Chainwheel Chatter



Tri-County Bicycle Association • P.O. Box 22146 • Lansing, MI 48909 • (517) 882-3700 • www.biketcba.org

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NEXT Meeting!!!

August 25, 2005 – 7:00 p.m. Foster Community Center 200 N. Foster St. – Lansing

What Can Go Wrong on DALMAC?

The DALMAC rider crossed the Mackinac Bridge as usual. He set up his tent as usual. He went into town as usual. Only at 10 PM when he returned to his tent did he remember that this year the bus to Lansing left Sunday night and not Monday morning as usual.

Come and hear "What Can Go Wrong on DALMAC". Share your experiences and get new insight on how to avoid problems. Make your 2005 ride even better.

What happens when you put your bags on the wrong truck? I didn't know the cord was showing on that tire, now what? Rain... I didn't expect rain...

SUNRISES & SUNSETS FOR AUGUST, 2005

Date	Rise	Set	Date	Rise	Set
1	6:30	8:58	17	6:47	8:37
2	6:31	8:57	18	6:48	8:35
3	6:32	8:56	19	6:49	8:34
4	6:33	8:55	20	6:50	8:32
5	6:34	8:53	21	6:51	8:30
6	6:35	8:52	22	6:52	8:29
7	6:36	8:51	23	6:54	8:27
8	6:37	8:50	24	6:55	8:26
9	6:38	8:48	25	6:56	8:24
10	6:40	8:47	26	6:57	8:22
11	6:41	8:45	27	6:58	8:21
12	6:42	8:44	28	6:59	8:19
13	6:43	8:43	29	7:00	8:17
14	6:44	8:41	30	7:01	8:16
15	6:45	8:40	31	7:02	8:14
16	6:46	8:38			

Board Meeting

The Board of Directors will meet at 6:30 p.m. on Tuesday, August 2, 2005 at the Foster Community Center.

Members are welcome to attend all board meetings to express their concerns. Due to time constraints, if you have a specific item to be brought before the board it is suggested that you contact the President one week prior to the meeting, and ask to have it added to the agenda.

Next meeting: September 6, 2005.

Newsletter/Ride Calendar Deadline

The deadline for the next newsletter is Saturday, <u>August 13, 2005</u>. Please send items to Charla Scheidler, 10384 Blackberry Ln., Haslett, MI 48840, email to: <u>chainwheelchatter@biketcba.org</u> or FAX to (517) 339-1758.

Ride calendar information should be sent to Charla Scheidler, P.O. Box 1628, East Lansing, MI 48826, or emailed to chainwheelchatter@biketcba.org. To be included in the newsletter this information must be received no later than the above-mentioned newsletter deadline.

Cycle Forum

Plan to join Alan Huber at 6:00 p.m. immediately preceding the membership meeting on **Thursday**, **August 25, 2005**. Bring your experiences and stories to share with the group.

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Executive Board Report

Submitted by: Charla Scheidler

The TCBA Board of Directors met at the Foster Community Center on July 5, 2005. Board members present included Arnie Johnson, Sue Viele, Ron Claflin, Charla Scheidler, Darryl Burris and Kori Sperling. Also present: guest, John Waterman and club members Mary Burris, Jim Delinescheff, Katie Donnelly, Ed Noonan, Wendell Proudfoot, Lenny Provencher and Steve Schuesler.

Discussion Items/Announcements

Club members Ed Noonan and Steve Schuesler expressed their extreme displeasure regarding the board's decision on the promotion of non-TCBA rides on the TCBA web site. Ed expounded further to indicate that he as webmaster should have ultimate authority over what does and does not appear on the web site. No revision was made to the decision from the last meeting.

Darryl Burris provided an update of upcoming DALMAC meeting dates.

Charla Scheidler reported that the T-Shirt ride was very successful and with 525 riders TCBA will realize a profit from it.

Arnie Johnson informed board members that our legal counsel has received communication from the radio personality who had stated on-air that he intended to ride DALMAC to solicit donations for his charity fund. The individual has agreed to refrain from the use of DALMAC in any manner. A letter stating such will remain on file with the club records.

Action items

Minutes of the June meeting were approved.

Treasurer, Ron Claflin, presented a financial report through July 5, 2005. The report was approved.

