

# Chainwheel Chatter



Tri-County Bicycle Association • P.O. Box 22146 • Lansing, MI 48909 • (517) 882-3700 • www.biketcba.org

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February 2005

## NEXT Meeting!!!

**February 24, 2005 – 7:00 p.m.**  
*Foster Community Center*  
*200 N. Foster St. – Lansing*

### **Hector Hernandez** **“Surviving Dog Encounters”**

Hector has done seminars for law enforcement agencies, Consumers Energy employees, UPS, and the U.S. Postal Service. This is an intense 45 minute seminar which will teach bicyclists to defend against a dog encounter.

## NEXT MONTH!!!

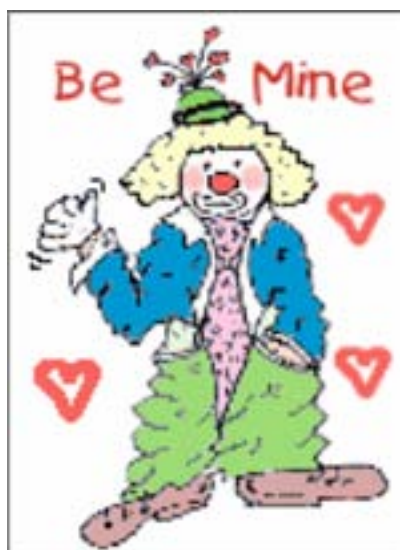
### **TCBA Swap Meet**

**When: March 31, 2005**  
**Where: Foster Community Center**



It's time to gather up all your slightly used bike paraphernalia, and plan to join your fellow TCBA friends at this annual event! Remember one man's trash is another man's treasure!

## HAPPY VALENTINE'S DAY!



## Board Meeting

The Board of Directors will meet at 6:30 p.m. on Tuesday, February 1, 2005 at the Foster Community Center.

Members are welcome to attend all board meetings to express their concerns. Due to time constraints, if you have a specific item to be brought before the board it is suggested that you contact the President one week prior to the meeting, and ask to have it added to the agenda.

Next meeting: March 1, 2005.

## Newsletter/Ride Calendar Deadline

The **deadline for the next newsletter is Saturday, February 12, 2005.** Please send items to Charla Scheidler, 10384 Blackberry Ln., Haslett, MI 48840, FAX to (517) 339-1758, or email to: chainwheelchatter@biketcba.org.

**Ride calendar information** should be sent to Wendell Proudfoot, P.O. Box 1628, East Lansing, MI 48826, or emailed to tcbarides@prowen.com. To be included in the newsletter this information must be received no later than the above-mentioned newsletter deadline.

## Cycle Forum

Plan to join Alan Huber at **6:00 p.m.** immediately preceding the membership meeting on **Thursday, February 24, 2005.** Bring your experiences and stories to share with the group.

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## January Executive Board Report

Submitted by: Charla Scheidler

The TCBA Board of Directors met at the Foster Community Center on January 4, 2005. Board members present included Arnie Johnson, Susan Viele, Ron Claflin, Charla Scheidler, Darryl Burris, Kori Sperling and Ed Usewick. Also present were club members Cheryl Claflin, Katie Donnelly, Dick Janson, Lenny Provencher and Dwayne Scheidler.

### Discussion items/Announcements

Arnie reported on a suggestion that he received from a member regarding putting together a safety video to show at rides and distribute to public TV. It was suggested that LAB may already have this type of information available and more research will be done before a decision is made.

Steve Widder presented his thoughts on holding a Bike Expo. Details are not finalized yet but more information will follow as it is developed.

Darryl Burris reported that DALMAC committees have been meeting and plans are underway. This year we will have a Quint route, combined with the Quad route to eliminate resources needed to run an extra route.

### Action items

Minutes of the December meeting were approved with one correction. The correction being a clarification on counting cumulative mileage for the ride incentive program. Mileage will only be recognized in the year that it is ridden, it cannot be carried over to a future year and combined with mileage for that year.

