

# Chainwheel Chatter



Tri-County Bicycle Association • P.O. Box 22146 • Lansing, MI 48909 • (517) 882-3700 • www.biketcba.org

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July 2007

## NEXT Meeting

**July 26, 2007—7:00 p.m.**  
**Foster Community Center**  
**200 N. Foster St.—Lansing**

## DALMAC Grant Recipients

Approximately five-minute presentations from eight DALMAC Fund grant recipients are planned for the July meeting.

**Women On Wheels**  
**July 21, 2007**  
**Mason High School**  
**Mason**

Join over 500 women, men and children for the Tri-County Bicycle Association's 27th Annual Women On Wheels bicycle tour.

The tour travels the scenic country roads southeast of Lansing. Maps, rest stops (food and water), sag vehicles, and lunch will be provided. There will be a 17-mile loop, a 32-mile loop and a 50-mile loop. Any combination of routes may be ridden.

Information and a registration form are available at [www.biketcba.org/tours/wow/2007/WOW2007.htm](http://www.biketcba.org/tours/wow/2007/WOW2007.htm).

## CHANGE OF ADDRESS



If you move or have your mail forwarded, please notify us as soon as possible. The newsletters are sent bulk mail, and the post office does not forward bulk mail. The post office returns your newsletter to us (we have to pay to get it back), so your membership ends up in limbo until we hear from you. Please send your change of address to: TCBA, P.O. Box 22146, Lansing, MI 48909, or e-mail to [membership@biketcba.org](mailto:membership@biketcba.org).

## Board Meeting

The Board of Directors will meet at 6:30 p.m. on Tuesday, August 7, 2007 at the Foster Community Center.

Members are welcome to attend all board meetings to express their concerns. Due to time constraints, if you have a specific item to be brought before the board it is suggested that you contact the president one week prior to the meeting, and ask to have it added to the agenda.

The next meeting will be September 4, 2007.

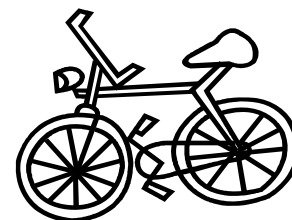
## Newsletter/Ride Calendar Deadline

The deadline for the next newsletter is Friday, July 13, 2007. Please send items to Andrea Rybicki, 307 S. Fairview, Lansing, MI 48912, fax to 1-800-480-1146 or e-mail to [chainwheelchatter@biketcba.org](mailto:chainwheelchatter@biketcba.org).

**Ride calendar information** should be sent to Ed Uswick, 590 Boutell Dr., Grand Blanc, MI 48439 or e-mailed to [rideschedule@biketcba.org](mailto:rideschedule@biketcba.org). To be included in the newsletter, this information must be received no later than the above-mentioned newsletter deadline.

## Cycle Forum

Plan to join Allan Huber at **6:00 p.m.**, immediately preceding the membership meeting on **Thursday, July 26, 2007.**



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## MINUTES OF THE TRI-COUNTY BICYCLE ASSOCIATION BOARD OF DIRECTORS MEETING

Foster Community Center—Lansing  
May 1, 2007

Board Members present included Dick Janson, Sue Viele, Dick Sulin, Charla Scheidler, Ellen Lamb and Kris Stairs. Also present were club members Katie Donnelly, Tom Hardenbergh, Lenny Provencher, Steve Schuesler and Joe and Marlene Walker.

### **Reports**

1. **Minutes/Secretary's Report:** Minutes of the April meeting were presented for review. Dick Janson made a motion to approve the minutes with corrections. The motion was seconded by Sue Viele and carried unanimously.

For the record, Charla Scheidler informed board members that Al Simons had provided a proxy for her to vote on his behalf if his vote is needed to break a tie. A copy will remain on file with the minutes from this meeting.

A memo from Dwayne Scheidler regarding the Crime Insurance Coverage was reviewed. (A copy will remain on file with the minutes from this meeting.) A refund check from Auto-Owners was given to Dick Sulin in the amount of \$36. This amount represents the difference in premium paid due to the adjustment of limits as outlined in the memo from Dwayne. In the memo Dwayne mentioned the importance of a sound accounting program for any organization dealing with large sums of money. It was mentioned that the bank statements for the TCBA accounts were currently being mailed to Dick Sulin's home address. Charla Scheidler made a motion that the bank statements be delivered to the TCBA post office box and that, when received, an officer other than the treasurer open and review them before passing them on to the treasurer. The motion was seconded by Sue Viele and carried.