John Waterman presented a proposal to establish PEAC– Lansing (Programs to Educate All Cyclists) in 2006. To get the program started 2-3 volunteers will be needed and annual costs to run a summer site will be in the range of \$16,000. Approval was given to budget \$10,000 in 2006 to establish a site.

Jim Delinescheff presented artwork that he suggested be on the sleeves of the club jersey. The artwork was approved and a new order will be placed in the near future. No other changes to the design will be made.

The request for funds from TCBA for the purchase of an adult 3-wheeled bicycle for a disabled individual was again reviewed with new information being offer by Lenny Provencher and John Waterman. It was decided that the individual making the request would be notified that TCBA is not in a position to grant this request and refer them to the PEAC program.

Arnie Jonhnson presented a request from a TCBA member to provide funding for the placement of bike lockers near Constitution Hall. Pending favorable answers to various questions the request will be supported.

The resignation of Wendell Proudfoot as Ride Coordinator was discussed. Wendell had previously informed board members via email that he had developed the ride schedule system for the web site and would not be willing to give TCBA the code to maintain it without charging a fee for it. Ed Noonan spoke in favor of the purchase of a 1-year license from Wendell to continue to use the system. Approval was given with 1 board member in opposition.

A request from Frankie Andreu that a link to Cambiatta, a company he is representing, be placed on our web site was reviewed. It was decided that the request would be honored if Frankie would be willing to offer club members a discount on the product he is promoting.

Note: Information contained in this article is not the official record of the meeting. The minutes of this meeting will be submitted for approval at the next Board Meeting. Any corrections and/or amendments will be noted in next month's edition of the Chainwheel Chatter.



TIME TO RENEW YOUR MEMBERSHIP? - CHECK YOUR LABEL!

CHANGE OF ADDRESS



If you move or have your mail forwarded, please notify us as soon as possible. The newsletters are sent bulk mail, and the post office does not forward bulk mail.

The post office returns your newsletter to us (we have to pay

to get it back), so your membership ends up in limbo until we hear from you. Please send your change of address to: TCBA, P.O. Box 22146, Lansing, MI 48909, or email membership@biketcba.org.

COMMITTEE & CLUB NEWS

DALMAC 2005 Registration Volunteers Needed

Many of you have helped with DALMAC Registration before and know what a rewarding job this can be and a great way to meet other members. There are always many necessary and enjoyable tasks to be done. If you can help for any period or any part of registration period, please contact Mike Hudson at hudsonmi@msu.edu or 517-321-4297 (please, no calls after 10:00p.m.). A sign up sheet will also be passed around at club meetings.

We will again be registering DALMAC riders at the MSU Pavilion and the schedule is as follows:

Tuesday, August 30, 2005, 5:00 p.m. - 8:00p.m.

Wednesday, August 31, 2005, 7:00a.m.- 9:00a.m. & 5:00p.m.- 8:00p.m.

Thursday, September 1, 2005, 7:00a.m.- 9:00a.m.

Please plan to arrive at least 15 minutes prior to your shift starting time.

TCBA Club Jerseys

Show your colors! We have a supply of short sleeve Louis Garneau jerseys with "loose fit" sizing (meaning that you should generally order one size smaller than your regular bike clothing). We also have some "snugger fitting" sizes available if you want a more tailored look. They are the traditional yellow and red brick pattern and are priced at \$45 each. To view the design, visit the TCBA web site www.biketcba.org. At this time sizes are limited (XL in "loose fit" and XS, S, M in "pro fit"). To order by mail send your check with your size to: TCBA Jersey, P.O. Box 1628, East Lansing, MI 48826. Please include an additional \$5 if you would like your jersey mailed to you and also indicate "loose fit" or "snug fit." Jerseys will also be available for purchase at TCBA club meetings.

BIKE CASES FOR MEMBER USE

TCBA has purchased two hard-shell bike cases for member use. The most common use of such a case is when a cyclist is traveling by air and wants to have their bike to ride at their destination. Phil Wells is storing the cases and handling reservations. The cases include instructions for packing the bike; Phil will be glad to give his advice as well. Contact Phil in Lansing at (517) 267-8971 or philwells99@yahoo.com.

You Can Help TCBA and LMB Provide Bike Parking at the Great Lakes Folk Festival

The Great Lakes Folk Festival returns to downtown East Lansing this year, August 12-14. Returning to the festival is free guarded "valet" bike parking—thanks to the volunteer efforts of TCBA members and others. TCBA and the League of Michigan Bicyclists has offered this popular service at the past five festivals. Past volunteers can tell you it's fun and low-stress. Please consider volunteering to help with bike parking this year.