Ron Claflin presented a financial report through December 29<sup>th</sup>, 2004, as well as a budget for 2005. Both were approved as presented.

Dwayne Scheidler reported on the status of a meeting he and Arnie attended with the club attorney, James Duby, regarding the use of the name Woman on Wheels for our annual bicycle ride. A woman's motorcycle club in St. Paul, MN has asked that we cease the use of the name. The board authorized Dwayne to pursue the matter to justify our right to the use of the name.

Mileage reimbursement for volunteers that need to travel for TCBA business was discussed and it was decided that TCBA would make it a policy to reimburse members an amount equal to what the Federal standards are.

Dick Janson presented his recent work on Crosstown Bicycle Routes and volunteered to continue to work on the project if it was felt that it was valid. The board agreed that Dick's efforts were on target and approved an expenditure of approx. \$200 for software needed to develop the maps, as well as reimbursement for long-distance charges.

Arnie informed the board that there have been two recent instances where members have expressed an interest in using hard shell bike travel cases if TCBA were to purchase some. It was agreed that Arnie should pursue costs involved to purchase two.

**Note:** Information contained in this article is not the official record of the meeting. The minutes of this meeting will be submitted for approval at the next Board Meeting. Any corrections and/or amendments will be noted in next month's edition of the Chainwheel Chatter.



## WELCOME NEW MEMBERS

John Argue	Gerald Ludlum
Mike & Donna Zandee	Janet Grimm
Richard Shoup & Family	Sharon Ganske
Marisa & Jim Evans & Family	Mary Jo Bolan
Chris & Sarah Harper	Patricia Whelan
Mark & Renee Groh & Family	Michael Cox
Ross & Joyce Ford & Family	Blane Harrison

## CHANGE OF ADDRESS



If you move or have your mail forwarded, please notify us as soon as possible. The newsletters are sent bulk mail, and the post office does not forward bulk mail. The post office returns your newsletter to us (we have to pay to get it back), so your membership ends up in limbo until we hear from you. **Please send your change of address to: TCBA, P.O. Box 22146, Lansing, MI 48909, or email [membership@biketcba.org](mailto:membership@biketcba.org).**



## THINK SPRING!!!

## MEMBER SPECIALS

### Denny's Cycling & Central Park Bicycles 20<sup>th</sup> Annual Open House

*Mark your calendar so you won't miss this important event!!!*

**Sunday, February 13<sup>th</sup>  
11:00 a.m. – 4:00 p.m.**

**Location – Central Park Bicycles  
1805 Central Park Dr., Okemos**

Members save 10% off all new products, including 2005 bicycles, and bikes already on sale.

Plus, bigger savings on other select products.

Featuring: Trek, Specialized, Yakima, Pearl Izumi, Burley and more.

Factory reps will be available for the latest info!

Hourly Drawings for Prizes!

Refreshments Provided – Don't Miss It!!

### Holt Pro Cycle

4170 Charlar Dr. – Holt

### Annual TCBA Spring Open House Sunday, March 6<sup>th</sup> Noon – 4:00 p.m.

#### What's new for 2005

Fuji: Aluminum & Carbon Performance Road

Scott: Full Carbon Road

Cervelo: Time-trial – Triathlon

K.H.S.: Best of the West

Recumbents: TourEasy, Rans, Bacchetta, Big Cattrikes, Sun

Accessories – Parts – Clothing – Shoes

#### Special Feature

Vintage Racing bikes by Schwinn, Masi, Sacks, Fuji, Miyata & others will be on display

**TCBA Discounts 10% - 50% (yes the bargain box will be out)**

**Refreshments – Door Prizes**

### SEW MUCH MORE

Cycling wear: jerseys, cycling shorts, tights, and cycling shells. Reasonable prices. Custom fit. Gift certificates.

For more information call Sue at (517) 627-1411.

