# Chainwheel Chatter



Tri-County Bicycle Association • P.O. Box 22146 • Lansing, MI 48909 • (517) 882-3700 • www.biketcba.org

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October 2003

# NEXT Meeting!!! Please notice – 1 Week Early October 23, 2003 – 7:00 p.m. Foster Community Center 200 N. Foster St. – Lansing

#### ANNUAL MEETING

Join us on October 23<sup>rd</sup> for our Annual Membership Meeting. The program will include an "Open Mic Session," reports of the past years club happenings, and an introduction of the 2004 TCBA officers. This is YOUR club, and a good time to come forward with constructive comments and ideas as we prepare to enter the Year 2004. Refreshments will be provided and we hope to see many of you there. Cider and donuts will be served!

Under separate cover you will receive the official Election Ballot for club officers and Ride Leader of the Year. Also included with that ballot will be a profile of each candidate. Please read the instructions and descriptions carefully before completing the ballot. You can bring your ballot to the Club Meeting on October 23, or mail it to TCBA "Ballot", P.O. Box 22146, Lansing, MI 48909, so that it is received no later than October 23. Ballots received after October 23 will not be counted. Your vote is important – stand up and be counted! This is your chance to make a difference in the leadership of "your club." Please note that according to current Election Rules, no blank ballots will be available at the October meeting –your vote can only be cast on the ballot that you receive in the mail.

#### **Cycle Forum**

Topic: "Illuminating Ideas for Safer Bicycling - Clothing and Lighting to Increase Visibility"

Plan to join Alan Huber at 6:00 p.m. immediately preceding the membership meeting on Thursday, October 23, 2003 for the next Cycle Forum session.

#### **Board Meeting**

The Board of Directors will meet at 6:30 p.m. on Tuesday, October 7, 2003 at the Foster Community Center.

Members are welcome to attend all board meetings to express their concerns. Due to time constraints, if you have a specific item to be brought before the board it is suggested that you contact the President one week prior to the meeting, and ask to have it added to the agenda.

Next meeting: November 4.



#### FALL HAYRIDE

October 4, 2003 Peacock Road Tree Farm 11854 Peacock Road – Laingsburg

Join us for a TCBA family fall hayride at the Peacock Road Tree Farm! The festivities will begin at 4:00 p.m. and wrap-up at 9:00 p.m. Hamburgers, Hot Dogs and Chips will be served.

To help defray costs to TCBA there will be a \$5.00 per person charge. RSVP to Chris Harrison – (231) 972-5278 before September 25<sup>th</sup>. Checks, payable to TCBA, can be mailed to Chris Harrison, 9100 14mile Road, Mecosta, Mich. 49332.

#### Newsletter/Ride Calendar Deadline

The deadline for the next newsletter is Saturday, October 11, 2003. Please send items to Charla Scheidler, 10384 Blackberry Ln., Haslett, MI 48840, FAX to (517) 339-1758, or email to: chainwheelchatter@biketcba.org.

Ride calendar information should be sent to Wendell Proudfoot, P.O. Box 1628, East Lansing, MI 48826, or emailed to tcbarides@prowen.com. To be included in the newsletter this information must be received no later than the above-mentioned newsletter deadline.

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#### **Executive Board Report**

The TCBA Board of Directors met at the Foster Community Center on September 2, 2003. Board members present included Arnie Johnson, Chris Harrison, Charla Scheidler, Ron Claflin, Darryl Burris, and John Foltz. Also present were club members, Lee Adair, Katie Donnelly, Dave Pierce and Lenny Provencher.

#### **Discussion Items/Announcements**

Darryl Burris provided a review of DALMAC 2003 and various issues that took place. Lenny Provencher added positive comments regarding a well-run tour.

Discussion took place regarding a dues increase and what expenses are covered with dues revenue. It was suggested that if dues were increase that consideration be given to mailing the newsletter first class. Charla Scheidler was asked to obtain quotes on costs to have the mailing done through a mailing service. The matter was tabled pending further information.

