

# Chainwheel Chatter



Tri-County Bicycle Association • P.O. Box 22146 • Lansing, MI 48909 • (517) 882-3700 • www.biketcba.org

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October 2007

## NEXT Meeting

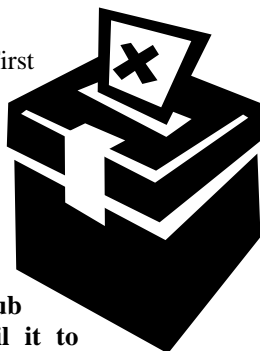
**October 25, 2007—7:00 p.m.**  
**Foster Community Center**  
**200 N. Foster St.—Lansing**

## Annual Meeting

Join us for our Annual Membership Meeting. The program will include an “Open Mic Session,” reports of the past year’s club happenings and an introduction of the 2007 TCBA officers. This is YOUR club this meeting is a good opportunity to come forward with constructive comments and ideas as we prepare to enter the Year 2007. Refreshments will be provided and we hope to see many of you there.

## Cast Your Vote

Under separate cover via First Class Mail, you will receive the official Election Ballot. Also included with that ballot will be a profile of each candidate. Please read the instructions and descriptions carefully before completing the ballot. **You can bring your ballot to the Club Meeting on October 25, or mail it to TCBA Ballot, P.O. Box 22146, Lansing, MI 48909, so that it is received no later than October 25.** Ballots received after that date will not be counted. Your vote is important—stand up and be counted! This is your chance to make a difference in the leadership of your club. **Please note that according to current Election Rules, no blank ballots will be available at the October meeting—your vote can only be cast on the ballot that you receive in the mail.**



## Cycle Forum

Plan to join Allan Huber at **6:00 p.m.**, immediately preceding the membership meeting on **Thursday, October 25, 2007.**

## CHANGE OF ADDRESS

If you move or have your mail forwarded, please notify us as soon as possible. The newsletters are sent bulk mail, and the post office does not forward bulk mail. The post office returns your newsletter to us (we have to pay to get it back), so your membership ends up in limbo until we hear from you. Please send your change of address to TCBA, P.O. Box 22146, Lansing, MI 48909, or e-mail to [membership@biketcba.org](mailto:membership@biketcba.org).

## Board Meeting

The Board of Directors will meet at 6:30 p.m. on Tuesday, November 6, 2007, at the Foster Community Center.

Members are welcome to attend all board meetings to express their concerns. Due to time constraints, if you have a specific item to be brought before the board, it is suggested that you contact the president one week prior to the meeting, and ask to have it added to the agenda.

The next meeting will be December 4, 2007.

## Newsletter/Ride Calendar Deadline

The deadline for the next newsletter is Friday, October 12, 2007. Please send items to Andrea Rybicki, 307 S. Fairview, Lansing, MI 48912, fax to 1-800-480-1146 or e-mail to [chainwheelchatter@biketcba.org](mailto:chainwheelchatter@biketcba.org).

**Ride calendar information** should be sent to Ed Usewick, 590 Boutell Dr., Grand Blanc, MI 48439 or e-mailed to [rideschedule@biketcba.org](mailto:rideschedule@biketcba.org). To be included in the newsletter, this information must be received no later than the above-mentioned newsletter deadline.

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## MINUTES OF THE TRI-COUNTY BICYCLE ASSOCIATION BOARD OF DIRECTORS MEETING

Foster Community Center—Lansing  
June 5, 2007

Board Members present included Dick Janson, Sue Viele, Dick Sulin, Charla Scheidler, Al Simons and Kris Stairs. Also present were club members Lee Adair, Katie Donnelly, Lenny Provencher and Andrea Rybicki.

### **Reports**

1. **Minutes/Secretary's Report:** Minutes of the May meeting were presented for review. Sue Viele made a motion to approve the minutes. The motion was seconded by Kris Stairs and carried unanimously.
2. **Treasurer's Report:** Treasurer Dick Sulin presented a financial report for April. A motion to approve the report was made by Al Simons, seconded by Sue Viele and carried unanimously.

A financial report for May was then reviewed and corrections noted by Charla Scheidler include the following: 1) Check #2647 memo should read April Newsletter, not May Newsletter. 2) A deposit from Hacker, King Sherry under the category Other Income should not be classified as income, as it was a refund for an overpayment of an insurance premium. The refund should be credited back to the account from which it was paid. Sue Viele made a motion to approve the report with the corrections noted. The motion was seconded by Charla Scheidler and carried unanimously.

Dick Janson requested information regarding the status of the financial review for which funds were appropriated at the March board meeting. Dick Sulin indicated that he will check with the accounting firm to see when that can be done and what information they need to do it.