## CLASSIFIED



This section of the Chainwheel Chatter is published as a service for TCBA members only, to advertise cycling equipment free of charge. To place an ad, send email to chainwheelchatter@biketcba.org, FAX to (517) 339-1758, or mail to Charla Scheidler, 10384 Blackberry Ln., Haslett, MI 48840.

**FOR SALE:** Used ML Red Recumbent Tour Easy bike with the following extras: full fairing, carbon fiber front fender, mirror, odometer, kickstand, rear rack, light and pump. \$1,195.00. Contact Bob Bartlett at 517- 676-9453.

**FOR SALE:** Used Blue Recumbent Sun EZ Sport Limited with the following extras: computer, mirror, kickstand, and rear rack. \$800.00 Contact Fred Kopf at 571-394-2689.

**FOR SALE:** Trico Iron Case. Ultra-light Iron Case, UPS ready, wheels, pull strap, handle molded into case. Minimal bike disassembly required. Accommodates bikes up to 68cm in size. 47 X 30.5 X 10.5, 31 lbs. Highest possible strength/weight ratio and fully lockable. Brand new in original carton. Original \$300.00, now \$150.00. Brian McEwen, 517-351-1308 or [moodybiker1@cs.com](mailto:moodybiker1@cs.com)

**FOR SALE:** Trico Ironcase in original packaging, original price \$299.00, asking \$150.00, used once. Durable Triconium shell that can even withstand the considerate and friendly airline people who know and respect the value of your dumb old bike. A must for travel! 100% foam encasement system, sized for UPS shipping. 47"x 30.5"x 10.5" Ph: Brian McEwen, 517-333-3590 or [moodybiker1@cs.com](mailto:moodybiker1@cs.com)

**FOR SALE:** 48cm GT ZR4000 Road Bike. Aluminum Frame, Green-White. Shimano Tiagra, 105 components. Triple Chainring, 27 spd. Great shape. Asking \$300 or best offer. Call Terry 517-694-2836 or 517-819-0030 cell.

**GIVE OR TAKE. . .** Cleaning out your closets or garage? Please consider recycling items you no longer need...biking gear and/or clothing in good condition will be passed on to new riders who need like items. Please call if you have things to donate, or if you wish to be donated to. Overflow will be donated to a charitable Bike Tour going to the Ukraine next spring for the purpose of donating bikes, etc. Thank you very much to those who have already donated. Call Sheri. (517) 323-7487.

**OLD BIKES/ TOOLS HANGING AROUND?** The MSU Bike Project (grateful recipient of \$ from the DALMAC fund in '04) is looking for old bikes in working or restorable condition. Ideal bikes are 1 ~ 5 spd. with fenders/ chain guards, baskets, etc. but newer are great! Tools & parts for all types of bikes much needed. Full details on donating: [www.msu.edu/~bikes/donations.html](http://www.msu.edu/~bikes/donations.html).

## COMMITTEE & CLUB NEWS

### **DALMAC Volunteers Meeting Tuesday Feb. 8 - 7:00 PM to 8:30 PM Foster Center - Room 213**

If you are a DALMAC volunteer or would like to help, plan to attend a meeting at the Foster Community Center on Tuesday Feb. 8. I will review the plan and status of work on the 2005 tour. We have five routes including a new Quint Century for our 35th annual tour. We will need extra crew volunteers.

Come and be part of this great group of volunteers. Help make the 2005 DALMAC be better than ever.

Darryl Burris, Events Director

### **Ride Incentive Program Committee**

At the Annual Meeting there were several comments heard regarding the Ride Incentive Program. Kori Sperling has agreed to chair the Ride Incentive Program for 2005 and a committee will be formed to review the current guidelines and prepare a proposal for the Board's consideration.

This committee will also be responsible for reviewing the current Ride Leader Guidelines and making adjustments to that document.

