

# Chainwheel Chatter



Tri-County Bicycle Association • P.O. Box 22146 • Lansing, MI 48909 • (517) 882-3700 • www.biketcba.org

Volume 32 Number 10

Established 1972

October 2004

## NEXT Meeting!!!

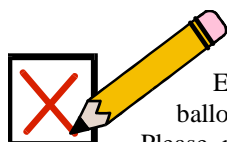
**Please notice – 1 Week Early**

**October 21, 2004 – 7:00 p.m.**

*Foster Community Center  
200 N. Foster St. – Lansing*

## ANNUAL MEETING

Join us on October 21<sup>st</sup> for our Annual Membership Meeting. The program will include an “Open Mic Session,” reports of the past years club happenings, and an introduction of the 2005 TCBA officers. This is YOUR club, and a good time to come forward with constructive comments and ideas as we prepare to enter the Year 2005. Refreshments will be provided and we hope to see many of you there.



Under separate cover via First Class Mail you will receive the official Election Ballot. Also included with that ballot will be a profile of each candidate.

Please read the instructions and descriptions carefully before completing the ballot. You can **bring your ballot to the Club Meeting on October 21, or mail it to TCBA “Ballot”, P.O. Box 22146, Lansing, MI 48909**, so that it is **received no later than October 21**. Ballots received after October 21 will not be counted. **Your vote is important – stand up and be counted! This is your chance to make a difference in the leadership of “your club.”** Please note that according to current Election Rules, **no blank ballots will be available at the October meeting – your vote can only be cast on the ballot that you receive in the mail.**

## Newsletter/Ride Calendar Deadline

The **deadline for the next newsletter is Saturday, October 9, 2004**. Please send items to Charla Scheidler, 10384 Blackberry Ln., Haslett, MI 48840, FAX to (517) 339-1758, or email to: chainwheelchatter@biketcba.org.

**Ride calendar information** should be sent to Wendell Proudfoot, P.O. Box 1628, East Lansing, MI 48826, or emailed to tcbarides@prowen.com. To be included in the newsletter this information must be received no later than the above-mentioned newsletter deadline.

## Michigan Princess Riverboat Fall Excursion – October 1

Please mark your calendar now for a fun-filled autumn evening on the Michigan Princess Riverboat.

This promises to be a great night of fun. A cash bar will be available beginning at 6:00 p.m.; a “Better Than Thanksgiving” turkey dinner at 7:00 p.m. and a comedian/hypnotist at 8:00 p.m.. The cruise will conclude at approximately 9:00 p.m.

The cost is a mere \$10.00 per person (with the club picking up the remainder of the fee). You can mail your checks to Sue Viele at 4985 Pares Rd., Dimondale, MI 48821 or you can sign up at the membership meetings. We must plan ahead, so please sign up soon.

Please note that this is an adult only affair.

## Board Meeting

The Board of Directors will meet at 6:30 p.m. on Tuesday, October 5, 2004 at the Foster Community Center.

Members are welcome to attend all board meetings to express their concerns. Due to time constraints, if you have a specific item to be brought before the board it is suggested that you contact the President one week prior to the meeting, and ask to have it added to the agenda.

Next meeting: November 2.

## Cycle Forum

Plan to join Alan Huber at **6:00 p.m.** immediately preceding the membership meeting on **Thursday, October 21, 2004** for the Cycle Forum session.

## In This Issue

Meetings/Deadlines.....	Front Cover
Executive Board Report.....	2
Easyspoken .....	2
Member Specials/ Classified .....	3
Ride Calendar .....	4
Starting Points/Classifications.....	4
Sunrises & Sunsets .....	4
Committee & Club News.....	5
Change of Address .....	6
DALMAC 2004 – A 5-Day to Remember .....	6
From the TCBA Mail Bag .....	7
Other Good Numbers/ Membership Application .....	Back Cover

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## Executive Board Report

Submitted by: Dave Ford

The TCBA Board of Directors met at the Foster Community Center on September 7th, 2004. Board members present included Arnie Johnson, Susan Viele, David Ford, John Foltz, Ron Claflin and Darryl Burris. Also present were club members Charla Scheidler, Katie Donnelly, Mary Burris, Wendell Proudfoot, Lenny Provencher, Lee Adair and Cheryl Claflin.