2. **Vice President:** Sue Viele reviewed an e-mail she received from John Waterman with PEAC requesting \$5,000 which represents half of the contribution expected from TCBA for the Heartwood PEAC program for 2007. Discussion ensued, minutes from 2006 were reviewed, and it was agreed that there had been no commitment made to PEAC for 2007. Charla Scheidler was instructed to prepare a letter to inform John of such and that the funds were not in the 2007 budget. A copy of the letter will remain on file with these minutes.
3. **Treasurer's Report:** No treasurer's report was available.
4. **Ride Incentive Program:** Kris Stairs reported that incentive items are on schedule to be distributed at the June meeting.
5. **DALMAC Fund:** Tom Hardenbergh provided detailed information regarding DALMAC Fund Grants for 2007 and recommendations from his committee for funding. A copy will remain on file with these minutes. Fourteen grant applications were received, totalling \$100,876.60. Tom reported that there were five applications that the committee felt did not meet their criteria for the promotion of bicycling in Michigan. A motion was made by Sue Viele to concur with the recommendation of the DALMAC Fund Committee and approve funding for nine grants, totaling \$48,115. The motion was seconded by Charla Scheidler and carried.

### **Old Business**

- **TCBA Northwest Tour**—Dick Sulin provided an update on plans and registrations received, totaling 85.
- **Street Smarts**—Lenny Provencher inquired as to the status of the order for the Street Smarts booklets. Before an order is placed it was suggested that someone check the storage locker to see if there are any there.
- **LAB Membership**—It was reported that, due to an oversight, the TCBA membership in LAB had not been renewed since 2002. Charla Scheidler made a motion to renew the membership for five years; the motion was seconded by Sue Viele and carried.
- **Meridian Volunteer Council Booklet**—Copies of the 2007 booklet were distributed to board members.
- **Billboards**—Dick Janson reported that he was getting individuals together for a photo shoot.

- **Touring Map Project**—Dick Janson provided a review of the Touring Map Project, along with his expenses to date. Discussion ensued regarding expenses and the club's Travel Expense Policy. It was agreed that the board needs to monitor projects such as this more closely, and it was suggested that a separate category in the budget be set up for projects of this magnitude. Charla Scheidler made a motion that an ad hoc committee be set up to research what is needed to finish the project, and the costs involved to do so. The committee is to then report their findings to the board for a decision on whether to take the project any further. The motion was seconded by Sue Viele and carried. It was suggested that Joe Adams be asked to chair the committee.

Discussion ensued regarding the number of committee members needed. Dick Janson made a motion that the committee contain an odd number of individuals, with a minimum of three, and that the committee be approved by the board. The motion was seconded by Charla Scheidler and carried.

Charla Scheidler made a motion to reimburse Dick Janson for the expenses he has incurred to date as outlined in the expense report already submitted by him. The motion was seconded by Sue Viele and carried. (Dick Janson abstained.)

### ***New Business***

- **Web Privacy Policy**—Dick Janson distributed a draft of a policy that was written by Wendell Proudfoot. The information will be discussed at a later date.
- **Alma Highland Festival Ride**—Kris Stairs reported on plans for the 2007 ride. Kris made a motion to pay John Wise up to \$125 for his mileage to and from Mt. Pleasant to transport luggage for riders. The motion was seconded by Ellen Lamb and carried.
- **Crosstown Map Postage**—Dick Janson made a motion that a budget of \$50 be approved for 2007, for postage to mail Crosstown maps as they are requested. The motion was seconded by Charla Scheidler and carried, with Dick Sulin and Ellen Lamb opposed.

**Diane L. Moss** lost her 11-year battle with cancer on Saturday, May 26, 2007, at the age of 58. She was born May 23, 1949, in Eaton Rapids, Michigan. She was a graduate of Eaton Rapids High School, a member of Pilgrim United Methodist Church and worked for Meadowland Nursery School for over 19 years. Diane married David Moss on September 14, 1968, and together they were involved with many bike tours throughout Michigan, such as the Shoreline and DALMAC. Surviving is her husband David; one daughter, Katie Moss of Lansing; one son, Keith (Melinda) Moss of St. Johns; four grandchildren, Alysha, Melissa, Emily and Gregory; her father, Lynn Faulkner of Eaton Rapids; two brothers, Don (Jeannine) Faulkner of Eaton Rapids and Dale (Barbara) Faulkner of Charlotte; and one sister, Dawne (Kenneth) Burch of Lansing. Memorials may be made to St. Johns Middle School 900 W. Townsend Rd., St. Johns.