The festival's main sponsor is the MSU Museum. Featuring a huge range of music from polka to blues, plus dance and other folk arts, the festival draws large crowds. Offering free bike parking encourages people to cycle to the festival instead of driving—which promotes cycling as a convenient and practical mode of transportation, alleviates traffic congestion, saves energy and protects air quality. It also provides a golden opportunity to promote TCBA and LMB membership as well as cycling safety and events.

Bike parking volunteers get training, chairs, a tent for shade, snacks and refreshments. All volunteers receive an official GLFF volunteer T-shirt, an invitation to the performer/volunteer party on Saturday night, access to the "Green Room" (more free drinks and snacks) and other perks.

Festival volunteers are asked to work one or more shifts of about three hours. New volunteers are also asked to attend one of three training sessions (dates and times to be announced). You can sign up at the festival web site, http://greatlakesfolkfest.net (click on "volunteers" then "registration") or call (517) 432-GLFF. The shift times for bike parking will differ somewhat from the standard shift times shown on the registration form. In a few weeks, festival staff will provide the bike parking coordinator a list of volunteers, who will be contacted to work out precise schedules. (To help with set-up, select the Friday early afternoon shift, for tear-down, the Sunday late afternoon shift.)

For more information about the bike parking service, contact Phil Wells by phone at (517) 267-8971 or email philwells99@yahoo.com.

CLASSIFIED



This section of the Chainwheel Chatter is published as a service for **TCBA members only**, to advertise cycling equipment free of charge. To place an ad, send email to chainwheelchatter@biketcba.org, FAX to (517) 339-1758, or mail to Charla Scheidler, 10384 Blackberry Ln., Haslett, MI 48840.

FOR SALE: New 4-bike Saris T-Rax 200, 1 ½" hitch rack. Sturdy double arms fold down, tilts away for access to rear of vehicle, soft rubber hold downs and anti-sways to protect bikes. Hitch Tite base secures rack solidly to vehicle. Never used, but already assembled & ready to go! \$175 OBO Sheri – (517) 323-7487 or (517) 316-1527

FOR SALE: 1974 Raleigh SuperCourse MkII. This Carlton Factory-Built bike was overhauled last summer - many new parts. Great sport bike; DALMAC veteran. Asking \$75, and new parts alone are worth it. Contact Bob Lovell (517) 351-1577.

WANTED: Used women's city or commuter bike in good condition. Contact Thom at (517) 886-9842 evenings, or leave a message.

FOR SALE: Thule bike roof rack. Set up for two bikes, locks for bikes to rack and rack to vehicle. Good condition. Two sets of mounting feet for '90s Explorer or Tarus. Or, should work with Thule mounting feet for your vehicle. Good condition. Asking \$175. Contact: Fred (517) 675-2025.

FOR SALE: New Sportworks bike rack with 2 inch hitch. Holds two bikes. \$275. Unopened crate. Call Tom. Home – (517) 349-4933. Cell (517) 881-4162.

FOR SALE: 1420 Trek road bike, 52 cm. aluminum frame, 21 speed, computer, aero bar, rear rack, water bottle cages, clipless pedals, new tires, low miles, very good condition. Best Offer. Call Mary at (517) 394-5737 after 5 pm or Cyndi (231) 889-4915 (owner)

FOR SALE: 14-speed Trek 1000, cobalt blue/white. Aluminum frame, Kalloy adjustable stem, kickstand, strap toeclips, newish tires, water bottle cage. Used briefly when new in approximately '91. Ridden part of 2000 season and all of 2001, but otherwise sat in garage. Asking \$110. Contact Ron (517) 676-1195 or email ronbergy@hotmail.com.

WANTED: Used bike that a 6' male could ride in triathlons, a racer w/o aero bars would be acceptable. Contact: Syd (517) 393-2579.

GIVE OR TAKE... Cleaning out your closets or garage? Please consider recycling items you no longer need...biking gear and/or clothing in good condition will be passed on to new riders who need like items. Please call if you have things to donate, or if you wish to be donated to. Overflow will be donated to a charitable bike tour going to the Ukraine for the purpose of donating bikes, etc. Thank you very much to those who have already donated. Call Sheri. (517) 323-7487.