Charla Scheidler then mentioned that it was her understanding that a back up of the accounting data was supposed to be sent monthly to the accounting firm for their review. Dick Sulin was unaware of this procedure, but will check with the accounting firm to verify.

3. **Ride Incentive Program:** Kris Stairs reported that all the incentive items were received sooner than expected and the distribution of them was underway.

Discussion took place regarding reordering some of the jerseys to sell, with the same design as the ones used for the incentive awards, and it was suggested that a notice be placed in the *Chainwheel Chatter* to determine interest before a decision is made.

### **Old Business**

- **TCBA Northwest Tour**—Dick Sulin provided an update on plans and registrations received totaling 91. Dick also advised that road painting was not allowed in the area of the ride and riders would be advised to use their maps and cue sheets.
- **Billboards**—Dick Janson reported that photos had been taken and delivered to Adams Advertising for design work.

### **New Business**

- **Liability Insurance**—Charla Scheidler shared copies of e-mail correspondence between Dwayne Scheidler and Dan McKay (McKay Insurance Agency) pertaining to an explanation of a premium increase. A copy of the correspondence will remain on file with these minutes. Due to the amount of the increase mentioned in the correspondence, it was suggested that Dwayne be encouraged to pursue other options.
- **Connecting MI**—Information from Michigan Trails and Greenways was discussed regarding an endorsement (nonfinancial) for their Connecting MI campaign. A copy of a CD outlining the campaign will remain on file with these minutes. It was agreed that TCBA would support the campaign.

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- **Member Concern**—Dick Janson shared a letter received from a TCBA member expressing concerns over an observance of riders not following the rules of the road on a ride that was thought to have convened at the MSU Pavilion. Board members were in agreement that following the rules of the road is important, but that it is impossible for ride leaders to police all riders. In addition, there is nothing to substantiate the claim that the riders were TCBA members or that it was a TCBA ride. Dick Janson will contact the member by phone to discuss the issue.
  - **Christmas Party**—Dick Janson expressed concern regarding the difference in income collected from attendees at the 2005 and 2006 Christmas dinners. A portion of the difference was due to lower attendance in 2006. Dick Sulin was asked to review previous financial records to determine where funds received in 2006 had been deposited.
  - **Map Requests**—Charla Scheidler reported that requests are received periodically for DALMAC maps, as well as other maps of bicycle routes. It was suggested that DALMAC maps not be released to nonregistered riders and any other custom map design would be up to the individual TCBA volunteer.
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## MINUTES OF THE TRI-COUNTY BICYCLE ASSOCIATION BOARD OF DIRECTORS MEETING

Foster Community Center—Lansing  
August 7, 2007

President Dick Janson called the meeting to order at 6:30 p.m. Board members present were: Dick Janson, Susan Viele, Ellen Lamb, Dick Sulin and Kris Stairs. Also present were club members Katie Donnelly, Lee Adair, Wendell Proudfoot, Lenny Provencher and Steve Schuesler.

Susan Viele agreed to take minutes in the absence of Secretary Charla Scheidler.

### *Reports*

1. **Minutes/Secretary's Report:** Minutes from the June meeting were not approved at this time, as they were unavailable. The Board did not meet in July.
2. **Vice President:** Susan indicated that she was still working on a speaker/presentation for the September meeting.
3. **Treasurer:** Dick Sulin presented the financial reports for June and July 2007. Dick indicated that he would have the year-to-date figures for all of the rides (T-shirt, WOW and NW tour) at the September meeting. Susan Viele made a motion to approve the reports, seconded by Kris Stairs and the motion carried.
4. **DALMAC:** Al Simons offered the following report via e-mail.

On July 24, we had a committee meeting and all is moving forward. Items discussed included, but were not limited to, number of return buses, number of luggage trucks, renting SAG vehicles, cell phones, various items from the shed for the tour, road painting and the bridge crossing.

On July 31, Crew Chief Lee Adair and I had a meeting with all new crew people. This year we added a new route which spread our existing crew members across all routes, requiring us to bring on 16 new people. I felt the meeting was very productive, as we touched all the major items that they may encounter during the tour.

All routes except the Quad filled prior to the August 1 deadline; however, the Quad is at a sizable count of 267 riders. The registrar will wait a couple days for any remaining USPS mail and process cancellations. The counts for all routes will change a bit, but right now we're sending over 2,200 riders to Mackinaw. When cancellations are all processed, we'll send food counts to the various facilities, run reports for wristbands, clothing counts, registration reports, etc.

