

Chainwheel Chatter



Tri-County Bicycle Association • P.O. Box 22146 • Lansing, MI 48909 • (517) 882-3700 • www.biketcba.org

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December 2007

NEXT Meeting

January 31, 2008—7:00 p.m.
Foster Community Center
200 N. Foster St.—Lansing

League of Michigan Bicyclists

A representative from the League of Michigan Bicyclists will speak at the January meeting.

DALMAC Volunteers Needed

Meetings for next year's DALMAC will soon be upon us. Many people have asked how they can get involved in one or more of DALMAC's many committees and/or participate as one of the crew people during the tour. Inserted in this month's *Chainwheel Chatter* you'll find the DALMAC Volunteer Data Form for 2008. As you'll see on the form, there are many tasks during the spring and summer to prepare for this event. There are openings in some of these areas, such as registrar and data entry, and we need people to fill them ASAP. If you want to participate in DALMAC as a volunteer, please fill out the form and mail it to the address at the bottom.

For those of you who are already on one or more committee or crew, please fill out the form and send it in so we can be sure your contact info is up to date.

Thank you.

Al Simons
Events Director



**Seasons
Greetings!**

Cycle Forum

Plan to join Allan Huber at **6:00 p.m.**, immediately preceding the membership meeting on **Thursday, January 31, 2008.**

CHANGE OF ADDRESS

If you move or have your mail forwarded, please notify us as soon as possible. The newsletters are sent bulk mail, and the post office does not forward bulk mail. The post office returns your newsletter to us (we have to pay to get it back), so your membership ends up in limbo until we hear from you. Please send your change of address to TCBA, P.O. Box 22146, Lansing, MI 48909, or e-mail to membership@biketcba.org.

Board Meeting

The Board of Directors will meet at 6:30 p.m. on Tuesday, January 8, 2008, at the Foster Community Center.

Members are welcome to attend all board meetings to express their concerns. Due to time constraints, if you have a specific item to be brought before the board, it is suggested that you contact the president one week prior to the meeting, and ask to have it added to the agenda.

Newsletter/Ride Calendar Deadline

The deadline for the next newsletter is Friday, December 14, 2007. Please send items to Andrea Rybicki, 307 S. Fairview, Lansing, MI 48912, fax to 1-800-480-1146 or e-mail to chainwheelchatter@biketcba.org.

Ride calendar information should be sent to Ed Usewick, 590 Boutell Dr., Grand Blanc, MI 48439 or e-mailed to rideschedule@biketcba.org. To be included in the newsletter, this information must be received no later than the above-mentioned newsletter deadline.

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MINUTES OF THE TRI-COUNTY BICYCLE ASSOCIATION

BOARD OF DIRECTORS MEETING

Foster Community Center—Lansing
October 2, 2007

Board Members present included Dick Janson, Sue Viele, Dick Sulin, Charla Scheidler, Al Simons, Ellen Lamb and Kris Stairs. Also present were club members Linda Antinori, Katie Donnelly, Herb Drake, Del Johnson, Nancy Johnson, Lenny Provencher and Steve Schuesler.

Reports

1. **Minutes/Secretary's Report:** Minutes of the September meeting were presented for review by Secretary Charla Scheidler. A motion to approve the minutes, after the correction of two typographical errors, was made by Sue Viele, seconded by Al Simons and passed unanimously.

Charla Scheidler advised board members that the building use application had been filed with Foster Community Center for use of the building October 2007 – September 2008. A copy of the meeting schedule was distributed to all present and will remain on file with these minutes. It was also noted that Sue Viele was changed to the contact person so application for the 2008 – 2009 year will be sent to her.

2. **Vice President:** Sue Viele reported that it is typical for board members and their guest to be invited to attend the Christmas dinner free of charge. Lenny Provencher suggested that the practice be continued in 2007. Discussion also took place regarding past practice of extending additional invitations to attend this event free of charge to volunteers who had put forth significant efforts throughout the year. Charla Scheidler advised that this practice began a few years ago due to the termination of a separate volunteer dinner. Dick Janson indicated he would contact Arnie Johnson to get advice on the selection of those volunteers.
3. **Treasurer's Report:** Treasurer Dick Sulin submitted the accounting review prepared by Simplified Bookkeeping & Tax Service, Inc. for the 12-month period ending December 31, 2006 (a copy to remain on file with these minutes). Simplified stated that, based on their review, they were not aware of any material modifications that should be made to the financial statements in order for them to be in conformity with generally accepted accounting principles.