### ***WELCOME NEW MEMBERS***



Peggy and Larry Arbanas  
 Jeanne and Steve Barnstead and Family (Kari and Cam)  
 Rachel Brian  
 Glenn and Chris Bryant and Family (Aaron)  
 Liz and Chris Hughes  
 Gregory and Amy Wortley



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## A Tale of Two Cities

**Or: Uh, Actually One's a City, the Other a Village**  
**Or: It Takes a Village to Put On a Decent Bike Tour**  
*Ron Berby*

### Sunday, May 6, 2007—Five Boro Bike Tour—New York, New York

My wife Sally and I were up at 4:30 a.m., bent on making the billed 8:00 mass start at Battery Park in south Manhattan. We drove 20 minutes across Staten Island, parked in the ferry docks lot and prepped our bikes. Seeing the approach of a ferry, we rode a few hundred yards to the rear of a mob of waiting bikers. A half hour later, as we were about to board, workers pulled a rope in front of us. We had barely missed making the ferry.

About 40 minutes later, we boarded another, ending up at the very front of the open-ended ferry. Between the ferry's speed and a fierce headwind, we shivered in a 40-degree hurricane. But with sunrise, views of the New York Harbor were spectacular and were a prelude to a sunny, cool day.

Arriving in Manhattan, we were herded through a barricaded tunnel of streets northward, luckily finding empty port-a-johns along the way. We sometimes rode and sometimes walked our bikes beyond Battery Park for most of a mile and could finally see the tail end of a great mass of standing bikers. But alas, again a rope was pulled in front of us and we were stopped! To our left was a large empty space which used to contain very tall buildings.

After a time, officials told us we were at the fourth and final starting line, and that we had at least 15,000 riders behind us. (Later we learned there were 32,000 total.) We stood and stood, and at last the rope was moved—at 9:20. We were finally on our way.

In less than a half a mile, a backup stopped us. It was the first of at least 40 such stops, usually because of a narrowing roadway, an oncoming uphill, an occasional release of cross traffic or a downhill which hurled us toward those slowing ahead. Sometimes we never found out what stopped us.

We went in starts and stops that way, northward though Manhattan and Central Park, a brief U-turn mile in the Bronx, southward back through east Manhattan, a loop though Queens and again southward, continuing through Brooklyn, westward across the Verrazano Narrows Bridge to Staten Island, and a three-mile jaunt back to the ferry docks. The Verrazano, where we rode the lower level, was like a ride up and down a very large parking ramp. It and four other bridges provided the course's most significant hills.

The sheer numbers of us provided one notable delay. On six-lane Sixth Avenue, the last three blocks into Central Park took us more than a half hour because we were funneling into a Central Park road of just over two lanes. Lousy race management created two others: 1) The only rest stop we "visited," one in Brooklyn, was a compacted mass of humans and bicycles. Because signs were either small or nonexistent, you couldn't tell if you were in line for 10 minutes to get a bottle of water, or to struggle for 10

more to get out and back on course. We did see the 20 port-a-johns (they needed 100) and chose to wait in one line for 20 minutes. Luckily, Sally had brought extra power bars and we both had plenty of water. 2) The tour's "festival," held in a Staten Island park just off the Narrows Bridge, was even more a nightmare because the course went through it. Only three miles from our car, we chose not to stop to pay for food or trinkets, or to listen to blaring music, but continued our struggle toward where local bikers guessed was the way out.

When we got back to our car, our bike odometers said 39 miles, while our watches said 3:30, 11 hours after the alarm woke us.

### Sunday, May 26, 2007—Optimist Club Fahrrad Tour—Frankenmuth, Michigan

We woke at 5:00 and drove the 85 miles to Frankenmuth, noticing an increasing northeasterly wind and occasional rain. Prepping our bikes in the high school parking lot, we saw about 20 other cars there and realized that the day would be greyer and colder than predicted. As I inflated my bike's front tire, I heard the "ffft-shooo!" all bikers dread. Sally's tires were fine, so she started the 100k course at 7:30 a.m. Changing a damaged inner tube which had been fine for a year, I got started 20 minutes later.

Starting with a loop through Frankenmuth, the course then went east through Tuscola, which has a decidedly less hectic air than Manhattan. Unfortunately, I missed a turn and went 1.8 extra miles, and wondered if I would ever catch up to Sally. Fortunately, Sally found her own way to add a couple of miles, and I would see her later.

Now the course angled northeast and more directly into the wind on its way through Vassar, which is not likely to be confused with the Bronx. Here I realized that in rest stops so far, I, without hardship or delay, had been able to get food, drink and port-a-john relief. Turning east and north alternately, the course now went into very open country, where winds had at me and cold mist fogged my glasses.