### Discussion items/Announcements

Arnie Johnson reported that Debra Holdcraft will be the chairperson for the 2005 T-Shirt ride. He also requested a change in the board member at large duties to include helping the Vice President in planning membership meetings and club activities. He also asked the board if we should offer free alterations on poorly fitting incentive items. After some discussion, the board decided not to do this.

John Foltz reported that extra socks had been ordered and that they would be available at club meetings for \$5.00 a pair. He also reported that there was still 1 large and 3 small bike racks available for placement in the community.

Darryl Burris reported that everything went good on DALMAC.

Club elections were discussed. It was decided that your membership has to be current as of Sept. 15<sup>th</sup> in order to vote. Nominations will close at the end of the Sept membership meeting, and ballots are due before the start of the October annual meeting.

### Action items

Minutes of the July meeting were approved.

Ron Claflin presented a financial report for January 1 through September 1<sup>st</sup>, 2004. The report was approved as presented.

Arnie Johnson presented a timeline to be followed to ensure incentive items were received on schedule. After some discussion, it was decided to adopt the timeline.

Cheryl Claflin requested that she be able to simultaneously share the database with Steve Schuesler. This would increase productivity. The board directed Wendell and Ed to do it.

Lee Adair requested that \$1,000.00 be donated to each state park that was used by SummerTour. The board approved this request.

John Foltz made a motion that the ride leader instructions be made available at club meetings, on the web site, and that it be incorporated into the Cycle Forum. The board approved this request.

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## EASYSPOKEN



### Cross Town Without Crossing Your Eyes

Many of our rides start on the edge of town, then head for the countryside. It is there that we find roads with less traffic and more eye candy. Even if you ride fast, it is a way to get away from the stress of self preservation and the boredom of endless commercialization.

But what if you just want to ride into town, or across it? Do commuters and local folks know how to avoid the main drag mess? Are there bicycle shortcuts and quiet parallel roads that would help?

I would like to propose that TCBA members use their experience to come up with a map. It would cover at least Lansing and East Lansing. We can add it to our website for everyone to see, and print out. We can also have copies available at meetings, and perhaps distribute them to bike shops and places tourists and new arrivals go for information.

I think such a map would be helpful to the many cyclists who want to expand their riding area, but are not comfortable with a lot of traffic. It could help them get to club rides on their bikes that they would otherwise either avoid, or drive to in their vehicle.

Many areas, particularly in Europe, have signed bike routes. In the past, we have invested in bike racks for busses, and bike loops for businesses. It seems to me that an investment in signs, after we have established and proven the routes, would be a logical next good thing to do.

I plan to promote this idea and am looking for input and help. To start, a list of potential destination areas would help. Then people to help connect the dots through advise and test riding. I would look forward to having some of the test riders be those of you who want a way to get away from the traffic.

We should also have people with government contacts with Lansing and East Lansing. They would learn of streets that have been recently repaved, and about those that will soon be improved. Realizing that these new routes may be used by commuters before dawn and after dark, we should ask the local police departments about the neighborhoods we want to include.

Let me know what you think. See me at a meeting, or call me at (517) 675-7340. Lets map the way for more cyclists to use their bikes.

Dick Janson  
Just Me and Sarah Dipitee

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# Trick or Treat!



## MEMBER SPECIALS

### SPINNING CLASSES

Oak Park YMCA  
900 Long Blvd.  
Lansing MI 48911  
517-699-9622

The next session of spinning classes start October 30th and run through December 18.

#### Schedule:

Monday 5:30 & 6:30 p.m.  
Tuesday 7:00 a.m., 6:00 & 7:00 p.m.  
Wednesday 5:30 & 6:30 p.m.  
Thursday 6:00 & 7:00 p.m.  
Friday 5:45am\* & 12:45 p.m.  
Saturday 9:00 a.m. – drop in class

All classes are 45 min, except as noted by the \* is 1 hr.

TCBA member price 45 min. class/\$25 per class  
1 hr. class/\$30. Drop in is \$5.



Mike's Firehouse Grill would like to invite the Tri-County Bicycle Association members to come join us for lunch or dinner! We are extending a 10% discount to all TCBA members.