#### **Action Items**

Minutes of the August 5, 2003 meeting were approved as submitted.

Ron Claflin presented a financial report through September 1, 2003. The report was approved as presented.

Lee Adair initiated discussion regarding providing the State Parks that were used on SummerTour with a bonus payment, in the amount of \$1,000 each, over and above regular fees charged, as was done the past couple of years. The request was approved.

Katie Donnelly noted that a date of record needed to be set for voting purposes. After discussion it was agreed that the date of record would be September 24, 2003. All memberships current as of that date will receive a ballot and be eligible to vote in the upcoming election. In addition, Katie requested a membership list for use in contacting prospective candidates for board positions. The request was approved and Charla Scheidler will notify Gary Munson of the request.

<u>Note</u>: Information contained in this article is not the official record of the meeting. The minutes of this meeting will be submitted for approval at the next Board Meeting. Any corrections and/or amendments will be noted in next month's edition of the Chainwheel Chatter.

#### **CHANGE OF ADDRESS**

If you move or have your mail forwarded, please notify us as soon as possible. The newsletters are sent bulk mail, and the post office does not forward bulk mail. The post office returns your newsletter to us (we have to pay to get it back), so your membership ends up in limbo until we hear from you. Please send your change of address to: TCBA, P.O. Box 22146, Lansing, MI

48909, or email membership@biketcba.org.

# <u>WELCOME NEW MEMBERS</u>



Brian Peterson Steven Hunt Corran Cade David Lidgey Keith Guyer Megan Ellerhorst

Jessica Loding Anne Johnson Karen Ellerhorst Nancy Bradbury Sheila Wright

Terry & Nancy Vanderkolk Frank & Marianne McDonnell

Terry & Debby Wright Denny & Connie Campbell

# Local Cyclist Riding in Tour of Hope

Lance Armstrong, five-time winner of the Tour de France and the world's most notable cancer survivor, will be participating in the Tour of Hope for cancer research on October 11 thru the 18th. Twenty-six cyclists will ride with Lance across the United States from Los Angeles to Washington D.C. The mission of this very select group of riders is to promote greater awareness for the need for "cutting edge" research to find a cure and to also inspire and inform the public about the importance of cancer patients participating in this much needed research.

The members of the Tour of Hope Team were selected from more than 1,000 applicants and have a combined total of 170 years of cycling experience. Each rider will complete a total of 800 miles in the 8-day excursion. Nine team members are cancer survivors and the team as a whole has experienced 15 different types of cancer, either as a survivor, caregiver or health professional. Team members range in age from 29 to 57 years and represent 18 states. To learn more about these courageous cyclists and the Tour of Hope in general, go to: www.tourofhope.org

Julianne Pattullo, from St. Johns, MI and a member of the local Saturn Cycling Team, is one of the 26 fortunate riders to be on this journey with Lance. Since age 11, Julianne has known what it's like to fight for one's life, as she became the caregiver for her mother's battle against breast cancer. Julianne watched her mom tenaciously battle the disease. Though she had breast cancer during the early 1980s when the survival rate was less than 50 percent, Julianne's mother beat it and has been a survivor for 23 years. Julianne's family has lost 12 other family members to cancer.

It was a natural for both Julianne and her family to devote their time as cancer advocates. Julianne remains active with the American Cancer Society and campaigns for cancer awareness and prevention. She believes it is critically important for everyone to understand what options are available and the importance of early detection.

"Cancer hasn't just affected me, it affects everyone in its path," Julianne said. "It is critically important that people become

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# CLASSIFIED



This section of the Chainwheel Chatter is published as a service for **TCBA members only**, to **advertise cycling equipment** free of charge. To place an ad, send email to chainwheelchatter@biketcba.org, FAX to (517) 339-1758, or mail to Charla Scheidler, 10384 Blackberry Ln., Haslett, MI 48840.