Dick Sulin then submitted a Budget Report for review. It was deemed that the information in the report was not correct and the report not useful. Charla Scheidler volunteered to supply Dick Sulin with a sample of the reports that were prepared in past years for his use in preparing a corrected Budget Report.

Additional reports submitted for review included a Balance Sheet, Profit & Loss Statement and Profit & Loss Detail ending August 31, 2007. Dick Janson made a motion to approve these reports as submitted. The motion was seconded by Al Simons and passed unanimously.

Discussion took place regarding Simplified's past practice of filing extensions for the Income Tax 990 report. Dick Sulin asked for authorization to check into other accounting firms and what their service fees would be. All board members encouraged him to pursue this action.

4. **Ride Program Committee:** Kris Stairs reported that the committee would be meeting at the conclusion of the board meeting to discuss an issue referred to them.
5. **DALMAC:** Al Simons advised that Ken Hendrick and Pat Trudgen would be attending the National Bicycle Tour Directors conference with him in November and he is working on a fourth person to attend as well.
6. **Membership:** Discussion ensued regarding the position of membership chair and the inconvenience of the membership chair and ride mileage keeper sharing the database. Del Johnson volunteered to modify the membership database and the ride mileage program so that the program looks for the information it needs on a server and both individuals can access the information simultaneously. In addition, Nancy Johnson has volunteered to take over the position of membership chair. Dick Janson made a motion to approve the changes as outlined; the motion was seconded by Sue Viele and carried.
7. **Northwest Tour:** Dick Sulin reported that Milt and Gloria Gruhn have agreed to be camp hosts for the 2008 Northwest Tour.

Old Business

- **Election**—Steve Schuesler reported that the membership mailing list had been sent to Hot Prospects on September 30 in preparation for the mailing of the Election Ballots. Charla Scheidler reported that, on October 2, the document files for the ballot and nominee profiles were also forwarded Hot Prospects.
- **Touring Map Project**—Al Simons reported on his conversation with Joe Adams regarding the committee to review the touring map project. Joe Adams has agreed to chair the committee and will work on the formation of a committee after the first of the year.

New Business

- **Club Banner**—Dick Janson displayed a banner that was made for use on the canopy which was purchased in the spring, but the size was wrong so it was unusable. Dick suggested that this banner be used to replace the current tattered club banner and asked for approval for funds to have grommets put in it so it could be hung. Dick also asked for approval for funds to have a second banner made identical to this one, also adding grommets. A motion to approve funding in the amount of \$150 for the project was made by Charla Scheidler, seconded by Kris Stairs and carried unanimously.
- **Policy & Procedure Manual**—Dick Janson expressed the need to develop a Policy & Procedure Manual. Charla Scheidler distributed a copy of a document that was compiled a few years ago which was an effort to work in the direction of developing such a manual. Herb Drake volunteered to work on the project.

Looks Can Be Deceiving

Ron Berby

I read Ron Truax's story in the September issue of *Chainwheel Chatter*. In it, he related admiration for a 24-year-old "kid" who rode the entirety of the Black Bear 100 Tour from Grayling to Oscoda on a "track bike." I recognized his description of it: "a single gear, brakes, and a place to hang water bottles." I also recently encountered a rider on such a bike.

On the eve of the National 24-Hour Challenge, I sat in the Middleville, Michigan Middle School cafeteria trading war stories with other entrants. Among them was 66-year-old Bill Ingraham of Scituate, Massachusetts, who resembled me. At 5'6" and 173 pounds, I look like a beer barrel on short stilts. Bill was maybe 5'8" and (he said) 191 pounds.

I expressed concern at getting through the initial 120+ mile, hilly loop in the required 10 hours. I was undertrained and the temperature would be in the high 80s. Bill, who despite his weight was better trained than me, said he'd missed the cut-off time last year when the temps hit the low 90s. We discovered we agreed on pace and strategy, and decided to ride together sharing drafting duties.

Rolling my Specialized Roubaix to the start, I found Bill aboard what I recognized as a track bike, with only one speed, a "filled" rear wheel, and a front wheel with three wide, knife-edged, aerodynamic spokes.