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There are Committee and Crew Crash Meetings on August 6 and August 8, respectively. These meetings are earlier than prior years. We'll see how that works out.

For the August general membership meeting, DALMAC will be discussed, but there will also be a presentation by County Health officials regarding viruses and how we can be more proactive in prevention and avoidance. This presentation should make us think about how a virus can impact a major bike tour.

5. **Ride Incentive Program Committee:** Ellen Lamb commented that the Web site refers to "club jerseys" being available. She wondered if we still had jerseys available. If not, the Web site should be updated. She will contact Charla Scheidler to find out about this. Ellen also reported that we still have gloves for sale.

Kris Stairs indicated that she will be looking into buying additional incentive jerseys, as there had been quite a bit of interest in this. Members ordering these jerseys will need to prepay when ordering. Discussion was also had regarding replacing the current club jerseys with the new incentive jersey. Also discussed was adding the NW Tour to the jersey.

6. **Membership:** Steve Scheusler reported that he will be resigning from this committee due to time constraints. He asked that the Board begin looking for a replacement. He estimates that he spends approximately six hours per month on membership duties. Steve also indicated that he would be willing to train the new person.
7. **President:** Dick Janson indicated that Phil Wells had contacted him requesting the TCBA banner for the Great Lakes Folk Festival. Lee Adair indicated that we need to purchase a new banner, as the one we have is deteriorating (the letters are peeling off).
8. **SummerTour:** Lee Adair reported that all expenses have been paid. This left approximately \$7,000 for distribution to the state parks (\$1,000 to each park), etc. Gobles Public Schools would not charge us anything for the use of their facilities. Therefore, Lee elected to donate \$500 to the Gobles Public School Foundation, which funds activities (such as field trips) for underprivileged students. The rest of the money will be used to prepay expenses for next year's SummerTour.

Lee also reported that he and Joe Adams spent two very long days checking out 19 state parks and schools for next year's SummerTour. The Committee will meet this month to discuss the locales.

Finally, Lee reported that Susan Viele had been appointed to fill the vacancy on the SummerTour Committee.

9. **Northwest Tour:** Dick Sulin reported that this first time event was very successful. A small profit was made. The tour will take place again next year. However, due to a date change with the T-shirt ride, the NW Tour dates will be June 18-22, 2008. This is one week later and will not interfere with Father's Day. The location is expected to remain the same. This year, the Tour will accept 175 riders. Dick Sulin made a motion that he be allowed to proceed with plans for next year's tour. The motion was seconded by Dick Janson and carried.

### ***Old Business***

- **Web Privacy Policy**—Wendell Proudfoot presented a draft of what will be called the "Privacy Policy." Discussion was had regarding the policy. It was indicated that investigation needed to be conducted into what our mailing service does with the TCBA mailing list (do they sell it or is it kept confidential), but that the findings would not affect the policy as written. Therefore, Dick Janson made a motion to approve the policy (after two typographical errors are corrected) and this was seconded by Dick Sulin. The motion carried.

### ***New Business***

- **Ride Incentive**—Discussion was regarding a ride leader's desire to receive ride leader points when leading a ride where only one nonmember rider showed up. Susan Viele made a motion that this matter be referred to the Ride Incentive Committee for consideration. The motion was seconded by Ellen Lamb and carried.

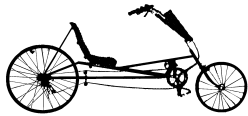
Dick Janson then made a motion to clarify the Web site immediately by changing the term "rider" to "member ride." This motion failed due to lack of a second.

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- **Pre-election responsibilities**—Dick Sulin reported that he had asked Sara Troutman to chair the Nominations Committee. He has not received an answer from her yet, but expects to soon.

In addition, it was indicated that membership must be current as of October 1, 2008 in order to vote in the election. Further discussion regarding nominations will be conducted at the September meeting.

The meeting concluded at 8:45 p.m.

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## **E A S Y S P O K E N** **News From All Over, and** **Whenever**

### **Biking Isn't Just for Summer Anymore**

The days are getting shorter and cooler, and the posted rides are getting fewer. But that doesn't mean you can't have a great time riding your bike.

Because it is getting cooler, you will need to dress for it. Several light layers are better than one bulky one. Adjust your body temperature, not only by adding or removing a layer, but by using the zipper. I like to take a pair of orange cotton gloves for when it gets nippy.

Socks are important. Two layers can be more than twice as nice. A thin liner with a wool outside sock. For really cool temps, I use an oversock (on each foot) and toe warmers (like the hunters wear) between the socks. My velcro-adjusted sandals can accommodate the extra bulk.