Watrousville, a handful of structures, was unlike urban Queens, but memorable nonetheless. It featured the course's only significant hill, topped by an ancient house likely inhabited by Norman Bates and his mom. Beyond this burg, Frankenmuth's smallest borough, it got grim. Dark sky, winds reaching 25 miles per hour, drizzly rain and the absence of other bikers made for a forlorn landscape. Where did everyone go? And with 30 miles behind me, would I ever catch Sally? Slogging along in my dismal world, I realized that most of the other riders had turned back at Vassar, opting for the shorter 50K ride.

So it was that I finally saw her, and stood on the pedals to catch up, at a time the course was just turning westward and then southward, and we'd have mostly tailwinds the whole way back. As a bonus, the rain stopped.

We happily rode together into Fairgrove, the tour's fourth borough, and rolled jubilantly into its rest stop, greeted with offers of hot tomato soup! With two other riders we lingered there, enjoying the soup, along with peanut butter and jelly sandwiches for dessert. Tired of the

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## A Tale of Two Cities (continued)

long push into the wind, our efforts became leisurely after that. Still, we saw no more than five riders the rest of the way.

At perhaps 45 miles, we approached Gilford, the tour's fifth borough, but were spared its downtown traffic when the course turned east just north of its busy center. It was then we realized that sizable seams in the pavement were giving our buttocks quite a drubbing. We wondered if the roads had been that rough all along, or if the misery of earlier cold headwinds and rain had kept us from noticing.

Then it was back through Vassar and Tuscola and westward to the Frankenmuth High School parking lot, where three vehicles other than our own remained. Our bike odometers said 63 miles and our watches said 1:20, a bit less than eight and a half hours since our alarm woke us.

### Epilogue

Was the New York tour worth it? Absolutely. We rode through a great city in places you'd never dream of biking. And we made the most of the rest of the weekend. Would we do it again? No way. Basic bicycle tour services were mostly unavailable.

Was the Frankenmuth tour worth it? Sure. We biked 100 kilometers, each of us had a hot shower and a locker room to ourselves, and we went across town to Zehnder's for a great dinner. Would we do it again? Absolutely. The road may have been a bit rough, and the weather stunk, but the organizers delivered everything you'd expect in a bike tour.

But an early start would be a must. I hear the Tuscola rush hour is murder.

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## Celebration of Cycling Ride

The Fifteenth Annual Celebration of Cycling Ride will be held on September 15, 2007, starting at Warrendale Shelter in Hines Park. Routes range from a traffic-free 12-mile course to a challenging century ride. This ride is truly for everybody, including competitive cyclists and families. All proceeds from the event benefit Programs to Educate All Cyclists (PEAC). PEAC helps individuals with disabilities to become competent cyclists.

All bicycle clubs are invited to attend and compete in a friendly rivalry. There is no additional cost for club competition. Club prizes, including a traveling plaque and certificate, will be awarded.

For \$18, you can sponsor a cyclist with a disability. Your generous donation will allow a cyclist from PEAC to enjoy bike touring and get a ride t-Shirt.

More information, including a flyer and registration form, can be found on the PEAC Web site at [www.bikeprogram.org](http://www.bikeprogram.org), or contact PEAC at (734) 484-2758 or [info@bikeprogram.org](mailto:info@bikeprogram.org).

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# FROM THE TCBA MAIL BAG

## Smart Commute Winners

As you may know, there has been a little "challenge" going on to see which companies in the area could do the most Smart Commuting from May 14-25. The results are in—2,620 "smart trips" were reported by 20 companies this year. In some of the size categories, things were pretty close. Everyone who participated really is a WINNER. (Some people just won a little more.)

The percentage "scores" that follow are the total number of Smart Trips logged during the challenge divided by total number of employees in the company, division or department competing.

**Frederic Lee McLaughlin, Architect**, invented his own category by competing as a one person company. He Smart Commuted every day of the challenge!

### Mini (Two to five employees)

- 1<sup>st</sup> place—Old Town Auto Repair
- 2<sup>nd</sup> place—Michigan Nature Association

### Small (Six to 24 employees)

- 1st place—OPLA/ Energy Office
- 2nd place—Michigan Environmental Council
- 3rd place—Entrix

### Medium (25 to 50 employees)

- 1st place—Clean Water Action
- 2nd place—DEQ Executive Team
- 3rd place—St. Vincent Catholic Charities

### Large (50+ employees)

- 1st place—Land and Water Management—MDEQ
- 2nd place (tie)—Remediation & Redevelopment—MDEQ
- 2nd place (tie)—MSU Library
- 3rd place—Waste and Hazardous Materials—MDEQ

### Other Competitors

- Allen Neighborhood Center
- Environmental Science & Services Division—MDEQ
- Water Bureau—MDEQ
- Air Quality—MDEQ
- Michigan Department of Education
- MSU Physical Plant