Our plan to pace together worked well in the early miles, which were relatively flat. But after 10 miles, significant hills created a problem. Heavier Bill, on his aerodynamic bike, flew down the hills and left me. On each uphill I'd close the gap, but Bill would often stand on the pedals and was strong enough with just one speed that I often couldn't quite catch him.

He'd at times dally until I caught up, but it disrupted our plan to draft off each other.

After 30 miles, the course leveled a bit, but we turned into a headwind. I was taking a turn following, working at staying close and a bit to the right of Bill's rear wheel. Suddenly, I heard a "sproing, whack" sound and found my bike slowing and wobbling wildly. I hit the skids, yelled to Bill, and shuddered to a stop. A spoke had broken on my rear wheel. Realizing the ride provided no repair vehicles, I knew I was done. Bill stayed for a minute until he saw it was hopeless, and went on his way as I called the ride management number.

A few weeks later, a mailed results booklet confirmed my effort: I finished 17th of 19 riders in the 60-64-year-old male age group with 40.6 miles. (Two riders in my age group missed the cut-off time at the 34.4-mile checkpoint.)

Bill did a lot better. He went 317.8 miles, taking third in the 65-69-year-old age group. And despite one guy who only went 34.4 miles, the nine riders in the group averaged 271.5 miles—the top average of all categories! Also of note was Nancy Guth of Stafford, Virginia, the only rider in the female 55-59 group. She was the first woman with 349.2 miles.

I'm not sure if I would have made the 10-hour cut-off, but I am sure my plan was a good one. And I'm surer than ever of my long-time observation that you can't go by someone's looks. Though he's kind of tubby, Bill Ingraham is one of the cagiest, toughest people on the planet.

2007 ANNUAL REPORT OF THE TRI-COUNTY BICYCLE ASSOCIATION

Web Site—www.biketcba.org

Since 1994, the popular TCBA Web site, www.biketcba.org, has been maintained by Ed Noonan. This year, he received the assistance, on occasion, of volunteers Thomas Baumann (.pdf documents), John Foltz (forums), Del Johnson (DALMAC) and Wendell Proudfoot (forums and Ride Mileage Reports).

Communication of Club Rides

Recurring Rides—Ed Usewick
Called-in Rides—Katie Donnelly

Publication—*Chainwheel Chatter*

Charla Scheidler (January – April issues)
Andrea Rybicki (May – December issues)
Published and distributed monthly

Membership

Steve Schuesler
TCBA currently has about 1,500 members. There were 140 new members this year. President Dick Janson was able to personally welcome about a third of them by phone.

Rides & Mileages

Steve Schuesler

TCBA RIDE DATA—OCTOBER*				
YEAR	K MILES	RIDERS	RIDES	LEADERS
2000	274	470	900	110
2001	267	490	775	90
2002	312	560	820	85
2003	343	550	873	86
2004	325	424	877	82
2005	372	441	853	88
2006	287	485	721	82
2007	282	458	722	76

*After 2003, this chart only includes member mileages.

T-Shirt Ride

Deb Holdcraft

The 2007 100,000 Metre T-Shirt Ride was again held at Laingsburg High School. This tour has community involvement and continues to grow. All food was purchased locally and the Laingsburg Police Reserves were responsible for the catering.

Women on Wheels

Judy Miller, Joane Gruizenga, Kori Sperling

The Women on Wheels ride was again blessed with perfect weather, a great course, 550 participants and a terrific group of volunteers. This ride is put on to encourage women to participate in cycling. There were 16-, 32- and 50-mile routes available, and the popular “wrap” sandwiches and pizza were provided for lunch.

Northwest Tour

Dick Sulin

This four-day tour was new this year and was based at Sleepy Bear Campground in the Leelanau area of northern lower Michigan. Over 100 people participated.

Summer Tour

Lee Adair

Our 18th annual SummerTour, The Southwest Lakes Tour, was a circle route in southwest Lower Michigan. The 150 riders started the tour in Gobles. The overnights took place at Van Buren State Park and Yankee Springs Recreation Area, with each overnight location having a layover day. On the fifth day, the tour returned Gobles.