OLD BIKES/TOOLS HANGING AROUND? The MSU Bike Project (grateful recipient of \$ from the DALMAC fund in '04) is looking for old bikes in working or restorable condition. Ideal bikes are 1 ~ 5 spd. with fenders/ chain guards, baskets, etc. but newer are great! Tools & parts for all types of bikes much needed. Full details on donating: www.msu.edu/~bikes/donations.html.

MEMBER SPECIALS



Mike's Firehouse Grill would like to invite the Tri-

County Bicycle Association members to come join us for lunch or dinner! We are extending a 10% discount to all TCBA members.

Located at 447 S. Jefferson St., Mason, in the former building of the City of Mason Firehouse.

For directions, menus, and the history of our unique and exciting atmosphere visit our website www.mikesfirehousegrill.com.

We hope that you will take advantage of this offer and we look forward to seeing you at Mike's Firehouse Grill!

SEW MUCH MORE

Cycling wear: jerseys, cycling shorts, tights, and cycling shells. Reasonable prices. Custom fit. Gift certificates. For more information call Sue at (517) 627-1411.

Oak Park YMCA

TCBA Members are invited to join the Group Cylcing program at the Oak Park YMCA. Classes are held MWF (5:45-6:30am) with evening classes Monday - Thursday. TCBA members will receive the YMCA member rate for classes. For details contact Andi Crawford, Fitness Director at the Oak Park YMCA 517-699-YMCA.

TCBA Needs You! Nominations for Club Officers

TCBA is looking for club members interested in running for club offices. New ideas and fresh perspectives are needed! Please consider taking this opportunity to serve your club. Also, look around at your fellow members – many may be willing to serve if asked, but would never do so without encouragement from others. You probably know someone who just needs a friendly "nudge" to step forward. A brief description of the positions available and their responsibilities follow. All require that candidates be members in "good standing" (current on dues), and all are one year terms. Board members are expected to attend monthly board meetings.

President. The President presides over all membership and board meetings. He/she prepares agendas for board meetings and prepares an annual report for presentation to the membership at the Annual Meeting (October). The individual in this position would benefit from previous organizational leadership experience, practical knowledge of or experience in running efficient meetings, and the ability and willingness to delegate responsibility to others.

Vice President. The Vice President acts in the President's absence and performs such other duties as delegated by the President. To that extent, the personal characteristics described for that position apply here as well. In addition, the Vice-President has, in recent years, been charged with developing club meeting programs and social activities (picnic, hayride, holiday party). He/she may establish and lead a Program Committee to assist in this function, so the ability and willingness to delegate responsibility to others is especially beneficial to provide back-up support for these activities.

Secretary. The Secretary records and files the minutes of all meetings, prepares and conducts the annual election of directors, and performs such other duties as delegated by the President. In addition, he/she prepares and submits documents to government agencies on an annual basis and handles all official correspondence for the club, including get-well and sympathy notes. The individual in this position should be a good listener in order to take notes at meetings and should have better than average writing skills in order to accurately record the actions taken. A working knowledge of word processing and email capabilities is especially useful as minutes have, in recent years, been sent electronically to board members for review prior to board meetings.

Treasurer. The Treasurer is responsible for the funds and financial records of the Association, prepares and delivers an annual accounting at the annual membership meeting, and performs such other duties as delegated by the President. He/she presents a draft budget annually for board consideration as well as monthly reports documenting cash flow and adherence to the approved budget. This individual works with the Events Director and an appointed DALMAC treasurer to establish procedures and to maintain accountability for all transactions. Previous accounting experience and working knowledge of accounting-related computer software are desirable.

Events Director. The Events Director prepares and conducts the annual DALMAC bicycle tour, delivers monthly and annual reports to the Board of Directors to account for all bills and receipts, and performs such other duties as delegated by the President. He/she appoints and chairs the DALMAC Committee and DALMAC volunteers. Previous experience as both a DALMAC volunteer and DALMAC rider benefits this individual by providing an appreciation of the breadth of the DALMAC operation as well as rider needs. Experience working with volunteers or with a volunteer organization is desirable; an ability and willingness to delegate tasks to others is essential.

Director-at-large (2). The Directors-at-large have no specific duties, but have full voting rights as members of the Board of Directors. These individuals are often assigned to lead or serve as a liaison with club committees. The Ride Program Committee has generally been led by one of these board members. A director-at-large position would be especially useful for an individual who desires to learn more about the operation of the club before serving in other elected positions.