Located at 447 S. Jefferson St., Mason, in the former building of the City of Mason Firehouse. Our website [www.mikesfirehousegrill.com](http://www.mikesfirehousegrill.com), has directions, menus, and the history of our unique and exciting atmosphere.

We hope that you will take advantage of this offer and we look forward to seeing you at Mike's Firehouse Grill!

### SEW MUCH MORE

Cycling wear: jerseys, cycling shorts, tights, and cycling shells. Reasonable prices.  
Custom fit.

Gift certificates available.

For more information call Sue at  
(517) 627-1411.



TIME TO RENEW  
YOUR  
MEMBERSHIP? -  
CHECK YOUR  
LABEL!

## CLASSIFIED



This section of the Chainwheel Chatter is published as a service for **TCBA members only**, to advertise cycling equipment free of charge. To place an ad, send email to [chainwheelchatter@biketcba.org](mailto:chainwheelchatter@biketcba.org), FAX to (517) 339-1758, or mail to Charla Scheidler, 10384 Blackberry Ln., Haslett, MI 48840.

**FOR SALE:** Used ML Red Recumbent Tour Easy bike with the following extras: full fairing, carbon fiber front fender, mirror, odometer, kickstand, rear rack, light and pump. \$1,195.00. Contact Bob Bartlett at (517) 676-9453.

**FOR SALE:** Bianchi Axis cyclocross, 52 cm, 18 speed, \$650; Nashbar trunk box bag \$10; 3 bike rack fits 1 1/2 inch receiver \$50. Contact June (517) 374-0460 evenings before 10 PM.

**FOR SALE:** Contact Brian McEwen (517) 333-3590.

1. Brand New Ultralight Ironcase, UPS Ready, wheels/ pull strap. (\$300.00 new), asking \$200.00
2. Stationary Trainer, Minoura Inter-Rim with RDA Magturbo. The Rim drive system has special drive pulleys that contact only the rim, avoiding wear and tear on tire and unpleasant noise. Handles any bike with wheel diameter of 24-28 inches. \$239.00 new, asking \$100.00 or best offer.

**FOR SALE:** Tandem - 1997 Cannondale RT2000 – Los Dos tandem. This Metallic Blue tandem has an Aluminum Alloy 20" x 16" frame, 24 gears with a Shimano Deore XT gear shifter with click shifters on handlebar ends. It has less than 1000 miles on bike and also comes equipped with 20 X 1.50 smooth road tires, a Blackburn back rack, Cateye bike computer and 3 water bottle cages. Asking \$1600 OBO. Call Catherine at (269) 781-4457 or email: [cathayes@voyager.net](mailto:cathayes@voyager.net)

**FOR SALE:** 1420 Trek road bike, 49 cm, aluminum frame, 21 speed, computer & rear rack. In very good condition. Asking \$300. Call Sheila at (517) 327-0921 or (517) 285-4571.

**FOR SALE:** Contact Chris Johnston, (517) 349-0443 or (517) 881-6591

1. Cannondale CAAD5 SI 60c rode only twice. Added third ring. Computer. Great ride. Orig. price over \$1,400. Selectively assembled. I just had spinal operation and I will not be able to ride upright. Goes to the first \$900.00.
2. Matrix Iso wheels, Sansin Gyromaster axles, Radial placed flat spokes. \$150.00 for pr.
3. Thule bike roof rack, single tray, six locks, fork attachment. \$200.00.

**GIVE OR TAKE.** . . Cleaning out your closets or garage? Please consider recycling items you no longer need...biking gear and/or clothing in good condition will be passed on to new riders who need like items. Please call if you have things to donate, or if you wish to be donated to. Overflow will be donated to a charitable Bike Tour going to the Ukraine next spring for the purpose of donating bikes, etc. Thank you very much to those who have already donated. Call Sheri. (517) 323-7487.