If you have an interest in serving on the committee please contact Kori at (517) 393-2842 or send an email to: boardatlarge1@biketcba.org. If you are unable to serve on the committee, but have thoughts regarding the Ride Incentive Program and/or Ride Leader Guidelines please pass that information on to Kori so that it can be presented for consideration.

### **TCBA Club Jerseys – Get Ready for Spring!**

Show your colors! We have a supply of short sleeve Louis Garneau jerseys with "loose fit" sizing (meaning that you should generally order one size smaller than your regular bike clothing). We also have some "snugger fitting" sizes available if you want a more tailored look. They are the traditional yellow and red brick pattern. To view the design, visit the TCBA web site [www.biketcba.org](http://www.biketcba.org). All sizes from XS - XL are available. They are \$45 each. To order by mail send your check with your size to: TCBA Jersey, P.O. Box 1628, East Lansing, MI 48826. Please include an additional \$5 if you would like your jersey mailed to you and also indicate "loose fit" or "snug fit." Jerseys will also be available for purchase at TCBA club meetings. Contact Charla Scheidler, [chainwheelchatter@biketcba.org](mailto:chainwheelchatter@biketcba.org) with questions.



## EASYSPOKEN

### **Crosstown Bike Routes**

Want to get across Lansing on your bike, but don't like riding on busy roads?

This Spring, TCBA plans to create, print, and distribute maps that will show you how to do just that.

Busy roads are often the fastest, and most direct, way to get somewhere. That's why they are busy. But they are not very much fun to ride.

If you are willing to take no more than an extra 10 minutes, and ride at least 10mph, you will be able to stay off the 24 busiest roads in the Lansing area 80-90% of the time.

For instance, you will be able to go from the Meijer on South Cedar to the Meijer on Lake Lansing Road and avoid 92% of the busiest roads. It will cost you an extra 8 minutes.

Going east to west, between Okemos and Lansing Mall Meijers, is still pretty good, with 80% avoidance costing 11 extra minutes. Yea, I know I said 10 minutes, but at 11mph it becomes less than 10 minutes.

Along those lines, from Lansing Mall to Lake Lansing Road Meijers, it may take an extra 12 minutes, but you will avoid 97% of the busiest roads.

Take a minute or two to think about it. It really isn't that long. Besides, when you are enjoying a quiet ride, the last thing you want to do is shorten it!

Now, think of the possibilities. You will be able to go places you might now feel uncomfortable with. You can go twice as far if you catch a bike-rack-equipped CATA bus back to your start. Their racks even hold bikes with flat tires and bike riders who want to avoid a storm.

You can ride the CATA bus into the wind, and have the wind at your back coming home. You can ride your bike to go shopping, and take the CATA bus home with your packages.

You can ride to the start of more club rides, earning more incentive points.

You can commute back and forth between work.

There will be some good riding days between now and Mid-April. I'll be setting up some "D" rides that include the new routes. I want to see how others like them and get suggestions for improvements. Watch the TCBA Called-in ride line.

If you are a novice, or a commuter, please help evaluate these routes. If you are just curious and like to be among the first know about things, join us.

The maps will be free and abundant. The TCBA Board has given its enthusiastic support to this project, both in words and financial backing.

Getting from one place to another on your bike will soon be even more fun.

Dick Janson  
Just Me and Sarah Dipitee  
[dickj@tds.net](mailto:dickj@tds.net) (517) 675-7340

## February Ride Calendar

### Recurring Rides

Day/Date	Time	Miles	Class	Start Location	Other Info	Ride Leader
Tuesdays	12:00pm	25+	C	Holt Commuter Lot	No ride in icy or snowy conditions.	Eddie Belcher 517-669-7259
Saturdays	8:30am	20-35	C	Sawdon School	Mostly gravel roads mountain bikes recommended. will not ride in temperatures under 15	Dale Stairs 517-627-4211
	12:00pm	25+	B	Holt Commuter Lot	No ride in icy or snowy conditions.	Eddie Belcher 517-669-7259