DALMAC

Al Simons

DALMAC was once again blessed with great weather, including an excellent tailwind on Sunday. In addition to the traditional four routes, this year we added the 5-UP route, specifically for crossing the Mackinac Bridge, and ending well into the Upper Peninsula. This new route (plus a few from the other routes) had 480 riders pedal across the bridge. Demand was so great that the 4-West filled in one week, the 5-Day (Petoskey) filled in 14 days, and the new 5-UP route filled in seven weeks. No doubt that the new online registration played a major role in filling all the routes so fast. We registered 2,150 riders and after you add in the volunteers, DALMAC totaled over 2,250. During the tour, the volunteers encountered several problems and did an outstanding job managing them. It's the volunteers who make DALMAC such a success each year.

The DALMAC Fund

Tom Hardenbergh

Grants of over \$45,000 were made to nine recipients this year. Included were Allen Neighborhood Center, Bellevue Police Department, Fitness Council of Jackson, Michigan Fitness Foundation, Kid's Repair Program, Laingsburg Troop 205, Paint Creek Trailways Commission, Programs to Educate All Cyclists and The Special Olympics Michigan. Amounts ranged from \$1,750 to \$10,500.

Events

Susan Viele

The June Picnic was held at Granger Meadows Park and 90 people attended. The December Christmas/Holiday Party was held at the Kellogg Center and 120 people attended.

(continued on page 5)

TCBA Meeting Programs
(Held at Foster Community Center)

Susan Viele

- January: John Lindenmayer from LMB
February: Member Audrey Morris, a certified personal trainer, gave a presentation on fitness training for cyclists.
March: Annual Swap Meet
April: Member Jeff Lounds gave a wonderful presentation on his swim across the Straits of Mackinac.
May: Member John Waterman from Programs to Educate All Cyclists (PEAC) spoke about his nonprofit agency, which is dedicated to assisting individuals with disabilities to become cyclists. The bicycle safety poster contest winners were also present and received their awards.
June: Dog trainer Hector Hernandez returned with his dog and provided fantastic tips on avoiding dog attacks.
July: DALMAC grant recipients reported on how they were utilizing the funds they received. This program really showed what TCBA and DALMAC are all about.
August: Events Director Al Simons provided information on the upcoming DALMAC. He also arranged for Paul Makoski and Dottie Bowersox to appear and instruct DALMAC riders on how to avoid foodborne illnesses. Great information!
September: Member Tom Martin gave an excellent slide presentation on his cross-country riding adventure from Long Beach, Washington to Mackinaw City.
October: Annual meeting; open mic.
November: Nancy Krupiarz, Michigan Trails and Greenways Association (MTGA)
December: No meeting

Financial

Dick Sulin

TCBA is in very good financial condition.

Ride Incentive Program

Kris Stairs and Ellen Lamb

Incentive items for 2007:

- Level 1—2,007 miles—Mid-weight, long sleeve jersey
- Level 2—1,500 miles—Fleece jacket and weather forecaster
- Level 3—1,000 miles—Head lamp or personal organizer
- Level 4—500 miles—Mini bike tool kit for road use
- Level 5—6+ rides—Insulated water bottle with logo

Cycle Forum/Maintenance

Allan Huber

Allan's programs covered many bicycle-related discussions for beginning cyclists and members who want to know more about bicycles. These programs occur at 6:00 p.m. at Foster Community Center, immediately preceding the monthly membership meeting.

Safety and Education Committee

Bill Savage

The Safety and Education Committee, with the help of President Dick Janson, attended a Boy Scout meeting and the Allen Neighborhood Bike Fest. Bicycle fit, the need of properly wearing helmets and general bicycle safety were discussed.

A video with instruction on safe riding for DALMAC was prepared (with the help and guidance of Al Simons). The video stressed the importance of getting off the road when stopped, riding the proper distance from the edge of road, crossing railroad tracks, drafting other bicycles, etc. This video was shown during DALMAC registration.

If anyone wishes to address elementary schools to talk about bicycle safety, contact Bill Savage.

Community Activities

- Distributed \$1,500 in awards to tri-county area third- and fifth-grade students and their schools in our fourth Bicycle Safety Poster Contest
- Continued development of the Mid-Michigan Touring Map Book Project, due for publication in Spring 2008
- Donated \$600 to the Foster Community Center's holiday basket project
- Supported Michigan Trails & Greenways Association and Mid-MEAC Smart Commute
- Distributed another 2,300 Crosstown Bicycle Route Map Books via bike shops, libraries and other means, bringing the total to over 12,000 in the past three years
- Financed two-month long billboard campaigns promoting TCBA and safe driving habits related to bicyclists.