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For a copy of the Ride Schedule – go to <http://www.biketcba.org/rides/ridelist.html>

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## COMMITTEE & CLUB NEWS

### The DALMAC Fund - A Year to Remember

The DALMAC Fund committee has been in operation since 1985. Its charge is to disperse the money raised by the hard work of the able DALMAC volunteers and the participation of hundreds of enthusiastic riders. A significant milestone was passed this year. With this year's grants of \$57,700, the amount of money the Fund has given out to support bicycling in Michigan passed the \$500,000 mark. The exact total is something I regard with a bit of awe. This ride, started in 1973 with an entry fee of \$22.00 and about 300 riders, has become extraordinarily successful. While there is no way to account for the enjoyment it has given to thousands of riders over the years, by this measure (which ride founder Dick Allen appreciates very much, I am sure) it has left a visible mark on bicycling in our state.

Look at this year's recipients and their projects. See if in some way you have benefited from the support provided by The DALMAC Fund.

**Friends of the Fred Meijer Heartland Trail - Edmore**  
\$20,000

Portion of the cost to acquire a 5.5 mile corridor on old railroad bed between Elwell and Alma, which completes the trail from Alma to Greenville.

**Polly Ann Trailways Management Council - Leonard**  
\$9,000

Match-money for trail spur construction and signage from Polly Ann Trail to Orion Township Library and Orion Oaks Elementary school.

**Kid's Repair Program - Lansing**  
\$5,000

Support for one staff position for 50 weeks. The position's responsibilities are maintaining computer programs, updating hardware and system software, and maintaining the website.

**Program to Educate All Cyclists - Saline**  
\$5,000

Formerly the Arc Cycling Program, the director of that program is creating this 501 (c) (3) organization to continue running a comprehensive cycling program for individuals with disabilities.

**Noquemanon Trails Network - Marquette**  
\$5,000

Allows the initial segment of a mountain bike trail to be built. The total cost of developing this segment is \$25,000, with funds coming from other sources.

**Special Olympics Michigan, Inc - Mt Pleasant**  
\$5,000

A two-day event, the Soccer and Cycling finals are the

culmination of training and events for mentally retarded children and adults. The grant will purchase 50 helmets and 20 bicycles.

**City of Novi - Novi**  
\$2,500

50% of the cost, remainder from matching funds, to build a kiosk and install trail signs at the Lakeshore Park trail.

**MMBA-Holly/Flint Chapter - Ferndale**  
\$2,400

Restoration/rehabilitation project at Seven Lakes State Park trail system. Trail is unmaintained. Volunteers will use grant to buy materials for a bridge and water crossing.

**The MSU Bike Project - East Lansing**  
\$2,300

The organization provides bicycles to members of the university community and visitors on a free-lease basis. The bikes available to the program need repairs before they are used. The grant will be used to purchase tools and parts.

**Safe Kids of Clinton County - St Johns**  
\$1,000

The grant is for buying helmets to hand out free of charge at two bike rodeos run by the program.

**Origami Brain Injury Rehabilitation - Mason**  
\$500

The organization runs a bicycle safety program, emphasizing helmet use. They will purchase two bicycles with the grant to give-away to participants in the safety program.

I must thank the members of the committee, Tom Martin, Rebecca Baughan, Steve Leiby, and Bob Hollenshead. Their perceptive comments and varied experiences with project funding are always helpful in selecting the best projects. And once again, thank you to all the TCBA members who work so hard throughout the year to make DALMAC a success.

Tom Hardenbergh, Chairman  
The DALMAC Fund committee



## COMMITTEE & CLUB NEWS (continued)

### TCBA Club Jerseys

Show your colors! We have a supply of short sleeve Louis Garneau jerseys with "loose fit" sizing (meaning that you should generally order one size smaller than your regular bike clothing). They are the traditional yellow and red brick pattern. To view the design, visit the TCBA web site [www.biketcba.org](http://www.biketcba.org). All sizes from XS - XL are available. They are \$45 each. To order by mail send your check with your size to: TCBA Jersey, P.O. Box 22146, Lansing, MI 48909. Please include an additional \$5 if you would like your jersey mailed to you. Jerseys will also be available for purchase at TCBA club meetings. Contact Charla Scheidler, [chainwheelchatter@biketcba.org](mailto:chainwheelchatter@biketcba.org) with questions.

### Map Booklets

Did you get your new TCBA Map Booklet? Each paid TCBA membership is entitled to receive 1 "free" map booklet. If you attend TCBA membership meetings you can pick-up your copy there. If you would like one mailed to you, please forward your request to: Map Booklet, c/o Tri-County Bicycle Association, P.O. Box 22146, Lansing, MI 48909.