## July 2007 Ride Calendar

### Recurring Rides (No ride if rain unless stated otherwise)

| Day/Date          | Time       | Miles | Class | Start Location                         | Other Information   | Ride Leader                          |
|-------------------|------------|-------|-------|--|---|--------------------------------------|
| <b>Sundays</b>    | 8:00 a.m.  | 40+   | Z     | 67th District Court House, Grand Blanc | Touring, social pace. No ride on the July 1 or July 15 (SummerTour)             | Ed Usewick<br>(810) 694-9919         |
|                   | 10:00 a.m. | 25-40 | B     | Victor Township Hall                   | No ride July 15   | Jan or Tony Koller<br>(517) 669-5744 |
|                   | 1:00 p.m.  | 15-25 | D     | Kroger, Lake Lansing                   | No ride July 22   | Judy Miller<br>(517) 484-5686        |
| <b>Mondays</b>    | 6:30 p.m.  | 20-30 | C     | Coaches                                |   | Ginger Royston<br>(517) 393-4799     |
| <b>Tuesdays</b>   | 10:00 a.m. | 25-40 | B     | Rayner Park                            | No ride July 10 (SummerTour)  | Jan Koller<br>(517) 669-5744         |
|                   | 6:00 p.m.  | 25-35 | B     | Oneida Gospel Church                   |   | Ralph Bednarz<br>(517) 321-4790      |
|                   | 6:00 p.m.  | 20-30 | B     | DeWitt Junior High School, south lot   | No ride July 10 (SummerTour)  | Deb or Steve Haman<br>(517) 669-1978 |
|                   | 6:30 p.m.  | 25-30 | B     | Williamstown Town Hall                 | No ride July 3; Jeff Dillingham, (517) 339-0442, is the ride leader on July 24. | Dwayne Scheidler<br>(517) 339-4586   |
| <b>Wednesdays</b> | 9:00 a.m.  | 30-50 | B     | Mega Mall                              | No ride July 4 or July 11   | Edie Belcher<br>(517) 669-7259       |
| <b>Thursdays</b>  | 6:00 p.m.  | 25-35 | B     | Oneida Gospel Church                   | No ride July 26 (club meeting)  | Ellen Lamb<br>(517) 627-4614         |
|                   | 6:00 p.m.  | 20-30 | B     | DeWitt Junior High School, south lot   | <b>July 5 only</b>  | Deb or Steve Haman<br>(517) 669-1978 |
|                   | 6:30 p.m.  | 25-30 | B     | Williamstown Town Hall                 | No ride July 5 or July 26 (club meeting)  | Charla Scheidler<br>(517) 339-4586   |
| <b>Fridays</b>    | 10:00 a.m. | 30-45 | B     | DeWitt Township Hall                   | No ride July 13   | Jan Koller<br>(517) 669-5744         |
| <b>Saturdays</b>  | 8:00 a.m.  | 40+   | Z     | 67th District Court House, Grand Blanc | Touring pace; no ride July 14 (SummerTour), or July 21 (WOW)                    | Roxanne Usewick<br>(810) 694-9919    |
|                   | 8:00 a.m.  | 50-80 | Z     | Sawdon School, Grand Ledge             | No ride July 21 (WOW)   | Ralph Bednarz<br>(517) 321-4790      |
|                   | 1:00 p.m.  | 15-20 | D     | Kroger, Lake Lansing                   | No ride on July 14 or July 21 (WOW)   | Jethro Wise<br>(517) 575-4027        |

### Wednesday Night Rides—MSU Pavilion

(All classes, 6:15 p.m., 1/2 mi. south of the Y-Lot)

| Class/Mileage | July 4 | July 11   | July 18                          | July 25                       |
|---------------|--------|---|----------------------------------|-------------------------------|
| A/30-40 miles |        | (SummerTour)                                      |                                  |                               |
| B/25-35 miles |        | (SummerTour)<br>Lynn Farabaugh<br>(517) 371-4336  | Katie Donnelly<br>(517) 349-5564 | Sue Viele<br>(517) 333-0306   |
| C/20-30 miles |        | (SummerTour)                                      | Sarah Troutman<br>(517) 331-1004 | Mary Burris<br>(517) 394-1617 |
| D/15-25 miles |        | (SummerTour)<br>Connie Campbell<br>(517) 285-2012 |                                  |                               |

