bikers, like true runners, will continue in their sport. Biking may no longer be the "in" thing for an American to do, but a true biker will ride a bike each day just because it makes life a bit better. --PS - I wrote this piece early last winter, and now, in early summer am beginning to wonder about its future validity. Janet Weber, the Chatter's new editor, has reminded me how \$4 and more for a gallon of gas is suddenly making riding a bike more attractive.

## PERE MARQUETTE RIDE By Jan Koller

Want to ride an excellent trail in the center of Michigan? Join Jan and Tony Koller, on August 16th, to ride the Pere Marquette trail from Clare to Midland, and back. Distance would be 60 miles roundtrip. The trail has many restaurants and toilet facilities. The path is fully paved and flat. YES, you will get mileage credit! Call for more info @ (517) 669-5744.

## American Council on Renewable Energy Announces Support for Race Across America

From Raceacrossamerica.org

WASHINGTON, June 10, 2008 — The American Council on Renewable Energy (ACORE) is joining Congressman James Oberstar (D-8th, MN) Chairman of the House Transportation and Infrastructure Committee announcing the classification of the bicycle as a Renewable Energy Vehicle (REV) and Renewable Zero Emissions Vehicle (RZEV). The announcement is being made in conjunction with the Race Across American (RAAM), a cross-country ultramarathon bike race.

Mike Eckhart, President of ACORE, stated that, "with \$4/gallon gas prices and rising concerns about global warming, bicycles are an increasingly attractive means of local transportation. The use of bicycle transportation for clean commuting will cut air pollution, lessen traffic, reduce dependence on oil, and help curtail global warming."

ACORE is a proud sponsor of the Race Across America, the world's premiere ultra-endurance cycling event. This 3,000 mile bicycle race starts from Oceanside, California, racing through 15 states, across the Rockies, through the heartland of America and the Appalachians, and finishes in Annapolis, Maryland.

John Geesman, Co-chair of the ACORE Board and former California Energy Commissioner said, "energy efficiency is the foundation of all the renewable energy technologies, solar, wind, biomass, geothermal, hydro/ water power, and renewable hydrogen. The REV riders and RAAM are doing the nation a great service by highlighting the importance of low or no carbon transportation systems."

Congressman Oberstar, a longtime supporter of bicycles and sponsor of legislation advancing the use of bicycles, stated "America is facing a convergence of the environmental consequences of carbon-based energy, the exponential increase in fossil fuel costs, and a growing deficit in national infrastructure. As the Committee on Transportation and Infrastructure prepares to draft our next surface transportation authorization act, we must look more to alternative ways to move people and goods safely, efficiently, cleanly, and economically. REV's and RZEV's such as bicycles can and should play a larger role in our transportation future."

By sponsoring this event, ACORE is helping to raise awareness about the benefits of commuter biking. Bill Holmberg, and ACORE board member and decorated Marine veteran, perceives the most important battle of the 21st century will be fighting America's dependence on oil through energy efficiency, renewable energy, and alternative fuels and vehicles. He said, "ACORE and Marines are proud to salute RAAM

and the REV riders as leaders in this 'battle' for national and energy security."

The Race Across America began in 1982 as the Great American Bike Race. RAAM solo competitors average 250 to 350 miles per day. RAAM teams of 2-person, 4-person, and 8-person typically cross the country in 6 to 9 days, averaging 350 to over 500 miles per day. The RAAM 2008 competitors from 17 countries come from all walks of life, but their desire to participate in an experience so monumental that it is truly an accomplishment of a lifetime is universal.

"We are grateful for ACORE's sponsorship of the 27th Race Across America, and honored that Congressman Oberstar is joining the declaration that bicycles are REVs and RZEVs. He is the champion of bicycles in the Congress," said Terry Zmrhal, Race Director for RAAM.

ACORE is a 501(c)(3) non-profit organization based in Washington, D.C. that brings together every aspect and sector of the renewable energy industries and their trade associations, including wind, solar, geothermal, biomass and biofuels, hydropower tidal/current energy and waste energy. ACORE works to bring renewable energy into the mainstream of America's economy and lifestyle.

Contact: ACORE, Bill Holmberg, (202) 777-7585; biorefiner@aol.com or RAAM, Samantha Richardson, (720) 9 7 9 - 8 9 2 1; S a m a n - tha@raceacrossamerica.org.

#### 2008 T-Shirt Ride A Success

The T-Shirt ride was a huge success. We had over 500 participants. The weather was a bit humid, but raindrop free. Everyone dined on chicken sandwiches, hamburgers, pasta salad and lasagna prepared by the Laingsburg Police.

We have extra long sleeve t-shirts available in medium, large and extra large sizes. Please contact Debra at 517-223-0312 if you are interested in purchasing one.

#### **LOST & FOUND**

Lose something on the T-shirt ride? Jan Koller picked up a tire lever at the Shaytown rest stop. Owner please call (517) 669-5744.

## CLASSIFIEDS



FOR SALE: Rans Rocket 24-speed recumbent bicycle. \$600 Firm. For information, contact Lenny. Email:

provenc@ msu.edu,

FOR SALE: Tandem Bike—2 yr old Trek T2000 with about 600 miles; with a cat-eye computer; with great saddles (one is a women's Terry's butterfly saddle) and pedals that are combination SPD pedals (one side SPD, the other is flat for gym shoes). It is in excellent condition. Used for one DALMAC and some training for DALMAC. New \$3,800. Asking \$2,200. Contact Kristen Mullaney in Okemos at (517) 355-3797 or (517) 381-8818 or at mullaneyk@michigan.gov.