### Ride Starting Point Descriptions

Holt Commuter Lot	US-127 & Holt Rd., Holt
Sawdon School	Lamson Road, Grand Ledge

**HELMETS ARE REQUIRED ON ALL TCBA RIDES!!!**

**FOR MORE RIDES CALL: 517-882-3700 - or visit the Web Site: [www.biketcba.org](http://www.biketcba.org)**  
**Also check this number for updates-changes on rides listed in this Chainwheel Chatter.**  
 To receive the Ride Line Transcript by email send your email address to: [donnel13@msu.edu](mailto:donnel13@msu.edu)

### RIDE CLASSIFICATIONS

A+.....19+ MPH  
 A..... 17-19 MPH  
 B..... 14-17 MPH  
 C..... 12-14 MPH  
 D..... Under 12 MPH Fun and Social Group Ride  
 F..... Family Fun & First-Timers Ride  
 M Mountain Bike ..... N/A  
 Z ..... Rides over 40 miles in length to be ridden at the rider's own pace without on the road ride leader supervision. Leader must have detailed map of the ride for all riders.

### SUNRISES & SUNSETS FOR FEBRUARY, 2005

Date	Rise	Set	Date	Rise	Set
1	7:52	5:52	15	7:35	6:10
2	7:51	5:53	16	7:34	6:12
3	7:50	5:55	17	7:32	6:13
4	7:49	5:56	18	7:31	6:14
5	7:48	5:57	19	7:29	6:15
6	7:47	5:58	20	7:28	6:17
7	7:46	6:00	21	7:26	6:18
8	7:44	6:01	22	7:25	6:19
9	7:43	6:02	23	7:23	6:21
10	7:42	6:04	24	7:22	6:22
11	7:40	6:05	25	7:20	6:23
12	7:39	6:06	26	7:18	6:24
13	7:38	6:08	27	7:17	6:26
14	7:36	6:09	28	7:15	6:27

# Kids Repair Program

The mission of the Kids Repair Program is to provide positive experiences and educational opportunities in bicycle safety, repair and maintenance for youth in the Lansing area.

The Kids Repair Program is a 501(c)(3), non-profit organization teaching bike safety, repair and maintenance to students 9-17 years of age. The program is split into three levels of instruction: the Basics level teaches problem recognition, the Intermediate level teaches how to fix the problem, and the Advanced level improves skills and provides students with options for fixing the problem.

This ongoing neighborhood volunteer project requires an application of permission by a parent or guardian for acceptance into the program. Once a student's application is approved, an orientation and registration session is held to provide information to the students and their parents/guardians. Classes with planned lessons are taught and supervised by certified volunteer instructors. Each student is provided 20 hours of class instruction and receives a "Certificate of Achievement" upon completing the course.

Area residents, police, clergy and city officials observed the positive changes in the neighborhood and the enthusiasm of the children. The Lansing Police Department began donating bicycles and bike helmets to the project. The Tri-County Bicycle Association and The DALMAC Fund have been generous in their support of the program.

In 1998, by networking with other area agencies, "Grandad" was able to relocate the bike program to its present location at Impression 5 Science Center.

Office hours are Tuesdays and Thursdays from 9 am - 8pm. Class hours during the school year are 4:30 - 7:30 pm on Tuesdays and Thursdays. During the summer, class hours are either 9 am -12 noon or 1 - 4 pm.

Kids enrolled in the program provide their own bicycle if they have one. An assessment is made to see if the bicycle is repairable. If the bicycle is not repairable, the student will be assigned a bike that they may take home upon completing the class. Students will also receive a new bike helmet and bike lock.

Students are given 20 hours of instruction in bicycle safety, repair and maintenance. Upon completion, a graduation ceremony is held and a "Certificate of Achievement" is awarded.