**July 2007 Ride Calendar (Continued)**

**Other Day Rides in July**

| <b>Day/Date</b>             | <b>Time</b> | <b>Miles</b> | <b>Class</b> | <b>Start Location</b> | <b>Other Information</b>  | <b>Ride Leader</b>               |
|-----------------------------|-------------|--------------|--------------|-----------------------|---|----------------------------------|
| Monday/July 23 and July 30  | 6:30 p.m.   | 10-20        | D            | Haslett Middle School | Beginners will be taught basics, like bike adjustments, shifting, group riding, and dealing with traffic. | Dick Janson<br>(517) 675-7340    |
| Tuesday/July 3              | 6:30 p.m.   | 10-20        | D            | Haslett Middle School | Beginners will be taught basics, like bike adjustments, shifting, group riding, and dealing with traffic. | Dick Janson<br>(517) 675-7340    |
| Wednesday/July 4            | 8:30 a.m.   | 40-60        | Z            | Holt Commuter Lot     |   | Edie Belcher<br>(517) 669-7259   |
| Thursday/July 19            | 6:30 p.m.   | 10-20        | D            | Haslett Middle School | Beginners will be taught basics, like bike adjustments, shifting, group riding, and dealing with traffic. | Dick Janson<br>(517) 675-7340    |
| Friday/July 6               | 6:30 p.m.   | 10-20        | D            | Haslett Middle School | Beginners will be taught basics, like bike adjustments, shifting, group riding, and dealing with traffic. | Dick Janson<br>(517) 675-7340    |
| Saturday/July 7             | 8:00 a.m.   | 65-75        | Z            | Mega Mall             |   | Katie Donnelly<br>(517) 349-5564 |
| Saturday/July 7 and July 28 | 6:30 p.m.   | 10-20        | D            | Haslett Middle School | Beginners will be taught basics, like bike adjustments, shifting, group riding, and dealing with traffic. | Dick Janson<br>(517) 675-7340    |

**Helmets are required on all TCBA rides.**

**Ride Starting Point Descriptions**

- **67th District Court House**, Grand Blanc
- **Coaches**, Corner of M-99 and Bishop Road, SW Lansing
- **DeWitt Township Hall**, 1401 W. Herbison Rd., 1/2 mi. west of Old 27
- **DeWitt Junior High School**, south lot, DeWitt
- **Haslett Middle School**, 1535 Franklin, east on Franklin St. from Marsh Rd., first light south of Haslett Rd.
- **Holt Commuter Lot**, US-127 and Holt Rd.
- **Holt Pro Cyclery**, Cedar, three blocks south of Holt Rd.
- **Kroger**, Coolidge & Lake Lansing, parking lot near Coolidge
- **Mega Mall**, 15487 Old US-27 (Northeast St.) & Northcrest Rd., NE corner of lot
- **Oneida Gospel Church**, Corner of Oneida and Strange Hwy, Grand Ledge
- **Rayner Park**, Ash Street M-36, west of fairgrounds, Mason
- **Sawdon School**, Lamson Rd., Grand Ledge

- **Victor Township Hall**, Alward Road, 200 ft. west of Shepardsville Road, Laingsburg
- **Williamstown Twp Hall**, Corner of Zimmer & Germany Rds, four miles east & one mile south of Haslett

**FOR MORE RIDES**

Call (517) 882-3700 or visit the Web site at [www.biketcba.org](http://www.biketcba.org). Check this number for updates and changes to rides listed here. To receive the Ride Line Transcript by e-mail, send your request to [donnel13@msu.edu](mailto:donnel13@msu.edu).

**Ride Classifications**

- A+..... 19+ mph
- A..... 17-19 mph
- B..... 14-17 mph
- C..... 12-14 mph
- D..... Under 12 mph, fun and social group ride
- F..... Family fun & first-timers ride
- M..... Mountain bike
- Z\*..... Over 40 miles at rider's own pace

\*Without on the road ride leader supervision, leader must have detailed map of the ride for all riders

## Bicycle Safety Poster Contest Winners

*Betty Johnson and Katie Donnelly*

We're pleased to announce the winners of this year's bicycle safety poster contest. The TCBA-sponsored competition was open to Clinton, Eaton, and Ingham County students in Grades 3 and 5. Grade levels were chosen for this competition based on Michigan Model for Comprehensive School Health Education language pertaining to bicycle safety.

This year's winners were recognized at the May membership meeting. Third grade winners are Alexis Payne, Willow Ridge Elementary School, Grand Ledge (first place); Lindsey Carlson, Washington Elementary School, Charlotte (second place); and Cassandra Vilella, St. Gerard School, Lansing (third place). Fifth grade winners are Bailey Marie Lorencen, Willow Ridge Elementary School, Grand Ledge (first place); Lydia Fedewa, Holy Family Christian Home School, Lansing (second place); and Kari Beckley, Willow Ridge Elementary School, Grand Ledge.

