

Chainwheel Chatter



Tri-County Bicycle Association • P.O. Box 22146 • Lansing, MI 48909 • (517) 882-3700 • www.biketcba.org

Volume 33 Number 1

Established 1972

January 2005

NEXT Meeting!!!

January 27, 2005 – 7:00 p.m.
Foster Community Center
200 N. Foster St. – Lansing



Lucinda Means,
Executive Director
League of Michigan Bicyclists

Lucinda will share with us what's new at LMB and what's on the agenda for 2005.

Tom Hardenbergh will also have the TCBA 30th Anniversary Display Boards available at this meeting for your viewing pleasure.

Ride Incentive Program Committee

At the Annual Meeting there were several comments heard regarding the Ride Incentive Program. Kori Sperling has agreed to chair the Ride Incentive Program for 2005 and a committee will be formed to review the current guidelines and prepare a proposal for the Board's consideration.

This committee will also be responsible for reviewing the current Ride Leader Guidelines and making adjustments to that document.

If you have an interest in serving on the committee please contact Kori at (517) 393-2842 or send an email to: boardatlarge1@biketcba.org. If you are unable to serve on the committee, but have thoughts regarding the Ride Incentive Program and/or Ride Leader Guidelines please pass that information on to Kori so that it can be presented for consideration.



Board Meeting

The Board of Directors will meet at 6:30 p.m. on Tuesday, January 4, 2005 at the Foster Community Center.

Members are welcome to attend all board meetings to express their concerns. Due to time constraints, if you have a specific item to be brought before the board it is suggested that you contact the President one week prior to the meeting, and ask to have it added to the agenda.

Next meeting: February 1, 2005.

Newsletter/Ride Calendar Deadline

The **deadline for the next newsletter is Saturday, January 8, 2005.** Please send items to Charla Scheidler, 10384 Blackberry Ln., Haslett, MI 48840, FAX to (517) 339-1758, or email to: chainwheelchatter@biketcba.org.

Ride calendar information should be sent to Wendell Proudfoot, P.O. Box 1628, East Lansing, MI 48826, or emailed to tcbarides@prowen.com. To be included in the newsletter this information must be received no later than the above-mentioned newsletter deadline.

Cycle Forum

Plan to join Alan Huber at **6:00 p.m.** immediately preceding the membership meeting on **Thursday, January 27, 2005.** Bring your experiences and stories to share with the group.

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December Executive Board Report

Submitted by: Dave Ford

The TCBA Board of Directors met at the Foster Community Center on December 7th, 2004. Board members present included Arnie Johnson, Susan Viele, David Ford, John Foltz, Phil wells, Ron Claflin and Darryl Burris. Also present were club members Katie Donnelly, Tom Hardenburgh, Pat Harrington, Kori Sperling, Ed Usewick.

Discussion items/Announcements

Pat Harrington reported on non-motorized corridors in Delta Township. He presented a letter on behalf of TCBA to be presented to the Delta Township Board of Trustees. The board supported the idea and signed the letter.

Darryl Burris reported that all of the DALMAC bills had been paid, and that we made approx the same profit as last year.

Susan Viele reported that she is going to look into an alternate location for the holiday party.

Open mic suggestions were discussed. It was decided to re-instate the ride committee. Interested members should contact Kori Sperling. The board is going to look into how much interest there is in using hard shell bike cases before we purchase any. It was decided not to count cumulative mileage for the ride incentive program.

Action items

Minutes of the October meeting were approved.

Ron Claflin presented a financial report for January 1 through December 3rd, 2004. The report was approved as presented.

Tom Hardenburgh reported that the Kids Repair Program decided not to use the DALMAC grant money for their computer work. They requested to use the money to underwrite the entire program. The DALMAC fund committee agreed with this request, and the board approved it.

Katie Donnelly requested funding for the 2005 poster contest. The board approved the request.

Note: Information contained in this article is not the official record of the meeting. The minutes of this meeting will be submitted for approval at the next Board Meeting. Any corrections and/or amendments will be noted in next month's edition of the Chainwheel Chatter.



WELCOME NEW MEMBERS

Joe Cleary	Carol Nield
Tim Potter & Family	John Lindenmayer
Ryan Keast & Family	Dave Beutel
Christopher Bell & Family	John Jacus
Dean Walker	Kimberly Ells
Fritz Marin	Sugandha Lowhim
Shawn Paige & Family	

CHANGE OF ADDRESS



If you move or have your mail forwarded, please notify us as soon as possible. The newsletters are sent bulk mail, and the post office does not forward bulk mail. The post office returns your newsletter to us (we have to pay to get it back), so your membership ends up in limbo until we hear from you. **Please send your change of address to: TCBA, P.O. Box 22146, Lansing, MI 48909, or email membership@biketcba.org.**

Fitness Buffs!