Administration

President: Dick Janson

Vice President: Sue Viele Treasurer: Dick Sulin

Secretary: Charla Scheidler

Events Director: Al Simons

Board At Large: Kris Stairs

Board At Large: Ellen Lamb

December 2007 Ride Calendar

Recurring Rides (No ride if rain unless stated otherwise)

Day/Date	Time	Miles	Class	Start Location	Other Information	Ride Leader
Fridays	Noon	20-30	C	DeWitt Township Hall	Temps must be above freezing. Roads must be free of ice and snow. Won't ride if wind is in excess of 20 mph.	Jan Koller (989) 669-5744

Helmets are required on all TCBA rides.

Ride Starting Point Description

- **DeWitt Township Hall**, 1401 W. Herbison Rd. 1/2 mile west of Old 27

Ride Classifications

A+	19+ mph
A	17-19 mph
B	14-17 mph
C	12-14 mph
D	Under 12 mph, fun and social group ride
M	Mountain bike

FOR MORE RIDES

Call (517) 882-3700 or visit the Web site at www.biketcba.org. Check this number for updates and changes to rides listed here. To receive the Ride Line Transcript by e-mail, send your request to donnel13@msu.edu.

Variety, the Spice of Biking

Ron Berby

In mid-October I did my third Hilly Hundred. The "Hilly" is actually two fifties, ridden generally on the second Saturday and Sunday in October on separate courses starting at Ellettsville, Indiana, not far from Bloomington. Though it's my favorite bike tour, I won't be back in 2008. I'll explain later.

In 2000 and 2001 the Hilly was voted the top bike tour in the country, tops in the categories of food and entertainment. Food at the rest stops is excellent, and includes KFC chicken and Schwann's ice cream. Each rest stop features live music, and there is entertainment at the Ellettsville High School over the weekend. The Hilly is my favorite because, though it's difficult, it's a lot of fun.

The Hilly is just that. I've heard the "original" 92-mile last day at DALMAC from Central Lake to Mackinaw has over 2,700 feet of climbing. Consider the Hilly's Saturday course, which is 47.9 miles with 3,321 feet of climbing. Sunday's course is a bit easier, with 50.4 miles with 3,157 feet of climbing. Fourteen of the Hilly's hills are named, and to me the Three Sisters are the most punishing. But the very worst thing about the Three Sisters is that there are four of them.

But the Hilly isn't just for the young, thin, and elite. My first Hilly was in 2002, when I was one year into biking.

My wife, Sally Middleton, and I simply walked our bikes up the tougher hills, taking little more time than those who rode. And in all three of my Hillys I've seen plenty of amateurish-looking bikes and bodies foot-slogging up hills. After all, walking your bike up a hill doesn't mean it has defeated you. It has only slowed you. Since then, like many of you, I've cheated by having granny gears installed on my bike. Now I'm able to climb (on my bike) all but the steepest of hills, including the Wall at 17 percent and the Hilly's Mt. Tabor Road hill at 20 percent.

The Hilly is limited to 5,000 riders, and issues a flag which is attached to a rider's back or the rear of the bike and displays the rider's name, town and state. What bothers me is the tiny number of Michigan riders I encounter. It seems that many Michigan riders train through the spring and summer, ride DALMAC and then hang it up, ignoring two months of worthwhile autumn tours. What a shame.

Sally and I ran many marathons and ultramarathons before an injury converted me into a biker. Our favorite was the Arkansas Trail 100 Mile Run, each fall in the mountainous Oachita National Forest west of Little Rock, Arkansas, like the Hilly, is fun. How, you might ask, can running and walking remote gravel roads and rocky trails all day, through the night and into the next day be fun? Well, for example, when you approached the Flamingo aid station (rest stop to bikers), you'd be told to sit in a lawn chair and be waited on by the station staff. Those waiting on you would be drawling Arky men and women, all wearing grass skirts and coconut bras. It was but one of many hilarious aspects of Arkansas. But after maybe three trips there, we decided it was getting a little old, and that we'd run somewhere else the next October. It wasn't the difficulty that made it old, but rather the sameness. And we did return to run it again.

DALMAC is a terrific bike tour. I've done four: the Four Day West, the Four Day East, the Bridge Route and this year's 5-UP Route. Notice that I've ridden four different DALMACs. And the biggest reason I haven't ridden the Quad Century is that in my elderly state and obesity, I'd rather not spend nine or more hours on a bike each day and have little time for more leisurely pursuits.