The contest was intended to stimulate thought and discussion, as well as to provide a fun creative activity around the theme "**I'm a smart and safe cyclist.**" Posters were judged on creativity, expression of the theme and consistency with instructions.

All winners receive cash awards and one-year family TCBA memberships, and schools of the first-place winners for each grade also receive cash awards. In addition, first-place winners were awarded gift certificates to local bicycle shops. Congratulations to all of our winners!

## Michigan Ride of Silence

Michigan Rides of Silence were held in conjunction with Rides of Silence worldwide in 274 locations, in 15 counties on Wednesday, May 16, at 7:00 p.m. (and Saturday, May 19, at 10:00 a.m. in the southern hemisphere).

Riders in **Adrian** (8 riders), **Ann Arbor** (35 riders), **Battle Creek** (60 riders), **Boyer City** (25 riders), **Detroit** (51 riders), **East Lansing** (25 riders), **Grand Rapids** (113 riders), **Grattan** (101 riders), **Grayling** (7 riders), **Haslett**—Lansing area (12 riders), **Holland** (45 riders), **Houghton** (60 riders), **Jackson** (2 riders), **Kalamazoo** (93 riders), **Lennon**—Flint area (5 riders), **Marquette** (no report), **Menominee** (7 riders), **Midland** (12 riders), **Saulte Ste Marie** (6 riders), **South Haven** (no report), **Spring Lake**—Muskegon area (no report), **Westland**—Dearborn-Livonia area (40+ riders) participated.

Not unique to the rides, most locations had direct support from local law enforcement agencies, many understanding what cyclists face each day out on the road, and wanting to make the evening's ride safe for everyone. Many had media coverage, helping to raise the awareness of the public.

Please join us for next year's Ride of Silence, on **May 21, 2008, at 7:00 p.m.**, in locations all over Michigan and the world.

## Help TCBA, LMB and MSU Bikes Provide Bike Parking at the Great Lakes Folk Festival!

The Great Lakes Folk Festival returns to downtown East Lansing this year, August 10-12. And returning to the festival is free guarded "valet" bike parking—thanks to the volunteer efforts of TCBA members and others. TCBA and the League of Michigan Bicyclists have offered this popular service at the past seven festivals. This year, the MSU Bikes is joining as a sponsor.

Past volunteers can tell you it's fun and low-stress. Please consider volunteering this year to help provide bike parking.

The festival's main sponsor is the MSU Museum. Featuring a huge range of music from polka to blues, plus dance and other folk arts, the festival draws large crowds. Offering free bike parking encourages people to bike to the festival instead of driving—which promotes cycling as a convenient and practical mode of transportation, alleviates traffic congestion, encourages exercise, saves energy, protects air quality and slows global warming. It also provides a golden opportunity to promote TCBA and LMB membership and events as well as cycling safety.

Bike parking volunteers get training, chairs, a tent for shade, snacks, refreshments, a chance to make new friends and an opportunity to promote bicycling. All volunteers receive an official GLFF volunteer T-shirt, an invitation to the volunteer/performer party on Saturday night, access to the "Green Room" (more free beverages and snacks) and other perks.

The Festival volunteers are asked to work one or more shifts of about three hours. You can sign up at the festival Web site, [www.greatlakesfolkfest.net](http://www.greatlakesfolkfest.net) (click on "volunteers" then "registration"), or call (517) 432-GLFF. The shift time choices are approximate. You may also help set up the bike "corral" Friday and/or tear it down Sunday—in both cases, select the late afternoon shift and note "set-up."

For more information about the bike parking service, contact Phil Wells at (517) 267-8971 or [philwells99@yahoo.com](mailto:philwells99@yahoo.com).

## Sunrises & Sunsets for July 2007

| Date | Rise | Set  | Date | Rise | Set  |
|------|------|------|------|------|------|
| 1    | 6:04 | 9:20 | 17   | 6:15 | 9:13 |
| 2    | 6:04 | 9:20 | 18   | 6:16 | 9:12 |
| 3    | 6:05 | 9:20 | 19   | 6:17 | 9:12 |
| 4    | 6:05 | 9:20 | 20   | 6:18 | 9:11 |
| 5    | 6:06 | 9:19 | 21   | 6:19 | 9:10 |
| 6    | 6:07 | 9:19 | 22   | 6:20 | 9:09 |
| 7    | 6:07 | 9:19 | 23   | 6:21 | 9:08 |
| 8    | 6:08 | 9:18 | 24   | 6:22 | 9:07 |
| 9    | 6:09 | 9:18 | 25   | 6:23 | 9:06 |
| 10   | 6:09 | 9:17 | 26   | 6:23 | 9:05 |
| 11   | 6:10 | 9:17 | 27   | 6:24 | 9:04 |
| 12   | 6:11 | 9:16 | 28   | 6:25 | 9:03 |
| 13   | 6:12 | 9:16 | 29   | 6:26 | 9:02 |
| 14   | 6:13 | 9:15 | 30   | 6:27 | 9:01 |
| 15   | 6:13 | 9:15 | 31   | 6:29 | 9:00 |
| 16   | 6:14 | 9:14 |      |      |      |