I'm sponsoring a weekly workout session every Saturday starting January 8 and running through March 26, at 9:45 am. It will be at the Williamston Free Methodist church on the east side of Williamston Road, just a little south of Sherwood, which is about a mile and a half north of Williamston. We should be done by 11:00.

There is a basement we can bike in, a TV and tape player, and best of all, it's free! I thank the Pastor Bradshaw and the good people of the church for its use.

It's a lot more fun to train with others, so bring your bike trainers, you don't have to drive all the way to Dansville this year, and be prepared to burn. I'm planning on kicking butt this year. How about you? You may be kicking butt, too, if you don't come. Your own!

Roger Nelson



CONGRATULATIONS To Our 2004 Ride Leaders of the Year. . .

Janice Koller
Pat & Roger Trudgen

MEMBER SPECIALS



Mike's Firehouse Grill would like to invite the Tri-County Bicycle

Association members to come join us for lunch or dinner! We are extending a 10% discount to all TCBA members.

Located at 447 S. Jefferson St., Mason, in the former building of the City of Mason Firehouse.

For directions, menus, and the history of our unique and exciting atmosphere visit our website www.mikesfirehousegrill.com.

We hope that you will take advantage of this offer and we look forward to seeing you at Mike's Firehouse Grill!

Mark your calendar so you won't miss this important event!!!

20th Annual Open House

Denny's Cycling & Central Park Bicycles

Sunday, February 13th - More details will follow in the next issue.

SPINNING CLASSES

**Oak Park YMCA
900 Long Blvd.
Lansing MI 48911
517-699-9622**

The next session of spinning classes start January 8th.

Schedule:

Monday 5:45 a.m., 5:30 & 6:30 p.m.

Tuesday 7:00 a.m., 6:00 & 7:00 p.m.

Wednesday 5:30 & 6:30 p.m.

Thursday 6:00 & 7:00 p.m.

Friday 5:45am & 12:45 p.m.

Saturday 8:30 a.m.

\$25 for all 45 min. classes - 20% discount if you do 2 days a week same time (ex. M/W or T/TH)

CLASSIFIED



This section of the Chainwheel Chatter is published as a service for **TCBA members only**, to advertise cycling equipment free of charge. To place an ad, send email to chainwheelchatter@biketcba.org, FAX to (517) 339-1758, or mail to Charla Scheidler, 10384 Blackberry Ln., Haslett, MI 48840.

FOR SALE: Used ML Red Recumbent Tour Easy bike with the following extras: full fairing, carbon fiber front fender, mirror, odometer, kickstand, rear rack, light and pump. \$1,195.00. Contact Bob Bartlett at 517- 676-9453.

FOR SALE:

1. Frame & Fork = Giant Compact Road ONCE Large (ridden 10 times)\$200
2. Cannondale Caad3 Saeco 59cm (used 1 season) \$175
3. LeMond Maillot Jaune Reynolds 853 59cm (used 2 months) \$450.
4. 3 Dura Ace Groups. 9 speed, condition varies Wheelsets = Rolf Sestrieres Clincher New in box \$450
5. Ringle super8 /Sun ATB wheels \$250
6. Mavic Ksyrium Clinchers (1 yr) Like New \$300,
7. Mavic/Shimano Open Pro Ultegra Clincher \$175
8. Specialized Tri Spokes (1rear cassette, 2 fronts), Rolf Vector Pro Tubulars (fast, light and strong) \$400
9. Mavic Cosmic Equipe 18 spoke Front Tubular \$85
10. Helmets = Giro, Bell, Louis Garneau, Specialized. Call for models and sizes.\$15-50
11. Jerseys = Various local/regional teams all in good condition mostly Large \$20-30
12. Shoes = Sidi Genius Atb 45 \$70 , Shimano Atb Carbon soles blue uppers (like new) \$50
13. Saddles = Avocet, Selle Italia, San Marco new and used \$15 and Up
14. Oakley, Bolle, Killer Loop = Older styles \$10-30
15. Complete Bikes = Giant Time Trial bike, Compact frame (M) team Once Anodized Black, Aero bars. Choice of wheels from above. 18lbs or under. +/- \$1500
16. Giant ATB Custom build. XTC Frame,Manitou Carbon Fork, Sram Bullet, White Industries, Mavic, Continental, Avid V, Thompson Post&Stem, \$2700 new, excellent condition \$1900

Call Brett 517-886-0448; or email AJB3511@aol.com

FOR SALE: 48cm GT ZR 4000 Road Bike, Aluminum frame, Green-White. Shimano Tiagra, 105 components. Triple chainring, 27-speed. Great shape, asking \$300 or best offer. Call Terry 517-694-2836 or 517-819-0030 cell.