Volunteers are needed! You can help in many ways! An Open House is scheduled for Friday afternoon February 25<sup>th</sup> from 3pm-7pm. The location is underneath the Impression 5 Children's Museum at 200 Museum Drive in downtown Lansing.

Come in at anytime during the open house for a tour of how this program is helping the youths in our community & promoting safe cycling at the same time.

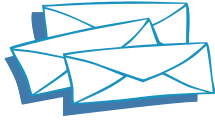
Or call KRP at 485-8956 to get more information on what volunteer positions are available.

## Public Volunteer Job Descriptions

Position	Time Commitment
Instructor	4 hours per week
Receptionist	2 to 4 hours per week
Office Assistant	2 hours per week
Parts Manager	2 to 4 hours per week
Donor Cultivation	2 to 4 hours per week
Grant Writer	12 hours per month
Public Relations/ Newsletter	2 to 6 hours per month
Recruiter	2 to 4 hours per week
FILE CLERK	1 to 2 hours per week

## Chase Winter's Shadow Away, Let's Celebrate Groundhog Day!





## FROM THE TCBA MAIL BAG

### CPSC, Norco Products Ltd. Announce Recall of Bicycle Attachment



WASHINGTON, D.C. - The U.S. Consumer Product Safety Commission announces the following recall in

voluntary cooperation with the firm below. Consumers should stop using recalled products immediately unless otherwise instructed.

**Name of product:** Adams Trail-a-Bike or Adams Slipstream Bicycle Attachment

**Units:** About 80,000

**Importer:** Norco Products Ltd., of British Columbia, Canada

**Hazard:** The hardware used in the assembly of the universal hitch may come loose causing the unit to separate from the lead bicycle, which could lead to a serious injury or death to the rider of the bicycle attachment.

**Incidents/Injuries:** Norco Products has received two reports of hardware falling out of the hitch assembly. One minor injury reported.

**Description:** The recall involves the Adams Trail-A-Bike or Adams Slipstream sold under the following models: Starter, Folder, Shifter, Shocker, Ultimate Tandem, Deluxe Folder, Me 2 and Original. "Trail-A-Bike" or "Slipstream" is printed on the top tube of the bicycle attachment and "Adams" is printed on the chain guard. The product resembles a children's bicycle without a front wheel and has an elongated top tube that stretches to attach to the seat post of an adult bicycle, creating a tandem. The product was sold for use by children ages 4 to 7.

**Sold at:** Independent bicycle stores nationwide from January 1996 through October 2004 for between \$125 to \$295

**Manufactured in:** China

**Remedy:** Consumers should immediately stop using the product and contact their local bicycle dealer to arrange for an inspection and to receive a no charge repair kit to be installed for free.

**Consumer Contact:** Call Norco Products toll-free at (800) 663 8916 between 9 a.m. and 5 p.m. PT Monday through Friday or visit Adams Trail-A-Bike Web site at [www.trail-a-bike.com](http://www.trail-a-bike.com)

### Kids Repair Program OPEN HOUSE INVITATION FEBRUARY 25<sup>TH</sup>, 2005 3PM-7PM 200 Museum Drive / Under Impression 5

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Come in at anytime during the open house for a tour of how this program is helping the youths in our community & promoting safe cycling at the same time.

Or call KRP at 517-485-8956 to get more information on what volunteer positions are available.

We hope to see you on February 25<sup>th</sup> & also want to express the huge Thank You & gratitude to the TCBA cycling community & The DALMAC Fund for it's generous donations of both volunteer hours and funding to help this program help the youth in our community!

### Condolences

We regret to inform you that Eric Joslyn, son of TCBA member Dan Joslyn, died Sunday, January 2, at the age of 39, as a result of a homicide. Our heartfelt sympathy goes out to Dan and his family.

I want to thank all my TCBA biking friends who contributed toward the beautiful flowers, and who attended the funeral, or who came to the showing of my son, Eric Joslyn. It meant a lot to my wife and I..... Dan & Mary Joslyn