A seat bag, or rack bag, can hold your extra clothes, as well as lunch. If you might be out past dark, remember both good sense and Michigan law require a headlight and rear reflector. I'd add a taillight to that.

Where to go? Get a county map for an area that is not familiar. You can drive into the area and park. Park and Ride lots will get you into the countryside, as will the parking lot of a country store or school.

Take your time; you have no group to keep up with so you can casually see and smell each area you enter.

You can preplan a route, but it is more fun to just make your turns based on impulse. Some unpaved roads are good enough to ride on skinny-tired bikes. If it turns out otherwise, you can simply turn around. There is no cue sheet to follow. Just allow enough time to return to your vehicle.

You might use your imagination to come up with a theme. Here are some examples:

1. Imagine that money is no object—where would you want to live, what would your new home look like? Check out properties and homes as if you were in the market to buy.
2. See how many different kinds of animals you can identify. Perhaps include wild animals, including birds, in your list.
3. Stop at every bridge and look for fish in the water or just appreciate nature.

4. Take turns at every intersection deciding whether to turn, and which way.
5. Stop and talk to people you see along the way. Ask them about what they are doing (if it is obvious, learn more about it), what you should not miss while exploring or if they are also interested in bicycling.
6. Stop at each park or public area along the way for at least five minutes. Check out roadside fruit and vegetable markets.
7. Check out yard sales. You can always come back later to pick up larger items.

Take a half day, a day or a weekend. If you are not up to tent camping after September, consider a motel or a bed and breakfast.

Dick Janson  
Just Me and Sarah Dipitee  
[president@biketcba.org](mailto:president@biketcba.org), (517) 675-7340

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Denise Cadreau passed away Saturday, September 8, 2007. She was born November 8, 1954, in Saginaw, Michigan, the daughter of John and Jane (Burns) Cadreau. A Lansing resident for 30 years, she was formerly employed by SEIU prior to working for the AFL-CIO as political director. Denise graduated from Michigan State University with a Master's degree in labor relations. She was also a Democratic Precinct Delegate for the State of Michigan. She was preceded in death by her father, Dr. John Cadreau. Denise is survived by her three children, Francis, Emily and Judith Klemponow; mother, Jane Cadreau; brother, Dr. Dennis Cadreau; sister, Liza (Brad) Barrett; and nephews, Bret and John Barrett. Contributions can be made to the Michigan League for Human Services in memory of Denise.

## October 2007 Ride Calendar

### Recurring Rides (No ride if rain unless stated otherwise)

Day/Date	Time	Miles	Class	Start Location	Other Information	Ride Leader
<b>Tuesdays</b>	4:00 p.m.	25-35	B	Owosso Fire & Police Station		Clark Long (989) 743-3103
<b>Wednesdays</b>	10:00 a.m.	25-40	B	Holt Commuter Lot	Roads must be dry, wind velocity less than 30 mph	Edie Belcher (517) 242-4122
	5:45 p.m.	19-22	B	MSU Pavilion		Katie Donnelly (517) 349-5564
<b>Thursdays</b>	4:00 p.m.	25-35	B	Owosso Fire & Police Station	No ride October 25 (club meeting)	Phil Sanderson (989) 725-8299
<b>Saturdays</b>	8:30 a.m.	40-60	Z	Sawdon School		Dennis Stinson (517) 543-9432

### Other Day Rides in October (one time only)

Day/Date	Time	Miles	Class	Start Location	Other Information	Ride Leader
Saturday/October 6	9:00 a.m.	67	Z	Holt Commuter Lot	Will ride to Parma	Darryl Burris (517) 394-1617
Sunday/October 14	11:00 a.m.	42	Z	Dansville Schools parking lot	The ride goes to the Waterloo Farm Museum Pioneer Day, where there will be food, live music demonstrations of crafts, trades and traditional cooking methods, along with exhibits of farm tools. This was a Lee Perrine ride in years past.	Ed Noonan (517) 655-2761

**Helmets are required on all TCBA rides.**

#### Ride Starting Point Descriptions

- **Dansville Schools**, Corner of Dakin St. and Adams St. in Dansville (one block south of M-36, one block west of Jackson St. and Williamston Rd.)
- **Holt Commuter Lot**, US-127 and Holt Rd.
- **MSU Pavilion**, ½ mile south of the Y lot
- **Owosso Fire & Police Station**, Owosso

#### Ride Classifications

A+ ..... 19+ mph  
 A ..... 17-19 mph  
 B ..... 14-17 mph  
 C ..... 12-14 mph  
 D ..... Under 12 mph, fun and social group ride  
 M ..... Mountain bike  
 Z\* ..... Over 40 miles at rider's own pace

\*Without on the road ride leader supervision, leader must have detailed map of the ride for all riders

#### FOR MORE RIDES

Call (517) 882-3700 or visit the Web site at [www.biketcba.org](http://www.biketcba.org). Check this number for updates and changes to rides listed here. To receive the Ride Line Transcript by e-mail, send your request to [donnell13@msu.edu](mailto:donnell13@msu.edu).