GIVE OR TAKE. . . Cleaning out your closets or garage? Please consider recycling items you no longer need...biking gear and/or clothing in good condition will be passed on to new riders who need like items. Please call if you have things to donate, or if you wish to be donated to. Overflow will be donated to a charitable Bike Tour going to the Ukraine next spring for the purpose of donating bikes, etc. Thank you very much to those who have already donated. Call Sheri. (517) 323-7487.

OLD BIKES/TOOLS HANGING AROUND? The MSU Bike Project (grateful recipient of \$ from the DALMAC fund in '04) is looking for old bikes in working or restorable condition. Ideal bikes are 1 ~ 5 spd. with fenders/ chain guards, baskets, etc. but newer are great! Tools & parts for all types of bikes much needed. Full details on donating: www.msu.edu/~bikes/donations.html.

January Ride Calendar

Recurring Rides

Day/Date	Time	Miles	Class	Start Location	Other Info	Ride Leader
Sundays	12:00pm	20+	B	Holt Commuter Lot	Roads must be clear of ice and snow. Will not ride in temperatures under 30°	Janice Koller (517) 669-5744
Tuesdays	12:00pm	25+	B	Holt Commuter Lot	No rides in icy or snowy conditions.	Eddie Belcher (517) 669-7259
Saturdays	12:00pm	25+	B	Holt Commuter Lot	No rides in icy or snowy conditions.	Eddie Belcher (517) 669-7259

Other Rides

Saturday, Jan 1, 2005	12:00am	9-16	D	Foster Community Center	First ride of 2005. Dress warm. Need head and tail light. Hot chocolate at QD after. Will not ride in temperature below 15°. Roads must be clear of ice and snow.	Dick Janson (517) 675-7340
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Ride Starting Point Descriptions

Holt Commuter Lot	US-127 & Holt Rd., Holt
Foster Community Center	Foster Ave. 1/2 block N of Michigan AV, Lansing

HELMETS ARE REQUIRED ON ALL TCBA RIDES!!!

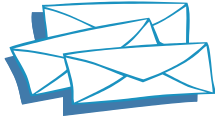
FOR MORE RIDES CALL: 517-882-3700 - or visit the Web Site: www.biketcba.org
Also check this number for updates-changes on rides listed in this Chainwheel Chatter.
 To receive the Ride Line Transcript by email send your email address to: donnel13@msu.edu

RIDE CLASSIFICATIONS

A+.....19+ MPH
 A..... 17-19 MPH
 B..... 14-17 MPH
 C..... 12-14 MPH
 D.....Under 12 MPH Fun and Social Group Ride
 F.....Family Fun & First-Timers Ride
 M Mountain BikeN/A
 ZRides over 40 miles in length to be ridden at the rider's own pace without on the road ride leader supervision. Leader must have detailed map of the ride for all riders.

SUNRISES & SUNSETS FOR JANUARY, 2005

Date	Rise	Set	Date	Rise	Set
1	8:09	5:15	17	8:05	5:33
2	8:09	5:16	18	8:04	5:34
3	8:09	5:17	19	8:04	5:35
4	8:09	5:18	20	8:03	5:36
5	8:09	5:19	21	8:02	5:38
6	8:09	5:20	22	8:02	5:39
7	8:08	5:21	23	8:01	5:40
8	8:08	5:22	24	8:00	5:41
9	8:08	5:23	25	7:59	5:43
10	8:08	5:24	26	7:58	5:44
11	8:07	5:26	27	7:57	5:45
12	8:07	5:27	28	7:56	5:47
13	8:07	5:28	29	7:55	5:48
14	8:06	5:29	30	7:55	5:49
15	8:06	5:30	31	7:53	5:51
16	8:05	5:31			



FROM THE TCBA MAIL BAG

MSU Bike Project Wrapped up 2004 on High Note

Thanks to the generous grant from the DALMAC fund in July the MSU Bike Project was able to distribute over 100 restored & reliable green bikes to faculty/ staff and students on campus in 2004 up from 25 in 2003, the Project's 1st year of operation. With the funding & lots of help from our new partner, the MSU Cycling Club, the Project purchased a 2nd complete set of Park tools (the Cycling Club had already purchased a set earlier in the spring w/ their own funds and built their own work bench area) and lots of much needed parts, locks, etc. Photos of the finished workshop can be viewed at the web site: www.msu.edu/~bikes/images/shop/page_01.htm.