If you have other questions about these positions, contact any current or former board member for more information. A nomination form is available in this issue, on the club web site (http://www.voyager.net/TCBA/board/NomineeProfile.pdf) or from any board member. Completed forms may be returned to any board member or mailed to TCBA, P.O. Box 22146, Lansing, MI 48909. Nominations will be taken from the floor at the September membership meeting, at which time nominations will close. The election will be conducted by mail and at the October membership meeting. Those elected will take office effective January 1.

TCBA Board of Directors

NOMINEE PROFILE

Name	Board Position				
TCBA member for years	Home telephone number				
Board Positions Held:	Dates				
1					
2					
3.					
4.					
5.					
Return this form to any TCBA Board Member prior to the September membership meeting.	r, or mail to TCBA, P.O. Box 22146, Lansing, MI 48909,				

August Ride Calendar

Recurring Rides

Day/Date	Time	Miles	Class	Start Location	Other Info	Ride Leader
Sundays	8:00 AM	40+	Z	67th District Court	Touring Pace, no ride 8/14	Roxanne Usewick
				House, Grand Blanc	or 8/24	810-694-9919
	10:00 AM	40-45	Z	Holt Junior High		Pete Derkos
				School		517-694-3024
Mondays	10:00 AM	30-40	C	Rayner Park	No Ride 8/29	Janice Koller
						517-669-5744
	6:00 PM	20-30	C	Coach's		Ginger Royston
						517-393-4799
Tuesdays	9:00 AM	35-45	В	Holt Commuter Lot	No ride 8/30	Edie Belcher
						517-669-7259.
	5:00 PM	25-35	В	Owosso Police/Fire	No ride if rain or wet.	David W. Smith
				Station		989-723-1211
	6:00 PM	15-35	В	Oneida Gospel	No ride 8/30	Dennis Stinson
				Chruch		517-543-9432
	6:30 PM	25-30	В	Williamstown Town	No ride if rain. No ride	Dwayne Scheidler
				Hall	8/30	517-339-4586
Wednesdays	6:30 PM	15-20	D	Haslett Middle	No ride on 8/31 DALMAC,	Lenny Provencher
				School	either ride, get ready to	517-204-2971
					ride, or help with	
					registration.	

Wednesday Night Rides - MSU Pavilion ALL CLASSES, 6:15pm 1/2 mi. south of the Y-Lot

Ride Leaders	8/3	8/10	8/17	8/24	8/31
Edie Belcher 517-669-7259			B; 25-35 mi.		
Mary Burris 517-394-1617	C; 20-30 mi.		C; 20-30 mi.	C; 20-30 mi.	
Jim Delinescheff 517-333-9327		B; 25-35 mi.		B; 25-35 mi.	
Katie Donnelly 517-349-5564	B; 25-35 mi.	D; 15-25 mi.			
Syd Hager 517-393-2579		C; 20-30 mi.			

Thursdays	5:00 PM	25-35	В	Owosso Police/Fire Station	No ride 8/25. No ride if rain	David W. Smith 989-723-1211
	6:00 PM	25-32	В		or wet.	Deb or Steve Haman
	6:00 PM	25-32	В	DeWitt Jr. High	No ride 8/25	
						517-669-1978
	C 00 DM	15.25	D.	0 1 0 1	N. '1 0/05	M'1 C 1 '11'
	6:00 PM	15-35	В	Oneida Gospel	No ride 8/25	Mike Schilling
				Church		517-627-7567
	6:30 PM	25-30	В	Williamstown Town	No ride if rain. No ride 8/25	Charla Scheidler
				Hall		517-339-4586
Fridays	10:00 AM	30-50	В	DeWitt Township		Janice Koller
				Hall		517-669-5744
Saturdays	8:00 AM	40+	Z	67th District Court	Touring pace	Ed Usewick
				House, Grand Blanc		810-694-9919
	8:00 AM	50-85	Z	Sawdon School		Dale Stairs
	8:00 AM	30-83	L	Sawdon School		517-627 4211
	0.00 AM	12	D	Coaches	Breakfast ride. Bring the	Milt Gruhn
	9:00 AM	12	D	Coaches	kids! New rider-friendly!	517-393-1617
	1:00 PM	15-25	D	Kroger, Lake		Jethro Wise
				Lansing		517-575-1600