#### Local Cyclist Riding in Tour of Hope

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aware that a cancer diagnosis is not the end. Through hope and individual involvement in clinical trials, patients can extend and enhance their lives."

Julianne is a longtime cyclist who trains five days a week and has competed in numerous cycling events (DALMAC, MS150, Michigander, mountain bike races), marathons and adventure races. She is passionate about cancer awareness and is quite proud of Bristol-Myers Squibb's commitment to cancer research, fundraising and education. The Tour of Hope is but another advocacy in her personal journey toward a cure for cancer.

You can be a part of this epic journey to replace fear with hope; pain with joy and defeat cancer with an empowered life. You can join the Tour of Hope in many ways:

- 1. Learn more about the Tour of Hope mission at: www.tourofhope.org
- 2. Support the search for a cure by signing the Cancer Promise
- 3. Consider donating to the Tour of Hope and the Lance Armstrong Foundation
- 4. Send a Message of Hope to the Team or to a rider to show your support
- 5. Learn more about cancer research and the Lance Armstrong Foundation at: www.laf.org
- 6. Learn more about the Cycle of Hope at: www.cycleofhope.org

# **COMMITTEE & CLUB NEWS**

## DALMAC 2003 Commitment And Accomplishment

After 32 years of marriage, commitment is something I understand. About a year ago I made the commitment to be Events Director. What I found is that DALMAC is all about commitment.

It takes a lot of work to make DALMAC happen. Over 70 of the TCBA members commit more than 20 hours each throughout the year. Some work much more. I've never seen a group work better together. Commitment. When asked to do more or different or fill an opening the response was always " I can do that."

When the last week of August gets here the activity accelerates and all the pieces come together at registration. The quality of all the pieces from trucks to keys to ride leader supplies to packets to waivers to clothes to signs must be right or we have a big problem.

There were no big problems. Commitment

The ride leaders and crew took over next. Their commitment to the riders safety and support makes the DALMAC reputation with the participants what it is and keeps the riders coming back (20 years in a row for me). I can't tell you the number of compliments I got for the organization and smooth execution of the ride. People from Canada are going to suggest their tour organizers come ride with us to "see how it's done."

At Mackinaw the riders are about done but the crew still works hard. More than half the riders cross the bridge, about one fourth head back to East Lansing on the busses. Bikes head back on the baggage trucks. The last day is long for many volunteers. After working or riding all day, the end comes about midnight when the last riders leave the Pavilion. Monday morning at 9 AM the trucks go back and the equipment gets sorted and stored. Another DALMAC is on the books.

All those riders have also made commitments to ride DALMAC. From signing up early to training (most anyway) to leaving many comforts behind, they move under their own power the whole way to Mackinaw. Families with children, 22 mph tandems, and our 80-year-old rider all make the journey with the support we provide. Commitment

Why do the DALMAC committee and crew make this kind of commitment year after year? I believe there is a real commitment to bicycling and bicycle touring in TCBA. This commitment is not just for us but is for all those 1700 plus cyclists who joined us on DALMAC and our other rides and tours. The riders return home with pride in their accomplishment. The committee and crew should also take pride in another DALMAC done well.

My thanks go out to the committee and crew of DALMAC 2003. Thanks also to the riders for their commitment to cycling and DALMAC.

Darryl Burris, Events Director

## **DALMAC Registration Volunteers**

Thank you for all your help at registration. It sure makes my job easier and it makes it easier for the riders

THANK YOU AGAIN! Mike Hudson, Registration Coordinator

#### **Thinking Ahead - DALMAC 2004**

If you have an idea for a theme, a jersey design, or just a picture of a jersey you particularly like please send them to;

DALMAC
P. O. Box 1628
East Lansing, MI 48826-1628
Or email to: dalmac@biketcba.org

#### **Holiday Party – December 7**



The Holiday Party is once again at Royal Scot with bowling at 2:00 and dinner at 4:30. The deadline for signing up is November 24. The cost is \$10.00 per person. You can sign up at a club meeting or mail your check to Chris Harrison, 9100 14 mile Rd, Mecosta, MI 49332.