I'm not suggesting that everyone drop DALMAC and do other tours. DALMAC is healthy, filling up every year and remaining a bargain with such low entry fees. What I am suggesting is that riders not get in a rut, riding the same tours every year, and assuming that DALMAC is each year's end-all tour. Get out and about. There's a lot of good stuff out there.

CLASSIFIEDS



This section of the *Chainwheel Chatter* is published as a service for **TCBA members only**, to advertise cycling equipment free of charge. To place an ad, send an e-mail to chainwheelchatter@biketcba.org, fax to 1-800-480-1146 or mail to Andrea Rybicki, 307 S.

Fairview, Lansing, MI 48912.

FOR SALE: Legendary Bickerton folder in beat up suitcase. \$75. V. Herreid, Holt. (517) 694-3139, vherreid@yahoo.com.

FOR SALE: Bike Friday Two'sDay Tandem—Original cost \$2,999. Ridden fewer than 500 miles. Will disassemble and pack into two suitcases for traveling. Quick folds for putting in car trunk. Many upgrades. Selling for \$1,900. Call Ken Hendrick at (517) 627-4865 or e-mail at klhendrick@msn.com.

FOR SALE: 60-cm Miyata touring bike. Recently converted to a sleek looking single speed (freewheel). Two new tires and tubes. \$100. Call (517) 483-9610.

FOR SALE: Brand new, never been worn, 2006 medium Atmos helmet (blue, white, red). New was \$175. Now \$100. Call (517) 483-9610.

FOR SALE: Kato Nike mtn bike shoes, Euro size 41. By the time I realized they were a half size too big, I had already put cleats on so they couldn't be returned. \$50 (includes cleats). Call (517) 483-9610.

FOR SALE: Pacemaster ProElite treadmill. It works great; incline, etc. all work fine. Check out reviews at www.99.epinions.com/content_108815748740. \$500. Call Cathy at (517) 526-1480 or e-mail at cdhoort@yahoo.com.

FOR SALE: Pro Step 6000 Stairmaster. Excellent condition. The Pro Step 6000 provides a natural, low- impact lower body and aerobic workout that eliminate the standard jarring impact on the feet, knees and hips that is experienced when using a treadmill. The overall design is simple to use and requires little or no instructions. \$750. Call Cathy at (517) 526-1480 or e-mail at cdhoort@yahoo.com.

New WANTED: a 54-cm touring bike. Call Bill at (517) 853-3753.

Ride Incentive Rule Clarification

As a point of clarification, the following has been added to the Ride Incentive Rules under "Incentive Eligibility":

If there are only nonmember riders, the ride leader receives the ride mileage plus leader points for that category.

MEMBER SPECIALS

PERSONAL TRAINING—Benefit from bicycling-oriented fitness training with Audrey Morris, Personal Trainer. Focus is on a progressive training program that strengthens the core and other muscles key to biking or to meet your other goals, as well as flexibility and aerobic elements. Design your program with me from one-session orientations to ongoing training sessions. Gift certificates available. Contact me at (517) 712-4678 or AGMorris@SBCglobal.net.

SEW MUCH MORE

Cycling wear: jerseys, cycling shorts, tights, and cycling shells.

Reasonable prices. Custom fit.

Gift certificates.

For more information call Sue at (517) 627-1411.

Revolution Bikes, East Lansing's newest bike shop, would like to offer all TCBA members a 10 percent discount in the store. We also sell tubes at cost and we will attempt to match most Internet prices for bike parts. We are located at 420 Albert Street, on the north side of the multi-colored parking structure. You can check out our Web site at www.revolutionbikesllc.com or stop by in person. For questions or directions, call us at (517) 908-0282.

WELCOME NEW MEMBERS



David M. Barrows, Jr.
Rose Rybicki

DALMAC Pictures Needed

The Application Committee needs your help. We are looking DALMAC pictures from 2007 or previous years. We will consider all submitted for the 2008 Application Booklet. We specifically like bikes, eating places, camp shots, people riding and places of interest along the routes. You can submit pictures in any format, but digital is preferred. Photo prints will not be returned. Send pictures to Lindsay Burris by e-mail to burrisli@msu.edu or snail mail to 1403 Eastbury Dr., Lansing, MI 48917.

Thank you.

Lindsay Burris
DALMAC Application Chair