### CHANGE OF ADDRESS



If you move or have your mail forwarded, please notify us as soon as possible. The newsletters are sent bulk mail, and the post office does not forward bulk mail. The post office returns your newsletter to us (we have to pay to get it back), so your membership ends up in limbo until we hear from you. **Please send your change of address to: TCBA, P.O. Box 22146, Lansing, MI 48909, or email [membership@biketcba.org](mailto:membership@biketcba.org).**

### DALMAC 2004 - A 5-Day to Remember

A summer that never came to full-flower, recorded in the under-sized soybean plants in the fields along the roadsides of northcentral Michigan, could have yielded a DALMAC of cool days, frosty nights, north winds, and rain. Instead, a magical mixture of atmospheric changes and fervent pre-ride wishes gave over 400 riders an amazing five days of progressively warmer days, comfortably cool, cloudless nights, dewy mornings, winds that were only a nuisance as they generally provided a gentle push northward, and NO rain.

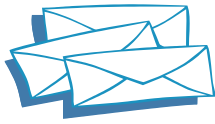
The route to Mt. Pleasant, McBain, Elk Rapids, Petoskey, and on to Mackinaw City offered many challenges, but relented just when a rider might want to give up. From an 88-mile first day, a third day of hill climbing right to the very entrance of the campground, to the short final day's ramble through the woods, riders experienced all of bicycling's joys and pains. The Wall and Tunnel of Trees are famous. However, yet unnamed stretches on this route are as memorable: the lovely wooded path that curls through the never-was-a resort outpost of Jennings, ending at M-42 in a quick descent and 20 mph run-out; the pleasant views from the hill-tops on the roller-coaster road to Fife Lake with the Manistee Mountain providing a lung-bursting test at the mid-point; the Old State road out of Boyne City tempts riders down into the cool woods then cruelly ends with the leg-shocking three-tiered (teared?) wedding cake hill; the seemingly endless, winding ascent from Bellaire into the high moraines of the Jordan River valley followed by the tumultuous drop into Pleasant Valley where things not firmly secured can fly-off a rack-pack at 50 mph.

The LOOK, that vacant-eyed expressionless facial mask brought on by a long tough day, was seldom seen. Mostly the cheerful tent-side circles of riding companions each night reviewed hills conquered, downhill thrills, refreshing swims in cool lakes and rivers, pulled practical jokes on dozing companions, all punctuated with convivial bantering and hearty laughs. Even the tack attack at Farwell brought just momentary griping and deflated only tires, as the score or so unfortunates remounted shaking their heads in wonder over the lack of constructive leisure-time activities in the north woods.

Though some were over-heard complaining about lack of choices at dinner (pasta twisted or straight, tomato sauce with or without meat, Caesar salad or not), the food was mostly plentiful, tasty, and satisfying. No one who ever walked a quarter mile to stand in a long line and eat in a stifling hot dining room in Mt Pleasant would complain about the banquet held in Rose Center. Or, arriving fed up-to-here with hills and half-starved in Petoskey, bad mouth the thanksgiving-style feast where some eater's thanks should have been as profuse as the over-abundant food on their plate.

It's too bad the streets of Mackinaw City aren't lined with more clapping and cheering on-lookers acknowledging these DALMAC riders. DALMAC is an accomplishment, whether for the first time or the twenty-seventh. Completing the trip from Lansing to Mackinaw under their own power is a physical test for each rider. More, it is a commitment to keep going, to care for yourself by eating and drinking correctly, to handle the bike through steep climbs, fast descents, motorized traffic, and group riding, to tent, to let go of the usual comforts like private toilets, hot showers, and a bed. All to satisfy the need for adventure and renewal their normal daily routines can't; to finish feeling physically strong, emotionally high, and looking forward to returning next year.

Tom Hardenbergh  
Veteran of 27 rides and 32 DALMACs



## FROM THE TCBA MAIL BAG

### Chicagoland Bicycle Federation Issues Bicycle Lock Alert

September 16, 2004  
From Press Release

The Chicagoland Bicycle Federation is alerting bicyclists in Chicagoland to purchase an additional locking system if they own a U-lock designed lock, having learned that these locks are seriously compromised and are at risk of being easily picked. "U-lock" designs consist of heavy U-shaped pieces of steel meant to be much harder to saw or pry apart compared with a traditional padlock and chain. Some of the U-locks use an "axial pin tumbler" in which a tubular key is inserted into a circular keyhole.