Two double work stands were also purchased earlier in the spring from Denny's Schwinn during their close-out sale, so each work bench is configured for working on 2 bikes simultaneously.

125+ Bikes Loaned Out

The decision to expand our operations to include students in 2004 combined with several public bike repair clinics in the spring along with generous media coverage caused a near tidal wave of requests such that much of the spring and into late summer a waiting list roughly 20 deep kept our volunteers hopping. Of the 100+ new customers this year roughly 90% are international students/ researchers/ faculty, folks who obviously know that cycling is a great way to get around! Starting in mid-August we also began opening our workshop every Tuesday evening for public bike repair clinics which were hugely popular and will continue throughout the year. The Project and Club volunteered our services to a couple on-campus events. Our bike riders led runners through the race courses for the MSU Safe Place 5K and the MSU Museum Dino Dash; thanks to the support of the TCBA/ LMB we also provided bike valet parking services to the Dino Dash with good success.

Cycling Club Partnership Yields Great Synergy

Partnering with the MSU Cycling Club last winter has proven to be the ideal marriage of our goals and needs on campus; they've provided much needed manpower (members are required to do volunteer work w/ the Project in order to get sponsor deals & in order to use the workshop for their own cycles), energy and vision for cycling on campus. Our joint workshop has also given the Cycling Club their first real home/shop in the 120-year history of the Club on campus (we recently discovered the 1st Cycling Club was founded in 1884!).

Winter Projects Wonderland

The Project has a number of critical winter projects underway. We're piloting a new relationship with the residence halls such that graduating students will be encouraged to donate their bikes to the Project at designated areas/rooms before they leave town to help avoid the impound process which ends up costing MSU lots of staff

time and money and results in us getting much fewer usable bikes. December grads at McDonnell Hall will be the pilot test group for this new endeavor. An average of 1400 bikes are impounded annually requiring significant manpower and resources to process/store not to mention the very bad PR resulting from upset students who discover their bikes missing; a recent meeting with the MSU Police and Surplus Dept. heads has happily produced mutual enthusiasm to help funnel as many bikes to the Project as possible to reduce the load on their staff. The combined effect of these new channels of getting unwanted bikes back into service on campus should make quite a huge impact on our operations in 2005. Planning for the storage/handling/repairs of these bikes is one of our biggest challenges facing the Project & Cycling Club. During move-out week in late May the Project will be responsible to move the donated bikes every night which presents its own challenges.

Several smaller yet important projects are underway as well. A new storage system to allow for many more bikes in our limited space (in the Demonstration Hall basement) will be constructed. Permanent signage for our workshop is being applied for. A new, large, brightly-colored and easily identifiable sticker for our green bikes is being designed to give our bikes a more professional consistent look and to help PR. Our web site is being totally redesigned (& may already be launched) by a very talented volunteer; our web address should also be new & improved by now to: www.bikeproject.msu.edu. A nice 60's era Schwinn tandem is being professionally restored in green & white to be given to the incoming president of MSU as a PR stunt. The history of cycling on campus, starting with the founding of the Cycling Club in 1884, is going to be further researched and documented on our web site and hopefully on a large story-board in our workshop as well. Instructional workshops are also being planned.

Will You Consider?

If you're interested in promoting cycling on the MSU campus (or work at MSU) consider: 1. getting one of our green bikes for your on-campus errands so you can leave your nice commuter bike in your office or for those days you had to drive in; 2. volunteering your time now and then to help restore/ repair green bikes or to conduct an instructional workshop; 3. donating your old bikes/parts/tools to the Project where they'll be put back in service for a great cause; or 4. just stop on by any Tuesday evening (5:30- 7:30 ish) to check out our workshop; again, volunteers get free access to our workshop for working on their own bikes! Drop us an email if you'd like more information: bikes@msu.edu.

Tim Potter

Bike Project Volunteer, webmaster & co-chief mechanic
MSU Cycling Club Advisor ('04~)

Dynacraft To Pay \$1.4 Million Penalty for Failing to Report Hazard with Mountain Bicycles

WASHINGTON, D.C. - The U.S. Consumer Product Safety Commission (CPSC) announced that Dynacraft BSC Inc., of San Rafael, Calif., has agreed to pay a \$1,400,000 civil penalty (pdf) to settle allegations that it violated federal reporting requirements. CPSC alleged that Dynacraft failed, on multiple occasions, to inform the government in a timely manner about a serious defect with their mountain bicycles.