2	7:36	7:18	18	7:55	6:52
3	7:37	7:17	19	7:56	6:50
4	7:38	7:15	20	7:57	6:48
5	7:40	7:13	21	7:58	6:47
6	7:41	7:11	22	8:00	6:45
7	7:42	7:10	23	8:01	6:44
8	7:43	7:08	24	8:02	6:42
9	7:44	7:06	25	8:03	6:41
10	7:45	7:05	26	8:04	6:39
11	7:46	7:03	27	8:06	6:38
12	7:48	7:01	28	8:07	6:37
13	7:49	7:00	29	8:08	6:35
14	7:50	6:58	30	8:09	6:34
15	7:51	6:56	31	8:11	6:33
16	7:52	6:55			

#### Sunrises & Sunsets for October 2007

Date	Rise	Set	Date	Rise	Set
1	7:35	7:20	17	7:54	6:53

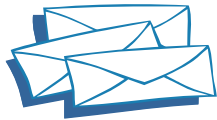


## CLASSIFIEDS

This section of the *Chainwheel Chatter* is published as a service for **TCBA members only**, to advertise cycling equipment free of charge. To place an ad, send an e-mail to [chainwheelchatter@biketcba.org](mailto:chainwheelchatter@biketcba.org), fax to 1-800-480-1146 or mail to Andrea Rybicki, 307 S. Fairview, Lansing, MI 48912.

**WANTED:** 2007 Men's DALMAC jersey, medium or large. Contact Mark at (517) 242-7805.

**FOR SALE:** Schwinn Air-Dyne exercise bike. Asking \$150 or best offer. Please call (517) 332-0483.



## FROM THE TCBA MAIL BAG

### Timber Ridge Offers New Mountain Bike Packages

Experience some of northwest Michigan's most scenic and diverse trails, featuring the renowned Vasa Pathway in the Pere Marquette State Forest. Timber Ridge Resort, in association with Macomb Bike & Fitness and Manitou Cycling Tours, is now offering beginner, intermediate and advanced guided mountain bike ride packages for the glorious autumn season in Traverse City. Family (beginner), intermediate and advanced packages are being arranged. Guests must provide bikes, helmets and other necessary gear. For more information, visit [TimberRidgeResort.net](http://TimberRidgeResort.net) or call (231) 947-2770.

### The Bike Tourist Podcast

The Bike Tourist Podcast includes articles, interviews, reviews and other useful information not only for people who travel by bicycle, but for the commuter and recreational cyclist as well.

The podcast is free for anyone who loves bicycle tourism and cycling in general. More information can be found online at <http://biketourist.podomatic.com> and the RSS feed is at <http://biketourist.podomatic.com/rss2.xml>.



## MEMBER SPECIALS

**PERSONAL TRAINING**—Benefit from bicycling-oriented fitness training with Audrey Morris, Personal Trainer. Focus is on a progressive training program that strengthens the core and other muscles key to biking, as well as flexibility and aerobic elements. Design your program from one-session orientations to ongoing training sessions. Gift certificates available. Contact me at (517) 712-4678 or [AGMorris@SBCglobal.net](mailto:AGMorris@SBCglobal.net).

### SEW MUCH MORE

Cycling wear: jerseys, cycling shorts, tights, and cycling shells.

Reasonable prices. Custom fit.  
Gift certificates.

For more information call Sue at (517) 627-1411.

Revolution Bikes, East Lansing's newest bike shop, would like to offer all TCBA members a 10 percent discount in the store. We also sell tubes at cost and we will attempt to match most Internet prices for bike parts. We are located at 420 Albert Street, on the north side of the multi-colored parking structure. You can check out our Web site at [www.revolutionbikesllc.com](http://www.revolutionbikesllc.com) or stop by in person. For questions or directions, call us at (517) 908-0282.



### Want a 2006 Incentive Jersey?

Many members have expressed interested in ordering a 2006 incentive jersey. Additional jerseys may be ordered. The price will be approximately \$65. Payment must be made at the time of the order. Orders and payments must be received by October 30. For more information, contact Kris Stairs at [boardatlarge1@biketcba.org](mailto:boardatlarge1@biketcba.org).

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