If you don't want to bowl come watch and have dinner. *This event is* 

guaranteed to be fun whether you're bowling or just watching.

## **TCBA Club Jerseys**

Do you have your TCBA Club Jersey? We have a supply of short sleeve Louis Garneau jerseys with "loose fit" sizing. (meaning that you should generally order one size smaller than your regular bike clothing). They are the traditional yellow and red brick pattern. To view the design, visit the TCBA web site <a href="https://www.biketcba.org">www.biketcba.org</a>. All sizes from XS - XXL are available. They are \$45 each. To make a purchase, contact Charla Scheidler at secretary@biketcba.org. Or, mail your request to TCBA Jersey, P.O. Box 22146, Lansing, MI 48909. Please include an additional \$5 if you would like your jersey mailed to you. Charla will also be selling jerseys at the beginning of every TCBA club meeting.

These will make great Christmas presents!

#### THE EMERALD ISLE

with
Lee & Carol Perrine
on our tandem bicycle
Part 1 of 3



What do you do when you tell you're sweetie that you will take her some place special for her 50th wedding anniversary but she will have to ride her bike 500 miles to get there and she not only accepts the offer but suggests, why wait till October? ---And Aer Lingus Airline is offering super promotional airfares

from Baltimore to Shannon, Ireland? And your 2-year-old granddaughter near Baltimore needs some grandparental attention?

Of course the answer is obvious, so we immediately attack the problem of how to get our tandem bicycle into one of our suitcases. After a couple hours and a complete disassembly down to the bare frame it was reduced to a 69-inch package, which would be accepted as one of our four pieces of luggage and could travel free. That left us with three 70 lb pieces to fill and anybody knows that 210 pounds is much more than anyone wants to carry in their panniers for 18 days, so the airline was quite surprised when we only checked in with 3 pieces of luggage as we departed for our 16th vacation on our bicycle.

So, on May 30 we are off to Baltimore for an enjoyable weekend with Iona and her proud parents. We visited the sharks and dolphins at the Baltimore Aquarium and took a couple hikes in the deep dark forest looking for some Geocache treasures before Marty drove us over to the airport for our 8:00 p.m. Monday flight. We arrived at the airport 3 hours early as recommended and got to see our plane as it arrived from Ireland, a beautiful, brand new Airbus A330-200 all painted up in emerald green and white with a big shamrock on the tail.

We barely left the BWI traffic area and were above the clouds. That was the last we saw of earth until we broke out beneath the overcast just above the Shannon River, for the last 20 miles of scud running through the mist and rain into Shannon Airport. Exactly as the general weather conditions reported in our newspaper for the week before.

Now the jet lag problem starts to set in. Our bodies tell us it is now 3:00 a.m. and time to go to bed but the Irish clock says it's 8:00 a.m. Tuesday morning and time to get going, so we clear customs and head for the nearest ATM for a fist full of new European Euros (1 Euro=\$1.18). This is always a traumatic moment when you are standing in a lobby 5,000 miles from home with no money in your pocket and wondering, is it going to work? Are the computers down? Will it recognize my card? Success, as it spits out 200 Euros and we are off to the taxi stand and the rainy 3-mile ride to the B&B, which we had reserved.

We fall into bed and sleep soundly as the rain continues. About 3:00 p.m. we awaken and start to reassemble our bike out in the garage and by suppertime we are all together and ready to ride into town. Just as the rain ends and the sun comes out.

DAY 1--Starts out bright, crisp and sunny and we are excited to get started but alas, breakfast isn't served till 9:00 a.m. (we found it nearly impossible to get a breakfast in Western Ireland before 9:00 a.m.). Barely out of town we pass our first ancient castle, Bunraty, which we will visit on our return to Shannon. More ancient ruins stand by the roadside into Limerick where we pause to wait out a passing shower. The sun soon pops out again and we head out on highway N21 that is dual lane and has a wide paved shoulder. Within the hour we are donning our rain suits as we sit out a brief heavy shower under an overpass bridge.