August Ride Calendar - continued

Other Rides

Day/Date	Time	Miles	Class	Start Location	Other Info	Ride Leader
Wednesday,	6:30 AM	16-22	C	MacDonald Middle		Eric Freedman
Aug. 3				School		517-337-0259
Thursday,	6:30 AM	16-22	С	MacDonald Middle		Eric Freedman
Aug. 4				School		517-337-0259
Friday,	6:30 AM	16-22	C	MacDonald Middle		Eric Freedman
Aug. 5				School		517-337-0259
Saturday,	10:00 AM	15	В	Bath Plaza		Tom Hardenbergh
Aug. 6						517-641-4106
Tuesday,	8:00 AM	350	Z	For details and	This is a 7-day self-	Ed Noonan
Aug. 9				registration, see	contained camping tour	517-655-2761
				http://www.biketcb	from St. Clair Comm.	
				a.org/tours/SST/Int	College into Canada and	
				ernational.html	back. First come-first	
					serve, ride limited to 10	
					participants. No SAG	
					support.	
Saturday,	10:00 AM	15	В	Bath Plaza		Tom Hardenbergh
Aug. 13						517-641-4106
Saturday,	8:00 AM	65-70	Z	Holt Commuter		Edie Belcher
Aug. 13				Lot		517-669-7259
Saturday,	7:30 AM	100	Z	Potterville High	To Hastings, Scenic	Edie Belcher
Aug. 20				School	route through the	517-669-7259
					beautiful Hastings country	
					side	
Saturday,	7:30 AM	100	Z	Holt 9th Grade	19th. Annual Jackson-	Edie Belcher
Aug. 27				Campus	Albion Ride	517-669-7259

Ride Starting Point Descriptions

67th District Court House Grand Blanc
Bath PlazaCorner of Clark & Webster Rds., Bath
CoachesCorner of M-99 and Bishop Road, SW Lansing
· · · · · · · · · · · · · · · · · · ·
former City Limit, Plum Crazy Too, Bishop Inn
Dewitt Junior High Sch , South lot Dewitt
Dewitt Township Hall. . 1401 W. Herbison Rd. 1/2 mi. west of Old 27.
Haslett Middle School
E on Franklin St from Marsh Rd, 1st light S of Haslett Rd
Holt Commuter LotUS-127 & Holt Rd., Holt
Holt Junior High (Former Holt High School)
Aurelius Rd, 1/2 mi south of Holt Rd, Holt
Holt 9 th Grade Campus (former Holt Jr. High School)
Holt Rd. 1/4 Mile E of Grovenburg Rd., Holt
Kroger, Coolidge & Lake LansingParking lot near Coolidge
McDonald Middle SchoolBurcham, East Lansing
Owosso Fire/Police Station Owosso
Oneida Gospel Church
Corner of Oneida and Strange Hwy, Gd Ledge
Potterville High School
Rayner Park Ash Street M-36, west of fairgrounds, Mason
Sawdon School Lamson Rd., Grand Ledge
Williamstown Twp HallCorner Zimmer & Germany Rds
4 mi east & 1 mi south of Haslett

RIDE CLASSIFICATIONS

A+19+ MPH
A17-19 MPH
B14-17 MPH
C12-14 MPH
D Under 12 MPH Fun and Social Group Ride
FFamily Fun & First-Timers Ride
M Mountain BikeN/A
ZRides over 40 miles in length to be
ridden at the rider's own pace without on the road
ride leader supervision. Leader must have detailed
map of the ride for all riders.

FOR MORE RIDES CALL:

517-882-3700 - or visit the Web Site:

www.biketcba.org

Also check this number for updateschanges on rides listed in this Chainwheel Chatter.

To receive the Ride Line Transcript by email send your email address to: donnel13@msu.edu

HELMETS ARE REQUIRED ON ALL TCBA RIDES!!!

FROM THE TCBA MAIL BAG

Sunflower Revolution Ride

Watch For Phil Liggitt And Davis Phinney On OLN Talking About The Sunflower Revolution Ride! Ride With Cycling Legends

The Sunflower Revolution Ride, on August 21, is a fully supported ride through the beautiful countryside of rural Ohio. Starting and ending in Loveland, Ohio, riders can chose a 100K or 40K option.