The Chicagoland Bicycle Federation is urging bicyclists to purchase an additional locking system that does not utilize a circular keyhole. Cross locking is best. Bicyclists are advised to use two different types of locking devices: (1) a strong, U-shaped lock that can hold the frame and front wheel, and (2) a separate, thick cable (or chain) with a thick padlock that can secure both wheels and the frame.

The Chicagoland Bicycle Federation suggests that bicyclists discuss the different locking systems with a local bicycle dealer and to contact the manufacturer of their U-lock.

Founded in 1985 to improve the bicycling environment in the seven-county Chicago region, The Chicago Bicycle Federation promotes bicycle safety, education, and facilities and encourages the use of the bicycle as an energy-efficient, economical and nonpolluting form of transportation and as a healthful and enjoyable form of recreation. For more information, visit [www.biketraffic.org](http://www.biketraffic.org).

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### Bicycles on Display at Turner-Dodge House

*Reprinted from 09/07/04 Lansing State Journal*

Turner-Dodge House is hosting an exhibit of bicycles by the MSU Museum. The exhibit includes two high-wheelers, a 1927 Trail Flyer and various tricycles.

Turner-Dodge House is open from 1 p.m. to 4 p.m. Wednesdays to Saturdays through October. The house is about eight blocks north of the Capitol at 100 E. North St. in Lansing. Free parking is available to the east of the home.

Admission is \$3 for adult Lansing residents, \$1 for kids and \$4.50 for nonresident adults.

For more information call 483-4220 or go to <http://parks.cityoflansingmi.com/tdodge>.

### Bike Project Leases Wheels To Staff, Students

By Jun Yang

*Reprinted from the State News, September 1, 2004 edition.*

The MSU Bike Project held its first public fund-raiser bicycle clinic at Demonstration Hall Tuesday, in response to a growing demand for bikes.

The bike project has been organizing public bike clinics each semester and accepting donations, but this is the first year it is officially working to raise funds.

The 2-year-old project, a subcommittee to the University Committee for a Sustainable Campus, repairs donated bikes and leases them to the MSU faculty and staff. Starting this year, the project will also lease bikes to students.

"There is so much demand and we couldn't provide enough bikes," said Tim Potter, an information officer at the MSU Alumni Association, who coordinated the clinic. "It's to provide better service."

Volunteer mechanics were on hand for the two-hour event in the basement of Demonstration Hall, which was filled with tools and old bikes.

Suggested donations for most specific repairs were listed for less than \$5.

"They are almost half the prices of local bike shops," Potter said.

No specific fund-raising goal has been set, he said, adding that the money collected will be used to get parts and renovate the old bikes.

The primary funding source for the Bike Project has been a \$20 donation for each bike leased and there have been few other fund-raising events including a bike tour in May. But the bike project is still short of funding, he said.

In July, the bike project received a grant from the Dick Allen Lansing to Mackinaw Committee of the Tri-County Bicycle Association. The money is to be used to buy parts necessary to recycle bikes and bike locks. "It will be a big help," Potter said. "It'll give us ability to get all the things we need."

MSU Bike Project released about 100 bikes this summer, which is still not enough to catch up with the demand, said Terry Link, director of the University Committee for a Sustainable Campus. "Demand is outstripping the donations," he said.

Bikes have been increasingly popular as an alternate transport among MSU students.

According to the Department of Police and Public Safety, about 3,500 bikes were registered last year, compared with about 2,900 registered bikes in 2002. Numbers for 2004 are not yet available.

"It's definitely worth not having to deal with all the traffic," said history and geography senior Shannon Smith, a member of the Michigan State Cycling Team and volunteer for the bike project. "You are not polluting, not sitting in the traffic, and it's easier to get to places."

The MSU Bike Project is planning two more clinics this semester in September and October, Potter said.

"We just want to keep it going," bike project volunteer Mike Lang said.

Location: <http://www.stateneews.com/article.phtml?pk=25142>