We have lunch in Adare, a picturesque village with many thatched roof shops and a beautiful old church and park. By now the freeway has been downsized to a narrow road with a little shoulder and riding on the wrong side (left side) in heavy traffic through town is harrowing. We hadn't really decided how to make a right turn without getting killed but the very courteous drivers gave us plenty of time for mistakes. It's really scary the first couple days trying to maneuver in traffic from the wrong side all the time. I especially had trouble wanting to leave a parking lot from the right side of the exit instead of the left. A short way out of Adare the little shoulder disappears and now we are on a narrow road with plenty of traffic and looking up a 2-mile climb over a small mountain pass. The auto drivers are ever so courteous as they wait their turn to pass us as we slowly make our way to the top where the road then widened for the rest of the ride into Abbeyfeale for the night. The Irish drivers are used to slow moving objects on the road such as herds of sheep and cattle, so I suppose a bike is not such a problem as in the U.S. We rode over 500 miles and never heard a horn honk and only 2 close passes, but at a slower speed than at home.

We stayed at a hostel over O'Rourke's Bar. For those that want to party and drink, this might be your town as we counted 16 pubs in the block our hostel was in.----95 kilometers, 3 rain showers.

**DAY 2--**We warmed up last nights supper leftovers in the hostel kitchen for a breakfast snack and left, barely reaching the edge of town before the hit or miss shower got us. We came to a real neat one lane curved bridge over a small river where the approaches from both sides were at 90 degrees and so sharp that the big trucks and busses had to stop and back-up to align with the bridge. After climbing another small pass we notice the sign to Crags Cave at the summit. Turning down a one lane path we dive, seemingly straight down for a mile and all the time I'm thinking that if this road dead-ends at the cave we'll need a tow truck to get us back out of here, but luck was with us and the road continued on into Castleisland. Crags Cave was pretty ordinary and with a bunch of school kids on our tour, not too exciting. At noon Maria's was still serving traditional Irish breakfast, which consists of 2 eggs, 2 rashers (thin ham), 2 sausage links, 2

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# The Emerald Isle (continued)

liverwursts, hash browns, toast and tea. Needless to say, neither of us lost much weight on this trip. Showers threatened from the nearby mountains all the way into Tralee but we managed to stay dry. It seemed like every major street in Tralee was torn up and the traffic was a mess. We took a break at a small bike shop and bought a water bottle with a fancy foreign racing team logo on it to replace the one we left at home. On the way out of town we raced a steam excursion train to Blennerville and past the only old style windmill that we would see in Ireland. Soon the road parallels the Tralee Bay and we get our first view of the Atlantic Ocean to the North and the afternoon ending rainsquall from the South. We huddled beside a wall for a half-hour while the traffic whizzed by 3 feet away, until we decided it would be better to ride in the rain till we came to a B&B than to stay there. Luckily we only had to go about a half mile before coming to one. What had started out as a "soft day" was now a real rainy day. --- 58 km., 1 rain.

DAY 3--The Dingle peninsula has a string of small mountains down the center of it and of course we want to be on the other side so we decide to take the Dingle Way, a small lane, to avoid holding up traffic on the main highway. We need several rests along the way but it was worth it to look out over the receding valley at the little stone fenced pastures with their sheep and cattle grazing below. On each side of the road, huge Fuchsia bushes towered overhead with their red and purple flowers swaying in the wind, which was always blowing. The last 5 miles was mostly downhill as we approached the beautiful Inch strand (beach), which was laid out in front of the McGillicuddy Reeks (mountains) across the Dingle Bay. We took a long walk along the strand and had lunch before leaving for Dingle. Highway R 561 climbed to a couple hundred feet above the ocean as it wound it's way along the side of the mountains and provided spectacular views across the bay to the Kerry peninsula until it finally turned inland and on to Dingle. Dingle was an interesting and colorful, little fishing village which has resorted to tourism to supplement the dying fishing industry and with a permanent population of 1500 and 50 pubs, most with traditional evening entertainment, it is the place to party. The Trinity Tree on the grounds of St. Mary's church is an interesting carving up the trunk of a large tree depicting the Father, the Son and the Holy Ghost. --41 km. and no rain today.