Confirmed as riding in the Sunflower Revolution Ride is Davis Phinney (Olympic medalist and two time stage winner at the Tour de France); Connie Carpenter Phinney (Olympic Gold Medalist); Wayne Stetina (former member of Team 7/11 and CEO of Shimano USA); Ben Serotta (CEO of Serotta Cycles); and Ron Keifel (Team 7/11).

We have Phil Ligget riding with us on the Sunflower Revolution Ride. He is an international cycling celebrity and long time announcer of the Tour de France. You can see him on the Tour broadcasts on OLN starting on July 2.

The Sunflower Revolution Ride is a major fundraiser for Parkinson's Disease research and treatment at the University of Cincinnati's medical center. Davis Phinney, one of America's greatest cyclists, has been stricken with early onset Parkinson's Disease (similar to Michael J. Fox). He created the Davis Phinney Foundation to raise funds for the treatment and research of this terrible disease. All funds raised stay in Cincinnati.

Register at: www.tucsonracing.com or www.active.com.

Michigan Bicycle Festival

Celebrate Human Powered transportation with a festival to celebrate the bicycle!

Cyclists of all ages and persuasions will be flocking to Hanson Hills Recreation Area in Grayling, Michigan for the 2nd Michigan Bike Festival. Scheduled for Friday, September 16th through Sunday, September 18th, 2005, the festival will feature live music, food vendors, attractions and activities for the whole family centered around the bicycle.

This year the Michigan Bike Festival promises to be even bigger and better. Returning will be the band that was once voted the best local band in Northwestern Michigan, the Jelly Roll Blues Band. What better way to enjoy a Friday night than by hanging out by the social bonfire and listening to great music!

Saturday and Sunday promise to be busy days with organized road rides, trail rides, bike games, kid's events and more. New this year, M.E.S.S. Promotions is bringing downhill racing to Hanson Hills. If that is not enough, check out the latest bike gear at the vendor expo. Relax on Saturday evening to more live music featuring Blues Burner followed by Yankee Station.

All proceeds from the festival will benefit the programs at Hanson Hills Recreation Area and the Northern Chapter of the MMBA, both non-profit organizations.

For more information contact Hanson Hills Recreation Area at (888) 876-2196. Email: info@michiganbikefestival.com

Visit our website: www.michiganbikefestival.com

The "Shuttle Guy" DALMAC 5 Day

The Shuttle Guy will be coming to the DALMAC 5 day route this year. He offers a host of services for tour participants. The Shuttle Guy can provide, for a fee, a comfort camper package tent, air mattress, set up and take down, chair and towel service, hotel shuttle, towel service, chair rental and more. Click on the link at the DALMAC home page or go to www.shuttleguy.com

CPSC, Rolf Prima Inc. Announce Recall of Bicycle Wheels

WASHINGTON, D.C. - The U.S. Consumer Product Safety Commission, in cooperation with the firm named below, has announced a voluntary recall of the following consumer product. Consumers should stop using recalled products immediately unless otherwise instructed.

Name of Product: 2003 Rolf Prima Vigor and Elan

Bicycle Wheels (rear wheel only)

Units: About 870

Manufacturer: Rolf Prima Inc., of Eugene, Ore.

Hazard: The rear wheel freehub mechanism can malfunction causing no resistance when pedaling. The bicycle rider could lose balance, fall and suffer injuries

Incidents/Injuries: No injuries reported.

Description: These 2003 Rolf Prima Vigor and Elan wheels were sold in a front and rear wheel set. Only the rear wheel is affected. "Rolf Prima Vigor" or "Rolf Prima Elan" are written on the wheel rim. The wheel models have serial numbers between 03926 and 06586. The serial number is located on the rim, under the yellow rim tape and is not visible from the outside of the wheel. The tire, tube and rim strip must be removed.

Sold at: Bicycle specialty stores nationwide from March 2003 through December 2003 for about \$850 per set

Manufactured in: USA

Remedy: Contact your local bicycle retailer to have them inspect your wheels to determine if they are included in the recall. If so, the dealer will provide a free repair. Repair kits will be available in 6 to 8 weeks.

Consumer Contact: For additional information, contact Rolf Prima Inc. at (800) 741-6941 between 8 AM and 5 PM PT Monday through Friday or visit www.rolfprima.com

To view this recall online, please go to our website at: http://www.cpsc.gov/cpscpub/prerel/prhtml05/052 17.html.