## CLASSIFIEDS

This section of the *Chainwheel Chatter* is published as a service for **TCBA members only**, to advertise cycling equipment free of charge. To place an ad, send an e-mail to [chainwheelchatter@biketcba.org](mailto:chainwheelchatter@biketcba.org), fax to 1-800-480-1146 or mail to Andrea Rybicki, 307 S. Fairview, Lansing, MI 48912.

**FOR SALE:** FOR SALE: Trek 2100, 58 cm road bike. Shimano 105 components, Vetta c15 computer, toe clips, 2 h2o cages, frame bag, approx. 4,000 miles. Call David at (517) 485-4900 (w) or (517) 394-1722 (h).

**FOR SALE:** Catrike (Pocket#107) new condition, used only twice. Equipped with computer, 2 bottle cages, rear light, mirror, tool pouch and owner's manual. Ideal for person weighing 170 lbs. or less. Asking \$1,300. For more info call Edie @ (517) 242-4122.

**FOR SALE:** Thule trunk mount bike rack holds two bikes, used very little, \$25. Xport hitch mount type rack uses 1 1/4 hitch and holds two bikes, \$20. Contact John at (517) 627-1411.

### SummerTour Needs Your Help

We have an opening on the SummerTour committee. If you are interested in working on the committee, please contact Lee Adair at [tcbasummertour@sbcglobal.net](mailto:tcbasummertour@sbcglobal.net) or call (517) 482-6909.

Howard Baldwin is leaving the SummerTour committee to move on to other things. He has been on the SummerTour committee since 1995. Through his suggestions and commitment, SummerTour has grown into the ride it is today. When you see Howard, tell him thanks.

Thank you,  
Lee Adair and your SummerTour Committee

### Extra Gloves for Sale

Extra gloves from the 2006 incentives are available for sale. The gloves will be sold for \$16 at club meetings or can be obtained by contacting Kris Stairs at (517) 627-4211 or by e-mail to [boardatlarge1@biketcba.org](mailto:boardatlarge1@biketcba.org).

### 2006 Incentive Awards

Incentive awards from 2006 will be available at the July and August club meetings.

## MEMBER SPECIALS



Mike's Firehouse Grill would like to invite the Tri-County Bicycle Association members to come join us for lunch or dinner! We are extending a 10% discount

to all TCBA members.

We are located at 447 S. Jefferson St., Mason, in the former building of the City of Mason Firehouse.

Visit our website: [www.mikesfirehousegrill.com](http://www.mikesfirehousegrill.com), for directions, menus and the history of our unique and exciting atmosphere

We hope that you will take advantage of this offer and we look forward to seeing you at Mike's Firehouse Grill!

**PERSONAL TRAINING**—Benefit from bicycling-oriented fitness training with Audrey Morris, Certified Personal Trainer. Focus is on a progressive training program that strengthens the core and other muscles key to biking, as well as flexibility and aerobic elements. Design your program from one-session orientations to several or ongoing sessions! Certified by NASM, one of the top certifying organizations. Gift certificates available. Call Audrey at (517) 712-4678.

### SEW MUCH MORE

Cycling wear: jerseys, cycling shorts, tights, and cycling shells.

Reasonable prices. Custom fit.

Gift certificates.

For more information call Sue at (517) 627-1411.

Revolution Bikes, East Lansing's newest bike shop, would like to offer all TCBA members a 10% discount in store. In addition, for coming in we will happily perform one free wheel truing. We are located at 420 Albert Street, on the north side of the multi-colored parking structure. You can check out our website at [www.revolutionbikesllc.com](http://www.revolutionbikesllc.com) or stop by in person. For questions or directions, call us at (517) 908-0282.

### Attention Ride Leaders!

Some of you may have experienced difficulties with e-mailing your rides to [rideschedule@biketcba.org](mailto:rideschedule@biketcba.org), or noticed that rides you submitted to this e-mail address were not on the printed ride schedule. Though there were some technical issues, the problem has been resolved. Ride leaders should feel free to use this e-mail address to report their rides in the future.