**DAY 4--**Starts out bright and sunny as we stroll around town trying vainly to find a breakfast before 9:00 a.m. but no luck. Our ride for today will take us on the Slea Head Loop. Our first stop is at a small museum, which featured a perfect mastodon skull, which had been recovered from the bottom of the ocean in Holland after the land had been reclaimed from the sea. The road followed the seacoast all day and we passed several ancient beehive houses that were made from the local stone and were laid up without mortar similar to an igloo, hence the name beehive. The Dombeg fort hung tenuously to the cliffs edge and was of similar construction, but sadly is tumbling into the sea as the cliff erodes beneath it. Slea Head, on a high promontory overlooked the Blasket Islands and a cozy little beach that snuggled up to towering black cliffs on all sides. We crossed a mountain stream, which actually flowed over the bridge instead of under it and had to wade across rather than ride on slippery stones. After more ancient ruins, a monastery at Reask and the Gallorus Oratory, which was similar to the beehive, huts. After a short climb over the pass we got caught in a shower as we zoomed back into Dingle and our hostel just in time to look out our window at a beautiful rainbow in the nearby hills. In all of our biking vacations this had to be the most scenic 52 km. we've ever seen. --52 km.--2 rain showers.

DAY 5-- The hit or miss showers ended before breakfast and the rest of the day was just gorgeous but once again the church bells were chiming 10:00 a.m. as we left Darcy's pub and turned our bike towards the vaunted Conners Pass which our information had warned was very steep and the most serious climb in Ireland. Carol was so nerved up that she barely slept the night before. The pass was attained after a steep 4 1/2-mile climb but with several stops to catch our breath and photo ops we made it in about an hour and a half. The views back toward Dingle were spectacular as we climbed higher and higher. The Ring of Kerry Mtns. rose majestically from the brilliant blue waters across the bay. From the pass the valley below was bathed in sunshine but with several scattered, small showers blotting out the landscape you still didn't want to get too far from your rain suit. Feeling like world-beaters now, the rest of the 25 miles to Tralee would seem all downhill. The road was very steep, twisting and less than two lanes wide for the first mile down and auto's had to negotiate for the right of way as they met. The very courteous drivers always seemed to find a niche to pull into, to wait for the oncoming traffic. (By less than 2 lanes I mean about 10 feet wide with the mountain going straight up on one side and nearly straight down on the other with absolutely no shoulder or guardrail). A favorable wind blew us on into Blennerville and lunch at their beautiful windmill. There were several Ovstercatchers scavenging in the mud for clams. We stopped at Margarite O' Sullivan's Mayfair B&B tonight and she offered to do our laundry for us and also showed us some blocks of peat that she had dug from a nearby bog that she leased the mining rights to. 45 km.--no real rain showers.

DAY 6--As the predicted rains fell and the wind blew we gladly accepted Mrs. O'Sullivans offer of a ride downtown to spend the day at the Kerry County Museum. A day well spent with the medieval history of Ireland depicted in life size scenes from an ancient Kerry County village complete with smell, sounds and realistic wax figures. By afternoon the rain had "softened" and we were able to stroll through the beautiful rose gardens across the street. Nearly five acres of roses at their very peak of bloom, sprinkled with raindrops, glistened in the scattered sunrays. In the evening we attended the Siamsa Tire, which was a pantomime type play with singing and dancing, and told of Irish country life from an earlier time. Although we couldn't understand the Gaelic words, the story was obvious. With light drizzle falling we took a taxi back to Mayfair and crawled into bed. Within minutes a soft knock on the door surprised us as Mrs. O'Sullivan handed us each a hot water bottle to warm our chilly toes. 0 miles--lots of rain--great day.