Between July 1999 and March 2001, Dynacraft imported nearly 250,000 mountain bicycles that were manufactured with two types of defective forks. The forks, which are part of the steering column, can break apart and separate from the front wheel, causing the rider to lose control and suffer serious injuries. Over 50,000 of these bicycles also were made with a defect that caused the pedals to come loose and fall off, resulting in a loss of control by the rider.

In January 2000, Dynacraft reported to CPSC that a limited number of Vertical XL2 bicycles were involved in incidents where the fork broke and riders suffered chipped teeth, a sprained back, or bumps and bruises to the head. Based on this information, CPSC and the firm recalled only 19,000 bicycles in February 2000. Yet, the firm knew of additional consumers who experienced the same problem with the bicycles, but these incidents were not reported to CPSC until July 2000.

As a result, the February 2000 recall was expanded in September 2000 to include another 24,800 Vertical XL2 and Magna Electroshock model bicycles. Dynacraft reported problems with the Magna Electroshock model in August 2000, including 35 incidents and injuries (concussions, fractures, and lost teeth).

In March 2001, Dynacraft informed CPSC about 31 riders using the Next Shockzone model mountain bikes who were injured between March 2000 and March 2001. In addition to broken bones, cuts and bruises, one rider suffered a blood clot in the brain. The recall of 38,000 Next Shockzone bicycles in April 2001 also involved defective suspension forks.

An additional 54,000 units were recalled in May 2001 after the company reported incidents and serious injuries involving the Magna Equator models, due to defects with the pedals. The largest and last recall took place in June 2002, when 132,000 Next Ultra Shock mountain bicycles were recalled due to defective Ballistic 105 forks. Dynacraft reported 21 injuries involving the Next Ultra Shock, including concussions, abrasions, chipped teeth, and chest trauma.

Federal law requires manufacturers, distributors, and retailers to report to CPSC immediately (within 24 hours) after obtaining information which reasonably supports the conclusion that a product contains a defect which could create a substantial risk of injury to the public, presents an unreasonable risk of serious injury or death, or violates federal safety standard.

In agreeing to settle the matter, Dynacraft BSC Inc. denies that it violated the reporting requirements of the Consumer Product Safety Act.

CPSC, The Nautilus Group Announce Recall to Repair Bowflex Power Pro and Ultimate Fitness Machines

WASHINGTON, D.C. - The U.S. Consumer Product Safety Commission, in cooperation with the manufacturer named below, today announced voluntary recalls of the following consumer product. Consumers should stop using recalled products immediately unless otherwise instructed.

Name of product: Bowflex Power Pro and Bowflex Ultimate Fitness Machines

Units: 680,000 Power Pro units and 102,000 Ultimate units

Manufacturer: The Nautilus Group, of Vancouver, Wash.

Hazard: The seat pin on the Power Pro with "Lat Tower" and Ultimate models can break or become disengaged, allowing the seat to move suddenly. Also, the incline support bracket on the Power Pro without a "Lat Tower" can break, allowing the incline bench to move suddenly. Both hazards pose a fall risk to the user.

Incidents/Injuries: Nautilus has received 46 reports of the seat pin failure, including two serious injuries requiring stitches to the head. Additionally, Nautilus received 42 reports of the incline support bracket failure including injuries to the back, neck and head.

Description: The recalled fitness machines are the Bowflex Power Pro with and without a "Lat Tower" and Ultimate models built before September 1, 2002. The "Lat Tower" attaches to the back of the bench, and has pull down pulleys attached. The name "Bowflex" and the model name are printed on the front of the machines.

Sold at: Specialty fitness stores, infomercials and direct sales nationwide from January 1995 through April 2004 for between \$1,200 and \$1,600.

Manufactured in: China and Taiwan

Remedy: Consumers should stop using the incline support mechanism and contact Bowflex to receive a free repair kit. Consumers who participated in the Bowflex safety recall earlier in 2004, and owners of Ultimate units do not need to call Bowflex for a repair kit, as they will receive one automatically. Nautilus is contacting owners of affected machines by direct mail where the name is known to the firm.

Consumer Contact: Contact Bowflex at (800) 820-8604 between 5 a.m. and 8 p.m. PT Monday through Saturday, or visit the firm's Web site at www.bowflex.com.

Firm's Media Contact: Ron Arp, Senior Vice President, Corporate Communications, at (360) 418-6169.