FOR SALE: BIKE CULTURE! Unique bike books and magazines available at OutYourBackDoor.com. Highlights include "The Recumbent Bicycle" book and new "Velo Vision" magazine issues. Dozens of other new and vintage bike culture books— all hard-to-find. Hundreds of free bike culture articles at the OYB website. Check out the handy "5-Way OYB Bag" — does more than

any other bike bag! Jeff Potter, proprietor and TCBAer (Williamston).

**FOR SALE:** 58 cm aluminum frame was still in the original box and just built into a single speed (with a freewheel). \$100 must see to appreciate! Call (517) 483-9610.

FOR SALE: Barely worn women's bike shoes (I have to wear mountain bike shoes). Lake Sandals, size 41-42; Nike road shoes, size 41; Pearl Izumi (I-Beam) road shoes, size 40. All shoes \$35 each (includes brand new cleats!) Call (517) 483-9610.

FOR SALE: Yakima Roof Top Carrier—Equipment to secure four bicycles. Compatible for GMC Minivans (Q81 Towers). 2008 Yakima web site retail approximately \$700. In very good condition. Selling for \$250. Call Keith Camann at (517) 349-5578.

#### **VOLUNTEERS WANTED:**

**DALMAC:** Truck Drivers and SAG Driver. See article on page 6 for details. Contact the Events Director at eventsdirector@biketcba.org.

#### **DALMAC REGISTRATION:**

Various shifts to choose from. See announcement on page 11 for more

details. Contact Mike Hudson at (517)321-4297 (no calls after 10pm)

or email hudsonmi@msu.edu.

**CYCLING OPPORTUNITY:** See article on page 7 for details. Contact Fran Campione at (517) 694-1231 or email at fjcampione@sbcglobal.net.

GREAT LAKES FOLK FESTIVAL: See article on page 7 for details. You can sign up at the festival web site, www.greatlakesfolkfest.net (click on "volunteers" then "registration"); or call (517) 432-2043.

#### JOB OPPORTUNITY

ADMINISTRATIVE SUPPORT: A
10-year old Sales Agency representing top running and cycling companies seeks long-term part-time (leading to full-time) help with administrative aspects of operating the agency. See announcement on page 11 for more details. If you are interested, please send an email to kevin@thegoliathagency.com.
Please type "Admin Support" in the Subject line.

# MEMBER SPECIALS

#### **SEW MUCH MORE**

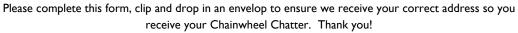
Cycling Wear: jerseys, cycling shorts, tights, and cycling shells. Reasonable prices. Custom fit. Gift Certificates. For more information, call Sue at (517) 627-1411.



CLUB ITEMS — The TCBA has several club items for sale: Club Jerseys (\$55)[no more large available]; Women's small wool & large fleece jackets; water bottles (\$10). Contact Herb Drake or Kris Stairs at the next monthly meetings to purchase your club needs.

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#### CHANGE OF ADDRESS





NAME	
NEW ADDRESS	
CITY	
STATE	ZIP

MAIL TO: TCBA, ATTN: MEMBERSHIP CHANGE OF ADDRESS, P.O. BOX 22146, LANSING, MI 48909.





## **CONGRATULATIONS**

Please be sure to congratulate Andrea Davis (Rybicki) on her recent marriage to Chris Davis on May 13, 2008 in Key West, Florida.



#### REGISTRATION VOLUNTEERS NEEDED

Many of you have helped with DALMAC Registration before and know what a rewarding job this can be and a GREAT way to meet other members. If you would like to help, Please contact Mike Hudson at 517-321-4297 [please no phone calls after 10:00 p.m.] or e-mail hudsonmi@msu.edu. We will again be registering DALMAC riders at the MSU Pavilion and the shifts are as follows:

Tuesday, August 26th: 5:00 pm-8:00 pm

Wednesday, August 27th: 7:00 am—9:00 am & 5:00 pm—8:00 pm

Thursday, August 28th: 7:00 am—9:00 am

PLEASE PLAN TO ARRIVE AT LEAST 15 MINUTES PRIOR TO YOUR SHIFT

### DO YOU HAVE ADMINSITRATIVE EXPERIENCE YOU WOULD LIKE TO PUT TO USE ON A PART-TIME BASIS?

A 10-year old Sales Agency representing top running and cycling companies seeks long-term part-time (leading to full-time) help with administrative aspects of operating the agency. These include:

Office Maintenance and Management(Filing, Equipment); Customer Database Management; Product Sample Management; Mailing and Shipping (Catalogs, Samples); Travel Planning (Agenda, Accommodations, Airfare, Car Rental); Meeting Preparation (Appointment Setting, Printing Reports and Forms); Responding To Select Voice Mail and Email Messages; and Marketing (Email and Phone) Campaigns

#### SKILLS & EXPERIENCE PREFERRED

Computer and Internet Skills; Organizational Skills; Communication Skills; Experience with Microsoft Word and Excel; Customer Service and/or Administrative Experience; Proximity to Holt

COMPENSATION: \$15 per hour

HOURS: Five to ten hours per week initially with the opportunity for to more hours long-term.

If you are interested, please send an email to kevin@thegoliathagency.com. Please type "Admin Support" in the Subject line.