-Continued Next Month-

# FROM THE TCBA MAIL BAG



#### Lewis & Clark Pedal-Paddle

From: Adventure Cycling's Bike Bits Vol. 5, No. 15, August 19, 2003

An adventure cyclist by the name of Mike Read will soon be making a solo trip along the Montana, Idaho, and Washington sections of the Lewis and Clark National Historic Trail.

Mike's escapade, which he's dedicating to the memory of Sacagawea, features a unique twist: On the road, he'll tow a kayak behind his Bike Friday, using a custom Equinox trailer. Then, when the open water beckons, he'll stash the folding bike in the front compartment of his Easy Rider double kayak and paddle to his heart's content. Mike's planning to head west from Fort Buford, N.D.

You can follow his progress at: <a href="http://www.mikeread.com">http://www.mikeread.com</a>

## Victory!! Congress Overwhelmingly Saves Enhancements

From: League of American Bicyclists web site – www.bikeleague.org

The U.S. House of Representatives cast a critical vote for bicycling September 4. By a vote of 327 to 90, the House passed a bipartisan amendment to restore funding for the transportation enhancements program for fiscal year 2004.

The amendment, sponsored by Congressmen Tom Petri (R-WI) and John Olver (D-MA), enjoyed strong bipartisan support thanks to the diligent efforts of bicyclists across the nation.

A special thanks to everyone who made phone calls, sent letters and emails, and held meetings with their Members of Congress. To find out how your Member voted, <a href="CLICK">CLICK</a> here. Please stay tuned for detailed information on how this action sends a strong signal for our success in reauthorization.

# 21<sup>st</sup> Annual Colorburst Bicycle Tour Saturday – October 11

**Check in?** 8:00 AM -- 9:30 AM

**Where?** Fallasburg County Park 2.5 miles north of Lowell,

ΜI

T-shirt!

**Distances?** 17, 30, 62, and 100 mile loops

Fees? Pre-register: \$15 individual, \$30 family

Postmarked after Oct 8: \$20 individual, \$40 family

**Includes!** Pancake breakfast! 8:00 AM to 9:30 AM.

Cookies & fruit at rest stops!

**Hot soup** for lunch until 4:30 PM or it's gone! If you pre-register, you can get a long sleeved

white T-shirt with MADD logo on shoulder

and Colorburst logo on front. \$20 each.

For an application and to register on line visit the web site: www.lmb.org/rapidwheels.

# Hermon Hoffer Harvest Adventure (HHHA!)

When his doctor told him he needed to "get some exercise," Hermon Hoffer took it to heart. At the age of 64 he decided to take up bicycling...and he never looked back!

Hermon became a common sight on central Michigan roads, as well as across the state and occasionally the country. Even in the grip of Michigan winters he often rode 30 miles or more a day. According to the founder of DALMAC, Dick Allen, Hermon rode that annual journey from Lansing to Mackinaw 14 times! Additionally, he rode PALM (Peddle Across Lower Michigan), 11 times. He also rode coast to cost across the country both ways and visited friends in many states by bicycle.

Sadly, in 1997, Hermon took his final bike ride. At age 92, having ridden nearly 100,000 miles since his doctor's advice, he was struck by a car and died doing what he so loved to do.

In honor of his undaunting spirit, an annual bike tour, the Hermon Hoffer Harvest Adventure (HHHA!) takes place in central Michigan. One of the last tours of the season it commemorates the biking achievements and unique spirit of Hermon Hoffer. This year's event was held Friday through Sunday, Sept 26-28.

Proceeds from the event will be used to commission a bronze sculpture of an older man on a bicycle. The sculpture will be located somewhere near Hermon's home area and it is intended to celebrate everyone who maintains spirit and activity in later life.

If you would like make a donation to the fund, or receive information about the 2004 Hermon Hoffer Harvest Adventure (HHHA!) contact Nellie Lou Simmons at (989) 875-4761.

